

JIM CLEVELAND

Celestials over Cincinnati

**Lessons of the Planetary Correcting
Time**

JimCleveland

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Lessons of the Planetary Correcting Time

by Jim Cleveland

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EPILOGUE

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index of celestial teachers included in this volume:

Supernals transmitted by the Cincinnati group:

TARKAS

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Celestial Administrators:

CHRIST MICHAEL, Divine Creator Son of God, Creator and Ruler of Neadon, our local universe; Incarnated on Earth/Urantia as Jesus.

MACHIVENTA, a Melchizedek, the Biblical Sage of Salem, member of a high-ranking celestial teaching order.

ABRAHAM, ascended spiritual being who was the Biblical Jewish patriarch, still working with his mentor, Machiventa, in the spiritual dimension.

GABRIEL, the Bright and Morning Star, a high-ranking celestial administrator.

From other groups:

NORSON, a Melchizedek - HAM - LOREL - WILL - RAYSON - AFLANA - JARED - JAREL - SIGEL - AARON - VAN EL - VERONICA - ELYON - DANIEL - OREN - WELMEK - TOMAS - LANTARNEK , a Melchizedek -EL TANERE - OLFANA - MANTOUBA, a Melchizedek - RONDEL

preface

My first inclination was to just tell this amazing experience like it happened, honestly and directly, relate a journey of spiritual discovery.

My second thought was that nobody would believe it. I wouldn't have. I was pretty cynical about such things as channeling.

My third thought was to check out the bookstores. I didn't want to write it to make money, but it was important to know if people would want to read it.

The bookstore had a wide assortment of works on mysticism, channeling, angels, God concepts, unlocking hidden powers, energy circuitry, oodles and myriads of self-help inner searches. There was even a book where somebody had channeled Hitler. Our Teaching Mission experiences seemed conservative in this environment.

The other side of the market was Christian. They wouldn't buy it. Too radical. The message was powerfully religious, but not Bible-based, and channeling was a suspicious methodology. Christian publishing is a thriving market all its own.

This new so-called Teaching Mission would probably be seen as competition for the churches, a deviant path in which we would seem to be putting ourselves ahead of their time-tested doctrine. Many folks give the church de facto control of their spiritual development, aren't really attuned to doing it on a personal level with God. They wouldn't read about our experiences.

Then I considered the mainstream market. People like most of us, moderate in most things, open to explore, hungry for spiritual truth, ultimate salvation, loving and caring while remaining cautious, even suspicious of being duped. Not prone to the occult. Not inclined to buy much of that proliferating and

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competitive dogma out there. Not interested in manipulating crystals or speculating on reincarnation or talking to Elvis.

Everyday people. A massive market.

Folks who are a little skeptical like me, a little cynical about the condition and future of humankind.

Readers might wonder if there were ever any celestials in conservative Cincinnati, where such things as the Larry Flynt case, the Mapplethorpe art controversy, and Marge Schott's unfortunate racial and Nazi pronouncements have given us the image of strait-laced and judgmental conservatism. Only caricatures of a much more complex city.

Beyond this city, I knew there was a spiritual hunger and awakening across the land. The search for God is intensifying, the exploration of many paths, all yearning for that personal relationship of love and grace that brings peace and a sense of order and well-being.

All of this current and ongoing planetary change is being seeded within each human heart, no matter their geographical location on this small planet, no matter their paths of vocation and belief. We are each unique; our spiritual guidance is unique; we are working for growth from our own particular place in the individual journey we are on.

Finally, I decided

Just by relating what happened would be the honest approach -- believe it or not. Just assembling and publishing the various lessons and insights from our celestial teachers would be quite appropriate. It's amazing enough without embellishment, yet conservative as well in that it emphasizes the basic spiritual truths that we have long known but haven't adequately practiced. The Teaching Mission is a call to action.

So I would let these invisible celestial personalities speak for themselves; they have more to say than we do. And there is a market. A hungry market, I thought.

And it shouldn't be about money anyway. This stuff is just too good not to share!

As thoughts turned to action, the project changed a little. I realized (and was told) that readers would need a thread of continuity so that the lessons could be understood in context. They would want to know a little about the group, such things as our striving to become transmitters, how we have dealt with critics, how the Teaching Mission has evolved into a national network of the heart. The emphasis, though, would remain on the lessons themselves -- what the celestials have to say, and, generally, in the order in which they were given.

We hope this book will be a journey of discovery for you, as intriguing and amazing as when we experienced it. If celestial personalities came down to teach us, what would be the first lessons? What would they ask us to do in order to grow? How would they explain our relationship to God, to our planet, to the universe? Can apocalypse be avoided? Will there truly be a spiritual renaissance? Can we be part of it?

In these timeline discoveries, you will meet a variety of personalities. They are only a few of many who love us and strive to help us grow in small groups from Maine to Hawaii, from Florida to the spiritually fertile Pacific Northwest. Any and all humans are welcome to participate in these groups as you wish.

There is nothing to join, no dues to pay, no dogma to heed, no officers or board members, no resident gurus who supposedly know more you, no headquarters, no human authority. You can sit in and listen at these informal gatherings, ask questions, and learn to transmit yourself.

In fact, that is the big news. If you are capable of reading this book, you are capable of being a receiver and transmitter of the celestial teachers yourself. You can learn to communicate with your teacher through speaking or writing. If you have bought this book, you may well be doing that already. Are you getting personal spiritual insight and inspiration from mysterious sources? This personal connection, obtaining a personal celestial teacher, is more important than going to meetings.

I hope you enjoy this journey as much as we have in Cincinnati. Here and elsewhere, the Teaching Mission has been a threshold for much personal spiritual growth since its introduction into this country in 1991. It may well prove to be a fruitful path of enlightenment for you.

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We are ever-mindful, however, that more and more in our rapidly changing world, it is true what Will, the celestial teacher in Tallahassee, said simply and eloquently:

“There are as many paths to the Father as there are people to walk them.”

This is one of them.

introduction/glossary

Before we meet and listen to some of the celestial teachers who have visited Cincinnati, it's necessary to have a context.

There are a great many humans who today believe in the reality of connecting with higher spiritual energies. There are apparently many different ways to search for and find spiritual truth. There is much to learn in this regard. We should not judge others' spiritual quests and methods unknowingly.

The teachers we will commend to you in this volume are truly celestial, from God, and here is the background you need as you follow the thread of their origin.

They state that the highest revelation of truth now available on our planet is ...

THE URANTIA BOOK

A cosmological revelation of 196 celestially-transmitted papers in the early years of the century, emanating from an unidentified patient, a "sleeping subject" of a prominent psychiatrist and educator at the University of Chicago. Ironically, Dr. Ray Sadler was himself an active debunker of psychic mediums in the early 20th century. However, he was so taken with the quality of these transmissions that he organized a group of academicians, the Forum, to study and organize them. In 1955, they finally became The Urantia Book, published by The Urantia Foundation. Urantia is the name of our planet.

Still little known to the world-at-large and purposefully limited to virtual one-on-one sharing, the book attracted an avid following of students enthralled and challenged by its beautiful prose and profound insights into the superuniverse, our local universe, our planetary history and an impressive retelling of the life of Jesus.

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Who?

JESUS/MICHAEL OF NEBADON

The Urantia Papers state that Jesus was who he said he was -- the earthly incarnation of Michael, a Divine Son of God, who created and rules over our local universe of Nebadon, which is comprised of thousands of planets. Jesus was truly, in one person, the Son of God and the Son of Man. His incarnation here fulfilled God's mandate for Creator Sons that they bestow themselves seven times as the beings of their creation in order to attain absolute sovereignty over the universes they create.

Michael's incarnation as Jesus was of unusual difficulty because of

THE LUCIFER REBELLION

The Bible calls it the War in the Heavens. The Urantia Papers describe it in detail as the fall of a brilliant spiritual being, Lucifer, to prideful arrogance and self-adoration in rebellion against God's universal plan, especially the part in which enormous resources are invested in an ascension plan for mortal material beings in the worlds of time and space. Some 500,000 years ago our own assigned planetary prince, a spiritual being named Caligastia, linked our primitive young planet to Lucifer's ideological revolt, causing an interplanetary quarantine of our and other rebellion planets which continues.

When the Teaching Mission personalities arrived in the U.S., officially via a transmission in Los Angeles by a teacher named Ham, the announcement said that the rebellion had finally been adjudicated, that Lucifer had chosen extermination rather than repentance, and that the opportunity has now arrived for a greater influx of spiritual help to our troubled planet, and the others which joined in the rebellion.

Overall, this pivotal time of our history in which we live would be called

THE CORRECTING TIME

This is the name the celestial administration assigned to the overall mission of reclaiming the quarantined planets to God's eternal truths and plans.

In this critical time of quickening planetary change, we will indeed see a showdown between the embedded false values of unbridled self-liberty fomented by Caligastia, Satan and Lucifer and those who will struggle to bring unconditional love and cooperation to the planet. There will be heightening frustrations, disintegrations, reawakenings, and eventual attunement to spiritual energies from God, which will ultimately prevail. There will be a higher individual and collective consciousness to true spiritual values.

As a part of the Correcting Time, there is...

THE TEACHING MISSION

These spiritual teachers, most of whom were previously mortals, fulfill their mandates for learning and growth by reaching back to teach those just behind them in God's evolutionary plan. They come to be friends, to teach us some of what they have learned. They volunteer for the excitement of being part of the Correcting Time... an opportunity for spiritual service and adventure that brings fulfillment and joy.

Their forms are...

MORONTIA

The morontia form is somewhere between our mortal, heavy, material selves and the light beings that are purely or nearly spiritual. Jesus was in this lighter, morontian form when he reappeared a number of times after resurrection. Of course, morontian personalities cannot be detected with our material eyes.

The teachers use the Urantia Papers as their foundation text, calling it the most complete and truthful revelation that we have. They have worked much with Urantian study groups because of their background knowledge of the text. But they are working with many other individuals as well, some of who find their way to study groups after first experiencing unexplained spiritual contact. These children of God we believe to have a purpose to use their talents in the Correcting Time, our spiritual renaissance.

Of course, the Teaching Mission has leadership, principally....

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MACHIVENTA MELCHIZEDEK

In humanized form he was a spiritual patriarch of the Bible, the legendary Sage of Salem, mentor to Abraham. In the spiritual order, he was and is a high-ranking celestial teacher in the Order of Melchizedeks, once materialized here to keep alive and expand the flickering flame of truth -- that there is the One God. Through his teaching, this truthful concept was fostered through Abraham to the struggling Hebrews, who later were to revere him even greater than his mentor. The rabbis practically rewrote Machiventa out of the Old Testament during the Babylonian captivity, choosing to glorify Abraham instead. But the Melchizedek One God truth was spread to other parts of the world.

Machiventa has long been involved in the affairs of our planet, which now serves as his headquarters in the mission to reclaim the more than 30 rebellion worlds back into the universe order. This will, in effect, ready the world for the Second Coming of Jesus/Christ Michael to his world of material incarnation, now known universally as the World of the Cross.

Machiventa has much help, including an old friend...

ABRAHAM

Now in the spiritual administration, this former planetary leader works still with his mentor, Machiventa. They both transmitted via humans in New Zealand in the early 1980s and spoke of the realities of the Correcting Time and the Teaching Mission, which were to come. Each speaks periodically to Teaching Mission groups around the country, as does Christ Michael himself.

How do our planetary ancestors, the legendary Adam and Eve, fit into the Lucifer Rebellion scenario?

THE GARDEN OF EDEN DEFAULT

According to the Urantia Book, Adam and Eve were materialized superhumans, assigned to our planet some 38,000 years ago, more than 460,000 years after the fall of the first colonies of Caligastia and his aide, Satan. They were here essentially for biological upliftment. However, as told in the elaborate Urantia Papers story, they succumbed to the

temptations of the deposed planetary prince, who was still being allowed to debate his doctrine of individual self-liberty and self-assertion with Gabriel, the Bright and Morning Star, in the high court of the universe. The War in Heavens was essentially a highly charged celestial debate of what is real and what is truth.

The final adjudication is reported to have opened the way for the Correcting Time. Machiventa, with strong planetary experience, was naturally the leader. The Prince of Peace to be eventually reinstated is Michael/Jesus, Son of God and Son of Man, eventually to return triumphant to the legendary "World of the Cross."

The Second Coming promises to be a long time arriving here, however, since much has to be done first to bring the planet to what the Urantia Papers call an era of "Light and Life." It is debatable how fast all of these "corrections" and enlightenments can be implemented, but humans, of course, have an important role in it. The years just ahead will be eventful. Our celestial friends in the Teaching Mission are here to help us prepare for both the challenges and the opportunities for spiritual service that lie ahead.

Whew! All this background required epochs of time. Presented all at once, maybe it sounds too fantastic to believe?

Look around at how fantastic everything actually is, however, from a universal view.

Look at the modern technological societies that have been wrought from the very first spark of planetary life -- the grandeur of God's evolutionary plan. Look at your own incredibly complex personality, your biological mechanism, and the intricacies of your mind. Look at the reality that each personality is, was and ever will be completely unique. Look at what Jesus accomplished for world spirituality with just a handful of ordinary mortal helpers. Look at the profound changes that have begun sweeping across our planetary landscape -- restless awakenings to a higher consciousness.

I have become convinced that we are at the very beginnings of a spiritual rebirth that none now living will see in full fruition here. But we can all be part of this great beginning for the choosing.

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When you read these pages, just be concerned with the fruit herein, the message itself, whether the spiritual insights ring true for you. The vessels of transport and methods of transmission are of little importance. To decide upon their value, learn to access your Indwelling Spirit of God, the Father, and the Spirit of Truth that Jesus left additionally for all humankind so that the Christ spirit can live within each of us.

And then sit back and enjoy as we did the surprising discovery of a wide-ranging celestial faculty of friends, teachers and guides. They will help you discover truth, even as they are discovering it themselves.

And if you're extremely impatient to know the basic spiritual truths of this volume, what you most need to know for the planetary Correcting Time, here are summaries:

THE MESSAGES OF THIS MANUSCRIPT

This is a personal spiritual journey of discovery, from one who found a way beyond skepticism and cynicism.

Within these pages, these central messages will emerge:

1 -- Celestial teachers, guides and angels are everywhere, seeking to make contact with us and help our spiritual growth. They are here in greater numbers now because of the opening of spiritual energy circuits in recent years.

2 -- Overall, there is a planetary Correcting Time in which humans and celestials can work together for spiritualizing upliftment, within our institutions and us.

3 -- A daily time of Stillness with God for worship, prayer, reflection and conversation is our most important threshold for spiritual growth and peace of mind. This process moves beyond using meditation only for relaxation and contemplation to concerted spiritual upreach through the actions of worship, prayer, forgiveness, service, and listening for God's answers. These are all activities of the Stillness.

4 -- You can ask for and receive a personal spiritual teacher who will bring you lessons and insights that enhance your personal growth. You can communicate via a new meditative state process called Transmitting-Receiving (TR) through writing or the spoken word.

5 -- Those who want to hear and verbalize teachers in shared gatherings can join with a growing number of Teaching Mission study groups around the country. They provide you with the opportunity to visit, listen, ask questions and learn to transmit yourself.

6 -- Our free wills are always in charge in this evolutionary world. A vital difference between TR and trance channeling is that the human transmitter is in a state of relative consciousness, choosing cooperatively to work with the celestial teacher. This spiritual connection is available to anyone, for the striving, and in the striving will come spiritual growth.

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7 -- The earth is not headed toward catastrophic or apocalyptic doom. The love energy that we generate and the actual service that we perform, combined with expanding celestial insights and inspiration, will help lift the world to a higher level of spiritual consciousness. This is a very special place -- the planet of Jesus' incarnation.

8 -- The earthly personality known as Jesus is, in fact, a Creator Son of God named Michael, who created and rules our local universe. The religious life of Jesus as fully illuminated in the vast Urantia Book is what humankind most needs to understand in these pivotal and changing times.

9 -- The highest level of spiritual truth available on our planet are the Urantia Papers, first published 1955, held in close control for years, but now recently launched into the public domain as part of the Correcting Time.

10 -- God's spirit lives inside each one of us. The celestial teachers will lead you to a greater understanding and deeper connection with this indwelling "Thought Adjuster" which ever seeks to adjust our thoughts Godward.

11 -- Life is an experiential classroom-laboratory to give us material experience in time and space. The learning and growth that we experience here could not be achieved any other way.

12 -- We can follow a glorious ascension path that has been designed for us and the other numerous worlds of time and space. Each, as a child of God, can strive to "be ye perfect," and this mortal life is just a beginning.

"Every day is an opportunity to seek a greater understanding of truth." -- Tarkas

One

Our Celestial Teacher Arrives December 18, 1992

We sat in a suburban living room, surrounded by people we didn't know very well, waiting and wondering if this first-time "channeling" experience would truly be spiritual -- or just bizarre.

The hosts had brought out an assortment of chairs to seat the incoming curious. Our small readers group, which had been studying the Urantia Book cosmology casually once a month, was being swelled on this night to meet this new celestial "teacher" that we had supposedly been assigned.

The Urantia Book is a history and explanation of the universe and our place in it, and purports to be a spiritual revelation transmitted from celestial sources. But its many study groups are hardly a haven for the crystals and incense crowd. Reading this complex 2,100-page tome is much more of an intellectual workout.

The transmitted and foundation-published papers are beautifully wrought prose explaining, among other things, the history of our planet, and a full and detailed history of Jesus. As a cosmological synthesis of our science, philosophy and religion, the book has been studied by scholars and students for years.

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Since its publication in 1955, it has never been disproved or discredited.

Though still little known to the mainstream public, the Urantia Book is truly an amazing, illuminating, and inspiring book, worthy of a lifetime of study. I wasn't interested in any shortcuts to spiritual growth if it involved trances and background music. Still, being a journalist, I was open-minded and exploratory.

I had heard of channeling but had never read any material. My knowledge of spiritual paths was limited and I had only a modicum of interest. I had long ago chosen not to affiliate with either the Baptists or the Catholics in favor of a more personal relationship with God and had found the Urantia Book to contain all the information I needed about the universe and my place in it. It reconciled evolution and creationism for me and that was the big thing. I was pleased to just accept the reality of a God and intellectualize and speculate about the details of who we are and why we're here. The Urantia Papers seemed to have all the answers I needed.

But if a "teacher" had been assigned to our group, I wanted to be here for the introduction. That connection had come from a similar Urantia study group in Indianapolis, a phone call from a member there asking if we wanted a spiritual teacher to be assigned to us. One of our number asked some members, and we basically said: We don't really know, it's kind of strange, but why not?

A second call came later, stating that their teacher, "Welmek," had noted that our assigned teacher, "Tarkas," desired to make contact with us.

Tarkas? What kind of name was that?

Our Indianapolis friends said that we would have to make our own contact with this teacher and learn to speak his lessons to the group ourselves... if we chose to work with him. Our free wills would always be in charge in the process. We would be, more or less, conscious. He was simply available to provide dictation if we would verbalize. It required no special status or superhuman state of consciousness. For the human, it would simply be a service to the teachers and the group.

Though this so-called transmitting-receiving seemed a daunting challenge, it was actually encouraging to me. Do it ourselves? Why not? I would be more distrustful of a stranger in a trance, whom I would suspect eventually wanted to get into my wallet.

The “TR” method would be similar to channeling, we were told, but the transmitter would be more or less conscious, serving as a willing conduit for the teacher’s words. Several persons in Indianapolis, we were assured, were beginning to connect with their teacher, Welmek, and learning to do it. Could we connect with Tarkas? Would we?

I looked around the room. These people were quite normal looking, neighbors you’d expect to see across the fence. I considered just the people I knew -- a nurse, a retired architect, an engineer, a real estate agent, a Catholic priest, a Catholic magazine editor and her husband, an industrial coke salesman, a social counselor, a court clerk, and several of our group whom I hardly knew at all, except in the context of our monthly book reading and discussion meetings. It turned out there were some people from the Unity church there, especially from the Course in Miracles study group there.

Questions buzzed in my head. Would these people like and appreciate “channeling” or “TR?” Did they know any more about this phenomenon than I did? Isn’t this something done by weird people with overactive imaginations? I wasn’t interested in talking to Elvis; I never forgave him for those awful movies.

The delegation from Indianapolis arrived to cordial greetings and introductions, looking as normal as we thought we did. The transmitter tonight I knew as a former Urantia Foundation employee from Chicago, a calm, quiet-spoken and sincere man. I liked him. I was suspicious as to what we would hear, though. I knew he was an expert on the Urantia Book and could simply speak/transmit from that extensive knowledge to any question.

The room settled to quietness and Michael sat calmly in an upholstered chair near the center of the expectant gathering, hands resting in his lap, surrounded by people who would hang on every word, several tape recorders running.

What, I wondered, would be the very first things these celestial visitors would want to tell us. What is most important to say? Why are they here?

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After a prayer from Father Bob, our retired Catholic priest and Urantia Papers authority, and a moment or two of silence, Michael, eyes closed, began to speak, slowly and deliberately, a few words at a time, calmly.

Greetings to all of you. My name is Tarkas. I am a part of this Teaching Mission that has been commissioned by Michael and the Father Himself to help bring spiritual peace, spiritual solace to your troubled planet.

(I knew Michael from the Urantia Book as a Divine Son of God who incarnated on our planet as Jesus. The Urantia Book states that the most common name for God on our planet is Father, and so they often, but not always, use this appellation. Most common name in the local universe is First Source and Center.)

If you could see all of the beings, all of the help that is coming to your world and all of the worlds that were a part of the rebellion ... you would not believe how immense, how much of an effort is being brought to your planet to help heal all of the problems that you have had.

(This would be the Lucifer rebellion, referred to in the Bible as the "war in heaven.")

I understand that this may seem somewhat strange to most of you. I ask only that you listen and that you ask within your own heart and minds to ask your own divine guidance. If what you hear is true, if you believe that it is, then I encourage you to come to continuing sessions. If you believe that it is not true, in the long run, in the eternal sense, it makes no difference. The Father's love for you is as great no matter what you might decide. I simply ask that you keep an open mind and that you listen for our Father's guidance.

I will leave much time this evening for your questions. But I would first like to talk about the nature of this mission and what it is that we are trying to accomplish. Our purpose is not to take the place of our Father within your life. The Father is your ultimate guide. We would never be so presumptuous to do that. Our purpose rather is to help you grow in your understanding and your contact with the Father. No matter what it is that you do, there is a learning process, there is a growth process, and you

must learn to develop and to grow spiritually, just as you do mentally and physically.

What we are here to do is to provide some help for you. We are your teachers. As you struggle and you have questions, we are your tutors, your counselors, and your teachers. We believe that by doing this we can help you in your spiritual growth. The more you grow spiritually, the more you are able to allow our Father's love to flow through you so that others may see His love within you, the sooner the benign virus of love can spread to all of this planet.

We do not have enough people involved in this mission to work with every single individual on this planet, so our goal is to teach and help you, in hopes that you, in turn, will be of service to your brothers and sisters, and again show forth our Father's love so that they might be attracted to you, they might come to groups such as this. Can you imagine for a moment if every human on this planet were meeting in a group such as this to discuss spiritual growth and progress once a week or once every two weeks? Can you imagine how quickly things would change on this planet? Now things are accelerating, but there is much, much work to do, and there seems to be sometimes so few laborers.

I would suggest that this is an opportunity for you, an opportunity to grow, and an opportunity to serve your brothers and sisters as you grow. In the universe, whatever you learn, you must turn and teach it to others. This is the way of growth. We are here to help the spiritual growth on this planet, but we may not interfere with your human will. We can help you, we can guide you, we can teach you techniques and methods that will bring you closer to the Father, but we cannot do it for you. You must do it. You must make the choices. But again, we can help you grow more quickly.

In all that you do, I wish to assure you that, despite the difficulties and the problems on your world, our Father and this entire universe of universes is truly dominated by love. You simply have no idea of the love and the beauty that awaits you. We hope that, with our help, we can bring you, in this lifetime, closer to our Father's love, to help you feel His love more deeply in your life. If you seek inner peace, and if you seek true happiness, this is the path. There is no other.

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I wish to thank you for coming this evening. I wish to thank you for giving me this opportunity to speak with you. I hope that we will have many future opportunities. I will stop now with my words and I will entertain your questions.

QUESTION: *Tarkas, this is Jack. I would like to know about you. If you will tell us a little bit more about yourself before we start asking about ourselves.*

TARKAS: It is not our purpose for me to reveal much about myself, and it has little to do with our mission. However, having been a human at one point, and having worked on several missions with humans on worlds such as yours, I understand your natural curiosity, and I appreciate your sentiment of friendship, and wanting to know something more about me personally. I am from what your text describes as this local universe. On my world, I was a teacher of children of an adolescent age. I was married and I had three children of my own.

The world where I came from, as with most of the teachers involved in this mission, was already settled in light and life. It is very difficult for you to imagine a world like this. I had so many opportunities that are not so prevalent on your world. On my world it was natural to grow up with everyone wanting to love you and to do what was best for you. The knowledge of our Father and our universe was assumed and understood. There were no wars; we had evolved beyond these types of problems.

I know this sounds somewhat utopian to you, and in a relative sense it is, but yet I also want to assure you that many of us in a sense envy, in the best sense of the word, you and your opportunity to be on this planet. As you progress through the universe, you will find that people will continue to grow and continue to develop, but their needs are not so great. There are not so many who need such dramatic help. You here have the opportunity to help someone every day of your life, even if it is a kind smile, a kind word. These are things that mean something to the people that you meet each day, let alone the opportunity to bring them into meetings or to discuss with them the opportunity for them to grow more spiritually and grow closer to our Father.

On our worlds, the needs were not so great, and so the opportunities to be of service to each other, while always there, were not so dramatic. So, in one sense, your lives are more difficult, but at the same time your opportunities are so great. That is all of the information that I wish to reveal about myself at this time.

QUESTION: *Many of us, Tarkas, have been studying The Urantia Book, and also A Course in Miracles, and we find that many of the points that you listed in your introduction that we wish to obtain and gain in spiritual growth are contained in these books also. Do you have anything in particular that you would like to tell us this evening about either one of these two revelations?*

TARKAS: What is important is that you are a seeker of truth. I will say the text of The Urantia Book is the most advanced teaching that you have on this planet and is the most complete teaching, but yet, how could the truth all be contained in one book? There is truth in the Course. There is truth in many books. There is truth in many people. Every day is an opportunity to seek a greater understanding of truth.

There is little value in worrying about the source or what particular avenue the truth comes from, whether it is from The Urantia Book or the Course, or the Bible, or whatever source. What is important is that you seek to understand what is true. What is also important is that you do not limit yourselves in your opportunities to seek truth. If someone were to think that all truth was contained in The Urantia Book, they would be very limited in their understanding. And so it is with the Course, and so it is with any book or any person.

You may meet a stranger tomorrow, and if you engage in conversation, you might find that person says something that rings very true to your heart and your soul. My point is -- never put any boundaries or any limitations, open yourself always to truth, no matter where it might come from. If you find some differences in some of the ideas, put them on a shelf in your mind, and do not let them become barriers, for you will find that the truth, the real truth, will be the same, no matter from what source you find it.

QUESTION: *I want to thank you for being with us here in Cincinnati this evening. In your opening remarks, Tarkas, you said something about the rebellion. Urantia is very needy. I have not studied The*

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Urantia Book, although I am becoming very much drawn to it, and I would like to know if you can say more about this planet and the rebellion.

TARKAS: I will address your question, but very briefly, since our time is limited tonight. There are many here who could discuss in great detail with you the meaning and understanding of the rebellion, but in essence, you must understand that our Father has created a vast universe. There are many types of spiritual beings that do exist in this universe. There were some who lost their faith in our Father, and to promote their own individual ends, they created what your Bible refers to as the War in Heaven.

Many spiritual beings became involved in a great debate as to whether the Father existed, as to whether his plan for you to grow and progress through the universe was truly real. Your planet was unfortunately led by its planetary leader who, along with some other leaders of other planets, decided to secede or rebel from the great plan that our Father has laid forth. As a result, it was necessary to somewhat isolate your and the other planets until the outcome of this rebellion could be determined. Yet, at the same time, our Father's individual contact with each human, and the overall outworking of things was carried on in a loving and caring way. You were never abandoned in any way whatsoever.

Again, these are some general comments to just help you understand that, as a result of this, the evolutionary process on your planet has not progressed as rapidly and as well as it would on a normal world. I would encourage you to read these sections in the text, and to discuss them with your brothers and sisters.

QUESTION: *Thank you, Tarkas for coming to be with us. Did you choose our group here because you see that we have some potential to do something special for the Father?*

TARKAS: Every individual in every group has something special for the Father. We volunteer to come to this world to participate in this mission. It is well known among the worlds of this universe, and many seek this as an opportunity to greatly enhance their own growth and to fulfill their desire to serve. When we arrive, with our advisers, we discern what groups are available, and which ones that we feel we would be the best

matched in helping to teach and guide them. For me, my assignment and my choice was your group.

QUESTION: *Tarkas, we have heard a lot about the blessed mother and her appearances, and she always emphasizes prayer, love, and sacrifice. Could you elaborate on the sacrifice? Are we interpreting her meaning correctly?*

TARKAS: First, I cannot comment on these appearances. There are many things that must be decided by humans, and we are not permitted to reveal or to comment upon them. Therefore, I cannot specifically address your question. I could address, however, a concept of sacrifice in general.

Sacrifice is to do something which you hope will have a pleasing effect, but it is usually done to give up something else. Would you say that the concept of sacrifice would be to motivate someone more in a negative way?

HUMAN: *I do not see anything negative about sacrificing myself. I think it is good. I could be wrong, but my feeling is that sacrifice is good.*

TARKAS: What is important is that we learn to do the right thing for the right reason.

HUMAN: *I agree with that.*

TARKAS: Therefore, it is not necessary that you sacrifice. Sometimes, there are different meanings, and to serve your fellows and your brothers and sisters, to give of your love and your time, would you call this sacrifice? *(Yes)*

TARKAS: Then if you understand sacrifice in that way I would say that is all right. But I would think that is not the way that everyone understands sacrifice. My point is simply that to love and serve your fellows is not really a sacrifice in the sense of something negative or having to give up something. When you give of yourself, you will truly be rewarded many times over. The more love you give, the more love you will receive, and so the reason to help is not to give up something, but share your love, and to be filled more with our Father's love.

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QUESTION: *Tarkas, there are so many people with Alzheimer's disease. Is there anything that I can do that will help with a problem like this?*

TARKAS: You cannot know how it saddens us when we come to this world and we see the disease, and the famine, and the suffering that exist on this world. It is, no matter how much we think we were prepared for it, beyond what we could understand until we actually see it.

I can only comment in a general way. I and my associates are here as part of this Teaching Mission. There are others who have been sent who will help with your planet of disease, who will help in other political and social arenas. But I am not permitted to discuss with you the nature of their work or how they go about it. I can only reassure you that much help in all areas is being brought to your world.

It is difficult in a situation with such a disease to know about the clarity of a person's mind. If you feel that there are times when you are speaking to your mother and her mind is clear, I would say that you must tell her how much you love her, and that you know that, in time, when she awakens on the next level, or on the mansion worlds, that her mind will be normal, and that you will awaken there with her, and that she has a beautiful life ahead of her, and reassure her how much God our Father loves her. Whether or not you will see cures for such diseases in your lifetime I cannot say. I can only say that, in time, it will happen.

QUESTION: *Tarkas, we here in Cincinnati, this group, is very much interested and would love to have you or one of your associates come to us on a regular basis, and I am wondering if you could tell us when we could begin hearing from you regularly, and if there is someone in our group that can receive and transmit what you are saying.*

TARKAS: Thank you for asking that question. As you might imagine, I am anxious to begin my work. I wish to say several things. I have been and will continue to work with different individuals to help prepare them to perform the function of the transmitter/receiver that Michael is now performing. If any of you feel that this is something that you would wish to do, let me say these things. First, you must understand that there is no special spiritual status associated with this. It is really based only upon your willingness to fulfill this function to help your brothers and sisters. All of those who perform this function must

continue to grow at this and develop as everyone else. You must want this. You must make a certain level of commitment to do this. If this is your desire, then I would suggest that you pray, and that you seek guidance about this.

Learn to seek our Father in worship. When you worship, give thanksgiving to our Father, talk with Him, and try to feel His love flow through you. If, at that time, you feel that this is your desire to help in this mission, then ask for contact with myself or a teacher, and after you ask this question, pause, and try to still your mind and listen. If you feel that you have some contact, if you begin to feel that you hear my words in your mind, then I would encourage you to have a tape recorder nearby and simply speak whatever comes into your mind.

Do not engage your mind. Do not worry. Do not be fearful. Simply allow yourself to vocalize the words that flow into your mind. Afterwards, you can then play back this tape, and then you can make your assessment; if you believe it is your own mind, or you believe it is true, and has truth content to it. It is a growing process. It takes a while to become comfortable with this process. But that is what is required. Everyone here has that potential; it is a matter of your learning to still your mind, and the matter of your willingness to perform this function for the group. Are there further questions about this?

QUESTION: *Is there a need for us to protect ourselves in some way?*

TARKAS: And what would you be protecting yourself from?

HUMAN: *Negative spirits.*

TARKAS: I will say that the planetary rebellion has ended. All of the beings that participated in the rebellion have made their choice. The adjudication of the rebellion is over. I can assure you that there are no evil spirits associated with this mission. There is nothing to be protected from. However, you must make this decision within yourself, and by seeking your own guidance.

.... Let me say to the entire group that what I wish you to begin this evening to work on is to begin seeking the Stillness, to worship daily. I know that you read this in books, and I know that you all say, yes, that is important. But I cannot tell you how important it truly is. If you want to feel the presence of God, if

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you want to feel at peace within yourself, you must learn to practice worship on a daily basis. You must seek to see our Father as the most loving, the most wonderful being you can possibly imagine.

He knows you intimately. He knows everything about you. There is no one who could understand you more. There is no one who could be more loving and understanding and merciful towards you. Each day talk with the Father about your life, your hopes, your concerns, but also listen for His response. Thank Him each day. Try to feel His love in your life more each day.

The second thing that I will ask you to do is to begin to pray each day. We will learn much about prayer over time. But for now I will simply say, pray for others. The Father knows your needs. As you talk over your concerns with Him, you are in a sense praying to Him. When I suggest prayer, I mean prayer for others. Pray for them in a specific way. Think of many spirit beings all waiting to answer prayers. If you are to say "God bless America," envision yourself as a spirit being waiting to be assigned and wanting to help. If someone said to you "God bless America," where would you begin?

But if there is someone that you know who is having a problem learning to forgive themselves or others, and who carries much anger and hate with them because they do not understand others; then you ask for specific guidance for them to receive the understanding or insight to help them resolve a specific problem, or you could ask that they meet someone who could help them.

Pray for specific outcomes and specific situations and I think that you might find that you see more answers to your prayers. Understand again that all sincere prayers are answered in time. But it may be in your lifetime and it may not. Much depends on the nature of your prayer.

The third thing that you must begin to work on is forgiveness. How can you turn to our Father and ask to receive his love if, at the same time, you feel hatred, or anger, or resentments? You must let go of these things. None of you are perfect. None of the other beings that you know are perfect. You must develop a more loving attitude.

When you see a young child make a mistake, do you stop loving that child? You grow frustrated, perhaps, but what do you say to yourself? It is a young child. I love them. I hope that I can guide them and help them to correct a particular behavior. I would suggest to you that you are all still young children. Whether you are three or eighty, in the universe scheme of things, you are all young children.

Did any of you grow up with perfect parents who know how to guide you in every single way, in the best possible way? I would think not, and so would it not be true that for every individual there are areas of their character or personality that they have not been guided in properly? And so, when you look at others, learn to love them, even if you dislike a particular behavior of theirs. Learn to separate that behavior from that person. Want the best for them and do not be so disappointed when they do not respond to you in such perfect ways, and do not be so disappointed with yourself when you do not respond in perfect ways.

There is nothing that our Father would not forgive you for. If you turn to the Father with the intent to say, "I will try harder, I know I might have made a mistake," I can assure you that you are already forgiven. But when you turn to our Father, when you ask for His love and His guidance, do not bring malice, do not bring hate, do not bring anger and resentment towards your brothers and sisters with you. You must learn to let go of these things.

The final point that I would say to you is that each day, try to look at someone and imagine that there is a most loving and wonderful spirit fragment of our Father residing within them. If you were talking to Michael right now, how do you think you would act?

And so why do you not do that with each of your brothers and sisters? I know that this seems difficult, but what I am suggesting to you is that as you grow, and as you develop, and as you feel our Father's love, in fact, you will learn more and more how you can see your brothers and sisters in this way. You will see them with a loving parental attitude, just as Jesus had that attitude towards the apostles, towards all of the humans that he came in contact with.

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If you seek love, if you seek happiness, if you seek peace, these are the things that you must do. Everything is a matter of practice if you desire. Just try each day to make some progress, and in time you will find that others are responding to you differently. You will find that you have a different attitude and feeling about yourself. I know this seems easy to say. I know that it must be a decision on your part to pursue these things, but I tell you, this is the way of the universe. The universe is filled with love and goodness, and as you grow in this universe, these are the things that you must do to promote that growth.

As we begin our sessions, over time we will explore each of these more thoroughly. We will have sessions on each of these and we will go much more deeply into the understanding and practice of each of these. But I want you to understand that this is what this mission is about. We are here to help you grow spiritually. If that is not your desire, if that is not your intent, then I would suggest that these meetings will not be interesting to you. I say that as a matter of theory, but I know by the very fact that you are here, that you have this desire to want to grow, to want to come to understand and grow closer to our Father, feel His love more in your life each day, and to learn to serve your brothers and sisters in a more loving way.

QUESTION: Would you comment on light and life that is referred to by Welmek occasionally, that we are being prepared for that purpose?

TARKAS: Again I would say this is discussed in the text of the Urantia Book, and there are those here who could discuss this with you. I will say only briefly that all worlds of time and space where there are mortals growing like yourselves, evolve. The end product of their evolution is to reach what is called a stage of light and life. In your minds, in your imagination, it would be, in a sense, a heaven on earth so to speak.

As I mentioned earlier, I grew up on a planet already in this state. To see a world such as this in comparison to your own is a huge contrast, almost between night and day. This is the goal. We are here to help move your planet and all of the planets that were a part of the rebellion toward light and life.

Eventually the planet would arrive there, but in a sense our Father has been stirred by the pleas of the suffering on this planet and the others, and he has asked that this mission be initiated to help accelerate, to help give you more help than what

a normal world in a normal process of its evolution might receive. That is our goal, to help bring you closer to the Father so that this love may spread over this planet, so that it may be brought to an era of light and life more quickly.

QUESTION: *Tarkas, in some of the earlier papers that I have been reading, mention was made of individual assignments, that we should be thinking of our roles that we would like to take on in helping within this mission as individuals down here. Can you address that?*

TARKAS: First, I would say that your primary assignment will be to grow by working in the four areas that I have suggested. In time, as this mission unfolds, you will see most of the functions fall within certain areas. There are areas of administration; there will be the area of teaching, the area of ministry, and others. It would not be useful to elaborate too much on these areas at this time, for we have much to learn and much growing to do together before the time for looking for specific assignments within these areas will come.

I would say this ... no matter what you do, your first goal is to be as well prepared as you possibly can to carry out whatever assignment you might be given. And so, first, the goal of everybody in this mission must be to grow closer to the Father, because this is what will make you successful, no matter what future assignments you might have.

QUESTION: *Can you comment at all about the second coming?*

TARKAS: We will discuss this more in time. I know you have been aware of other transcripts and aware of other teachings about this. There are plans for the Melchizedeks to eventually materialize. At first they will materialize in what your text refers to as a morontia form. As more and more and more beings grow and evolve, our Master will come back, and will again materialize, also in this morontia form. I cannot say when this will be. I can only say that Michael is fully cognizant, has initiated this mission, and that He is very active, and will sometimes send messages and greetings to groups involved in this mission. But when He would choose to come I cannot say.

QUESTION: *Can you tell us something about how we can become more healthy individuals?*

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TARKAS: Think of the areas of spiritual, mental and physical growth. I am not here to prescribe diets or other such things. I believe in your literature there is much written on this. But I would say that for you to grow, you need to be balanced. You need daily worship, you need physical exercise and you need proper diet. All of these things will contribute to your health.

QUESTION: *Tarkas, you mentioned in the beginning in your talk about laborers, and that word keeps coming to my mind. You said that there were very few laborers, and I felt a sadness about that. What were you talking about?*

TARKAS: I am talking about those who have the desire and the courage to grow spiritually, to come closer to our Father, and who will then reveal this love to their brothers and sisters.

QUESTION: *(about how to best counsel victims of physical abuse using spiritual values when this is against prescribed secular therapy)*

TARKAS: It is difficult on your planet. You have counseling and yet your counseling is devoid of the Father's love. The Father's love is the most healing thing imaginable, and yet your psychologists, your counselors must attempt to heal without this base. It is a very difficult process. Of the four things that I mentioned earlier that you should work on, do you see any of those that you feel would be very important to those with whom you work?

HUMAN: *I believe that they need to forgive, but the victims do not want to forgive. They tell me they don't want to forgive, and my supervisor says it is not necessary, and it is very difficult for me, because I believe it is very important. I am torn between what my supervisor tells me, and what I believe it to be.*

TARKAS: I would say that your own inner guidance is truth. Unfortunately, you find yourself in a difficult situation because your relationship to those with whom you work may be evaluated by those who do not have a similar perspective. It is a difficult problem to resolve, but I would suggest that you continue to seek ways to impress upon them the importance of forgiveness. Resentment and hate and anger are spirit poisons. There is little that can be healed while such attitudes remain dominant.

You and I know that this person and the person that has hurt them will someday meet on the mansion worlds, and that the person who has done this hurt to them will be very apologetic because by that time they will have realized what they have done and they will truly want that person's forgiveness. However, it is difficult to say these things and to teach in this way for those who do not have this perspective. But I will say that love and forgiveness are the main keys to helping them heal, and if they refuse to pursue this, if they truly wish to hold on to their anger and their resentment, then there really is little that we can do for them.

QUESTION: *Tarkas, I assume that you choose students of The Urantia Book and others with a seeking mind because we might be better open to you. The organized religions are more rigid, less open. Will you be able to work with those people?*

TARKAS: There are those who are making great efforts to work within what you call the organized churches. But we must be realistic. Do the organized churches tell you that you are guided by a fragment of our Father, and that his guidance is the only true guidance that you really need? (*No*)

TARKAS: Would this be, in a sense, as they perceive it, in their best interests? (*Probably, no.*)

TARKAS: Do they often not feel that they are the ones who should judge the truth of your personal religious experience?

HUMAN: *I think so. I think some of them have actually unconsciously changed the worship of our Heavenly Father to the worship of the Bible itself. I think they are being misled.*

TARKAS: It is unfortunate, but it is difficult even among many who read the Urantia text. This mission is frowned upon. They are critical and some even suggest that it is propagated by evil spirits, or what the text refers to as Caligastia. With such attitudes, it is difficult.

In time, the truth will win out. In time, all things will be judged by the fruits of the spirit. But for now you must concentrate on your own growth. As you grow and develop, we can lead others who are seekers to you. But we cannot lead them to you if you cannot show them the light. And so, let us not be concerned with tackling things on such a broad level. Let us work now to

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develop and grow, and you will find that in your lifetime, you will help others, and those others will help others, and, in this way, it will not matter what the leaders of these organized religions think or do, because the love that will grow among the people of this planet will determine what will happen to the churches, and not the leaders themselves.

QUESTION: *Tarkas, what is the special lesson of this manner of communication? Why aren't you here as your own kind?*

TARKAS: We have discussed, we meaning those involved in this Teaching Mission, what are the best ways to go about our mission. And many options have been brought up. In time it may happen that I and other teachers will in fact be made visible, but at this time, we do not feel that this would be wise or appropriate. It is much to ask for you to come and entertain such a phenomenon, such an experience. We believe that it is better to progress a step at a time, and, in time, you may find that the contact grows more clear, and as I said, even more visible. But in the meantime, you must rely upon your inner guidance and upon your faith, and focus upon the content of what is being said, and trust that our Father and Michael and the various beings involved in this mission know the best way to proceed.

QUESTION: *Can you see us physically or do you just see the thought energy that we emanate?*

TARKAS: I see you physically as you see each other.

QUESTION: *Tarkas, are there special things that we need to be doing?*

TARKAS: The four things that I mentioned earlier are what you must begin to do. Again, you hear the words but you do not truly understand the importance of what I say. Take time each day to find some quiet and seek our Father. Seek His company; seek His love. Pray for others each day. Pray for healing specific situations that they are in. Learn to understand one of your brothers and sisters a little more each day, so that you can forgive them and forgive yourself more easily, and learn to look at others, and see the presence of God within them, and treat them as if you know that the Father is there.

I can assure you that this is not an easy assignment, that you will not accomplish it in one day. But if you try, and if you practice

these things each day, I can assure you that it will bring more peace and happiness to you than anything else you can possibly imagine.

QUESTION: *When you say pray for these people, in what way? Do we pray just by mentioning their names and their needs?*

TARKAS: When you think of someone that you wish to pray for, I want you to think of specifically what it is that you wish for them. Say that in your mind, and while you say it, picture them in your mind and picture our Father's love flowing through you and surrounding them. Picture them being healed as you pray for them.

If you are sincere, and what you pray for is positive and beneficial for that person, and you pray with the feeling of the Father's love, this is effective prayer. This creates certain energies that we are able to work with and respond to in helping this person.

I cannot explain to you exactly how this works but I can assure you that it does work. Any time that you pray in this way, your prayer is registered in this universe. Some one, some being will be charged with doing what they can to help bring about a solution, an answer to your prayer. You may or may not see an immediate answer, but I will say that, once you pray for an individual or a situation, it does not help to pray over and over. A sincere and effective prayer is registered, and it must be responded to. However, if many individuals pray for the same thing, this does create more energy, and this does create a stronger effect.

... You must think specifically what you wish to pray for. Again, if you say "I will pray that there will no longer be world hunger, "it is difficult to respond. There are so many things that might happen. But let us suppose that you say, "I pray that the troops who have been sent to Somalia will be able to safely reach their destination and provide the food to those that are starving, and that whatever help and guidance they need to reach this destination safely, be given." That is something that is somewhat more specific, and can be addressed in an easier way. Do you see the distinction I have been trying to make?

QUESTION: *Tarkas, I have a question concerning some of us having barriers to feeling closer to God. Some of us think it unimaginable that*

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there could be a love so deep because we have never known that before on earth, and some us don't know that experience at all, and find it difficult to accept that this could be real, not that we doubt that it could be real, but that we just don't know how to accept that. Can you give us some directions in how we cannot feel unworthy?

TARKAS: It is difficult on your world. I would hope that in your lifetime, you have known some love. I can assure you that as you grow in this universe you will know more love and more love and more love. If whatever taste of love you have had has been positive in your life, is it not something that you would like to have more of? *(Yes.)*

TARKAS: Then I am here to help you find more love. I am here to help you find the greatest love that you can imagine, and I understand what you say, that you feel as though you can only glimpse with us that love now. But if you practice, and if you follow the things I am saying, you will feel and you will come to know that love more deeply in your life. And, after awhile, you will be able to look back, and you will know that you have grown, and that you appreciate and understand love more fully.

But until you grow and have these experiences, you cannot look back and have something to compare it to. So, for now, you must make a decision. I am here and I say that I can help you grow in this love. You must decide: Is this what you desire? Secondly, you must decide: Are you willing to give me and this group a chance to help you grow in that love?

Those are the decisions that each of you at this moment must make. It is difficult; you are taking much on faith, but if you were to go to someone to learn to play a musical instrument, let's say a violin; if the teacher handed you a violin and said play, what do you think would happen?

HUMAN: *Nothing. (laughter) I would not know what to do.*

TARKAS: And yet, have you ever heard violin music? *(Yes, many times.)*

TARKAS: And you know that you have some sense of its beauty, and some appreciation for it. And so, if you go to learn how to play this instrument, is your desire not to be able to produce the same beauty from this instrument? And so it is the same. I am the teacher. I know of the love. I am handing you

the instruments, the tools, the methods to learn to understand and become a master, a teacher yourself of this love. It is up to you if you want to take these lessons.

HUMAN: *And they start with the four things that you told us about?*

TARKAS: These are the four most important things. Many things, as we progress will be added. Many of you who have read some of the transcripts, and you see the different things that are discussed and talked about. There will be many areas that we will discuss, and we will help you in your growth. It is hard now for you to imagine because we have not begun this process.... Perhaps, talking to others who have experienced this would be helpful to you.

QUESTION: *We are told in the Urantia Book that the biological situation on this planet is much less than desired. Are there plans in the future to address these problems?*

TARKAS: There are plans. I am not permitted to discuss them with you, but I can assure you that, despite the problems that you see, things are well in hand. This mission will not fail. The upliftment of your planet will not fail.

QUESTION: *I have a question in reference to the word "worship." When I go down to the park, and I look at the trees and the flowers, and I admire the beauty of nature, or maybe I take a deep breath and say, "I drink of you with every breath I take. Thank you God for all this." Is that worship?*

TARKAS: Yes. Worship is thanking God for the beauty and the love that He has given. It is communion, talking things over with Him. Do not think of God as an abstract thing that exists somewhere. Think of God as the most loving wonderful being that you can imagine. He is your friend, your parent. He is there to help you and guide you through every situation. He will never let you down. He will always be there with you.

Life for you can become too complex. You should, as you say, smell the roses. You must sort out your priorities. If you know that worship, and prayer, and the things that I have told you will bring you better peace, but yet your life is scheduled in a way that you say: "Well I would like to do that; I just do not have the time." What does that tell you about what your priorities are?

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What is more important than that? I know that you must all earn a living, but is there anyone here who can honestly say that they could not find an hour each day for some worship, some prayer, some reading and studying of text to expand your awareness and your knowledge? Are the TV programs you watch really so good? (Loud laughter)

There is nothing in your life that will come without effort. If you make the effort, there are so many beings who are there to assist you, not always in ways that you can see or understand, though in time you will. But they are there, they are simply waiting for you to turn to them and ask for their guidance. Think of a young child who is having problems, and you are that child's parents. What is your desire as a loving parent?

HUMAN: *To help them.*

TARKAS: Exactly. Do you not wish the child to come to you, as a loving parent, and say to you, "I am troubled and I need your help"? So it is with our Father. He is there with you always, and yet you seek help in every direction except from Him. Who are these other humans, regardless of their knowledge or academic degrees, who have a better understanding of you and who have greater wisdom and insight than the spirit fragment that indwells you? There is so much love, there is so much there for you, but you must turn to that guidance. You must seek it, and it is there for you.

QUESTION: *I am thinking it has a lot to do with trusting your own ear, knowing that it is God-knowing, that it is not your own ego. I know that this is a difficult process to separate this out.... Can this be done very easily all the time, like when I am driving my car?*

TARKAS: There are many aspects to your question. In the text of The Urantia Book, you will find that there are what are called circles of development. As you progress, there will come a time when you will have direct communication with your Indwelling Spirit. There will even come a time when you will fuse with this spirit and become as one. I have already done this, and I tell you that you just cannot imagine the love and the beauty that you will feel when this occurs.

But in your situation it is difficult for the Adjuster to communicate to you. There are levels of your mind, and when the Adjuster tries to communicate, His thoughts enter a level of

your mind, but it may take some time for these thoughts to filter down to your level of consciousness. When you pray, or you seek guidance, you may not hear his words. You may not hear an answer immediately. You might be walking, you might be driving in your car an hour, or a day, or a week later. Sometimes you will hear, or you will sense an answer to your question. These things do happen.

As you grow, and as you progress, it is possible, eventually, to hear the voice of the Adjuster in your mind, and believe me, there will be no doubt in your mind when this occurs. To help you grow towards this, we are here to help. We can make some contact with your mind. We can help give you some guidance along the way until you reach that point, when you have that contact more directly with the Adjuster.

We are not here to substitute for that contact with the Adjuster, as some have suggested. We are really here to aid you in reaching that contact yourself. That is our goal, not that you learn to rely upon us, only that you learn to rely upon our Father.

QUESTION: Tarkas, you mentioned the Urantia Book now, and to communicate with the spirit beings, angels that are around about, helping us, leading us, and basically helping us here in time and space. I used to do that years ago. I mean I would pray and worship audibly to God, and even to the angels and spirit beings around about me, and I got into some trouble. I had some bad experiences with some spirits that I believe are not of the Father's kingdom, but of the rebellion. So my friends told me to stop seeking spirits.

This was a few years ago, and I did exactly that. I stopped worshipping in that way. I have a question about that possibly happening again, and towards what you said about the spirits of the rebellion not having access to our planet. I don't understand how they don't have access to our planet when everything is in chaos still. I know I am rambling, and I have many questions, but I would appreciate it if you could just mention something about this.

TARKAS: Your question is a very good question. It is something that troubles many people. Our Father gave you free will, but part of the result of that is that you will experience many things, and you choose, and decide what seems real.

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Secondly, your minds are capable of many imaginings, and so it is a difficult process to discern what is true. First, I will again say that those rebel spirits who participated in the rebellion are no longer on this world, but even if they were, with the Father fragment, and with the angels, and the other spirit guidance that you have, there is no being that could enter your mind or have any influence upon you unless you actively sought that.

Therefore, you must learn to seek this guidance. But let us discuss the real nature of your question, which is, "How do you truly know if something is true." Who has some suggestions as to how you judge what is true?

HUMAN: *I think that the Spirit of Truth that Jesus gave us after he ascended back to His Father will convince us of the truth.*

TARKAS: How do you experience this being evidence of the truth? How would you describe how you know when something is true?

HUMAN: *You have peace.*

HUMAN: *It fits, and it also gives you great joy. There is a certain joy that comes with it, and it just fits into everything else that you believe, and feel, and know.*

HUMAN: *There is no fear and no doubt.*

HUMAN: *Yes, all fear and doubt are just gone.*

HUMAN: *And although this may not come quickly, if you desire the truth, you will receive it.*

HUMAN: *We feel it reverberate in our bodies.*

TARKAS: I would say those are all excellent answers. I will say this to you, as I earlier said, I asked that you give this mission and my teaching a chance. There will be times when you feel some doubt, some uncertainty as you do in all areas of your lives. But in time, if you do not sense that what I say is true, if practicing the things that I am saying and your participation in this do not bring you a greater feeling of love and peace within your hearts, then I would say "Abandon this mission and seek elsewhere." What you say is true. Those are the ways in which you will know. But in order to know, you must give Him a

chance, and you must see if it feels the way you know that it must feel.

QUESTION: In reference to the question about chaos, even if the devil issue is settled on a planetary level, it seems like there must be after-effects? What is all this? It does not seem as though it's over yet.

TARKAS: It is essentially the lack of spiritual growth on your planet, the lack of being dominated by love, and by the desire to serve others. As we come to this planet, and as we look down, we see leaders of countries who are not led by a love for our Father. They are dominated by greed and self-interest. They are sometimes filled with fear and hatred. How can a planet evolve when it is dominated by such motivation?

So many people think only of themselves. So many people look out for themselves and do not care what happens to others. So many people pursue only material growth instead of spiritual growth. You and I together can reprioritize what is important. We can help you grow in this love, and others, I assure you, will be attracted to this love, and they will want to know how it is that you feel more loving, and you have found more inner peace.

It will be by your efforts and your willingness to share this with your brothers and sisters that eventually this planet will be changed. It will not happen tomorrow. It will not happen totally in your lifetime, or even your children's or their children's lifetimes. You will see a growing desire on this planet to seek our Father, to be more loving to each other, but along the way there are many problems that will still be there. There is much evil that still exists, but we can in time overcome this.

QUESTION: Tarkas, if I understood you correctly, the devil and evil spirits are out of this world. Yet we read and we hear so much about groups involved in worshipping the devil. Can you explain this? Are they really worshipping the devil?

TARKAS: There is no devil participating. They are simply very misguided. They are lost in a sense. There are many reasons I suppose why they might get to this point, but I would say primarily the lack of loving parents, proper guidance, would be the primary cause of individuals becoming so misguided that they would choose to seek out such a thing as a devil. As you say, there are many reports, but I would say you must look and think about these things very carefully. Just because someone

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says it is so does not mean it is really true. Most humans do not clearly understand our universe, how it is governed, and so the conclusions that they reach are based upon a very limited understanding.

Many are still brought up in the knowledge of a wrathful and angry God, and the fact that there are such evil spirits roaming the world just waiting to corrupt someone. I would suggest to you that it is not really like that, and so you must make these decisions and choices. I can tell you what I know, but again, in time, by your own growth, and by your own decisions, you will come to see all these things in a much broader perspective and you will better understand how individuals become misguided.

QUESTION: Since our minds are a gift of the Holy Spirit, and one mind is improved in truth and peace, does that in some superconscious way help other minds, or does it have to come directly by our acts of love in the way we treat them with acceptance, respect and help, that they are helped to improve, or is there some supermind, or way that when one mind has been improved that it helps other minds?

TARKAS: It is primarily by each mind increasing its enlightenment that the overall universe, the universal mind, is improved. If you become more enlightened, yes, that contributes to the overall enlightenment, but how will your brother or sister be helped to be more enlightened? It will not just happen. You must share your enlightenment with them and help them become more enlightened.

QUESTION: Do the spirits of some individuals stay on the earth, and attach themselves to people sometimes, and not go to Heaven.

TARKAS: No, this is not true. If a person develops in their spiritual growth to where they have an assignment of a personal angel, they will proceed to the mansion worlds upon their physical death, and they will resume their lives there on these worlds. If they did not progress that far spiritually, they will stay in a sleep, as many are awakened in mass, and they all progress to the next level together. But they are not permitted to stay behind in any conscious way, nor are they permitted to make contact with humans.

QUESTION: Sometimes I see out of the side of my eye white flashes of light. Is there any meaning to that?

TARKAS: There can be various natural phenomena that are associated with your growth. You must remember that you are energy, that others here are energy, that there are forms, while out of your visual range, that are still there, and can be perceived by those of us at our vibrational level. So it is difficult to say, but I would say that most of the time such things are not important. They are more byproducts of your growth and what is happening. They should not be pursued as an end in themselves.

As you grow, and if some experience becomes more pronounced, then we could discuss that perhaps in a private session. But for now, I would say, that while these things are interesting, and it arouses your curiosity, they are a side issue. The main focus is to grow spiritually.

I think we have come to a point where it would be wise to stop. You have much food for thought. You each have some decisions to think about, to pray about, and to seek guidance about. Whatever you choose, I again assure you that our Father loves you more than you can possibly imagine. There is so much love for you in this universe. I only wish that you could understand and appreciate it more, because it would dissolve your worries and your cares.

I know that some of us will meet again. I encourage all of you to think about my earlier words concerning your desire to perform the function that Michael is now performing for this group. I will be observing, and I will be attempting to make contact. Until that time I wish you peace, and I wish you to know our Father's love more deeply every day.

When it was over, it all seemed to make some sense to me. My curiosity was sufficiently whetted.

I would turn again and again to the transcript of this December evening to summarize in my mind what the Teaching Mission was all about and compare its teachings from Welmek, Ham, Lorel, Daniel, Rayson and others across the country.

Overall, I found that the lessons comprised a consistent wholeness of wisdom that was in keeping with the Urantia Book cosmology, even when a non-reader served as transmitter. Yet, it was larger than just one book. They must have approached us because we had some background, the Urantia text.

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Tarkas' outline of daily Stillness for worship, prayer, forgiveness and daily acts of loving service would become a framework for ever-expanding teachings. Each of us in Cincinnati would continue to learn and grow, our lives would continue to evolve and change in unique and appropriate ways.

As always our free wills were in charge. Some would embrace these basic spiritual teachings and make them grow within. Others would lose interest. New people would come and go in curiosity, some looking for astounding prophecies and verification of the upcoming planetary evacuation and cleansing or some such idea, and leaving disappointed with the basic self-help guidance and homilies about love, tolerance, faith, forgiveness, worthiness, fear, service and other basics of the spiritual curricula.

Some of us would continue to expand into spiritual growth and service and help to form the basis of a nationwide Network of the Heart, to exchange lessons, talk via e-mail, hold national and regional conferences, publish newsletters, and dream of even greater service to spread the lessons and especially the most profound good news of all. And that is....

We. You. Me. Each of us can become receivers and transmitters ourselves, talk to celestial teachers, get our own personal spiritual guides, and learn to access our indwelling spirits for a close and highly rewarding relationship with God. We could, in fact, aspire to be apostles of light in a glorious spiritual rebirth on our troubled world.

This wasn't the same old lament about how crazy and awful the world is, and why it's going to hell. This was an opportunity to take hold, start working for positive change to keep that from happening.

This wasn't paying a commercial channeler with purportedly special connections to give us insights. The lessons were all freely given. But we had to connect with our celestial teachers ourselves, speak the words ourselves as a service to the group, make our own personal connections via writing and the Stillness.

I wondered who would be the first in our group to succeed. I knew it wouldn't be me. I was too cynical about the human

condition and much of organized religion. Though I was an idealist, I felt I wasn't such a spiritual person given my anger and disgust with greed and dogma. I had faith in God but not in humanity.

And then the adventure began...

I began poring over transcripts and tracing their origins, comparing their contents, looking for a fuller picture of the Correcting Time and the Teaching Mission. Or seeming contradictions that might explode the whole idea of it.

I discovered a growing family of celestial teachers emerging in small groups around the country. I traced it back to the first Teaching Mission announcement in the U.S., and then tracked it back further -- to early transmissions from Biblical patriarchs Machiventa Melchizedek and Abraham of the Old Testament in New Zealand.

It was all like a mystery -- striving to find contradictions, disbelief. Not doing so.

Hoping it all might be real. Eventually, after much personal searching and growth, finding it was.

And so, from perhaps the unlikely city of Cincinnati, we share our spiritual quest with you on these pages, more or less as it happened.

At the end of each chapter, we'll relate some of the topics our Cincinnati teachers were covering at the time with corresponding lessons from other celestial teachers across the country.

In addition we will also glean a modicum of topic-related material from the profound Urantia papers themselves. After years of study, I have personally come to accept the papers' authenticity as a spiritual revelation. You would have to read them to share that view, of course. I haven't been able to find either error or contradiction in its near 2,100 pages over more than 10 years, and neither have hundreds of other readers and students throughout the world.

I know the Urantia papers are still unknown or obscure to most, even judged disparagingly to be occult by some mainstream

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religionists of our day. In time, however, the power of this revelation will take hold. It was only published in 1955, and has purposefully been distributed in a limited way, a dictate for one-on-one sharing. With the breaking of the Urantia Foundation's copyright recently, there are at this writing two other publishers of the papers, the price has been greatly reduced, and the papers are now beginning to thrive in the public domain and on the Internet. You can, in fact, call up the entire text and individual papers via the World Wide Web.

By the time of this print publication, there is no telling what the Internet will have evolved to. Indeed, the celestial teachers tell us that the creation of it has been inspired, and greatly for the purpose of spiritual networking.

But in 1989, much of the Correcting Time had not happened. These first voices came to Urantia....

EARLY TEACHING MISSION VOICES:

MACHIVENTA MELCHIZEDEK AND ABRAHAM IN NEW ZEALAND

No human could have foretold the quickening of events that began with the first contacts in New Zealand in 1989 -- conversations with Abraham of the Bible, and with Machiventa Melchizedek, the Bible's Sage of Salem and spiritual mentor of the Jewish leader. As noted earlier, this dynamic duo of the Old Testament continues to work together today in the uplifting of our troubled planet.

In Hamilton, New Zealand, Machiventa stated the intent of the mission.

"I Machiventa, a Melchizedek, Vicegerent Planetary Prince of Urantia make this statement:

"God intends for me to make ready the peoples inhabiting the Planet Urantia for the arrival of Prince Michael, Son of God.

"This work as Vicegerent consists of gathering those persons who do hear, who do see, who do understand GOD. This gathering of persons shall eventually spread light, truth, and love throughout humankind.

"I used the term 'Correcting Time.' This terminology has been coined to give humankind some indication of the intent. To correct something is to alter course. This alteration, of course, may take some considerable time/space in your terms. There is no way a time frame can be allocated for this. It is dependent entirely on individual humankind acceptance and understanding.

"I shall be working with the cooperation of certain chosen persons. This communication is being delivered through one such. There are others, and there may be others, also dependent upon humankind acceptance and understanding, never forgetting the free will of humankind.

"Abraham is 'used' by myself as a 'scouting party' and, in turn, I am 'used' thus. We make ready.

"This is my statement of intent. Thank You."

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Abraham met regularly with this band of New Zealand spiritual searchers, a forerunner to the planetary network of Teaching Mission groups. Here are some of his answers to human questions in 1990:

Q - Why do you use the name Abraham?

ABRAHAM: "I am the soul consciousness, the higher consciousness that was and is Abraham. Yes. It is the name you can easily identify me with. Yes."

(Questioner wants to know more about Abraham)

ABRAHAM: "In my last, so-called life journey to which you refer, I was the first to perceive the One God. There were, as you can imagine, many gods worshipped, the sun, the moon, the stars, the wind, the rain, etc. Persons in their ignorance of the One God worshipped many. Yes. In the beginning my earthly name was Abram. When I had acknowledged, accepted and understood the God within, I became known as Abraham. I still am Abraham. I always shall be Abraham.

"Why Abraham now in your time-space? There is much to impart to humankind. I have been given the task.... I have accepted the task of bringing this information to humankind."

Q - Where are you in time-space?

ABRAHAM: "I am where you have been, where you are and where you shall be. I am not in your physical time-space. I am in time-space infinite. Yes. You see, past, present and future all exist in the one time-space."

Q - Who assigned you to this task?

ABRAHAM: "During my past physical life journey, I had the greatest pleasure to be assisted in my understanding of the idea, thought, feeling, understanding of the One God by one who you would call the Prince of Salem, Melchizedek. During this time-space he helped me to understand the One God. He helped me to explain the One God to my family and friends.

"My friend/teacher is now, to use your words, on a mission to teach humankind in your time-space of the simplicity which is God. It is my pleasure to have been given the task of assisting in

this mission. God has decided that I should return in this manner of communications in your time-space for this particular task."

Q - What is the purpose of our having soul names?

ABRAHAM: "Your soul, spirit you may call it, is a sound wavelength, a vibration energy. The name you have been given is as close to your language form as can describe this sound wavelength vibration energy. This is the name by which you are recognized by myself, by God. Just as in your physical form you are recognized by your physical appearance and your physical name."

Questions about the practice of daily Stillness:

ABRAHAM: "The Stillness is the calm, quiet peace within your heart wherein God resides. You may only spend two minutes of your 24 hours with the Stillness. It is of great benefit for humankind. Within the Stillness all answers lie. You may not be aware of your answer immediately. It may be a day, a week, a month, a year before you understand your answer. Yes."

Q - When you achieve this meditation, do you give yourself calmness and stillness from the heart?

ABRAHAM: "Correct. Do not look too hard for the Stillness. In the searching you may not find. It is reached through the quiet and calm, peaceful acceptance and understanding."

(Question about the planetary "Correcting Time")

ABRAHAM: "The Correcting Time has begun. It is a time of great change, a time of great learning for humankind. When the majority have accepted and understood the One God, then great benefits shall occur. Much enlightening, exciting experiences will be had. Yes.

"It is not known how long the Correcting Time shall be. It may last ten years, but it may last for a thousand of your years. It cannot be determined, even by God, because of the gift to humankind of freedom of will. Freedom of will gives humankind choices to make, the choice to heed guidance and listen to guidance. Therefore, coming to understand the One

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God or the choice to disregard guidance, to ignore guidance and not to understand and accept the One God. Yes.”

Q - When the majority are aware in the way you have told us, what effect would that have on our physical planet?

ABRAHAM: “In mankind’s ignorance, great harm has been done to your planet and the universe. When the majority has come to accept and understand the One God, immeasurable help shall come to your planet and the universe. Yes.

You see, I have spoken of freedom of will and the choices humankind have. If the decision is made to disregard guidance we cannot interfere with this decision. We cannot impose our will on yours. So we vigilantly wait and hope that through constant nudging, constant whispering, some person, for example such as (name of transmitter) may heed guidance and accept the position as a vehicle for communication such as this. Yes.”

TEACHER HAM ANNOUNCES THE TEACHING MISSION IN LOS ANGELES

With the sharing of tapes and correspondence with individuals and groups, the Teaching Mission began manifesting in the U.S., most notably through a group of Urantia Book students in Woods Cross, Utah, in 1991. Boldly, this group came to Los Angeles on Feb. 1, 1992, to allow a teacher named Ham to make the official announcement to a large Urantia Papers society.

As described by another writer, the human transmitter, Rebecca, sat lotus-like on a paisley couch, verbalizing Ham in an atmosphere charged with emotion, the pauses between her slow and deliberate words punctuated by the roaring of LA airport jets splitting the skies above. A profound setting. Said Ham:

“The love of God enfolds us, the power of God protects us, and the presence of God watches over us. Wherever we are, He is.

“My profound and sincere greetings to you all this evening. I am Ham. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia.

“I am one of many teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many teachers among you. Great is our mission.

“Understand this in your hearts. The time has arrived for an expanded level of truth to begin correction. We come not for ourselves, no, indeed only in service of Michael. This day marks the beginning of the Correcting Time. Machiventa Melchizedek has arrived and has been duly inaugurated as acting Planetary Prince of Urantia, an assignment he has accepted from Michael.

“Long years we have awaited this day. The Lucifer rebellion is officially ended in Nebadon. The circuits which have isolated your world are being re-opened. All these changes are occurring. I am in accordance with the plan of Michael. Happy and joyous is this day! Blessed in the sight of our Lord, gracious listeners. I bid you welcome to change. We mark the beginning of the reign of Prince Machiventa on this day.”

From these beginnings, celestial teachers began to appear and teach, including Ham's lessons from Woods Cross, Utah; Daniel in Pocatello, Idaho; Lorel and Aflana in Sarasota, Florida; Will in Tallahassee; Jared, Jarel, Olfana, Rayson and others in California. Their lessons added layers of perspective and understanding to the overall Correcting Time and the Teaching Mission.

Another member of the Melchizedek Order, Norson, became a regular contributor to a spiritually charged group of families in Hawaii. He gave more perspectives of the Correcting Time, as did other teachers.

NORSON: The Universe Looks to our Planet

All the love of the worlds will soon be focused on your home planet of Urantia. Many beings throughout Nebadon will be praying for your world all at one time. The energy of love that this will generate will bring much light and life here. This will be the start of a new epoch, the age of light and life.

Expect this to happen as soon as all preparations are made ready. Yes, this will be very exciting and an amazing time to behold. You will all feel this love energy. You will all know that this is happening. Yes, it will be something like the coming of the Spirit of Truth two thousand years ago, but much more universal in the recognition by all.

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LOREL: To Expand our Consciousness/Sarasota, Florida

We are not here to teach you facts and figures you can find in your Urantia Book. We are not here to prophecy and emotionally excite and stimulate you. We are not here to gather you into groups to hear us expound about our thousands of your years experience and observations.

We are here to teach you to expand your consciousness. We are here to teach you how to think and how to teach others to think. We are here to enable a few to encounter the phenomena announcing a new world order and for those few to know how to share this with others until the whole population of Urantia expects more than another day of dog-eat-dog and "I'll make hay while there is hay to get" or "Do unto others before they do it to me."

These are misunderstandings of great truth -- truth that would enable you to be living in the relative peace of Light and Life. However, because of the rebellion and default, there are many such evils which we must cancel and erase from your perceptions. Are you ready to erase them?

.... Not only are teachers arriving daily, but those educated and experienced in government and politics, those technicians of biological uplifting, those working with methods of restoring and healing the earth itself, those calling the downhearted and downtrodden into hope and faith, those who educate on all levels are arriving daily! Much is happening! More will happen. This is not bound by time.

WILL: Not to Change the World, But to Change Us/Tallahassee, Florida

I commend your efforts to understand our purposes. But because of your inexperience and your insistence on interpretations which suit your human views of the world in which you are actors, you overrun and pass by the true goal.

It is not our purpose to change your world. It is our purpose to change you. By initiating changes in each of you and all your brothers and sisters by faith and by the example of service, it will thereby change your world. But the modification of worlds is not within our job description. We work one person at a time. That's the Father's desire.

RAYSON: Toward Light and Life/Malibu, California

My children, this is a time of great joy. Your lonely isolated planet is coming to life. The gospel of Jesus will not flicker and fade. You are the vanguard of a new and glorious time. Know the Father, listen for the Spirit of Truth, trust your Guardian Angels, and you will succeed in moving Urantia forward into the era of Light and Life.

AFLANA: The Planting of Seeds/Sarasota, Florida

Right now on this planet, we have sent many new seeds of thought, and that thought is impressed on many minds the world over. There are those who are sensitive to it and those that are not.

It will manifest itself in many fields, but especially in teaching groups like this one, where the ideas manifest in all minds of the group. Even though they are sent on to further define themselves or have different experiences in life, these thought seeds will move forward and process into the thoughts, ideas and new thought consequences, and others will be brought together with the thought processing of one individual so that a new project can be eventuated.

I want to impress upon you at this moment that the ideas which you think are originating in your consciousness are not your ideas. They are ours. We have planted them. We have impressed them upon your minds. And when you are aware of an idea, you must share it. It is your responsibility to share it with another. That is how ideas grow into manifestation in a material world.

The idea is sent out all over, to all places, and all walks of life. The attorney will hear the thought in a different way and form different ideas than the religionist, or the teacher, or the bricklayer. All of them will receive some fragment of that idea which was sent out and they will grow from it.

Indeed, ideas were flourishing and sprouting like seeds at this time, as our small group in conservative Cincinnati began exploring this phenomenon. One burning question was: Who among us would be able to verbalize the teachers?

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And there emerged another worrisome question for some. Would the new excitement of the teachers detract from studies of the book we so greatly appreciated?

Even though the teachers professed that the Urantia Papers were the highest revelation available to us, they were seen by some as a divisive influence. Instead of amplifying and dramatizing the text, as I felt was the case, they were seen as influences who would take us away from the book and turn us toward unreliable mysticism.

As it turned out, it was sometimes the case that TR sessions replaced book readings. But it also was true that the teachers attracted more readers to the book. And it was also true that some preferred the TR sessions and others preferred to read and a mix was established and maintained.

I came to understand that some are more intellectual, analytical, right brain, and thereby had embraced the book's superbly rendered cosmology above all else. For others, though, this huge, complex book was taxing, and they preferred the warm experience of group meditation and interaction with "real" teachers. They didn't want to think; they wanted to "feel."

I strived to balance the attributes I felt I could achieve through using both sides of the brain, and especially to develop the "intuitive knowingness" to correspond with the use of analytical logic that had formerly dominated my personality.

For me, the teachers brought the pages of the Urantia Book into an inspiring new dimension of action. We, the readers, were being asked to actually do something with the revelation, live its lessons of spiritual growth and service instead of just reading the universe cosmology that would provide the foundation.

Somehow, the daily Stillness was the threshold, the bridge, to move above and beyond the foundational text, and even the text was not necessary for humans to find personal spiritual interface with the teachers.

Celestial teachers across the country made Stillness -- a giant step beyond just meditating -- the center of their teachings in these first months. The lessons were remarkably the same with little or no contact between the groups.

THE STILLNESS EVERY DAY/Ham in Utah

I request not the seeking of blissful ease experience, but rather the supreme exercise of true faith, the true faith of the child reaching out with courage toward the Father, and the reciprocal downward reaching of the Father toward His child. This is the sublime experience in life, and much guidance, inspiration, foresight and spiritual insight may be thus obtained as the reward of the sincere faith-seeking child.

I do not enjoin you to covet this practice for long periods of time. However, frequent repetition of this Stillness, prayerful attitude, is very helpful and enlightening, and I would suggest that we should attempt to seek the Stillness every day for a few minutes. It is, or can be, the most fruitful experience of our 24-hour day.

It is often the practice of men to be so busy with their day-to-day thinking activity so as to simply forget the higher realms of thinking, reacting, feeling, experiencing, which are possible by the simple practice of:

- 1 -- Aloneness
- 2 -- Stillness of the body
- 3 -- Stillness of the mind.

I wish to elaborate on three -- Stillness of the mind. This is the most difficult aspect of this practice, and sometimes requires a considerable amount of practice in order to have the ability to sustain mental Stillness for a time length. This, however, should be practiced with diligence, and reward will follow.

I say to you with surety that this simple practice will surely help to increase the mental peace and well being, the emotional happiness and feeling of well-being, and also the physical health

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and well-being, for this process of allowing the contact of the Thought Adjuster through the superconsciousness is, in itself, a very healing process.

The great spiritual power inherent in the presence of the Thought Adjuster (*our indwelling spirit, the fragment of God*) is never, ever realized in mortal consciousness. You can expand this consciousness of God awareness by diligent practice, conscious thought, consciously centering the thought process on Him, and also on Christ Michael.

But the full consciousness of such extremely powerful spiritual beings cannot be realized during the physical life. So powerful is He, that for even a momentary full consciousness, that is, His being filling your consciousness completely, which is not to say complete consciousness of Him, but complete consciousness possible of Him, would result in translation. That is also the Deity embrace.

His supreme desire, of course, is to reach you more fully day by day, to impart his guidance, some of His awareness and His teaching directly to your mind. What a change of life results from the sincere effort to listen and to receive Him, His guidance, His instruction, and His presence. What a supreme experience! What a supreme delight! What a supreme advancement in your own personal spiritual development.

STILLNESS AS A DAILY ATTITUDE/Jared in California

Stillness is also encouraged when you are going about your daily activities. You can find the Stillness even momentarily in daily tasks. This is also very helpful.

As you are out watering your garden, quiet your mind, do not concentrate on all the things you have done that day. Instead, enjoy the moment, enjoy the flowers, enjoy the trees and enjoy the grass. In that way you are also seeking, you are quieting your mind from your daily anxieties.

If possible, give yourself some time each day when you will not allow your anxieties to intrude. In that way you are finding the Stillness, in that way you are searching.

Many times, also, you are not sure what you should do at the moment. Perhaps you can sit quietly and see what is most

important. In that way you are also seeking, because you will learn to listen within, and that will help with your ability to hear our guidance.

.... The first step for each of you is to calm your mind. The next step is to allow that calmness to become a part of your life.

LETTING GO.... LETTING GOD/JarEl in California

When you seek the Stillness, you are opening to the Father's presence through your Thought Adjuster. However, most of you try too hard. You put forth too much effort, and in so doing you block the receipt of His presence. You must let go and let God.

Relax yourselves. Try to think of nothing. This takes practice. Do not beat yourself each time or you cannot attain this state. Simply start over. Practice will eventually make perfect. Be sure you are comfortable and there are no distractions.

You are used to listening with the mortal ear so all sounds capture your attention and divert your thought processes from the Stillness. When this happens, allow yourself to regroup and seek anew. Practice this way and you should be rewarded with attainment of the Stillness.

STILLNESS, ATTUNEMENT, HEALING/Rayson in California

All that you know -- whether it be of physical material, of universal material, tangible or not, real to your senses or not, such as thoughts, feelings, and so forth -- all is based upon tuned frequencies that originate in the conception from Paradise.

When you allow your earthy being to still itself to allow your higher self to commune with Father, you have access to universal frequencies that hold abilities beyond your imagination to, as you would term, heal. Everything that has been associated with miraculous healing on Urantia, really, is the capability of the mortal who is a participant to unite and commune with these energies to achieve such a result.

THE STILLNESS, LIKE A TANK OF GAS/Mantoube, a Melchizedek, in Tallahassee, Florida

When one begins communion with the Father, through seeking the silence, there begins to be a connection made. Each time the

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silence is sought, the connection is made stronger. Utilizing a hit and miss attitude regarding one's silence practice, is not conducive to building that strong connection.

An analogy might be helpful. Picture, if you will, the gas tank of your car. If, each time you wanted to drive the vehicle, you simply put in a couple of cups of gas, just enough to get you where you wanted to go and no further, that would be all the distance you could expect from your vehicle. However, if you kept the tank more full, going further distances would always be available to you. You would not be scraping the bottom of the tank, so to speak.

A full tank is best; a half full tank is certainly better than an empty one. I know you all are striving to do the Father's will; recognize that it is the Father's will, that you seek communion with Him. He cannot work in you and through you, unless you strengthen this connection, to the most optimum benefit of you and the brotherhood. Try making that commitment for two weeks, then you be the judge of whether the benefits outweighed the inconvenience.

“The Father loves you as much as He loves any other being in the entire universe of universes ... It is important that each develop their own relationship and their own God-consciousness.” -- Tarkas

Two

‘On-Line’ with Celestials

December 1992-March 1993

In the weeks ahead, two of our number stepped forward to speak Tarkas’ words. They cultivated and achieved that elusive connection through what seemed to be emerging as a required daily regimen of Stillness. Required, that is, if we wanted their personal spiritual guidance. With our free wills being a gift of God, there would be no celestial interference, and we could accept or reject or do pretty much anything we wanted to.

Stillness we came to understand more fully as a quiet time with the Universal Father in which we could incorporate the four cornerstones of Worship, Prayer, Forgiveness and Love via Service that framed Tarkas’ lessons.

I made some attempts to connect with Tarkas, hear some kind of voice in meditation, but my life just seemed too busy to devote that much time to it. Instead, from my accustomed and comfortable would-be logical and intellectual mindset, I devoured transcripts and examined them for a wholeness of insight that could advance my personal spiritual growth.

Yes, I wanted a closer relationship with God, greater spiritual peace in my life, as did our other seekers, but I didn’t want to be duped, and I certainly didn’t have the commitment to be a

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transmitter. I would listen to others. I still didn't consider myself spiritual enough to undertake such a task, and wasn't sure I wanted to devote the time which I understood would be required to transmit personally to group members, help them with their problems, answer questions. This was really scary.

First, a friend who was a nurse and therapist, came over from the Indianapolis group to transmit Tarkas until one of us could get "on-line." It was convenient in that she had an ailing mother in the city that she visited regularly. She was an infrequent transmitter to her group and considered herself a novice. In fact, she proved quite able to speak clearly for Tarkas and help our group get started in "TR," as it was beginning to be commonly called. Yet some still persist in calling it channeling.

TR, or "transmitting-receiving" we more fully understood to be different from trance channeling, in that the transmitter was conscious and his or her free will was always in charge. This was now possible, we were advised, by the opening of certain energy circuits. This was an engineering matter. We would come to study more deeply the similarities and differences in the two conduits of communication, the one being a forerunner to the other, more universal connection, which now can be accessible by many, many more of us.

It turned out that our most knowledgeable Urantia Book scholar, an engineer and naturalist, and grower of day lilies, took transmitting on as a challenge. He succeeded, and transmitted at several productive sessions, some of which we failed to tape. Ultimately, though, he was not comfortable with the highly visible, sometimes problematic role as group transmitter and was glad to relinquish the duties in favor of his other pursuits. He succeeded in becoming a "TR," in meeting the challenge, but then determined that the job didn't really suit his nature.

Our other transmitter, a spiritual healer by therapeutic touch, seemed to have a head start at making contact with Tarkas, and verbalized him at several productive sessions. She ultimately decided to re-dedicate her time to her own practice and was glad to see someone else take on the role of group transmitter. Such spiritual access was nothing new to her, and she uses it in her healing practice, which involves the relieving of blockages to the body's energy flow. She also stated once that she felt uncomfortable transmitting words of Urantia Papers

terminology without really understanding their meaning, not being a serious student of the book.

During some of these early transmissions, there were accusatory questions by those who came from curiosity. People hearing of the phenomenon in Cincinnati would swell our numbers on "TR" evenings, making some of our home hosts a little uncomfortable, opening their lives to all kinds of possible speculation and their homes to people they didn't know. They were, however, always-gracious hosts.

Some of the newcomers had little interest in the text, and like many in the modern age, not very interested in heavy reading. Sometimes they were hungry for prophecy and mighty pronouncements, not so hungry for the basic lessons of spiritual growth that were to come, things they had heard before that they very likely were still not practicing. Worship, prayer and faith were ho-hum subjects to folks looking for dire or golden prophecies.

However, the teachers told us that people would come and go, and that we could never see many of the seeds that would come to fruition far from our sight. Our role was to plant the seeds, share the opportunity. We were not asked to preach it home.

The teachers could be considered basic, filled only with loving platitudes and repetition, or too radical just by being here, all depending upon where the human was coming from, and what baggage of supposed truth was being dragged along behind them.

All this while, a core double handful of us came to love the teachers as newfound friends, and took to heart their basic and sensible program for personal growth. To me, it promised to bring a great deal more insight into life on our beleaguered planet -- and beyond -- by beginning one person at a time. In their layers of expanded presentations, they helped me more fully understand our roles in these profoundly changing times, and our roles in eternity.

From Tarkas, we came to more fully understand that the Teaching Mission, as profound as it seemed to be, was only part of a much larger picture.

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And that much larger planetary mission would ironically be focused on personal spiritual growth, implementing the Correcting Time partly through the Teaching Mission and from the inside out, starting with the Indwelling Spirit-Father Fragment-Holy Spirit, by whatever name we call it, inside each of us. It seemed highly appropriate to me that the place to start in changing the world would be within the hearts and minds of individuals. Will had said they weren't here to change the world, but to change us.

As vast as the planet and our universe of universes.... as intimate as the most personal feelings and thoughts in our individual lives.... the Teaching Mission unfolded in an all-encompassing way. First, there were some places to begin, some concepts and truths to agree on. Even though there is abundant truth in Tarkas' opening commentaries, we will begin here a list of basic spiritual truths that the teachers have given us since that first evening in December of '92, and which we will keep as a running list in the remaining course of our narrative.

These are things humankind should know as truth in order to flourish in the Correcting Time.

The following are all quotes from Tarkas from the early weeks of lessons, and they comprise the beginnings of our list of...

100 Basic Spiritual Understandings:

#1 - THE PLANETARY CORRECTING TIME IS WELL UNDERWAY

There is much help being brought to your planet. If you could only see the numbers of beings that are here you would be truly awed. For there is much response to those needs of your planet, and the individuals. From the Father's perspective it is already done. This is difficult for you to understand, for you are living in a world that is dominated by time and space.

There will be additional help for you as you attempt to practice these things. But without your commitment, your will and your desire we cannot help you. We cannot force you or make your will be what it is not. We are not permitted to alter your world

or your mind. But if you ask for help and truly desire this, you will receive much help.

#2 - CELESTIALS AND HUMANS WILL WORK AND LEARN TOGETHER

We will be learning many things together. There are things that I learn as I work with each of you and your group and I hope that you are beginning to see what you will be learning as well. Our concepts are simple. To live them as an integral part of your life takes practice and much discipline and time.

These may seem simple; this may seem uneventful to some. But developing these skills to the point that they are an integral part of your lives will prepare you for what lies ahead. There are many events ahead of us that will not be terribly exciting. They will require some work and effort. There are some, however, that will be very exciting for all of us.

There will be times that are easier than others. You must prepare for this process, for these ups and downs. You must develop your own personal communion with the Father and God-Consciousness to sustain you individually and your group will continue to grow closer and serve as support for one another.

There are many here, and there are many with you all the time now, supporting your growth, sharing with you as they are able. Several in your group are receiving communication and I hope that soon, perhaps at the next meeting in two weeks, that one or another may be willing to do a portion of the meeting. There is a process of practice and gaining confidence and I trust that each in this group will be supportive of the individuals in that process. They will play an important role in allowing us to communicate our words to you.

3 - THE CORRECTING TIME IS BIGGER THAN THE TEACHING MISSION

QUESTION: I'm curious to know if leaders of governments around the world are getting some extra help and some communication and teaching at this time as well as those of us who are everyday kinds of people and who are Urantia Book readers?

There are several missions taking place simultaneously. The one you know most about is the Teaching Mission. You are correct

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in seeing that this draws people from all walks of life, and of all backgrounds and preparations. Some are fairly well prepared by the Urantia Book in a cosmic perspective. But others are well prepared by their life experiences, however varied they may be. And all those who wish to participate will be gathered and hopefully trained in the techniques of spiritual growth and balanced in their mind, stabilized in their outlook, and progressive in their actions, for these will be some of the characteristics that will be required in the tasks that lie before you.

**# 4 -- WE WILL SEE DISINTEGRATION,
BUT WE CAN ALSO SEE NEW GROWTH**

QUESTION: Tarkas, I've been reading about the apocalypse and the fact that it's imminent. On the other hand, reading the papers I feel that just the reverse is about to happen, a period of light and life. And I just wondered if you have any comments on this.

This is a very often-asked question. Very often, you do observe disintegration before new growth. And many who are pessimistic read these signs as an end, the beginning of an end. In a way they are right. It is the beginning of the end of the old way. What they fail to see is what grows up to take its place.

Do you focus on both the positives and the negatives at the same time? Many people do not. Therefore, they see only the side that is crumbling and fail to observe that which grows up in its place. This is the ending of an old age and the beginning of a new. Keep your vision focused on the new, for that is where the action and the future lie.

**# 5 - THERE IS ALREADY EVIDENCE OF THE
CORRECTING TIME**

QUESTION: Tarkas, can we hope to see some improvement in our lifetimes as far as the evolutionary religions fighting and killing one another?

If you will look closely, you will already see progress. It may be hard to discern for it is hard to look closely at the organized religions. They do not reveal their progress easily. But those who have an inner look can tell you of all the changes they see taking place silently and secretly. And one day the doors will be opened and you will see it much more clearly.

It perhaps is more visible to you on the level of politics. Have you not seen progress in factions that have been warring for years to lay down their arms? Yes, there are many groups still fighting. But if you will watch the progress made in that level you can know that the same forces which bring people to at least tolerate one another and dissolve their differences will help them to, hopefully, one day love one another and to resolve their differences in their thinking toward their Heavenly Creator.

There are always the subtle changes that precede the obvious changes. And those who can read the times will see them before the rest. Be observant in your daily lives and be observant in the world affairs, and rejoice when you see even the smallest of progress, for it will gladden your heart to think that this world is growing, and growing in the direction which will one day, in the not too distant future, not fully solve but at least resolve some of the major differences and difficulties that you have long struggled with.

#6 - THE END OF TIME IS REALLY A NEW BEGINNING

QUESTION: In the Lexington paper I read that some religions are predicting the end of time as we know it. One predicted 1994? Can you comment on that?

There are many sects and many religions that refer in different ... various ways to this time that we are now beginning. It is a time of much change, of much lightness. But there are many who will not fare well, will not do well with this change. And so there will be some who will reject these notions of change and lightness. There will be many who will fall to illnesses because of this enormous change that the earth is undertaking at this time. From this standpoint, even with some of the catastrophic, earthly changes that are happening, this is often known as the end of time, if you will.

I must say that it is not. We are here to help you realize this and to bring you messages of the lightness and the rejuvenation that is now taking place on your planet. This is a great time of love being poured forth from many areas, many planets, and many spirits. Many ways are coming to you to help and aid your world and your people. This is far from the end of the world but it is as a new beginning, for it is a recycling of the earth energies and the loving, surrounding energies that have always been

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available to you. As we mentioned a cloud or a veil earlier, it is an unveiling. Those who are not comfortable with this may perceive it as an end, but let me assure you it is not. It is a brand new, bright, light beginning.

#7 - SPIRITUAL GROWTH AND HARMONY COMES THROUGH WORSHIP AND PRAYER -- a full lesson

First Steps

In thinking about spiritual growth I want you to realize that this is a personal process. It involves the relationship between yourself and the Father. Keep this in mind, as many are very eager to do the Father's will and reach to others. But I encourage you at this point to make your purpose primarily on your own growth and your own self. I do not want you to avoid sharing love and interacting with others but I wish for now your priority to be on your own growth, not so much on concerns for others in whom you see the need for growth.

The truths are very simple. You mortals love to complicate things so much, but if you could truly grasp the truth and see the depth of each statement that we discuss, you would realize that there is still much to learn on these, much to put into practice in your lives.

From where and how do the lessons come?

You will find that the lessons between the teachers are very much alike as they are truly given to us by the Melchizedek teachers. These teaching lessons are outlined. We are permitted our individual discretion and liberty to modify how we present and how we work within our own groups. Some teachers are much more formal and others are a little bit more interactive with their lessons. We will see how this works best in our group between our different personalities and styles.

#8 - WORSHIP IS A PERSONAL RELATIONSHIP WITH THE SPIRIT LIGHT OF GOD, WHICH LIVES INSIDE US.

When you think of worship, I wish for you to think of this as a communication to the Father. This communication is conveyed through your Father fragment. Your Father fragment is essentially a direct link to the Father. It is through this link that the Father knows everything about your life, everything you do,

everything you think, and everything you feel. He truly lives this life with you and experiences every aspect with you.

This is truly remarkable, for if you can imagine the Father in His infinity, in His greatness being able to be in direct contact with individual will creatures in this way, that is, Father indwelt, it is truly remarkable. This is something that we do not fully understand and probably never will understand, how this process works. But feel it in yourself, realize that you are never alone.

You may feel dismayed in the process of your life, but know that the Father is there with you always. Thus, if you truly feel the depths of this relationship and understand this connection that you have, you will more fully understand that you truly are the sons and daughters of the Father. You will have a better understanding of your place in the cosmos, the universe of universes, and within your own local universe. With this understanding you will know better how to live the Father's will.

Imagine the Father walking with you through your life. When you feel this and know this to be true, how can you not give thanks for His presence, for His love, for all the many wondrous things that He provides for you? Practice in your day looking around and seeing those things that you can give thanks for when you spend your time in worship, and please try to set aside a specific time to do this.

Eventually, I wish for you to practice this throughout the day as well, but it is best for you to discipline yourself to have a specific time for worship daily. Within this period of time, talk with the Father as you would talk with me or your brothers and sisters. Tell Him what is on your mind. Tell Him those things that you appreciate and are thankful for. Let Him know how much you love Him.

Then, after you have conversed in this way, stop sharing your thoughts and quiet your mind, and listen for His response. This response will come in many forms. You will likely not hear a voice yelling it to you at this stage of your development. As was read before, your communication from the Thought Adjuster will be so clear to you, you will not mistake it for anything else. But understand that until your communication with the Father fragment has been fully established, which we can talk about

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later, you will not hear that type of communication very often; it will be rare, indeed if at all.

How God guides us

So do not look and think that this is the way you will hear the Father's answer. He will provide guidance to you about the things that you need guidance in. He will give you a response often in His gift of love, in return for your thanksgiving and appreciation. There will be impressions made in your mind and this is true of the answers to prayer. These are made on a higher unconscious level, a level that you do not understand fully at this time, and they may take time to enter your conscious mind. This may happen in minutes, hours, days, weeks. It does not always happen the same way, but have faith and patience and know that the Father does always answer your conversations, He does speak to you.

Think about how you feel inside. You will begin to -- when you have practiced what I have asked -- feel the Father's love in you. This is also His gift to His children. It is a gift to you and it is related to your worship. You must feel these things of thanksgiving and appreciation deep within yourself, you must be sincere, you must truly desire to have a closeness with the Father.

He feels close with you at all times. He has been with you always. It is your process, your physical body's biochemical aspects, the emotional blocks, and many things that block your ability to be aware of the Father. But do not be discouraged, for He has always been there and all you need to do is ask for His love and His companionship and support, for it is there for you.

As you become more open to this, as you develop this process of worship, you will feel this love more and more. Initially you may feel it during periods of meditation following prayer or worship or when you recognize that you have done a good act of service. You will not feel this all the time initially. But in time as you become more God-conscious, as you grow spiritually, you will feel this more and more until you feel it all the time.

Prayer -- How it works

(Editor's reminder: In the Urantia papers, the personality we know as Jesus from His earthly incarnation, is in reality Michael of Nebadon,

Son of God, Creator and Ruler of our local universe of Nebadon. It is natural that in the flesh, as both Son of God and Son of Man incarnate in one being, that Michael would have an Earthly name. In the Hebrew, it was Joshua ben Joseph, translated to English as Jesus.)

Prayer should be directed to Michael. He is the creator and the administrator of your local universe. Prayers are acted upon in the local universe. Thus, if you pray to the Father, this is not wrong. This is not bad. But what will happen to your prayer is that it will be returned or sent back to the local universe for action. Thus it is more efficient to direct your prayer to Michael.

When a prayer is sincere, when it is from true and good motivation, when it is directed for good of others or yourself, when it is in line with the Father's will, this prayer will be answered. Any prayer that is sincerely offered with good motivation will be registered. The way in which it is acted upon may not be what you anticipate or what you think it should be. It may not happen in the time that you think it should. But do know that it will be acted upon. For you see, no action can be taken that is not in line with the Father's will. If your prayer is sincere and heartfelt and comes from good motivation it is truly difficult for me to think that it would not be in line with the Father's will.

Prayers should be specific

Prayers should be specific as much as possible. Look at a specific situation or problem that your brother or sister is experiencing or a situation in your world. And rather than pray in a more global or general way, look at different aspects of that situation or problem and pray for those specifics.

Do not pray for a specific outcome however. For example, if a friend has a problem and you care for this person and wish to help them, do not pray for a kind of specific answer that you see in your own thoughts. For this answer may not be the correct one for them in terms of that person's need for their life. It may not be exactly what the Father wills for that person.

Rather, pray that they find the resources, the insight, the information that will allow them to make the correct decision or come to the correct conclusion. Pray that they might commit to their inner guidance.

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If you were an angel, and some one prayed for world peace, and you are assigned the job to act upon this prayer request, would you know where to begin specifically? There are so many ways in which peace could be achieved in this world, so many areas where peace does not now exist. But if you pray for peace in a particular country or between particular individuals this would be much easier to act upon.

Praying once registers the petition

Another difference in prayer from what your understanding is on this planet is that you need not pray for these situations specifically over and over again. Once a prayer has been registered, there is no need to utter this prayer again. However if you pray in a group or if many people offer the same prayer, this is helpful. Each prayer that you make actually generates energy that can be used to answer that prayer.

When you pray in a group this energy is increased geometrically. Thus, you see prayer can be very powerful. It is truly an active process that we require your assistance with. Pray for others. Share your concerns and thoughts with the Father, and it is all right to pray at times for yourself. But your prayers should be mostly, at this time, for others.

After you pray.... listen

Again, after you pray, calm yourself, quiet your mind and allow the answer to come to you, allow yourself to experience the quiet and the love.

Experiencing Worship and Prayer separately and together

For some groups it has been a custom that the individuals pray in one portion of the day, in the evening before you retire, and that you worship in the morning. This is an exercise you may choose to try. It would help you to separate the two and experience the two separately.

In time you may combine them. If you are already practicing them in combination and feel clear about how this should come together, then you may continue with your present practice. In time you will find it helpful to worship and feel the Father's love preceding your prayer, and this love will have an impact on what is generated in your prayer.

**#9 - SPIRITUAL SERVICE IS SHARING LOVE
IN ALL THINGS GREAT AND SMALL**

You may think that only the big steps, the big actions are, as you would say, significant, that are what is important in offering up to others the love of the Father. But I say to you that even the smallest act that we make is very significant. Whether it be opening the door, helping to pick up something that was dropped, offering a smile, a hug, a kind word.

All of these kinds of things are very significant. For if you stop to think, in your experience, have you ever been in a place where you have felt downhearted, where you are allowing the poisons to enter your mind, of anger, of fear, of disappointment. And did someone never cross your path who gave you a heartwarming smile. Or a friend who gave you an embrace without your even asking for it because they recognized where you were in your emotional state? Did this not change how you have been relating to this person, what happened inside of you regarding your own inner feelings, as well as your emotional reactions to what happened eventually?

Can you see how this has a rippling effect, from one to another to another? Can you see how this expands geometrically? This is what we mean by sharing the Father's love. It does not take some great act, some terrific feat. It is even tiny small things. For think of the Father in his creation. Think of Michael as he washed the feet of his apostles. It is true what you do unto the least you do unto the Father.

So do not wait for those terrific missions, those wonderful assignments to act out the Father's love in your life. It is by these actions along with your decisions that your soul growth is possible. Yes, this does serve you also, but it does much good for all around you. If everyone on your planet were to behave this way, would you not see a magnificent change on this world?

Practice this daily in every minute and action. You are fortunate to have the opportunities to help each other in these ways. Your world offers more opportunities than most worlds to reach out to others and to share the Father's love. Enjoy this experience.

People will come to you.

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Allow a framework to be established. Let others see the fruits of your labors and they will come to you and you will know that it is time to share with them in more detail, and more about your beliefs and values, and about your understanding of the truths. Do not be so eager to start in that place. Do the little things and the big things will follow.

You will know when it is right. Listen to your inner guidance and realize that the Father knows best what is best for each individual. You will not be able to make this decision yourself. So you may see a specific thing that you think would be best. But I ask you to take time and pray on this and seek guidance that you will discern what is needed, that the Father can work through you to provide the essential element that is needed by that particular person.

This is unusual for you on your world to allow the Father to be an active part of your life in this way. This is expected as a part of worlds like mine in light and life. We did not have to work hard to make this part of our life. It was so attainable, so much a part that it was much more than normal forgiveness of others and yourself.

**#10 - CONSTANTLY FORGIVE YOURSELF AND OTHERS
IN ORDER TO LET LOVE FLOW.**

You must forgive yourself for any actions or transgressions that you perceive that you have made. For you see, the Father has already forgiven you. If you cannot forgive these in yourself then you block the Father's love from flowing to you. You do not allow these gifts to be well received within you. The Father wishes for this. Why, if the Father can forgive you, why do you not forgive yourself? Are you wiser than the Father?

**#11 - GOD HAS A FATHERLY BENEVOLENCE.
OUR RELATIONSHIP IS LIKE PARENT TO CHILD.**

Can you imagine the Father being any different than your own relationship with your child? The Father does not punish. He loves you too much for that. It is true that you punish yourself. This is not helpful. This does not truly help you in your growth. Yet it is so much a part of your world and your thoughts and your religious teachings. It is difficult for you to let go of these teachings, to not allow these to become a part of your daily existence.

But I encourage you to practice this; don't let go when this thought enters your mind, stop and think about the Father as a loving Father, as the parent he is to you. He would never want harm to come to you. When you think of the toddler who is beginning to understand his world, and he makes a mistake and hits another child, do you think he is a bad person? Do you want to hurt him in hopes that he would gain something in this regard? You rather would redirect him in a new direction. You would rather teach him to think of others differently, to relate to his peers differently.

This is how the Father relates to you. You do not need to accept behavior from your brothers and sisters that is inappropriate. You do not need to love the acts that are wrong. But you need to learn to grow in how to love the individual. Do you understand the distinction?

So you see that you can look at each other and yourself as a child, for we truly are children in terms of the vast scope of your eternal career. Then you can better learn to practice this forgiveness of yourself and others. You have much ahead of you that you cannot even begin to imagine. Your career, your life has only begun.

#12 - SEE OTHERS AS GOD'S CHILDREN AND SHARE LOVE AND KINDNESS WITH THEM.

When you can see your brothers and sisters as God's children, when you can see Michael within them, when you know of their true destiny and realize that you do not know what relationship you will have with them the rest of your career, it will be so much easier for you to act upon each and every situation you encounter.

Sharing the Father's love as we discussed has great impact, not only on your planet but also upon the whole universe. Someday you will truly understand this. Do not hesitate in any situation to act upon the motivation that enters your mind.

You may see a soul sitting there feeling sad or hurt. You may be motivated to go over and say hello, to give them a handshake, or offer a smile from across the room. Do not hesitate to do this. This is truly acting the Father's love.

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Try to put aside your emotional reactions and interactions with your closest friends and family. Stop for a moment and think -- I am reacting to something from outside myself. I am reacting to a behavior that I do not want to see happen, that I do not like. But if I look at this person and try to understand why they are behaving in that way ... perhaps they are feeling alone, unloved ... perhaps they are struggling inside themselves in some way, either with love for themselves or with some particular event in their life. If you could step back and look at that and see them as the sons or daughters of the Father, can you not then act back out of love rather than react with emotion?

This is not easy to understand. But if you stop when you are in the situation and try to think of these things I believe that you will experience the Father's love even more and find it much more a part of your life.

#13: OUR GOAL SHOULD BE GROWING TO ONENESS WITH GOD.

When we grow spiritually, we recognize our relationship to one another and to the Father. This understanding deepens as we grow and as we go through our careers. You begin to be able to truly love and experience this sense of oneness with your brothers and sisters. This oneness deepens all the way until we reach Paradise and you truly are one with the Father and with one another.

This is your goal. It cannot be accomplished in an hour, in a day, in a year. Your career is very long. Do not expect perfection at first. But do not quit trying.

#14 - THE FOUR SPIRITUAL HARMONIZING TOOLS ARE SERVICE, FORGIVENESS, PRAYER AND WORSHIP.

Thus you see four aspects of service, forgiveness, prayer and worship begin to overlap and blend in your spiritual growth. This creates a harmony inside of you and a harmony with your brothers and sisters. There is truly even a harmony in a physical sense in terms of a particular vibration that you experience. This is part of what is necessary to make the changes in your growth that you all desire so much.

#15 - STILLNESS AND MEDITATION ARE

CENTRAL TO SPIRITUAL GROWTH

(The teachers state that they will continue to be repetitious about this until we actually DO it, that repetition is a great teacher.)

Meditation is skill, practicing the ability to quiet your body, to quiet your emotions, to quiet your mind, to open up and listen and feel the Father's love and to feel the guidance that is there for you. It does not matter whether it is at bedtime or not. It would be different for some individuals depending on their biochemical make-up as to what they find most helpful.

If you feel that this makes a difference for you, experiment and decide for yourself if this has an impact. If you find that it does, then practice what works best for you. The same is true as to whether you use music or do not use music, or what type of music. There are some melodies, as you are aware, that do help attune you, to help your body to find a balance point that allows a greater efficiency. But you may practice in your mind that, regardless of these things, you will achieve this end.

The Stillness -- How to Find God Within

In a beginning group such as yours, it is often times necessary to begin with the Stillness as you have had this evening in your meditation. The Stillness is where you will find God. He resides with you in every cell within your body and surrounding your entire being. But in the Stillness is where you will feel Him most easily. His presence is everywhere and you will feel this and connect with Him in the Stillness.

We do encourage you to seek the Stillness daily; for it is within this that the mind can be set aside, and worship and prayer can take place as well. However, do not confuse the Stillness with worship and prayer. Stillness may precede your worship and prayer, but it is also important to use this as an individual time and tool for yourself.

In your daily Stillness, set your mind aside and seek as deep a level of relaxation as you can. In the Stillness and silence is when much communication can take place.

If, in the beginning, communication comes to you, do not block it out but gently accept all that comes to you, for there are many friends who are seeking to aid you in your daily process. There

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is much guidance for you in the Stillness. I encourage you to seek this daily.

In the Stillness is the love of the Father. All things flow through Him and into you in this circular fashion. Indeed, this is some of the symbolization of the concentric circles of the emblem of your book. (*The Urantia Book*) It is the circular love that enfolds all and is delivered to all as well.

Treat the Stillness as a friend, a gentle, wonderful friend whom you wish to eagerly unite with. Seek this as often as you can for there are many lessons and messages in this for you. This is your time of love and comfort but also of power. For you are learning to seek God through all that you do. In the power, it is the love that is important and this is for you in the Stillness as well.

You could say the Stillness is your ticket home, for it is your individual ride, your individual connection with God. This cannot be over-emphasized and it is a great lesson for each one of you as well as we, to continue to seek the Stillness daily and increase this for a length of time as well.

The Stillness is not structured time. It is time of the Father, of the unending time, of no time. In this timeless state, much can be accomplished, if you wish to look at it that way. For those of you who are very mindful of time factors in your day, you will be surprised at what will come to you in the Stillness. This is a great foundation for all that will be proceeding and will be the cornerstone of your increasing faith if you so desire.

Each time that you seek the Stillness and come to the Father, this is your time, and so it is helpful to do this on your own time. The clock time is not necessary. God speaks with you and is with you at all times. It is not necessary to feel His presence and seek His love on a routine time by a clock method. However, the time on your clocks has much to do with your practice in making it more a part of your daily activity. This seems to be helpful for people, and so this is why it often is advised. It is not a prerequisite but you may find it something to help you personally.

Let me also say that each moment that you spend in the Stillness, that in this Stillness there is the seeking and attempting and desire to be with God. This goes very far, for each moment, each

second that you do, this is helpful for you. You need not be concerned if you are interrupted, for each time you do seek the Stillness and the Father in this way, more will come to you. This is sometimes a gradual lesson and perhaps this is what is best for you for that time. Do not in any way feel disappointed for your length of time or lack thereof in being with the Father through the Stillness.

QUESTION: *Sometimes, when I practice the Stillness, I just fall asleep. It may be a healing sleep because I feel really good afterwards.*

That is often a predicament that we all encounter as we become more relaxed. The sleep state, the relaxation state is very peaceful and soothing for us. You may wish to choose another time as well to seek the Stillness and practice thereof.

HUMAN: *Would a mantra help to get into a meditative state?*

There are those in this world who use this system effectively, and there are those who are not comfortable. It is truly an individual process. It is not necessary to have any particular form of mysticism or specific step-by-step type process. It is only that you grasp the essential ingredients and practice these. For each individual there may be differences, and this is fine.

#16 - GOD HAS A LIFE PLAN FOR EACH OF US THAT RESPECTS THE FREE WILL WE ARE GIVEN

(Recall that there are interchangeable terminologies at work, including the Indwelling Spirit, the Father Fragment, and the Holy Spirit. This inner presence is referred to in other ways in the Urantia papers, as the "Mystery Monitor" that monitors our lives for God in mysterious ways that the authors don't even understand, or as "Thought Adjusters," who are always looking to align our thoughts to truth, beauty and goodness.)

It is true that the Father prepares a plan for each of you. The plan stretches far beyond this present life experience. This plan is reviewed by your Thought Adjuster prior to volunteering to work with you. This plan is larger in scope and usually focused. It is true that as you experience the challenges in your life, you

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have opportunities to grow spiritually, to draw upon these character attributes within you, and to develop them.

But I wish for you to understand many hardships that you experience are not necessarily the will of the Father. There is much in your world that results from the fact that you are free will creatures. The Father respects this will of yours above all. He does not coerce or demand that you follow Him. He will reach to you and draw you near, and if you reach to Him, He will join you.

Because of this factor there are decisions that individuals make that cause repercussions to others. These repercussions are not the Father's will being forced upon this individual. This is something that seems to be a broad belief in your world that all negative experiences are necessary and brought to you for a specific lesson.

There is always something to be learned in those experiences. There is always the opportunity to grow and develop yourself spiritually. Do not believe that each event is totally the Father's will in that direct fashion. One, on the other hand, might say that if you have a life of ease that you have grown and may be more spiritually developed. Nothing could be further from the truth.

#17 - OUR GOAL SHOULD BE ALIGNING OUR WILLS WITH GOD'S

QUESTION: I'd like to know more about God's will vs. our will. Or are they both the same? And how do we know when we're doing God's will for our life and not our own will?

Human will and God's will are rarely the same in the beginning. That is the goal. It is not easy for you to discern God's will, for in the beginning your own will seems to be so dominant. But it is in the seeking to associate with God and to commune with God and to seek his will that you become much more receptive of his desires for you.

God's will is the optimum for you. If one could follow God's will, they would grow to their full potential in development of beauty and goodness with the least amount of struggle and sidetracks which are unproductive. But it is not usually the case, and the sidetracks are not a real problem, for the Father can always compensate for those opportunities that you miss. He

gives you plenty of time to slowly discern His will. The sooner the better, but it is not important. For even if you fail to in this lifetime, you are given more opportunities.

Ultimately, you will either seek His will and follow it, and begin to develop your full potential or you would choose otherwise. But that is not something we should dwell on, for we know that most of you have already made that choice and are well on the path to discerning the Father's will in your life, and what that means and what that is. We understand that it is yet foggy, but do you not experience those times when you know with certainty what's right for you as brothers. And so that feeling will grow day by day until it is with you always.

... Do you not discern that the Father gave you this freedom of choice that you would not be puppets of His, but free will creatures? Now having given you this choice, he loves you so that he wishes you to follow Him for He knows the way. And it is as (name) said, that by using this choice to dedicate your life to following the Indwelling Spirit that you will be led to the fullness of the Father's creation for you.

#18 - THE TEACHERS DON'T READ OUR MINDS

QUESTION: *Are you able to read our minds if we so wish?*

We have an ability to scan some aspects of your mind. As you know, your mind has many layers and it is a somewhat complicated structure. But we have the ability to scan some things in your mind and to work with you in that way. For the most part we prefer not to do this. We feel that it is more beneficial for us to work with you in a more direct relationship involving direct communication and thus allow you and your will to work with your mind.

We cannot impact your will; we must respect this at all times. We do not wish to go in and live your life for you, to direct your life. But we do wish to offer you guidance and support and help if you desire this.

... There are additional records that we have of various portions and decisions of your life that are registered, and we may refer to these at times. But it is different than scanning your mind.

#19 - TRUE RELIGION IS YOUR

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PERSONAL EXPERIENCE WITH GOD

HUMAN: I am only one person. There are a lot of large institutions founded in the name of religion that make me feel too small to have a voice.

It is very unfortunate that this is the experience of many in your world. You are a daughter of the universe. The Father loves you as much as He loves any other being in the entire universe of universes. This is difficult for you to feel inside yourself at this time. But I ask you to concentrate on this for it is true. You are no less than anyone else.

No human organization had the authority of the Father to be more important in a religious and faith perspective than the relationship you personally have with the Father. In fact these organizations have actually caused whole generations of individuals not to grow in this way, to develop their own spiritual connection with the Father.

It is true that they do not always recognize this, that their intentions and motivations are often well meaning. But the most important thing is for you to develop your individual relationship with the Father. You will grow confident in time with your inner guidance. You will always practice discernment in understanding what is truly guidance, what rings true for you, and will doubt those things which are only products of your mind. But trust in this process, for your angels and your Thought Adjusters are hard at work with you.

There are many of us here to aid us in this process. Grow in your confidence. Remember how the Father does love you personally as much as anyone else. Think about this every morning as you rise. Draw strength and comfort from this knowledge.

There is much good within your religious institutions. But there is also much that is not as Jesus taught. This is difficult for many to accept and realize. But for the changes to happen in your world, each must develop their relationship and grow spiritually and support one another. In time, your institutions will truly become the temples of the Father.

#20 - FAITH IS AN OPPORTUNITY

Faith is very important in your lives. It will be a part of your experience in your eternity career. You have an opportunity in this world to exercise faith in a way that many of us have never experienced personally.

You may think at times that this is very difficult and you wish for things to all be perfect. I can see your reason for thinking this way. But you must understand what opportunities you have for growth -- growth that will be of value beyond this lifetime.

Many of us are envious of your opportunities. We have difficulty understanding how you are able to have so much faith when you are unable to see so much. Most of us grew up in a world where we had more opportunities to see the other beings that were around and we were supported in our process of growth. We did not have the kind of obstacles put in our path that you have. But by your facing these and growing in your trust in the Father, you develop much in your life. You develop many traits of character.

Faith is very important in your character. For if you do not believe or trust in the Father, then how can you experience His love? If you do not believe and have faith that the Father is there for you and is able to share the love that you need, to wash away those reactions that you have to those things around you that you term emotions.

So faith is, in some ways, the first ingredient for you in developing character and facing your trials and tribulations, so to speak. As you grow in your faith and your awareness of the Father, you will come to look upon these opportunities with enthusiasm. You will be thankful for these opportunities.

This seems difficult for you to imagine at times. I assure that as you grow, you will begin to see this for yourself. Take advantage of what opportunities you have. Be wise. Do not walk into a dangerous situation or put yourself in jeopardy for the sake of learning a lesson. But be open to what comes your way. Face it as frankly as you can. Trust and have faith in the Father to be there with you in this process. Learn what you are able to learn and move onto what is next in your life.

It is important for you to also experience the joys and the peace that the Father's love brings you. There is much happiness in this. The intensity of this happiness and this joy is beyond

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words as you grow in this. You must have joyous times, times of laughter and sharing with others. Your life does not need to be a constant effort and you should not look for your life to be this way.

I hear a sigh of relief. (*laughter*). There are teachings in some organized religions that teach you to feel that you must always be working. I believe that you all understand that this is not necessary. You can enjoy your lives as you work at your growth.

If you think of some of the more spiritual people that you know, you see the joy and the peace and ease that they are able to approach their problems with. They are able to have those joyful times, also.

Michael, as he lived on your world, is a tremendous model for you regarding faith. He had faith in the Father to lead him, to uphold him, even until his death. His faith was great; he was able to experience the Father in direct relationship with Him. This upheld him through difficulties that none of you will have to face.

#21 - FAITH IS A PERSONAL EXPERIENCE

HUMAN: When I was younger, I thought that faith was to believe what I was taught by others, official church people. Now, I feel a lot of encouragement to trust what I know and what is revealed to me in times of quiet and prayer. But I feel confused because it seems that faith has moved people, or what they call faith anyway, to hurt each other. People have even killed each other for religion. Sometimes I feel fearful of trusting my own inner guidance.

You have brought out an important aspect of faith, to understand that it is a very personal experience, that it is tied to your own process in becoming close to the Father as an individual. Many times it has been taught that you need someone between you and the Father to interpret and explain things to you. As you know now, this is not necessary; in fact it is not desirable. It is important that each develop their own relationship and their own God-Consciousness.

#22 - ANGELS ARE ACTIVE IN SPECIFIC ROLES

QUESTION: *My question has to do with the seraphim. The readings said that the angels actually set an environment. If we are in turmoil in our lives, somehow the angels would have arranged this for our growth. Can you give us some information in reference to that?*

The seraphim, the angels, are ever-present surrounding you. There are vast numbers and there are assigned a certain allotment, if you will, in certain developmental stages of your growth. But there are always angels with you. You may speak with them directly. However, their main purpose is to gently guide you through your environment -- to help you maneuver as easily as possible through your experiences in life so that you may come more easily and more lovingly closer to the Father in your activities.

They do not manipulate; they do not build experiences for you. But they gently guide you with their presence. It is not necessarily spoken words as it is their direction that is gently guiding you. They do much in your favor. They are very loving and feel very close to you. They feel a oneness to you and do as much as they can in a gentle way to help your reception of the most advantageous path for you to take. They guide you very gently, never forcing you. They are truly your loving friends, your close, close encounters, if you will, with God the Father.

Do all that you can to feel their presence. In the Stillness ask to speak to your angels, for only to feel their presence. And to allow them to make their presence more available to you so that you will begin to feel this in a more conscious way.

QUESTION: *Do the angels also arrange difficulties to channel our growth?*

I am very glad that you have asked that question, for this is a common thought among mortals. But this is not so. Our purpose, and all those who are helping, including the angels, is to guide you in the direction of love and light. There are never troubles or stumbling blocks purposefully placed in your way so that you will learn a larger lesson.

While this is helpful for people to believe and to see that many lessons can be learned through adversity, it is not by purpose or intent when these adversities cross your path. There are never obstacles purposefully placed in your way. It is only in how you

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waltz around them that makes it more or less comfortable for you.

QUESTION: *There is the passage from a transcript of Rayson that I was having trouble with: "Do not idle too long on the plateaus of past victories for your angels will be sorely tempted to push you into troublesome waters of spiritual growth and activity."*

While they may be tempted, they will not do this. It is of their being to help you in as many ways as possible. They will always be with you in a loving manner, but they will not purposefully push you into periods of doubt or confusion. They are your friends; they are your loved ones.

They may, perhaps, gently nudge you a little harder or a little faster than you wish to go in a direction. This may seem as a troublesome spot to you, but it is not one of intense doubt or trouble or fear that they would guide you towards.

Space ... and Angels

QUESTION: *I have a frivolous question. You said that there are angels and others here with us. Can they occupy the same space or are they like us, shoulder to shoulder? It's the question of how many angels can you put on the head of a pin?*

As many as will fit. *(much laughter and clapping)*

QUESTION: *Is that your answer?* (more laughter)

No, I may add something to that. The angels are beautiful, beautiful beings, friends, and they have no space as you know it. You may have many, many in a small area, if you wish to say it that way. There are literally thousands in proximity to you at this moment and in all walks of your life. While there are certain that are assigned you to be very close and come to know you more personally, there are still many who are with you always.

I will be glad when you will be in a position such as mine, to see all the beautiful angels and helpers that are surrounding you constantly. It is a truly beautiful sight and the love which is eminent and radiating from them will deeply fill your hearts as it does mine.

#23 - PERSONAL TEACHERS ARE AVAILABLE

QUESTION: *Tarkas, I understand that we're each going to receive a teacher. Is that correct?*

Yes, the time will come when, as you progress far enough that each will receive an independent teacher. I will remain as your group teacher for the foreseeable future for we have much work to do yet. And as you know, I can't be with all of you at all of the right times. And I have assistants whom I have in training who will step forward to help out as you become better prepared. And as you have observed from other groups, that after a long period of preparation, the time came when each of them were told that they had received a personal teacher. It could be that some of you already have, but we are not ready to make that as a general statement.

#24 - WE CAN ALL HAVE ROLES IN THE CORRECTING TIME

QUESTION: *Well, if we're all going to be teachers, it would be good to know what we are going to teach.*

You will not all be teachers. As the plans unravel and as we tell you more in the future, you will see that in addition to teachers there are many who support and many who provide other tasks. None of you will be asked to do what you are not best prepared for. Those things that you may volunteer or be asked to do will be well within your experience and your needs. But as a group, you would have some who teach and some who would support in other ways. And thus you might be thinking in your own mind: "What is it I wish to do? How might I help others?" Some of you have already taken an interest in healing, and I'm sure that you can come up with other avenues of service as well. Does that clarify?

QUESTION: *Yes. But if we are to do the Father's will in these things, whether they be healing or teaching or whatever ... this has already been established what we're going to do. It isn't necessarily up to us. Is that correct?*

The choice is always yours, for the Father has given you free will. And the Father loves you so that He would not take it away. But it is between you and the Father how you decide to exercise that will. Even we do not give you assignments unless

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we're sure you've resolved this, that this is your will, and the Father has agreed. But we will keep close tabs as you work on these things in your moments of prayer and Stillness and worship with the Father.

#25 - SOME ARE CHOSEN FOR SPIRITUAL MISSIONS

It is true that the Father may choose certain individuals, but he does not choose us against our will. And if He were to choose these individuals it might be because of some special skill that they have which is in alignment with His needs for His program that He lays out.

Many of you can look back in your lives and feel that there was a series of preparations. For although this seems to be coming together now, there were numerous years of preparations before this and whether the Father in some way chose you for your skills or for your receptivity or your faith, it would be hard to say. And it could be for all of these. All are welcome. And in another sense you could say the Father chooses anyone who is willing to listen. This is, in some ways, just the beginning so you will see that there are many, many people of this world who are on the path which in some years down the road will bring us together.

#26 - TEACHERS ARE HERE TO TEACH AND LEARN -- AS WE ARE

One of my friends approached me as we settled into our meeting, in a swirl of folding chairs and new visitors. She was an active leader and participant in many New Age metaphysical activities. A friend had channeled St. Germaine, she said, and St. Germaine said that Tarkas and the Teaching Mission teachers were like graduate students. "He is here to learn," she stated to me, and expressed her desire to communicate and channel higher beings. St. Germaine had suggested through her friend that she might consider channeling St. Thomas of Assisi.

Later, we sat in a crowded room of 25 or more. "TR" curiosity had pulled various new and unknown faces to our previously small group. My friend pursued her thoughts with the question to Tarkas: "Are you here to teach or to learn?"

This is one and of the same. I and the other teachers are here to not only help Urantia out of its period of darkness but to help

each individual as well to feel the love of God and to grow with this. But is it not that as we teach we also learn and I am learning oh so much from this experience.

While I have been a teacher on other worlds, each is an individual lesson for me. Each world is different; each race has its differences, yet the similarities are overwhelming. They are all of God. All of these messages, all of the lessons are of God and love and light. This is what you bring to me as well, the light and the love that is within you. I am learning so very much from you as a result of my choice and commitment to teach. It is quite a reciprocal process and one that is very much integrated.

I thank you for this question for it is a love of mine to teach, to feel the love of God through this action and sharing with you. But also to learn from you, my brothers and sisters, the love that you bring to me as well.

#27 - WE CAN ALL UTILIZE UNIVERSAL KNOWLEDGE

FOLLOW-UP QUESTION: I'm confused. I was under the impression that anyone that is on the other side can tap into all the knowledge of the universe whenever they choose. But I'm hearing you not able to do this. I'm wondering why.

There are many implications in your question. We are all able, including yourself. It is not divided on sides as to who has access to the universal knowledge that you mentioned. This is the spirit of the Father fragment, and throughout evolution, as you become closer and closer to the Father, this will become more available to you. However, it is within each and every person's ability here this evening to tap into this consciousness, this knowledge.

I am not saying that we are not able to do this. I am saying we are not qualified ... not permitted ... for we take your individual will and perceptions in mind. There are ways that we can assess your mind to a certain degree, but this is only on rare circumstances and when this permission has been granted.

Within the seed of the mind there is a fragment which is eternally yours and your connection with God, and God alone. This is not tappable, may I say. But you are correct, there are many, including those here, who are able to connect with the universal mind, if you wish to call it that. That is not our

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mission, not our desire. We are here to be as brothers and sisters with you, to learn and grow and love as you do, so that we may all learn together to come closer to the Father.

**#28 - THERE IS NO 'HIGHER' AND 'LOWER'
WITHIN THE HEART OF GOD**

ANOTHER FOLLOW-UP QUESTION: But what about the saints, what about the people who walked this earth who were ordained as saints. Are they more holy, of a higher calling then? My question broadens in that I want to ask about callings before the foundation of the world. It is my understanding that before we became flesh and were of spirit we were all given certain callings. Some were given one talent -- it's in the Bible -- some were given ten talents, some were given six. One of our responsibilities is to multiply those talents.

This is somewhat confusing to you, I understand. Let me say that the word higher has quite a heavy connotation. In this very word it can also denote, indirectly, a connotation of lower. There is not really this form within the loving heart of God or the creator Michael. We truly all are one.

But as you say, in the Bible, these quotes, these passages are asking you to use your uniqueness. We are not all created equal; we are all unique. We are all loving, all present with the God-Father fragment within us. We all have our abilities and special gifts, you will say. And this is what the loving grace of the Father has bestowed upon us and makes us very unique as individuals.

Yet, the numbers 3 or 6 are not meant to seem as higher or lower or a degradation to the individual human, or the individual entity. I am including myself as well. It asks of you to use all that you can, that you have been given, that you express your gifts, your true love, in the best form that you can. Always keeping in mind to strive for the Father, to attain even greater things than you feel you have within you.

It asks for more. If you feel you have been given three gifts, extend and exemplify six. It is for you to ever grow and increase your abilities through the love of the Father. This is what I believe the passage is referring to in this. It is not to cause a discrepancy among individuals, not to point out differences, but to truly ask you to respond in even greater ways than you

already are in your own uniqueness and greatness. Move beyond, further and closer to the love, again, of the Father.

As far as the saints are concerned, there are many individuals who have progressed in their spirituality on this earth. There are many who have helped lead the way and have taught many individuals, and these have been known as saints. I must say, however, that oftentimes sainthood may be placed on a pedestal, if you will. It is something that is quite attainable to each one of you if you truly desire to dedicate your life to the service, will and love of the Father.

#29 - THERE ARE MANY FORMS OF COMMUNICATIONS UNKNOWN TO US

QUESTION: In my lifetime I was taught to link hearing voices with madness. If someone is labeled as insane because they are hearing voices, are the voices generated from within themselves or do they come from another place?

This is dealing with many different layers of communication. The mind has many layers to it. There are times when the mind can generate the voices that people hear. There are certain illnesses that can accentuate this and often is what people are referring to when they talk of one going mad. But I wish to say to you that there are also voices that are not madness, that are just the opposite, that are pure love and loving messages. It is again within the individual, the feeling within these messages, to know of which they are.

I understand your question for it has much depth to it, especially in beginning to receive messages and voices. Do not be concerned about the messages of the past that if people are hearing voices they are going mad. For you know that there are more ways to communicate than the verbal way in which you do in your physical life.

There are many forms of communication. And there are many beings that are wishing to communicate with you. The old concept I will refer to as going mad has been with this planet for a very long time and it is only within recent years that more communication has opened up. The energies and transmissions are being cleared so that you can receive more voices, more methods to hear these voices.

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They are not always as voices; they can be as thoughts or feelings. My question to you is if you will only remove the doubt from the stigma of going mad and seek within your heart the feeling of seeking the peacefulness that is with these messages, then let that be your guide and your answer. And follow the peacefulness that you feel, for this is truly how God will speak to you, how your Thought Adjuster will speak to you, in loving messages and a feeling of peace.

It is a slow process; I will not say it is a thing that will develop overnight. It takes work and patience, but if you do not allow the voices to come to you and have the fear that they are a sign of madness this will not occur. You will not feel or begin to hear the communication which is so desperately longing to be with you. It is so desperately longing to guide you in any way that it possibly can. There are many ways, many beings who wish to help. Again, it is always your choice, your decision as to what you wish. If you wish to allow this form to help or not. But always use your comfort as your guide. Feel the comfort of the message and go with that.

30 - LOVE IS THE HIGHEST CALLING

The Father's love is always present. It is omnipresent. It is around you and has always been there for you.

... You have more control in receiving this love and experiencing it than you may realize. This love is beyond description. Its intensity is so vast. Your book states that it would not be possible for a mortal to survive the presence of the Father at this stage of their career. This is true, for His love is so intense and so strong that it would not be possible for you to be in His presence.

But His presence is around you; it is in you. He is able to downstep, so to speak, his love intensity to be able to live within you and experience your very life. He is in a personal relationship with each one of you. He knows of your trials and your joys.

It is remarkable to us to think about the Father, the source of all, to be able to be present in each and every one of His little creatures in this way. Can you imagine what this is like? To be in that level of relationship and communication with each of His

creatures? It is quite incredible to us. This helps you to see the love that He has for you.

#31 - THERE ARE DIFFERENCES IN FATHERLY AND MOTHERLY LOVE AND GOD ENCOMPASSES BOTH.

This is something that many on your world struggle with. We have the problem of language in terms of describing concepts we wish to share with you. Your language does not have an effective term to incorporate the Motherly and Fatherly love into one term. Parental love works to some degree but is less personal to most.

You see our dilemma. The Father is truly a composite of both. I understand that particularly the women of this world are at times offended by the use of Fatherly love as the term for the Father. Understand that He is the source for all, that His love is so vast it cannot even be described for those of us that are working with you as teachers. So you see, it is a concept that does not have the language to support it at this time. We choose the Fatherly term in evaluating the language available. It seems to be the most appropriate. But truly the Father's love is Fatherly and Motherly. There is no distinction in terms of how the Father feels about each of you.

I would actually like to make one more comment. Do not let these language barriers affect your own spiritual growth in your ability to draw close to the Father. This is truly insignificant. It is the feeling in your own life experience of the Father's love that is important. It is in your feeling yourself this love and sharing it with others that you must focus upon. Do not become bogged down by wordings or insignificant discrepancies. Seek the truth of the message, of the request for each of you to grow.

QUESTION: In one sense I get the Father's love is an energy; in another it's an attitude. Is this a paradox?

It is all of these things. Your thoughts truly impact your being on many levels. By thinking thoughts that are of love and good will, you truly change who you are both within your mind, within your heart, so to speak, and within your very physical being. This is not something that you can see very readily with each decision or thought that you experience, but in reality it is a fact. So you see, both are true. As you attune that energy, that is one level upon which you experience the Father's love, the heat,

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the warmth that was described, the sense of security and support. It is also an attitude, especially as you share it with others. Your attitude of allowing the Father's love to be experienced by yourself and to flow to others. That is a good question.

QUESTION: *Are we also love?*

You have a piece of the Father within you. The Father is love and more than love. You are surrounded by love; you can grow to become more a part of the Father's love. You are also made up, as you know, of a material body, of a material being that has various organs. You have a mind that is distinct from your brain and this mind is associated with a common mind that is truly closely aligned with the Father's love. In that regard, I would say, yes, you are love. Again, it is your will that is important in accepting and sharing the Father's love with others.

QUESTION: *Can you explain the term "Love thy neighbor as you love yourself" as stated in the commandments?*

How would you describe this?

HUMAN: *My interpretation is that I don't love with a physical love, but a love of respect and honor and seeing the love of God within them, and honoring that love that I know is there. We've talked before about continuing that love despite what happens between that neighbor and myself. How can I improve loving my neighbor; how can I get my neighbor to love me?*

And there you come to an important point. You do not have control over another. Just as I do not have control over you. It is that neighbor's free will that determines their expression of the Father's love, their receipt of the Father's love. All you have control over is your own attitude, your own actions, your own feelings, and your own perceptions of others.

Continue to grow in knowing the Father's love in your own life, in your own understanding of who He is and your relationship, in your feeling this love within your very being, in your ability to allow this love to exhibit itself to others in the smallest to the biggest effort that you know to make. This will help you grow both for your own spiritual growth and it will allow you to show your brothers and sisters the love you are capable of showing to them.

If you think of the opportunities you have to share love, they can vary from the simple thing, such as greeting someone as you pass, offering them a smile, a pat on the back, opening the door for them ... to doing something more significant, setting aside time to listen to their concerns, to truly get to know who they are and what they deal with in their lives as the Father knows them ... to doing some major task for them, to allow someone to receive an organ from you.

You see your offerings to others are varied. The situations offer you an opportunity to give in many different ways. You must decide for yourself in what way you can be of service to each you come in contact with. There is no mandate, no requirement of the Father that you must abide by, as such. It is your free will. It is up to you to make this decision for yourself how you wish to relate to one another. By giving to your brothers and sisters, you get back manyfold. This is not something you are cognizant of, but in time you will come to understand this and you will look back and recognize this as truth.

32 - FOR SPIRITUAL GROWTH, GROW LOVE INTO SERVICE

You are surrounded by opportunities for service, for allowing the Father's love to do its work. We who lived on worlds that did not have the problems yours have, we who have moved on in our careers, do not have these same opportunities. You do not understand fully what a privilege it is to serve one another.

One day you will look back and be cognizant of the privileges that you had in this lifetime. You will come to cherish the times you were able to live your life in this way. We all look forward to these opportunities in our careers even at this stage, for they give you an opportunity to grow spiritually for yourself and to serve others. This is important in your careers; this is important to the Father.

There have been many who have volunteered to come to your world to help you, for example, but not all have been able to have this opportunity, not all will be sent on this mission. It is one of great concern for all of the universe. Many have watched the progress on your planet. There is a tremendous outpouring of love to your world. Many wish to be a part of what is transpiring. Those of us who are present are very privileged to

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work and serve you in this way. We are very thankful to the Father for these opportunities.

I hope that in your working in this group, you will come to view, at least in part, this kind of attitude and perspective. I would hope that you could begin to appreciate the privileges to serve that you have in your daily lives. We are tapping individuals around the entire planet to be of service in this way. The magnitude of this effort is beyond your imagination.

#33 - YOU HAVE SPIRITUAL TOOLS TO COPE WITH ILLNESS AND DEATH

QUESTION: How do we explain to people ... I have a very good friend whose daughter has cancer and she said to me, "How can God do this to my beautiful daughter?" And I tell her that God does not do it. Is there a better way to explain it?

There are many things on your world that are creating illness and disease. This is in part why this mission has been authorized. You have requested through your prayers, through the generations, for help. This help has been granted. We are doing much that I cannot share with you to assist you. We are working closely with individuals to make some changes.

Your scientists predict cancer rates will increase significantly. They predict that one in three will have cancer by the year 2050. Our estimations are even greater than this if nothing is done to change things. You continue to recognize what you do to your own world -- the pollutants, the contaminants, in the air, in the food, in the water. It is not possible for you to avoid taking these things into your bodies. They are so omnipresent that you cannot find a source of food, of water, of air that will isolate you from these problems.

You are also contaminated by fear and doubt and negative emotions. All these things together are what create many diseases, including cancer. It is not the Father's will that you experience this; it is the product of many decisions, of many things. You have control on your world to change these things, but you have chosen not to exercise it. There is a tendency for mortals to wait until things become so significant, so severe, that they then have no choice but to react.

It is unfortunate that there is not a greater unified effort, but I tell you that we are working on this, and you can work on this for yourselves. If you practice these tools I have shared with you, you can improve your own physical well being and aid in preventing these kinds of illnesses in yourself.

Your faith is paramount in this process also. I know this is difficult for your friend. I do not have any easy answer for you to give her. This is part of the process of developing faith in your world. There are means of healing and this may be something that your friend or her daughter may be open to. Some in your group are growing in this way of sharing the Father's love through healing. But realize that, even in those situations, it is the individual being healed's faith that determines the ability for them to be healed. Even if a petition is offered and the Father grants a full healing, it will not occur if that individual does not have the faith that they can be healed.

There is much to be learned in dealing with any of your difficulties. Your friend's daughter can find many lessons in dealing with her illness. This is not to say that we wish for you all to suffer in order to learn lessons. But if you think back about difficult times and struggles you have had, I believe that you will come to realize that you grow much by working through these and finding that faith that carries you through.

Encourage your friend to share her love with her daughter. Encourage her, if she is able, to be open to thinking of the Father's love, for her to pray for her daughter, for her daughter to focus on the Father and to pray and worship.

#34 - OUR WORLD CONTINUES TO EVOLVE BY PLAN

Your world is an evolutionary world as are many worlds. My world was also an evolutionary world. I lived on my world when it was at a stage beyond where yours is. What we are here to do is to help your world move on to evolve to a place where these things (wars, disease, etc.) do not exist. All evolutionary worlds go through difficulties, go through times where there is immaturity, where there is more of a material, or on your world an animalistic sort of domination of behaviors, and evolve to become more spiritual. This is what we are giving you an opportunity to help us do in your world -- to move things spiritually and, therefore, all other aspects will move with this.

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This is something that has been blocked in your planet's development in comparison to a typical world. Your book does a nice job of delineating those things that have interfered. I wish for you to refer to this, but as you know there was a rebellion of Lucifer and Caligastia that affected much on your world. There was the default of Adam and Eve. There were many things that have altered the course of your world.

But do not become alarmed, for your world is truly loved. Michael chose it to experience his seventh bestowal on, to live amongst you. Your world is well known in all of the universes. It is loved more than you can imagine. In many ways you are a very special world, even though your progress has not been typical.

What you can do individually is to work on your own spiritual growth, share the love with others. This will encourage them and support them in changing themselves. As more individuals do this, there is a resonance, a harmony struck that will change your world. That is what we are about in this mission.

Regarding standing before the Father and choosing to be on this world ... your Thought Adjusters at the time of your first moral decision, did, in fact, come from the Father by their own choice. They volunteer for service with you after understanding your capacities for spiritual growth and intellectual growth. They evaluate the life plan that is created for you, and many volunteer to serve with you and ultimately fuse with you if you desire. And one of those is chosen.

So in that regard, the part of you that survives spiritually has in fact volunteered to live amongst you. By your decisions, if you choose to act in ways that are not aligned with the Father's will, your Thought Adjuster must experience this with you also. Realize that in some ways this is somewhat tormenting to them, to have to watch you suffer and go through your trials and tribulations. Yet they are there to guide you and to share with you the Father's love and guidance.

Your animal being did not stand in front of the Father in a material form as you know it and to request to live on this world. I believe that some truths are known but the cosmic context is not known and therefore the misunderstandings are developed.

Even as the curriculum of the teachers was manifesting itself in a plethora of teaching transcripts from across the country, all in an aura of love and sharing, there were arising detractors of the Teaching Mission.

People said we were deluding ourselves with overactive imaginations and longings, and that human transmitting can't possibly be trusted because of egos, hidden agendas and wishful thinking -- human pollution. They trotted out Jung and alter-egos. It was all food for thought. I considered it, and continually decided I was learning too much from the teachers, and growing too rapidly in spiritual insight to give them up, even if such a celestial mission was unprecedented.

And I really liked Tarkas. He was a true friend, always defenseless, always responding in patience, caring and respect.

Our transmitters were feeling some pressures though -- contentious questions, their other struggles, relationships and responsibilities of life, some self-doubt, fear that they were doing it "right," sitting and speaking in the constant glare of scrutiny.

I resolved that I should, really should, step in to help. I was getting some inklings of words and phrases, very subtly, in the Stillness, which I struggled to practice. They were only simple words but they were special to me because.... they didn't come from me. No, they didn't. I taped them and played them back, looking for validity.

It came from the experience of knowingness. Just a few words ... Just a few at a time... Just little loving confirmations, nothing profound. But my lips had been forced to move. They moved on their own. In the Stillness, finally, finally, they had moved a little and these words had blurted out softly, on their own.

Was I sure? Was I sure? Am I sure? As with other TRs, I found this was to be a continuing refrain for weeks and months.

And I continued to compare the teachings of the various celestials, and refer to the Urantia Book for any contradictions or validation.

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OTHER TEACHERS:

FOUR PHASES OF THE CORRECTING TIME

(This is paraphrased from a transcript by teacher Veronica, dated September 21, 1994, from Volcano, Hawaii.)

Phase One: Deployment of teachers, group and individual, for the purpose of regeneration of spiritual values on individual levels. Beginning of the Teaching Mission.

Phase Two: Reprogramming of unconscious personal beliefs that block further awareness of potential.

Phase Three: Massive and collective change in basic assumptions that will involve vast populations and bring about an unprecedented speed of conversion that is inconceivable; a major shift in interpretation of reality and an assimilation of spiritual and intellectual knowing that will enable a commitment to shared vision.

Phase Four: The involvement of the Melchizedeks to bring about the fullest development of man's highest powers. This fourth phase of transformation will impart profound wisdom that will overcome complex problems of uncertainty and usher the collective consciousness on a rapid track towards light and life.

"The ultimate communications that you can make is with your indwelling Thought Adjuster -- the indwelling spirit essence that is, in fact, you." -- Tarkas

Three

Becoming a 'Willing Vessel'

1993 -94

Each step of faith that we would take, I learned, would be rewarded.

In fact, a step of faith mysteriously activated spiritual forces to step in and help us, via some kind of celestial system that I still can't begin to fully understand on my own. It seems to be much the same as the spiritual axiom that love given becomes love received, acts of love generate more and reciprocal acts of love -- the give and ye shall receive of the Bible. It seemed to work the same way with faith. Step out in faith; be rewarded.

This happened to me three times, in quick succession.

I came to the conclusion one day in the closet while hanging up clothes that I really did want to help my friends transmit to the group. I had been mulling this over for some time. I greatly appreciated the perceptiveness and wholeness of the lessons from throughout the country that I was building into a library, and I had genuine empathy for the discomfort that our transmitters were feeling. I would swallow my deep uncertainties about giving personalized advice in private sessions about things of which I knew absolutely nothing. I would plan to just start doing it, and hope to grow with it.

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As I had done in my several Stillness sessions, I asked for Tarkas and spoke to him. I told him I was ready, hoping he was there listening somewhere in the invisible world. After verbalizing that commitment I felt very strongly that his presence was there. The strong insight came to my mind that this was a bond of trust. We would be partners. I would agree to speak his words for him, help him to fulfill his mission of teaching and interacting with the group. In turn, I would be given answers, insights, and personal spiritual growth daily as I called for it.

It was a deal, and it seemed a real bargain to me. I was hungry for more spiritual insight. But I was still nervous about transmitting in front of people.

I had already been to one practice session in which three of our number managed to speak some words and answered questions for Tarkas. But after the last transmitter spoke and Tarkas said he would move to another, my being the only one left, it was time for me to try! I panicked and blustered that I had better go home and practice, try harder ... maybe next time.

A reply came calmly and certainly from my friend: "Don't try."

Was Tarkas still speaking through her? I assumed so at the time and didn't question it, and didn't bother to ask.

Whatever the source, the advice was as excellent as it was succinct. There was only time for a few words. They couldn't have been better ones.

Don't try. Let yourself go in the Stillness. Love God. Ask for God's love. Wash yourself in appreciation for your life and this grand learning, growing adventure. Count your blessings. Pray for others. Forgive all. Break into a silent smile. Feel. Above all, embrace and feel the powerful love of God. The God of all Time and Space and Infinity and your personal Universal Father.

It doesn't involve trying. It's opening in faith and love for God, however you perceive God.

Tarkas had told us at the first meeting that we could find truth in many places, perhaps in the next person we might meet on the street. Our spirit quest here, I realized, was to find truth, beauty and goodness, and share it all with our brothers and sisters here.

I decided I wanted to arrange a special practice session at my place, to give it another try. I called our usual transmitter to come over and help me one afternoon. Several other friends were there.

I sat on my couch that bright day in Cincinnati and did manage to transmit some words, and then even answer a question or two. I couldn't recall a word of it now, but that kind of memory blankness is actually a good thing for a transmitter, since the central challenge is to keep your own thoughts and analysis out of the process.

We're constantly analyzing in daily life; in transmitting we need to speak the words as given, freely, without reservation, with faith in God and His protection, without fear. It is no ego trip. It is secretarial service, serving as an objective voice conduit for our celestial teachers.

No matter the words of that day. What thrilled me at the session was that I almost knew, I was almost sure, that the words I spoke did not come from me. A step in faith, calling to set up the meeting, actively doing it, was rewarded with a stronger connection.

The first words gently, in a whisper, emerged gently from my lips, inadvertently, softly, short phrase after short phrase and I calmly spoke them. I was conscious. The process was okay with me. My free will was in charge but I wanted to hear what Tarkas had to say, whatever it would be. I was just glad to speak for my new friend and mentor. This is the right attitude. Just open yourself as a conduit and let them speak. There will be time for analysis later. What the transmitter thinks about anything at all is irrelevant.

When you experience this yourself, there is intuitive knowingness, personal validation. Like they say, you just had to be there. Women, as a rule, have proved more adept as transmitters than men, I think because of generally stronger intuitive minds.

Transmitting is something that you cannot convince another about. They have to experience it for themselves; it is truly experiential knowledge -- accessed by faith and love and dedication to spiritual growth and service. Egoistic plotting has to be pushed aside. Then, with these spiritual power tools

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behind you, it becomes truly easy to speak the words or write the words of these loving teachers. Once the breakthrough is made and practice continues, the words come easier and easier.

By like measure, at sessions with others, I found that saying the first few words was the hardest part, like taking a leap of faith from a springboard, an uncertainty. There is a splash -- the first words you ever spoke out loud in front of people!

But after the first few words would come, slowly, they would come more easily until you develop a very calming flow, listening to the words come through you, being consciously aware of them, and marveling at times that these beautifully wrought expressions are coming from your voice, joyously saying them into the peaceful circle of friends with a feeling of relaxation, faith and giving service.

From your leap of faith and splash into the crystal blue waters of ethereal spirit, as you transmit, there comes an enveloping quiet mood as you swim effortlessly, your recurring voice the gentle strokes that propel you through this deep immersion of clear holy water, gliding onward, stroke after stroke, words after words.

The previous sentence was easily transmitted.

Transmitters, I think, should just be happy to be a "conduit" and, in turn, enjoy a daily relationship with Tarkas and other teachers, unseen friends who really are anxious to interact with us, and full of insightful wisdom to help us make spiritual decisions in our lives.

For me to get these first difficult words out at a TR session, the teachers began a practice of repeating them until I finally broke down and spoke them aloud. For a long time, I would resist and resist, worrying and wondering if they were genuine transmissions, wanting to be absolutely sure, analyzing, before I would start, before I would dare speak out, waiting for more surety there in the silence.

The pressure would build gently, and then, after a minute or so, suddenly release from my relaxed body, freely open mind, and willing lips. I would blurt whatever the salutation from whatever teacher and take it from there. Say a few words, and

several more words come to you, easier and easier as you sink deeper into relaxation and the realm of apha thinking.

Tarkas was prone to open with: "I am Tarkas." Simple, fatherly. He was friendly and gentle.

Later, Olfana was to prefer the opening: "Let this transmission begin."

Bakim and the celestial artisans would prove innovative and creative in their beginnings, and often lead us in expressive, meditative exercises to help us feel and visualize spiritual energy.

The day after I transmitted for the first time, I entered the Stillness and was blessed with Tarkas' assignment of a personal spiritual teacher. He advised me that she would be very helpful in writing by assisting in my powers of observation and visualization, dramatizing scenes, phraseology, color, poetry, all the areas which were now my weakest talents in my chosen field of writing.

Another step of faith dramatically rewarded!

Her name is Elisha. I lay there in the silence and became acquainted with this beautiful celestial artisan that day, immersed in feelings of supreme joy, wallowing in near ecstasy on my bed, tears of joy streaming.

She reminded me that I had never had a sister (true) and now I did. The feeling of this was profound. She began to work with me in areas of my need, and began a series of worshipful meditations with the group in which she encouraged us to feel and not think.

Using what she called "picturizations," Elisha helped me in time to visualize her mortal life appearance as a dark-skinned island girl, living on a largely aquatic world, and other aspects of the environment of her mortal planet. She also helped me experience the visual aspects of the elaborate passageway following the most profound experience of her mortal life -- death and resurrection. Naturally, this experience would seem to be the most amazing thing that she could share.

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These visits with Elisha were quite a dramatic breakthrough since visualization is not a strong suit with me. I was grateful, and I continue to strive for more visual clarity and experience through the Teaching Mission.

I thanked the Universal Father earnestly for the teachers and for Elisha. She is a beautiful presence and we were to hear much more from her and other celestial artisans in the course of our experiences.

For now, Tarkas and I firmed up our bond of trust. The teachers would soon be referring to me as a "willing vessel."

After much encouragement, I made a commitment to transmit to the group at the June 18, 1993, meeting

As I drove alone in the dark to a house in Milford, Ohio, my doubts and fears settled into a warm peace. I felt the Christ presence there strongly in the car, and Jesus/Michael thanked me for my commitment of faith. He promised me -- ME! -- An embrace when I one day would come to see him on Salvington, the headquarters of the local universe. I resolved not to tell anyone of this, and didn't for a long time. I could barely believe it myself.

But I came to know this wonderful little mini-experience on the way to Milford for what it was....

Another step of faith rewarded. I was actually taking action to go to a meeting and transmit, a commitment of faith. This had brought on reciprocal action -- even a short visit from Christ Michael to welcome another transmitter to the mission. Every time a human made a commitment of action, it empowered and activated spiritual growth.

I was still floating in a sweet pool of spiritual joy when I arrived and sat down to transmit for the first time, to what seemed to me a loving communion of friends. I saw them with a special warmth of affection that night. With a smile and much bolstered confidence, I said that "I am glad to transmit for you beautiful people."

A prayer by the ever-loyal and courageous Father Bob opened our meeting.

Thank you, Father. This is Tarkas, and it is indeed a pleasure to be back with you this evening. I look forward to these times together, as I hope you do.

In a few minutes, the words just began to speak themselves.

Truly, this group is beginning to pull together, and I still believe great work can come from each of you. I truly love all of you. I am pleased to be your teacher. And it is my fond wish to give you information that will be useful to you in developing your spiritual essence.

I know that my answers have not always pleased everyone, but there is much that cannot be revealed, as has been said. There is much knowledge in the universe that simply takes time to unfold in all of our minds. What we have been teaching is the carefully prescribed curriculum of the Melchizedeks, who have truly developed these lessons under the guidance of Christ Michael, and I hope that they have been helpful.

It is not our ambition to solve all your problems, or tell you the many ways that you should lead your life, or to make decisions for you which, in truth, you should feel very fortunate and very blessed to be able to make yourself. For the free will the Father has granted you is indeed a great gift, one to be cherished, one to be used. The problems can be dealt with, and can be dealt with very expediently and efficiently if you truly turn your heart to God.

You must practice what was asked from the very start if you wish to progress spiritually. And these are the four things that we ask you to do every day. To the extent that you practice these things, you will be rewarded, for they are not obligations or burdens for you, or lessons even, or homework. They are truly gifts, for you will find that you will be blessed according to what you put into this mission. And the more you put in, truly the more love you will feel in your heart, the more confidence you will have in the veracity of what we teach, and the more self-assurance, and the more trust and the more faith.

These things build according to your faith. Faith is the catalyst to begin all of these motions, to start all of these energies working for you. Faith is the most important thing that you must practice ... must develop within your hearts.

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Each of you can talk to me as you wish only by calling my name. Practice the Stillness, the quiet. Begin with worshipful recognition of the Heavenly Father. Simply tell him that you love him, appreciate the life that he's given you. Thank Christ Michael. Speak to your Thought Adjuster. As you learn the Stillness, the quietness, you will be able to communicate with me daily as you wish.

It was reassuring that Tarkas remained the same kind, fatherly figure he had always been. As I became more comfortable in the TR process, I just laid back and spoke the short phrases as they were given to me. In the best times, it seems I hardly remembered what I said at all, the words and phrases I had never used. But I retained much of the real meanings behind the words, the broader insights with which they were re-painting the world for us. Reading the transcripts later would fill in a lot of what I couldn't remember of what I spoke.

I still had a nagging question on this first night... How would Tarkas deal with questions? There was no preparation for this. It wasn't like preparing to make a speech -- an absolute necessity. With TR, it was not preparing at all; it seemed to be learning to be comfortable at our lack of involvement, our lack of preparation, faith in just opening up to say their words, and get your own thoughts out of the way. I kept reminding myself: Don't analyze anything, don't think about it, just speak the words. "Don't try."

The first questions were perfunctory and were answered. I wondered what would happen if I were hit by a complicated one about spiritual energy circuitry or something that would set my nerves jangling and mind buzzing. Much of the Urantia Book's science was beyond my understanding. One of the group gave me confidence with a mini-lesson followed by an easy question.

HUMAN: *Tarkas, I can realize this in my own way of dealing with the mission that I have changed in my perception of it. In the beginning, I couldn't get enough of the transcripts. I read and read and read. I would read, like, two hours every morning, and I would love it. And then I would have to do normal things, like get dressed and all kinds of things. I couldn't get enough of the reading.*

And then I just started assimilating what I had read. And that has been as fulfilling for me as the readings have been. I haven't been too far off the mark with regard to the transcripts, but having validation has really meant a lot, kind of like jarring your memory when things pop up, situations. Rather than going blindly about it and going in the

right direction by accident, I've got a better feeling that, gosh, I know this is going in the right direction, and that's validation.

So I've gotten away from reading and I've been assimilating what I've been doing more. And that has really, really, for me, been a nice kind of growth. That kind of validation and assimilating that I've been doing ... What I need to do now is perhaps keep doing what I'm doing, but I have gaps in my faith I need to work on.

The way I could do that is by seeking the Stillness more, and doing that. My mind is just so busy, though, I can't seem to turn it off. But I think the only thing I can do better is just to practice. And I've done that. And when I was new to all this.... my mother was an atheist and there was no religion allowed in the house at all, and so I would have to kind of like practice by saying "God does love me" and invest in my own self-talk that other people just grew up with. So I'm going to try, in my quiet time, to get back to some of that self-talk. And I think that would be a good idea for me personally. Do you have any suggestions?

TARKAS: This is very true what you have said. You are making very significant progress.

You have covered much ground in what you have said. It is true that the assimilation of what you've learned is more important than actually coming here and listening, or reading the Urantia Book, or the Bible. For it is true that it is in action rather than strictly learning knowledge that the glory of God is served, and you begin reaping the blessings of his love by actually doing rather than knowing.

For it is true, we have had the teachings of Jesus, and even before that the knowledge of a supreme being with love and benevolence for us. And yet the condition of the world would indicate that this knowledge has not been practiced fully. And that certainly is an understatement of all of your problems.

So it is actually the practicing. This is what I wanted to remind you of from the very first lesson -- that the four things we discussed first are truly the keys to your growth. Practicing this daily with people you come into contact with, seeing the love of God in each one of them.

And I trust that you all have a strong reservoir of knowledge, and that now, truly, the thing that you must do is continue to practice. Indeed, it was perseverance on the part of Jim which

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allowed him to do this. And it was no small task for awhile, for his confidence kept breaking down and he was not able to carry forward. But truly staying with it daily with honesty deep within your heart will pay dividends.

Q -- *Tarkas, you mention practice. What do you mean by practice?*

Practice the Stillness, which carries you very close to the love of God. The quiet times, which, I know, are very difficult to find.

As ... mentioned, there are many things to do. With your knowledge, you can do these things in a joyous and relaxed way much of the time, for you know that behind all of this magnificent plan is God's love, and truly you face an everlasting life of joyous service to God, in this lifetime and in the Mansion Worlds. This should give you a great amount of confidence as you go about your daily activities to realize that this short mortal life in the flesh, while very important from many standpoints, is only the beginning. There is much more which you will experience, and a great, great future.

So take these distractions in good humor. Take them in stride as best you can. When you fall and you stumble, and you allow anger and resentments to enter your heart, just brush them aside as best you can. Because you have a strong, firm foundation of knowledge that will bolster your faith and develop it, you are truly on the right track in your development. And I even believe that some of the lessons which are prescribed on such matters as trust and faith and tolerance are somewhat well-ingrained in each of your minds and each of your hearts at the present time.

Which is why I thought this discussion would be advisable as to the direction of this group. For the curriculum is not set in concrete, but is truly flexible. We measure activities by achievements rather than strict timetables or strict adherence to a particular lesson plan, for truly your understanding is key, your practice of the lesson beyond that, rather than simply going through a prescribed program of lessons.

I'm not implying that your group is nearly as advanced as many of the others, and truly you should work on doing this if it is your wish to become involved in the mission. But I think that this group is well versed already on a number of concepts, and I am somewhat pleased that there is a re-dedication to reading the text, which is quite helpful. I highly recommend to you a re-

reading of the section on Machiventa Melchizedek, for it truly puts in perspective in a document written many years ago what is actually happening now on Urantia in the spirit mission. I think these words will be inspiring to you.

Tarkas had dealt with the question as forthrightly as always and even added an assignment. It seemed to be working okay, this connection.

I continued to worry that anything at all would come from me, the human in this process, the imperfect contaminator. There was a growing chorus of critics who were now saying that human pollution is too much of a risk. These worries, concerns, are always still there for me, and they are certainly a good thing.

The part of yourself that has to be divorced from transmitting is the ego. I had worked to understand the ego and take some control over it in my limited studies of "A Course in Miracles." I tempered these understandings with the idealism in which I had approached my journalism career earlier -- to be fully open-minded to a news source and set forth the news report in a fair, full and objective manner. It is like that in transmitting, being a willing conduit with an open mind to whatever the teachers, would say. No egoistic agenda. No limiting doctrine set in concrete. No wishful thinking embellished into reality by an overactive imagination. I hoped that avoiding these things would make me a good receiver/transmitter.

At any rate, my first evening progressed, and Tarkas would begin a teaching thread that would include a layering of expanded perspectives of the Correcting Time and our roles in it, while also tending to some special personal needs of members who were finding rocks in their path of spiritual growth. It turned out that I was called on for some private sessions and the teachers, as usual, came through strongly. I learned that I didn't have to prepare for a meeting at all.

Always, there was the re-visiting of critical and familiar themes. Members of the group, even months down the path, were still struggling to work the daily Stillness into their lives, and with the basic lessons of unconditional love and service. But a number of us were trying, and I was quite pleased to be able to fulfill my bond of trust with Tarkas. It felt very good.

HUMAN: *So maybe you can tell us something more about love, and about how we have the privilege, like Jesus had, of sharing our Father's love with other people.*

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Yes, and is it not amazing that all these truths that we now teach with such intensity in the 1990s have been with us for so very long? And yet the practicing of these truths, practicing what we know, has been somewhat slack in many individuals. But these are not things to concentrate on. It is the positive things which are happening. For truly things will accelerate much faster as the mission takes hold on Urantia, with the Melchizedeks here personally directing affairs.

... Indeed, it is difficult to practice love everyday when one is barraged by so much that is so distracting. I speak of newscasts, and the constant barrage of entertainment, the over-reliance on technology to seemingly fill our ears and our minds constantly throughout the day. These, of course, are legitimate diversions, which are, in themselves, not bad. But there must be time for your spiritual development as well. A time for quietness to rekindle your energies, rekindle your spirits, rekindle the love in your heart, which is there, but perhaps dormant if your time is spent watching television, or listening to the radio and traveling in your automobiles, and going to ball games. And all of these many things.

But there must be a time during the day, if it's only five minutes a day, to speak to the Heavenly Father. Tell him of your love, speak with Christ Michael, dedicate that few minutes to somewhat recharge your batteries, so to speak, to get through the remainder of the day.

As our meetings continued, my collection of spiritual truths kept growing:

Basic Spiritual Understandings....

#35 - 'COINCIDENCES' ARE SOMETIMES SPIRITUAL GUIDANCE

Some of the things which you mention as coincidences are a bit more than that, for there are many on our side. I refer to your guardian angels, or even your Thought Adjusters, who may nudge you in one direction or another, and make certain connections that may seem opportune to you, not interfering, of course, with your free will to make decisions at that time regarding that supposed coincidence.

#36 -- LEARN TO ACCESS THE SPIRIT OF TRUTH TO DETERMINE TRUTH

As with these books or any book, it is the Spirit of Truth inside you that makes the decision whether to subscribe wholeheartedly to what the book says, or to do this in part, or not at all. There are truly many fine books that you can read which will inspire you and lead you closer to God.

The Urantia text in some places, of course, is very complex, and seems to deal only on the intellectual plane. I would say that, should you read the life of Christ you would find many touching examples of love and compassion, and Christ Michael's supreme devotion to your race. I think you would find this much more inspiring than some of the complex material regarding the administration of the universe. This will truly be a blessing to your people in time for the book has truly been here only a short time. It will serve you well for a long, long time to come.

Another matter regarding the book is that it is truly an intellectual exercise in large measure because it endeavors to explain to you the entire cosmology that you can grasp at this time. And therefore the intent is primarily informational rather than inspirational. And for inspirational texts, of course, the Course in Miracles and others may truly be closer to your heart than these cosmological explanations of vast universes, which are quite complex to understand.

#37 -- SPIRITUAL REVELATION CONTINUES THROUGH HISTORY

Truly, the book (Urantia) was never intended to be the only step in the Fifth Epochal Revelation, but only the first step. And other steps are being taken, the Teaching Mission being one, and perhaps others in the future of which even I have not been apprised. But we move forward in faith, confident that the revelation will be fulfilled in time, and you will feel the glories of it, even though you may not be here on Urantia when the full fruition takes place. But I assure you, you will see this from on high, and you will actually feel the ultimate triumph of the people of your world as, in the era of light and life, they come in closer contact daily with the Heavenly Father

Though this will take many years, it is true that things will begin to accelerate very rapidly as more and more people are inspired,

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and as the churches begin to work from within to cleanse themselves, to purify themselves and work to the greater glory of God. They have been bastions for so long. The Bible has served you well for so long. Now with this new age dawning, you will have even more and more that you can look forward to. You should be glorious if you have faith and trust in this future, as indeed you have.

I know you are sometimes frustrated by what you consider to be a slow pace. But the pace depends on your concept of time and how it moves. From our standpoint, things are happening as they should, methodically, fully-informed, progressively day by day, and in a manner which should not bring you anxiety. And I would urge you to not be overanxious, but to be patient, for we truly have eternity to work out these things.

God's only wish for you is joy, and he wants you to experience this daily. Your frustrations day by day can be put aside. Feel good about yourself constantly, for you are truly a child of God. And the mistakes you make, and errors you make are truly of no matter ultimately.

#38 - WE MUST FIND THE APPROPRIATE LEVEL OF SPIRITUAL SHARING FOR EACH PERSON

One of the objectives of the Teaching Mission is to help you find that very level of teaching and the dissemination of these teachings. For it is true that strange new knowledge, especially among those who have already embraced one of the religions, can be very disconcerting, or feel very threatening to them, and this can be very counterproductive to a meaningful and productive dialogue. So indeed, the differences should not be stressed in many cases.

These are decisions, of course, which you must make, but we must continue to develop in the Teaching Mission to find that very level, that very balance that is required. This is usually on a smaller basis, rather than a group, to one or two people, perhaps a family. And it is best initiated in a very gentle, confirming way to people you already know, and certainly in a way that does not seem to threaten what they already believe.

They may inevitably be jarred by assertions in the book that are in contradiction to what they already believe. But these should be minimized and the stress should be on things which are

common to you and them -- the presence of the Heavenly Father and his love for all mankind, the fact that we are all brothers and sisters, that we should love one another, these basic truths of the heart that are truly universal and not related specifically to the Urantia Book.

Perhaps the Urantia Book will come later, for truly the great mission is saving souls, bringing the people of your world to a closeness to God so that they feel his love every day, and truly make an effort to care for brothers and sisters and nurture them.

The Urantia Book is somewhat secondary to this, although that may sound a contradiction because the Urantia Book certainly embodies the highest level of knowledge on your world. But what I'm saying is that it's critical that the introduction should be gentle and loving, and that people you seek to talk to are brought into differences in a minimal way, for the differences are truly not what matters the most, but the commonalities.

In the weeks ahead, our group would meet regularly with Tarkas and only irregularly get recordings of the sessions. Here are some gleanings from sessions on October 16 and November 12, 1993.

This first series of excerpts added more layers of insight into the major changes that we would be seeing in society, and our relation to them. After lessons on a number of subjects pertinent to personal spiritual growth, Tarkas seemed now ready to move on.

#39 - IT'S TIME FOR COMMITMENTS TO SPIRITUAL SERVICE (for us anyway) -- a lesson and call to action

The spiritual energy is quickening on Urantia, and it is time for you individually and collectively to move forward in the Teaching Mission and take a bold new step of faith to represent strongly the love of Christ Michael. We have been together for around a year and during that time we have coalesced, we have made progress in fits and starts, and we have boiled the group down to an essence that we can now grow confidently with a strong foundation for moving forward.

We have talked about the end of the rebellion; we have talked about the Correcting Time and the Teaching Mission as a part of that. We have talked about preparing the way for Christ Michael's return to your troubled world. And these things will come to pass. I can tell you tonight that Michael has recently

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been to Urantia and given personal observation and guidance to all of the activities which are swirling throughout your world in the Correcting Time.

Such a beautiful vision has never been seen before on your world. A Creator Son, surrounded, as always, by ministering angels, giving his personal attention to this work that is at hand. I must say that he was pleased and has given us the responsibility to accelerate the teaching and to encourage you all to move forward boldly.

You, of course, are not prepared to answer each and every question, and deal with each and every situation that will come before you, but, indeed, none of us on this side are so completely prepared either. We will move forward together, step by step, to make this mission successful.

As we talk about your responsibilities tonight that you may choose to accept, I would ask you to relate everything that we say to things which we have discussed before concerning judgments. Judgments that you are required to make every day to exercise your free will and live this glorious adventure. Other judgments which are born of the terrible legacy of the Lucifer rebellion which is with you every day as strong and depressing evidence of the problems it has wrought.

You know that your judgments should be in the light of the heavenly Father's love, that you are all children of the Father, and that you should act to make Him proud and do Him honor. Likewise, to your brothers and sisters shine the same love, compassion and mercy that the Heavenly Father and Michael shine on you.

I would ask you to also consider this second phase of the Teaching Mission, which you will embark upon in the light of Christ Michael's mission on your troubled world as Jesus. You will recall how he lived his life in perfect balance, always having the patience and time and forbearance to handle all of the work that you, as humans, share with him. Working for a living, working to raise a family, the experience of parenthood. Jesus lived all these things as you do. In the way that he lived his life in perfect balance is what we would ask you to aspire to in the second phase of the mission.

Did you ever imagine that you would ever be working for Jesus? That you would be among the few, at this time, to pave the way for his coming again? Such a remarkable opportunity, and in the life of Jesus, we see the manner in which he taught, we see the personal ministry, day by day, that he administered long before the time when the public ministry was at hand.

This is where we ask you to start, as members of this strong, healthy, and loving group here in Cincinnati. We would ask that you continue, first of all, with the work from the very first day. This is an essential first lesson and abiding lesson for all of us. Beyond this, we would ask that you begin to choose a particular task within the mission that suits your talents and aptitude.

Each task is important, and they come in great variety. Everywhere you look, day-by-day, is the opportunity for service. You can visit a sick friend, you can bring food to the poor, you can give the Urantia book to a friend whom you know is hungry for spiritual uplifting. You can play music at a meeting. You can write, speak ... you can do many things.

But each of you has a talent which can be used. And we would ask you to coalesce as a group and work together on projects which will continue to inter-network with the many groups who are coming together on your planet.

The ultimate goal is a true planetary organization, something which seems far beyond reach at this point. But I would ask you to refer to Jesus' mission once more. Such a troubled and evil world that he and the apostles lived in. And yet, if they had thrown up their hands in despair, nothing would have happened. The work that they did transformed the planet.

So a beginning must be made, progress must be made, day-by-day, by individuals in large and small things, working together in growing increments. I would suggest that each of you who has not chosen a particular project in keeping with the correction time, do so, and that you allot time at your meetings to exchange ideas about these projects and discuss their progress.

In like measure, working together is something you must learn to do, just as you continue to learn this throughout your mansion world ascension and beyond. And you will indeed be working with many, many celestial beings who are much

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different from yourselves. You begin this now, on Urantia, as you begin many parts of your adventure.

This is a time for personal ministry, to look for opportunities day by day, hour by hour, when you can reach out and share the Father's love with someone. Sometimes these opportunities will be presented to you by us and sometimes not. We desire that you use your initiative and use your free will.

By now you know that we are not here to make decisions for you and will not impede your free will in any way whatsoever. And so the great changes that will be made in your world will be made by you, and you can be justly proud. We are here to provide the inspiration, the spiritual insights, wisdom and comfort that you need to strengthen you in this resolve.

If it would be helpful, I would suggest that in recognizing that you are indeed wanting to be a part of this mission that you think of yourself as representing Christ Michael every day. Imagine if you will, angels coming down to clothe you in beautiful gowns of white. And as you wear this white, this beautiful gown about you in your daily activities, imagine yourself as being clothed in the purity, beauty, and love of Christ Michael. And that you are looking for opportunities to represent his mission and to hasten the time of his return. Perhaps, if you see yourself in this light, you will try to keep in your mind the purity of thought, the purity of purpose, the love of God inside your hearts, as you go about your daily tasks.

This will be a powerful weapon to strike down the numerous temptations, noises, and rattles of the day. This is your effective shield, for you walk in goodness, beauty, and mercy. And if you would take on this phase of the mission, I ask you to take it seriously or not at all. Your actions are what truly speak for the mission. It is not intentions that will get the job done of making planetary change.

While sojourning here I have heard much, too much, useless and futile recitals of the many problems of your world, the hopeless condition of many people, and cynicism that the leadership is too corrupt to make these changes. Indeed the task is large and I would remind you that individually is where you will achieve. You can save the worries about the planet's overall condition to others within the mission who are working diligently to bring about changes.

You see these changes now in every part of the world. These changes will indeed accelerate as your consciousness is raised. As has been said before, there is a pressure building in which will be a great many final dispositions -- those among you who have either gone insane or have reached inside for the spiritual strength that will save them. You see evidence of the madness about you. This is part of the disintegration that inevitably must occur when changes are being made of great magnitude.

The spiritual energies and other energies around Urantia are changing constantly. On the positive side, you are among those who are aware of the spiritual reality of the universe. You have embraced love as the overpowering influence. The Father's love will not only maintain your equilibrium or balance, for which you have a great head start, but you will excel as leaders in making the world ready for Christ Michael's return.

Every day you can bring happiness and joy into the lives of others. I would strongly encourage you to continue in this mission and help us with this work. It is not important that you believe in my existence, provided you do the lessons. It is important that you recognize the Heavenly Father's love as being the benevolent force that rules the universe.

Continue on with us, and do these good works, and you will see that things will not only change in a surprising way, but that you will be given great joy in small increments so that you will be hungry for more joy and continue to do good works and better works. For in giving you will receive greatly and you will deserve to wear those beautiful white gowns that you can now only imagine yourselves in. Soon, they will grow to fit very well and you will be beautiful ambassadors for the mission. And be fully blessed, just as I am blessed, to be part of it.

So, the analogies I would make regarding judgments is that you know you cannot harbor angry resentments against your brothers and sisters if you wish to continue in the mission as an evolving spiritual force. Question every decision you make. I know many of you have done so. Question every judgment you have made to see if you have been fair and that you are being embraced in the Father's love in making that judgment.

We will continue to be cognizant of this in keeping with Jesus' teachings, which I would encourage you to reread in the sections

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regarding personal ministry, which you now share with him. See how he approached this. Not in a judgmental manner to those who came to him, no matter whom they might be. For he looked at mankind as being weak and confused, stymied and frustrated from the many problems that had been wrought from your unfortunate history. He did not look at them as wicked, evil. This was only an aberration called forth and forced upon you by the rebellion.

We must now move far beyond the legacy of Lucifer. What you see here and there must be steeped in the realization that you will apply spiritual truths to your lives every day, to everyone that you meet. This is what we ask of you. And we understand that this is no easy task. Just as seeking the Stillness has been a difficult task for many of you as well. But I assure you, by doing so, you will be aptly rewarded.

If you cannot do so each and every day, at least schedule some time when you may do this. If you are to be a teacher and trainer, you must learn to get advice in this means. There is much of a personal nature that cannot be conducted in group sessions. You all will progress faster with personal guides. When you are proficient you will be able to call upon these personal guides when you have a problem that seems difficult to resolve or even a reply for which you have no answer. These impressions will come to you through the Holy Spirit and you will be able to serve very well.

#40 - WE CAN COPE WITH DARKNESS BY BRINGING LIGHT

QUESTION: Tarkas, what about the people who are not following in a way that is conducive to peace and harmony? I don't feel anger or hatred towards them, but if I came upon one I would have to defend myself. What will happen to them? I am so angry when I see the raping and pillaging occurring in Somalia and Bosnia. I'm not angry with those people, but I wouldn't feel bad if something happened to right things. I'm not sure what my question is. Should I feel bad for not feeling bad for those people?

From a broad perspective, I would say that it is quite difficult to live on a planet which has had so much turmoil and should, in all rightness, have progressed much further. It is rather a mixed blessing, as we have said before. From our perspective, which I realize can never be yours, we see so much opportunity here for

service, literally, everywhere that you turn. We have learned that through service, through the giving of love, there is much joy to be reaped. So, the more you give, the more received, and therefore we want to continue working in this beautiful and brilliant, spiritual light and hope that, in my case, you can reflect just a part of it.

But it is not possible for you to have experienced these magnificent feelings of joy because your whole brief life here has been in the darkness and you have seen many problems and hardships. You have never experienced the great potential where you will ultimately be. It is extremely difficult to visualize for you. But I will say there is a special blessing waiting for each and every one of you. For you are what have been called by some agondonters, or people who are able to believe, to reach a level of faith in the Father and in the power of goodness, love and truth, even though you have been surrounded by such turmoil and the strong teachings that it is good to be competitive, suspicious, and physically strong, or even violent. These teachings have carried you through much misfortune and misery.

As you know, the teachings themselves must be changed. In many ways, Urantia must start at the very basic foundation. That is, within the individual, with the family, for from the family can emanate great values that are being sorely missed at this time. Indeed, the breakdown of parenting has actually grown, as have so many problems from crime and disease, hatred.

But it is not our mission to wallow in these problems. Our mission is to begin boldly, forthrightly, to change them. And to no longer feel any twinge of embarrassment to say the name of Christ Michael or Jesus, no twinge of doubt or embarrassment when you talk about the Urantia Book to a friend. The time for timidity and fear of embarrassment is growing to a close and it is time for you to speak forthrightly about what you believe and represent Christ Michael and the Father's love in a very positive way.

You will remember from the teachings of Jesus that, while this is not competitive, aggressive, or angry, nonetheless it is not completely passive either. With ingenuity, and the inspiration of your guides, you will be able to return love for those who try to abuse you. You will be positively amazed when you begin to

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practice these principles, when you have the courage and boldness to actually practice returning love for those who would attack you.

I would say that a word of caution might be in order. I would remind you again, that as you move forward in the Teaching Mission with your individual projects, and with your group networking, that you do so in the same balanced way that Jesus would. You recall that there were some people whom he sensed were beyond his words and would not be receptive. I tell you that this is still the case today. You must pick and choose, but work aggressively, nonetheless. Where there are so many opportunities, so many needs, you can literally choose the one that you feel will be the most productive to you. You have the good sense to realize that some people are beyond your reach.

There is much to do. As free will creatures, you must make decisions daily as to where your inroads are, to reach forward and make a step in behalf of the mission. Listen to the voice or impression inside you when opportunities arise. Guidance will be there. You will know what is right, for you have much spiritual help inside and out, enough to help make these decisions. As you go out in your imaginary white gowns, you will know that we are with you.

QUESTION: *(unintelligible, concerning the return of Jesus/Christ Michael)*

The time is being prepared for his return. There is much to do in the meantime. I hope you are encouraged by seeing that some things are happening. At times it seems the pace is slow. But if you will think back over the past year that we have been together, I think you will see many changes in the world, many changes within the group, and many changes within yourself. I urge you, as you move forward, to ask for guidance, and that guidance will keep you moving in the right direction.

If you see an opportunity, reach forward to take it. Along with being reactive, I ask that you find that particular project which will share your spiritual joy with others.

#41 -- USE A COSMIC PERSPECTIVE TO DEAL WITH CONDEMNED CRIMINALS AND WORLD PROBLEMS

You have a very good perspective based on your study of the Urantia Book. You understand that this lifetime is only the beginning of a glorious adventure. The poor condemned criminal who must be executed must suffer for his crimes and be resurrected on a mansion world where his final disposition will be dealt with by the Ancient of Days. It is true it will be handled there and you should not worry yourself about the problems of the whole world.

It is a very good lesson that you have given us, hopefully reinforcing the thought that day-by-day there are ways that you can make a difference. There is so much need right within your grasp. I would suggest that the big problems not cause you worry, and that you not be so concerned that you step out and work for causes that are truly futile and are not in the spiritual mission.

I should clarify this. Sometimes when the topic is raised there is the danger of misunderstanding. I did not intend to say that you should not minister to the criminals on your death rows with the love of the Father and work diligently to do what we can to give spiritual comfort. Once they pass over, then it is in other hands. To bring a wicked person to the love of the Father in this life is an accomplishment of which to be proud. It would serve this condemned prisoner very well on the other side.

I know that final judgments are made for many reasons, and it is not our place to speculate. As long as your brothers and sisters are with you in this life, you do have an ultimate responsibility to share with them the Father's love if the opportunity presents itself.

... In your broadened perspective, you know that the soul will be resurrected on the mansion worlds and his record will speak for him there. You know from the text that there is still opportunity on the other side to accept the Father's glorious love and repent and continue to survive. It is not our role here to conjecture on who might be saved and who might not. These are judgments that are not for us to make.

HUMAN: I have tried to identify with a person in prison in order to have compassion. How horrible for that person who has turned away from their Thought Adjusters and God's love. They need someone who can find that spark of light within them that they cannot see. Think of the child within them. Help them forgive themselves.

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This is a very beautiful lesson that you have given and you are absolutely correct. We should remember that every person on death row was once a beautiful and innocent baby imbued with the purity and goodness of the infant. And yet life on your troubled world, the breakdown of spirituality, the exclusion of spiritual thinking in your institutions, the failures of your schools, and the failures, most of all, of the family structure, have formed the condemned criminal who sits there in judgment. In many cases, the burden of his guilt is worse than the punishment that can be inflicted.

In these institutions that you have, the matter of judgments continues to come up. I suggest that in your present state you are judging people too harshly, you are finding no inner goodness and you have devoted too few resources for rehabilitation of these people and giving them an influx of love and understanding. Your world suffers from many deficient genetic strains and these people cause many problems that could be avoided by working with them early in a strong spiritual home. This is much of what the mission is about.

The Correcting Time mission is not completely about spirituality on a direct basis. Many things lead into spirituality, such as efforts that you put forth to rebuild families, to minister to the poor and hungry, the misguided. These things are great examples of showing love and brotherhood that are certainly from a spiritual setting but also have a very human dimension as well.

#42 - REHABILITATION IS FAR BETTER THAN PUNISHMENT

QUESTION: Recently in Cincinnati, a fellow on crack cocaine murdered his second mother in order to get her money. I don't have much feeling for him and the jury gave him life imprisonment. I felt he didn't deserve to live. Should I be more forgiving? Do I have a right to protect society and eliminate him? Do you have a feeling on this?

Perhaps not a feeling, but it is a topic I would be ... almost pleased to discuss. This is a difficult question and I would approach it from two standpoints. Yes, you should forgive this wicked wretch, and yes, you should work toward his rehabilitation. There is a great emphasis on punishment of criminals on your world and very little attention to

rehabilitation. Many people say that these people cannot be rehabilitated and that they should be imprisoned or exterminated.

On evolving worlds such as yours, it is your responsibility and your free will choices that build the institutions that do these things. Your institutions are prisons and execution chambers and this is how you've chosen it to be. But as you approach an era of light and life, you will begin to realize that these are not solutions to your problems, but only painful complications. Your prisons have become breeding grounds for evil and your execution chambers do nothing except traumatize the people involved.

Rehabilitation is possible, but not with the skills you have today. We are working ultimately to a spiritualization of your planet. Eventually, a spiritual dimension should be added to all of your institutions. You should not be afraid to mix spirituality and recognition of the heavenly Father with any of your institutions. This will guide you, ultimately, into a framework for rehabilitation whereby people who have erred and committed crimes can be administered in a rehabilitative facility.

Of course, the first place to start, as we've said before, is at birth. From the time a child is conceived, you must have a responsibility to that child, especially through the family unit, which is the highest calling of humankind -- parenting. This is where a lot of problems are prevented. Rehabilitation is an adjunct to this. It is a logical next step. Eventually, you will understand that punishment, anger, and resentment only breed more of the same. When you develop an attitude of love, mercy, and compassion for the other person, you have made true spiritual progress.

I will say one other thing, that your society has the responsibility to provide protection for people. So your police systems, court systems are perfectly justified and necessary. And I would encourage all of you to be extremely careful about your persons and not do foolish things that put yourselves in harm's way when proceeding with the mission.

This is not to say that there are not poor and indigent people, and you should strongly consider trying to help. It is quite a challenge and adventure, and you are left with your beautiful

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personalities and your free wills to make all these decisions. Do you not find it exciting?

#43 - GOD MUST LIVE AGAIN IN OUR INSTITUTIONS

HUMAN: *I would like to know some ideas about how we can better improve the educational system.*

At the present time, I would administer love, compassion, and understanding to the students that you work with. For the long term, spirituality should be returned to the education process, not from a standpoint of proliferating dogma from the various churches, but in finding commonalities -- recognition of the heavenly Father, recognition of each of us as His children and to build life accordingly. This should be the basic message interwoven into any teaching curriculum, regardless of where misguided atheists would take exception. The heavenly Father must be part of your institutions if you are to shuck this legacy of violence and aggressive greed and replace it with spiritual love.

#44 - THE MEDIA WILL ACHIEVE A HIGHER SPIRITUAL CONSCIOUSNESS

So many people unconsciously spend a great deal of time in mindless entertainment that really contributes little to your growth. There are many other choices that could be made that would give you greater enjoyment and joy in life.

You will find in coming years that your people will truly grow and mature. They will become saturated with the so-called entertainment that you now have and will begin to disdain the violence and conflict that is so present in all of your books and films and programs of various kinds.

At present, the thinking is that there is no story without conflict. And yet, as you develop a higher level of consciousness, you will begin to substitute conflict for growth, and you will find truly fascinating stories of growth ... spiritual development. Just as many of you find so much fascination with conflict, so even the face of your entertainment and interests will be changing in the years ahead. Always from your free will choice based on your expansion of consciousness.

#45 -- SPIRITUAL LASSITUDE IS A MAJOR PROBLEM

It is very sad that most of you, speaking in a very broad and general sense, have no interest in your spiritual development. These are not bad people or evil people; it is just that there is no interest in developing spiritually. We will work with you in hopefully kindling the curiosity of many people who are dissatisfied and in various states of turmoil about their spiritual development.

But bear in mind that your numbers will be small, although the contributions you will make in the short term and the long term will truly be great. If you can imagine the continuing expansion and growth of this group in another five to ten years, then you can begin to see what great things can be wrought over this period of time. More and more will become interested.

For the time being, we have learned that the Teaching Mission is, indeed, not the conduit to get large numbers of people involved. Fortunately, we are working on many other fronts as well. Just as we put opportunities for service in front of you, asking that you carefully measure your approaches to these people so that this relationship can be established and bear fruit and your numbers can grow, we also hope that you will take initiatives on your own to bring others into the group.

You all know from experience that you must use a measure of discretion in order to pique the interest of the person in the right way. There are many who are suspicious and distrustful and your approach to these people must be somewhat measured and appropriate.

We have the hope that this group will grow to a moderate number. You need other talents and skills to complement the ones that you bring to the group. Indeed, we also hope that you will learn to work together in a very giving, sharing, and cooperative manner. You must know that you come from different backgrounds and have many different perspectives on what is true. This can be a richness that you can explore within a group, these differences in perceptions. Together, as you learn to work together, you will find the true thread that runs through all of these perspectives. You will discover that most of them run directly to the Father's love.

... I say to you that your role is, as has been said, to plant seeds, thoughts and ideas, and it is not your responsibility to make

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them grow. To use that analogy, very often seeds will remain in the earth for many years before they germinate and sprout into new life. And so it is with some of the people who have been exposed to the Urantia Book and the Teaching Mission. These seeds will eventually sprout and the person will truly find spiritual growth.

Often something must happen to jar a comfortable and complacent lifestyle. It is in the face of diversity, struggle, challenge, and problems that you begin to return to spiritual answers and return to spiritualized thinking. That is just the way it is with mortals. You must have adversity in order to grow. So, many seeds will be planted, many seeds will grow. Some of you, perhaps, will be lost. But have no doubt that progress is being made at a remarkable pace and you see evidence of these things all around you.

#46 - WE ARE EACH UNIQUE AND PART OF AN ASCENSION PLAN

The experiences that you have here as mortals on Urantia can never be duplicated in the universe. Your lives here are truly unique and you should take great joy in the fact that you can begin here, at the very beginning, and work forward through the universe ascension toward true spiritual perfection.

With each unfolding, you will feel closer to the heavenly Father's love and mercy, with a greater endowment of His love and beauty ... step by step through the long ascension career. If you were to change this divine scheme of ascension, you might not fully appreciate each and every experience you will encounter. I can imagine you saying, why I have seen the great beauty and glorious spiritual joy of Havona. And so these other worlds, as beautiful as they are, might not hold the same appeal for you as you have seen paradise. And so, take joy in each ascending experience, for through the Father's divine wisdom, these steps are incremental in your growth to spiritual perfection.

It was truly said tonight that learning requires patience, and your faith and love go hand in hand. So once you begin to feel the love of the Father here, I know you can test that. Your patience has somewhat improved as well as the eternal peace and love that you feel. It is glorious to know that with each step in your ascension, you will feel a greater intensity of joy and love because you are getting closer and closer to the heavenly Father.

#47 - TEACHERS SEEK TO SPEAK WITH A ONENESS

There is a unifying influence on our side, which we hope will eventually be accepted by you as a strong and powerful oneness. We do represent the one God, the first source and center, and so our influences should all be in unison or a oneness with that. And yet we understand your curiosity. You want to know all individual names. You have correctly ascertained that we each have our own personalities. You know that crossing to this side is simply a step to another dimension and level of progress. We, of course, have different personalities, just as you do.

#48 - YOUR INDWELLING SPIRIT IS YOUR ULTIMATE CONNECTION - YOUR ULTIMATE ONENESS

The ultimate communications that you can make is with your Indwelling Thought Adjuster -- the indwelling spirit essence that is, in fact, you. One day you will experience that oneness. At the same time, our influences should be felt and understood as a oneness, so your efforts on Urantia must develop into a oneness, as well. This seems like such a vast distance to that place from where you are. But I tell you that it will come and it will come with deliberate speed.

That oneness could be likened to a beautiful patterned rug that you are weaving of many colors, and you are each threads interweaving that beautiful tapestry, making something quite beautiful by working together and creating something of great strength and foundation. A foundation that all of you can stand on, once your rug is completed. And, perhaps, fly away to one of the mansion worlds.

I'm sorry, but that last comment was partially in jest. (*laughter from group*) I am working on my metaphors.

#49 -- Question: DO THE TEACHERS EXPERIENCE PAIN?

The insight: Increasing spiritual joy awaits us, as we grow ever closer to God.

Not in the sense that I think you are using the term. But if you define this as some sort of suffering, then it is true that we suffer sometimes, especially for the things that we see on this mission. We had heard about conditions on these troubled worlds but we had not fully comprehended the scope of some of the madness

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until we were here. I think that some of the empathy we have borders on suffering, to some degree. But this answer is partly speculative on my part based on how I define the word pain as you present it.

We are truly washed in a truly glorious spiritual joy that continues to be regenerated daily on this side. It is like drinking the water of a cool mountain stream as we go to commune with the heavenly Father each day. We have been allowed to be just a little closer to the heavenly Father on this side than you have and we can experience a somewhat higher level of joy through our worship and prayer.

This is something you have to look forward to, just as I have goals in my adventure that I look forward to. There is always something to reach for and there will always be inspiration at hand to help you achieve this.

#50 - STILLNESS IS BENEFICIAL WHETHER OR NOT YOU MAKE 'CONTACT'

(Responding to one's frustrations at trying to make teacher contact.)

It is not such a matter of trying. It is achieving a release of these troubling problems that can distract your mind. Rather than a condition of trying, it is a rather a condition of release, a wholehearted release that comes from first wanting to have close spiritual guidance with you all the time and the faith and trust to know that it is at hand.

There are things which hamper the communication process. But they can be overcome. Daily practice makes the process more comfortable for you. Should you make an attempt over several days time and perceive that you are getting no results, you are still becoming more comfortable with the process and, hopefully, developing open-mindedness that would perhaps make you succeed on the fourth or fifth day. All the while, you should be gaining real benefits from the daily attention to worship and prayer. At the same time, our communication is somewhat subtle and perhaps you are looking for something more?

I would struggle along as transmitter for the group, concerned that I was able to present lessons with the spiritual depth desired. If I were not a very good transmitter, I reasoned, then

the lessons might be too simplistic. Of course, as noted earlier, these concerns, coupled with humility, was a good thing.

I also grew a little frustrated that since I had taken over to serve this role, others had not succeeded by either commitment or technique to come "on-line." People were getting used to coming to meetings and hanging on the words of Tarkas, and my commitment, my bond of trust, with this loving celestial, was becoming a steady responsibility.

Other groups around the country were by then enjoying the camaraderie of several teachers and transmitters. Their lessons were filling the e-mail discussion groups; conferences were coming together, and newsletters.

My role as the group's transmitter became constant and understood, though I didn't want it so. Validation to me came partly from the fact that there were a lot of other transmitters around the country now, their egos firmly in check, and verbalizing volumes of insightful and compatible lessons. They altogether formed a wholeness that seemed untainted by contradictions. They were delivering the same spiritual messages, even as we checked to insure that one group wasn't simply seeding the same idea all over the country. The lessons and more meaningful concepts were given at approximately the same time across the network.

I longed for more richness of sharing within our group, but was learning that service in this role was not for everyone. Others were embarking and expanding on paths of genuine service too, contributing in their individual ways to making life better. For some, the doubt and fear barrier of serving as a TR could never be broken, or the busy state of their minds, but no matter. We each have our paths of spiritual growth and service and we serve spiritual truths as our time and God-given talents allow. There is much more to do on the planet than to TR or write and publish, and more to learn in so many other areas, from parenting to business ethics to institutional reforms to spreading the good vibes of love every day in every moment to everyone we meet.

Above all, I was beginning to more fully understand that serving as a group TR was nothing special, only a service to the group as Tarkas said that first night. The teachers seemed to be connecting

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and utilizing transmitters who would be least likely to get into an ego trip.

I was also beginning to more fully realize that the key achievement for an individual is not learning to become a transmitter for the group, but to establish that connection for personal spiritual guidance, day after day, through the Stillness, and even hour by hour as we go through our lives.

So I became more or less at ease with serving as the sole transmitter. The rewards of this somewhat solitary service were certainly greater than what I was giving with my time and voice. There was a feeling of inner joy and love from this service, not something to puff up the ego, a useless gesture, but to once again prove the truth of the adage: It's more blessed to give than to receive. And the Teaching Mission axiom -- that loving service given is returned manyfold.

If I had to miss a TR session, and the group had to turn to the Urantia Book that evening, then it was certainly okay. We wanted to maintain a focus on the book and develop a sharing synergy between our two types of meetings. It evolved into a usual four meetings a month, two for reading, and two for TR.

Our sessions continued, each bringing fascinating new layers of insights. The growing emphasis would be answering our critics with love, and turning that love into daily service.

In the next chapter, we'll continue our running list of spiritual truths presented by the teachers, and assemble a group of lessons on personal spiritual growth. From the personal, we'll later move to the latest lessons and insights that are truly planetary in scope -- and even beyond into the local universe -- as the teachers continue to give fuller and varied perspectives on our changing times.

OTHER TEACHERS:

**#51 - FAITH TURNED TO ACTION IS SPIRIT
GROWTH/AFLANA in Hawaii**

Action must follow faith for the spirit to grow. By taking action one's faith is fortified. Have you not seen this? Has not your willingness to step out in faith been rewarded? It always is thus. Faith without action is like a vine that is dying from lack of water. Action is the water that brings new strength and new growth.

#52 - ROLE AND ATTITUDE OF A TR/OREN in Texas, to a novice TR:

Thank you for your willingness to submit your will to God. We, of course, are doing our very best to assist and lead in whatever way we can.

We are completely limited in some ways, not so much in others. That is why your help is so important. By humbling yourself ... your desires, personal wants, etc. ... you open space for God's plan to work through you. It is very difficult at times, especially given the tools (or lack of) you have had to work with on this planet. However, you know what is needed and how to proceed through love and non-ego involvement. Through love... through love.

Leave yourself and your personal (human) opinions out of your interactions; they will always cloud rather than liberate. If you do, indeed, want to be of assistance, it does take discipline and 'self' loss; there can be no other way.

This does not mean you cannot or will not have opinions, only that you realize you need not express them so openly and strongly. Keep much to yourself and watch a situation or person evolve -- only interject when necessary, and only if you truly feel it will be helpful and positive in its content.

Yes, questions are an excellent tool, and you can practice asking questions. Think of ways to introduce an idea through a non-threatening process ... plus allowing another to do their own problem solving. Stop and listen (as you have so often said

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yourself). You see, many have the ability but fail to use it, or else they are not dedicated to God's will.

You have chosen to declare yourself for God, and you cannot continue to put (T/R's own name) and her opinions first. It is something everyone surely learns in their universe career, and yet most wait for some time or until after physical death to understand.

Platitudes abound on your planet -- good intention is mouthed while self-serving ends are practiced. Our goal is to change the balance of the scale -- to help man sincerely work for and build love and right intentions for his brother/sister. The planet is slow to move from awareness to practice. That is why it is essential that you practice what you believe.

It does take effort. You must change a lifetime of old thinking and start afresh. Yes, continue to wash away and throw away ... whenever necessary. Acknowledge 'bad thinking' and mistakes -- they are inevitable and to be expected -- but they cannot be continued if progress is to be made.

Excuses are, after all, still excuses, and the very word indicates awareness of your 'wrong' position and, if not carefully monitored, adherence and a holding-on to these actions.

Thank you for your willingness to look at your position and ask for help. And, most of all, thank you for loving God as we so love Him, and being our loving sister in service to Michael and his most glorious plan. We sing your praises because that is God's way -- He sees love and good in your very being -- in him you grow as He, in you, evolves.

It is truly a conundrum and a puzzle ... and yet the very fact creates the unending circle without which we would not be. You are all in the circle, your position is key as is everyone's -- and each soul you touch, each mind you awaken (or even nudge) helps us all move a tiny bit further along our glorious path.

We are so happy, my dear. Do not fear, the hand of God is on you, as on all your fellow mortals.... some merely sense it more than others. Another mystery that keeps us always wondering, and our existence ever alive and fresh! We love you.

**#53 - SERVICE IS THE BREAD OF LIFE/ELYON in Coeur' d'
Alene, Idaho**

You know, Jesus said, 'I am the Bread of Life,' and he is, and you have each experienced the nourishment of taking him into your soul. Spirit hunger is no longer painful but rather the normal course of receiving his love and peace as well as your lessons for attaining his presence.

I will offer another element to this bread of which he spoke. Your growth is service. It is service to the Supreme; it is service to Michael. The entire realm of the finite is as rising dough, ever expanding, enlarging to become the finished reality it is intended to be by our God.

You are an element within this. If bread were to rise unevenly and remain dense in a particular area, the finished result would be less than perfect. Your soul expansion is necessary to lift the Supreme.

It is important to receive the yeasting of ministry provided to you from your indwelling spirit. It is important for you to receive the kneading provided by your life episodes. It is important for you to receive the resting time of stillness in order to cultivate the spirit within and actualize in your awareness His presence in order to be this presence as you live. It is important for you to be salted with sanity and sobriety to understand your limitations, to carefully guard from fanatical expression and over-rapid growth.

You are each one with our infinite Father. Michael has provided all the ingredients in his realm for you to fulfill the commission of God to become perfect, for you to be able to rise to the occasion.

Be willing to undergo the challenges, the stretching, the poundings that both provide for your upliftment and for the elimination of stages of progress that you no longer need to contain within you. As in your baking processes you beat down your dough, your life episodes that are difficult are as important as is the rise.

When we have accomplished our task and settled these realms in light and life, we will be overjoyed in our accomplishment. The

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aroma of supremacy will be tantalizing to all who enter into our kitchen.

When our schooling is finished we will be able to serve our slice of light and life for all those who were not able to bake with us. Growth is always expansive and healthy when uniform on every level of your being.

#54 - SERVICE -- KINDNESSES DRIVE SPIRITUAL GROWTH/JARED in California

Little acts of kindness are openings to all goodness that is around.

Each act of kindness, of goodness, that you share with another person will help to better this world and allow it to better itself.

Greatness is always achieved by practicing kindness day by day, and by giving in to those small urges of love toward each other that are so often overlooked.

Each person is requested to have faith that each tiny little event they do will provide change. Each little kindness that is extended to another will then extend to two others and more and more.

It is in that manner that changes will happen. There is an effect of one to another to many. Each person is asked to do those little chores, those little kindnesses that will help to change many more than you can fathom.

Trust in our teachings that those little insignificant things that you do that are good and kind and caring to another will be the basis of change. It is hard to afford you to understand, but we ask you to accept on faith that that is our mission, to share God's love and that faith a little, a little bit at a time. It will create immeasurable changes. It will impress you.

.... The mission here is to help people understand that each act of goodness and kindness that they express to another is the basis for great change in this world. We hope that by establishing such direct contact with people, they will become convinced of the strength of these small acts.

There is also no new hatred coming, and as each of you shares with another and overtakes the other's fear, it is then dissipated and does not return. You make great changes in this world, each of you, as you share with another God's love.

OUR PATH TOWARD SPIRITUAL PERFECTION/ The Urantia Book:

#55 - We are honed toward spiritual perfection by the adversities we overcome.

The uncertainties of life and the vicissitudes of existence do not in any manner contradict the concept of the universal sovereignty of God. All evolutionary creature life is beset by certain inevitabilities. Consider the following:

1. Is courage--strength of character--desirable? Then must man be reared in an environment which necessitates grappling with hardships and reacting to disappointments.
2. Is altruism--service of one's fellows--desirable? Then must life experience provide for encountering situations of social inequality.
3. Is hope--the grandeur of trust--desirable? Then human existence must constantly be confronted with insecurities and recurrent uncertainties.
4. Is faith--the supreme assertion of human thought--desirable? Then must the mind of man find itself in that troublesome predicament where it ever knows less than it can believe.
5. Is the love of truth and the willingness to go wherever it leads, desirable? Then must man grow up in a world where error is present and falsehood always possible.
6. Is idealism--the approaching concept of the divine--desirable? Then must man struggle in an environment of relative goodness and beauty, surroundings stimulative of the irrepressible reach for better things.
7. Is loyalty--devotion to highest duty--desirable? Then must man carry on amid the possibilities of betrayal and desertion. The valor of devotion to duty consists in the implied danger of default.

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8. Is unselfishness--the spirit of self-forgetfulness--desirable? Then must mortal man live face to face with the incessant clamoring of an inescapable self for recognition and honor. Man could not dynamically choose the divine life if there were no self-life to forsake. Man could never lay saving hold on righteousness if there were no potential evil to exalt and differentiate the good by contrast.

9. Is pleasure--the satisfaction of happiness--desirable? Then must man live in a world where the alternative of pain and the likelihood of suffering are ever-present experiential possibilities.

Throughout the universe, every unit is regarded as a part of the whole. Survival of the part is dependent on co-operation with the plan and purpose of the whole, the wholehearted desire and perfect willingness to do the Father's divine will. The only evolutionary world without error (the possibility of unwise judgment) would be a world without free intelligence. In the Havona universe there are a billion perfect worlds with their perfect inhabitants, but evolving man must be fallible if he is to be free. Free and inexperienced intelligence cannot possibly at first be uniformly wise. The possibility of mistaken judgment (evil) becomes sin only when the human will consciously endorses and knowingly embraces a deliberate immoral judgment.

-- From "The Father's Supreme Rule."

“It is truly a massive spiritual reawakening that must not be limited to those who would stagnate with the publication of the Bible or the publication of the Urantia Book. The world has changed since the 1930’s, since the 1950’s and is changing rapidly around you now.” -- Tarkas

Four

Personal Spiritual Growth Lessons

1994

As with many things new and strange, the Teaching Mission had its unlearned detractors. The generally conservative Urantia community was especially wary of “channeling” and felt it would detract from study of the book. There were the inevitable fringe dwellers who would say it’s the work of the devil, more specifically Caligastia, our planetary prince who rebelled against God along with Lucifer. They felt the “devil” was still around, polluting our minds with his nefarious schemes.

To those of us in the Teaching Mission, it all became an uneasy test. How could we respond to false charges and legitimate fears in a purely loving manner? Could we put the teachers’ lessons in practice? Was this not our first big challenge as student teachers of truth, beauty and goodness? What would Jesus do?

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Like many other of our experiences, and most of our experiences through life, this turned out to be one for learning and growth. We all worked in our own individual free-will, spirit of God-inspired daily ways to hold faith in our experience and strive to live in love every day.

Some criticized these so-called "new age" religious streams as being cop-outs, too easy. They preferred their judgmental God, one who could get angry and mete out punishments. They preferred to perpetuate fear of both God and evil in our society for debatable reasons that could fill volumes.

The fact was, however, that living in love and devoting time to the Stillness with God every single day can prove to be extremely difficult at the pace some of us try to live. I didn't see anything either simple or easy about the Teaching Mission.

Every written reply I would formulate to our critics turned out to be too defensive, sarcastic and arrogant. Then, on March 3, 1994, Tarkas demonstrated how to respond with a strong, forthright love -- for the truth, and also for the detractor.

**TARKAS: IN DEFENSE OF THE TEACHING MISSION --
WITH LOVE**

#56 - We can respond to critics in a loving way, and learning this is a great lesson.

Several of you are disturbed by recent rigorous denunciations of the mission by several who are among the beautiful and talented and dedicated in your Urantia movement. This poses no problem but rather an opportunity to respond to them in loving kindness as we have instructed and inspired you to do all these many months. You will find in their invalid criticisms dedicated hearts who are working, in their minds, to further the Father's love on your world. It is an opportunity for you to speak about basic teachings of the mission, which are entirely agreeable with what they profess.

We do not, in fact, seek to divide you with your Thought Adjuster. Rather we emphasize strongly that this is your ultimate connection to the Father's Indwelling Spirit in the Thought Adjuster, and the Spirit of Truth, as well. If in our language we say that we are closer to you, this only means in terms of comprehension of our presence. It is difficult for most mortals to reach the deep spiritual inner contact which they so

desire. But through our morontia personalities who are much closer to you, we are able to facilitate this contact and we are quite pleased and overjoyed to do so. Your connection with the heavenly Father is, indeed, the supreme connection.

It has been said somewhat truthfully that the Teaching Mission would follow the final paragraph in the Urantia Book, which urges you to make this contact. This was a strong and positive admonition at the time of the writing. We are here to help facilitate this contact.

It has been said that we do not use Midwayers in the process. But indeed we do, and they are quite valuable in many aspects including the downstepping of highly purified spiritual energies of such intensity that they must be downstepped for your presence.

It has been said that we seek some level of control over your lives. Of course, this is not true. Participation is entirely voluntary. At the outset it was noted that whether you continued with these lessons, you were equally blessed as a child of the Father. We understand that you take many varied paths to the Father during your sojourn here, as expected.

It has been said that we would interfere with your free will choices. This is, of course, not true either. Even the Father respects your free will choices, a grand and glorious gift which he has bestowed upon you.

It can be truthfully said that Jesus did not require our ministrations in the course of his earthly sojourn. Spiritual manifestations of Jesus' life should not be compared to yours. Most mortals today could well benefit from more spiritual guidance, whatever source they pursue.

These loving workers for the movement would tend to divide it one more time and make it a smaller fraction of itself. This cannot be. We must respond in loving kindness and embrace the error of these brothers and sisters in our love. It is a great opportunity to practice the lessons we have had. I commend it to you as one of your first important goals in the Teaching Mission.

I would say further that we have been perceived as a problem in attracting new readers to the Urantia Book. Since the method of

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transmission in so-called channeling, our critics would say that this is a somewhat nefarious practice associated with new age mysticism. I say to you that there is error in new age mysticism, error in perception, just as there are errors of perception in the Holy Bible. But we must stress the commonalities in the considerable truth that we find in the Bible, in the Urantia Book, and in many other works of impact that are even now coming upon your scene.

I would urge you, just as you have not limited your knowledge and limited your spiritual growth to what you can read in the Bible, which is a wonderful book, neither should you limit your spiritual growth and knowledge and development to what you can now read in the Urantia Book.

Do not limit yourself at all. Do not limit yourselves to these sessions in hopes that I will bring you great nuggets of wisdom, which will suffice, in your life. Continue to explore new topics and new subjects. We are not afraid of new ideas even though some may not hold more than a partial truth. We can build upon that truth and we have faith in each of you, our students and citizens of this world, to learn to attune yourselves to the Indwelling Spirit, to the Spirit of Truth, to your Thought Adjuster, and, yes, also to us as we seek to guide you in the spiritual light.

Expand your realm of knowledge. There is much happening and exploding in this world. It is truly a massive spiritual reawakening that must not be limited to those who would stagnate with the publication of the Bible or the publication of the Urantia Book. The world has changed since the 1930's, since the 1950's and is changing rapidly around you now. You observe these things.

Only in the subject of medicine alone can you find many fascinating new topics which will be consolidated with your current medical practice, which is limited, to form a vast spiritualized, and spiritually inspired medical community of the future, not predicated upon business considerations and greed, but rather on universal service.

Some ideas that now seem farfetched to those who would stagnate in one thought pattern are truly worthwhile methods to explore. This new field could be called energetic medicine, vibrational medicine, or whatever you finally deem to call it.

Now you call it by many names encompassing homeopathic remedies, radiology, acupressure and acupuncture, flower essences, therapeutic touch. Many names ... and at some time you will be able to synthesize these teachings into a wonderful new world where you will finally be able to conquer the pollution and corruption that has caused so many of your illnesses.

As you pray for those tonight whose bodies are ravaged by illnesses, for which we truly empathize with your plight, we ask you to rest assured that loving angels and guardians are awaiting all of you when you leave this world.

We are now more active than ever in hoping and encouraging, and sometimes gently helping in other ways to keep you here for quite some time. After all, you all have work to do for the mission.

DEFENDING THE TRANSMITTING/RECEIVING PROCESS

#57 - There is nothing to fear in the TR process; it is simply a technique for communication.

We also had a criticism that the transmitting process is somewhat like channeling, séance sessions ... used as scams. In the first place, the transmission process is not a full trance process. The forerunners of this Correcting Time, and there were a few, relied on full trance to transmit many beautiful lessons which have been the precursor to the Teaching Mission and have taken root with many, with relatively few I would say, spiritual seekers.

Now with the Teaching Mission and the opening of more energy circuits since the adjudication, you can all transmit and all make contact with your personal guides and teachers, accept this personality as a friend who will go with you and share your life to some degree. You don't even have to take their advice but you will find that as situations come to mind they will remind you quite strongly of the Father's love and your beautiful and glorious destiny and our basic daily lessons of worship, prayer, forgiveness, and loving service.

Trances are not necessary but I'll say to you that criticisms of the method miss the point. The point is the message; the method of transmission is almost incidental.

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The method seems quite well chosen; it does not destroy your very positive and powerful position as agondonters, people who believe without seeing. There are some that say that teachers will not come to you in this way, but we find it a quiet and gentle way to join with you in thought and inspiration rather than showy spectacles or acknowledged miracles which at once change your mind-set and deal a somewhat damaging blow to your whole concept of faith and trust in the Father. So, we try to come to you gently in this process, which is quite workable.

On March 18, Tarkas appropriately followed up with a progress report for the group and a lesson on faith. And as we moved on, we continued to expand our list of spiritual truths according to Tarkas & Co.

#58 - SHARING AND INTERACTION IS CRITICAL TO SPIRITUAL GROWTH

It is quite encouraging to see you interacting with one another, sharing, loving, and coalescing. It is appropriate to say at this time that this is a very important development, perhaps equally as important as listening to my words.

You have many talents to share with one another. I would remind you that members of your group do have special talents of healing, visualization, and in many other areas which are growing in them. It would be a wonderful idea for you to spend more time with one another, sharing and enjoying each other's talents.

All these things work in unison, in harmony. You learn by reading your Urantia text, you learn through a Course in Miracles, you learn by many other beautiful works which are being created by humans, partly through our inspiration, with a great deal of cooperation and teamwork. You learn from one another, and hopefully you learn some different perspectives that we bring to you.

#59 - FAITH IS A THRESHOLD TO MANY GREAT EVENTS

My thoughts tonight are on the subject of faith.

As a transmitter, when these words came to me, I was mildly surprised, taken aback. Ordinarily, the teachers would work me gently into the topic they had in mind. They knew I would be driving to work for 20 minutes or so each morning, and that was the time they chose to nudge

me with insights and perspectives to help put me at ease. I disdained the radio and looked forward to these times.

But tonight, I had no inkling this would be the subject and I knew that I had absolutely nothing to say on it. It didn't keep Tarkas from continuing and it was yet another in a long series of validations that helped me develop my confidence as a transmitter, thereby my efficiency.

We have talked about faith many times as a cornerstone of your evolutionary religions and as a cornerstone of our teachings. Faith is the threshold from which many wonderful things emanate.

You are most familiar with faith in the heavenly Father as the foundation of religion. I ask you to expand your thoughts on faith beyond this sense. While it is not mandatory that you have faith in many things that you see in your world, it is not a prerequisite for anything, nonetheless, when you exhibit and show faith in your brothers and sisters and in your ability to make positive, spiritual changes in this world ... when you show this faith and act upon it, you will be blessed, rewarded, and you are truly on the path of the Father's light.

We have talked about the uselessness of reciting the many problems of your world. This is a quagmire of which many cannot escape, somewhat exasperated by what they see each day in the media as they record the horrible, miserable circumstances all around you. It is difficult without engaging in the daily stillness to overcome your feelings of hopelessness, skepticism, and cynicism at the things around you.

But I will remind you that the Father has utmost faith in each of you, knowing the inherent goodness of each of his creations. This is a fact that you sometimes forget. Christ Michael always exhibited a great deal of faith in his brothers and sisters he met and administered to on this sphere. Would you not want to share this faith? Would you not want to develop this feeling of faith in your brothers and sisters?

There is this kernel of goodness inside each. As you move forward in your development, I think you each are beginning to perceive this goodness, this innate spark of the Father, and taking a more tolerant view of some of the wrong things that you see your brothers and sisters doing each day.

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Do you have faith that the Correcting Time will be successful? Do you have faith that your small group will grow in strength and purpose and be able to make a positive contribution? Do you have faith in all your brothers and sisters, that they will rediscover this goodness inside and begin to develop their spirituality? I would encourage you to discard these feelings of skepticism, doubt, and cynicism and begin to show faith in yourselves. In this faith will come a strength of purpose, a higher level of trust and love and joy. It is truly a building block upon which great things can be accomplished.

#60 - SPIRITUAL MAGNETISM IS REAL -- AND ACHIEVABLE

Individually, this is what we aspire for each of you ... that you will feel the love of the Father each moment of the day. People will be attracted to you because you will have a power that is quite magnetic. They do not quite understand it but they will be drawn to you, and you, as you develop these skills that you speak of, will be able to reach into your mind and bring the right answer, the right beautiful advice that this person needs. It is our wish that you have this knowledge and this power at your fingertips, so to speak. You will develop this as you become attuned to the spirit leadings inside.

I know all of you have had these somewhat dramatic impressions of higher thoughts, beautiful thoughts, joyful thoughts, and ideas which are even quite surprising to you -- insights that lead you to a higher level of spirituality. These can come at any time during the day or evening.

Eventually, as you develop as teachers, you will be able to call upon these impressions and ideas and they will actually be not exclusively from us, not exclusively from you, but rather a cooperation of spiritual impressions. There is only one true message of love and from there, truth, beauty and goodness. And so we, whether humans or morontia teachers or high spiritual beings, are teaching basically the same thing. There is one overriding message. Once you have this message, you will be able to teach it, we will be able to teach it together. You are making strong progress; it is quite commendable.

#61 - THOSE WHO NEED SPIRITUAL GUIDANCE WILL BE

GUIDED TO YOU WHEN YOU ARE PREPARED FOR SERVICE

QUESTION: As you become a better teacher, are more people brought into your world so that you might be able to have contact with those who are ready to receive teaching? I know that angels and other personalities bring people into your life for particular reasons so that you can get truth from many different places. Does that involvement increase so that you can become a better teacher?

Yes, as you are prepared to teach, we would, of course, look for opportunities to bring people before you in the confidence that you would have the abilities to help this person. You may even find that some people, surprisingly, literally throw themselves across you, asking for help without realizing it. You are the person then who has the power to provide that help. They are looking for, all of you are, for love, security, friendship, support, and some higher measure of spiritual knowledge.

As we work with you, we always endeavor to allow you to express your own human thoughts and spirituality. They are quite good and quite valuable. When the time comes that there is a different question or situation which you cannot handle, we will be there promptly to inject strong impression or insight in your mind for you to call upon and use to help that person. That way it is a collaborative effort between human and teacher, and this is the way it should be.

Teamwork, this working together, is truly the key to the Correcting Time. It is your free will decisions and your actions in this material form that drives everything. We are here to inspire, instruct, educate and encourage. You can see that we are quite limited in what we can do. Perhaps you are limited as well, but together we have strength.

62 - WE SHOULD UNDERSTAND THAT THERE ARE DIFFERENT LAYERS OF SPIRITUAL CONTACT

The key realization is that, as we have said, the teachers, for the most part, are rising ascending morontia personalities who have simply crossed to the other side and would reach back with a helping hand and what advice we can give. This communication, therefore, could be considered somewhat a surface level or active alpha thinking, a higher thinking plateau

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as compared to a deeper, ethereal, subconscious or unconscious state.

Seeking deeply, you may only find darkness, whereas the teachers are very real, very close to you and quite capable of communicating to you through the day and normal activities. The deeper, heartfelt closeness that you feel with the Father is the deeper communication with your spirit. This is a depth which your teachers do not reach into. This is the domain of you, yourself. For, what is your identity? You talk about past lives. Yes, you have had past lives. But, who are you? Are you a body? Are you your mind? Are you your Thought Adjuster, your Indwelling Spirit? Who are you?

Identify with your spirit and you will establish this strong, loving, deep relationship with the Father himself who lives inside you, each of you, each of you. No matter your standing, no matter your degree of wealth, position, power, understanding, knowledge, piety, God lives inside each of you. This heartfelt experience of communication with this deeper, higher, truer, realer self that is you in great degree, is differentiated in teacher contact. We are more on a surface level. More like you; more inclined for ordinary conversation, ideas, insights, lessons, questions, to communicate with you.

Your Thought Adjuster is a deeper, more brilliant feeling of powerful, Godly light. We are quite encouraging of developing this deep relationship, as is your text. We work with you on deeper levels and our purpose is the same, to bring you to God. When we bring you to God we bring you to the Stillness, the inner reach, to the God inside.

Several in this room already have made impactful communication with your Thought Adjusters. And these feelings of confidence and faith and love exuding upward and outward from each of you is this expression. Do not make too much of talking with us. We are your friends, and we truly know a great deal that will be useful and helpful, inspiring to you in your quest.

63 - HUMANS CAN MAKE PEACE WITH THEIR EGOS - AND TRANSCEND THEM

HUMAN: Tarkas, I've got something on my heart that I've been meaning to ask but never asked, and that's the question of the ego in

the mind. I've been wondering if all of the beings on other planets also have egos. Do all ascending mortals, humans, have egos in their minds? I've never asked the question and I always wondered how that is and when we cross over what happens to the ego?

In most evolutionary worlds, although we do not speak for all, evolutionary will creature's first obligation is survival and the achievement of power. The ego is quite useful in giving you the strength and perseverance and self-interest and self-reliance that leads not only to survival but a level of control and power over your environment. Also, evolutionary creatures use it to exert power and control, sometimes deleteriously over others.

The ego is quite necessary to bring mankind to a sufficient evolutionary level on most worlds just as even war, conflict, and economic competition serves useful purposes of various kinds in the evolving structures of civilization. But as all is evolving and changing, there comes a time when the ego must be put aside and the realization of your greater spiritual identities, that you are not, in fact, an animal self, needful of ego's territorial competition in the exertion of power and control over others. These simply are not necessary to a faith child of the Father.

And so, it is the challenge of humankind to use these tools of ego, even fang and claw and weapon, to reach a certain status where survival is guaranteed and civilization is ready to take a new step. That step to realize your spiritual essence involves a shucking of animal-like tools, behaviors, aspirations, and gratifications, all put aside to a higher spiritual purpose, your true realized identity as a spiritual child of the Father and not a material creature. Is this clear to you?

HUMAN: Yes, I guess my question was along the lines of, when we get to Mansonia, does the ego then just fall away or does it become less and less in your spiritual progression, or just doesn't exist once we are on the other side?

For a fruitful ascension, the ego diminishes, shrinks and evaporates away. It is no longer necessary to immerse oneself in falsity of pride and conceit and self-exaltation, for these things are almost laughable in the spiritual context, would not be used for self aggrandizement and persecution of others in light of the true loving equality of the oneness of all.

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We come to realize that sharing, giving, loving, generosity of coalesced personalities are far preferable than competitive egos holding sway to the cause of self-pride. The ego literally disappears as the child aligns their will with the Father, accepting the honor of being a child of the Father and giving respect through loving service to all other brothers and sisters. Then this environment, the absurdity of prideful ego and self-aggrandizement, becomes meaningless.

Still there could be lingering ego problems in Mansonia. For, as you pass through to the other side, you are still very much the same person. You will still wrestle with personality problems that you wrestle with here, with a major difference now in the full knowledge of your eternal ascension, and patience and joy that these lessons are available to you to learn at your own pace.

The lessons of Mansonia will come quite pleurably, for there will not be a finite deadline structure put upon your learning. Truly, however long it takes for you to learn the lessons of Mansonia will be a joyous experience for you. You are no longer bound by time and space and so, the matter of learning can be quite a joyful experience.

... The ego is a function of the mind. The mind goes with you to Mansonia and vestiges of ego questions that have not been resolved will go with you so that you may learn them there. We will not miss an opportunity for you to learn even if you have to take a little extra baggage with you from this human life. You will shuck it in time. Ego will shrink to nothingness in time as a tool no longer necessary. But this is a mind function and you will have much the same mind, modified and somewhat enhanced when you are reunited and re-materialized in your new morontia body on Mansonia.

HUMAN: *Why do people have to have such big egos?*

Without the gift of ego, evolutionary will creatures would hardly survive. There must be this inner fire in evolutionary beings that give them the strength to survive, control their environments, and control their situations.

The earth is a pure and beautiful garden. But to wrest from the earth the means of livelihood and survival can be a very exacting experience. But you are not in such a light in this advanced society where food is readily available, where dangers of death

are not lurking. And so, in time, mankind must put away evolutionary tools and rise to his true spiritual identity.

To a follow-up question on the difference between "brain" and "mind"...

The brain is the physical structure within which most of the mind resides. It is your mind combined with your soul comprising your personality which will survive and be carried forward in your ascension while the material body dissipates away. Your mind is, in fact, a somewhat borrowed feature of your human life. It is being constructed or carpentered as you live and as you grow. This mind expands to become your own individualized and special endowment. And so, yes, as part of your personality, your mind, your own particular mind goes with you and continues to grow and expand.

#64 - THE SPIRIT OF TRUTH HELPS YOU DEAL WITH THE DIVERSITY OF SPIRITUAL PATHS

Do not let the myriad of approaches be distracting to you or raise questions of authenticity. You will know the truth as you access the inner strength of conviction that is the Spirit of Truth, and those who have various approaches to the Correcting Time, the spiritual awakening, or by whatever perspective and denominated title it goes by, know that much, very much is from the celestial sources who literally clamor to work upon your planet and the field of spheres involved in this reclamation of the rebellions and defaults and myriad aborted shortcomings of your evolutionary path.

We would work with all humans on your small planet and do so through every known means, utilizing every qualified volunteer who comes and asks to work towards spiritual upliftment in these spheres. And so, you learn by different means, by different perspectives, and in turn, put your own perspectives and radiate accordingly; each understands, each receives in his own unique way. And so is it any wonder that all individuals, all institutions, all of all ... all of everything is involved in this spiritual awakening.

You will hear many points of view. The more you study them the more you will understand that the root truth of all is the establishment of a personal religion centeredness with God, that brings you in mind, spirit, and body balance to love successfully

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and fruitfully, in the realization that the radiation of love is the lifeblood which energize all and brings forth all manifestations of truth, beauty, and goodness, which will sweep your world in a quickening and increasingly rapid pace in the coming months and years.

Much will be happening. Much which we would not lay hand of prophesy for the future is indeed made by many free will decisions; many plans intricately made and then anxiously awaited to fruition. Even on our side, the future is not cut and dried, my friends. It is being made, and you, indeed, will have a hand in making it. Perhaps Abraham will speak to this or answer questions accordingly.

My other comment had to do with the mention of harmonics, and know that this is indeed one such way with which we help humans to get into spiritual receptivity through the opening of circuits that will enthrall and enhance the receptivity of spiritual knowingness within each of you. And so, music and art and verse, philosophy and science and religion and many things will be part of the Correcting Time, the exciting time that lies just ahead.

In addition to the lessons and Q&A sessions, the teachers often simply offer up prayers and worshipful meditations, exercises in feeling rather than thinking, as we strive to balance our right and left-brain activity. I was beginning to understand that there are things to "learn" and things to "know." And I was beginning to open myself to simple, blissful acknowledgement of the Father and our exciting adventure here in the flesh, the wonder of all around us, the glorious ascension path, the beauty of the feeling of the moment. Tarkas joined with us:

TARKAS - Affirmations

Father, we reach up to you and manifest and magnify your presence in this room. In this loving circle of friends, join us in your magnificent and intimate love for each of us, as we share our love with you.

In worship, we love you. In prayer, we show love for our brothers and sisters. In forgiveness of all, we show forth a powerful transforming love of Michael ... Jesus. In our service we radiate love, we honor all creation, recognizing the

magnificence of the plan, the magnificence of the beauty once we reach the top of this majestic mountain.

.... I can feel and enjoy the resurgence, this exuberance of energy that continues to transform and bring you to light and life. You are part of these quickening times, of these exciting and transforming times, as you begin to form a whole new concept of the truth, of inner religion, the church within each of you. The religion within each of you ... and that religion is Love.

In the Stillness daily you will find, you will bring into yourselves a powerful conviction of faith, this exuberant burst of energy that lightens your step ... heightens your mind.... shows the light upon the path to God.

TARKAS: Closing Prayers

The Power of God protects us.

The goodness of God permeates every pore of our beings.

The plan of God carries us to salvation.

The purpose of God for us is a glorious adventure and free will and ascension to perfection.

The love of the Father sustains us.

The mercy of the Father gives us comfort and security.

The compassion of our Father brings tears of joy and feeling to our eyes. We love you, Father, we come home to you. Good night.

Father, our love surges beyond our mere human form.

Above our ascending morontia forms.

In the formless, timeless, glistening brilliance of pure universal love.

God, oh Father, you are love.

You shine love upon us all.

May we feel ever more strengthened in your inner presence as we walk with you each day.

Shalom.

As we remained open in love and faith to the teachers, the spiritual energies manifested in various personalities visiting with us, expanding our panorama of celestial personalities. Welmek visited from Indianapolis frequently. Whenever we requested a specific teacher, we would eventually be obliged.

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Elisha often came through first with an artistic expression, such as:

*Love streams, living waters of love
flow upon the bedrock of our souls.
Glistening, rushing, swirling, brightening,
we drink all that we can hold.
And in this light of living waters,
we reach to friends to hold
in love's embrace, in quickening pace,
in faith that the race will be won,
one day as the Father foretold.*

65 - WE CAN DISPEL FEAR FROM OUR LIVES

TARKAS, WELMEK & ELISHA /A discussion on FEAR, EVIL, HITLER

HUMAN: *Tarkas, in this group here tonight, there has been discussion about the need for prayers of protection. Protection against evil beings that somehow have the ability to interfere with our spiritual progress as if there are beings about that we are to fear or that somehow are out to do us harm. Could you please address that issue tonight?*

TARKAS: I'm not at liberty to speak at great length but to say that none of you are threatened by these rebellious spirits. However, they may be considered personalities who've gone astray, who are addicted to fear. And fear permeates too much of this troubled world, indeed, it is the cause of great pain and suffering. Fear shatters the control of ego. Fear brings forth an irrational mind. Fear brings forth twisted emotions and yet, there is nothing to fear.

Additions to fear brought forth by these children of Lucifer can still be given power in the minds of the lost. And there are many here who are still influenced by these apparitions that have no substance. It is the mind of mankind that can give a seeming reality to what does not exist. Evil is a fabrication to help in the growth and learning experience of the Father's creation.

In God, you have the power to evaporate all these things, not bring them forth, not manifest them. Not honor them, not indulge them, not tolerate them. Bring forth light. We will bring forth enough light to recall and reclaim a number of these rampant spirits and they will be brought back to the Father's

service, or made as if they never were in the vast changes of the years immediately before you, and you have a hand in all of this.

As fear is dispelled, love and radiant service will take its place. We give evil no power; we simply dismiss it as a learning tool. Something to choose against in using your free will to choose the truth. Has this been helpful?

HUMAN: Yes, very helpful ... (words unclear)

WELMEK: May I add to this discussion? This is Welmek. Greetings to all of you. Let me ask you, my friends. But first, I say I concur with all that my brother Tarkas has said, but I wish to illustrate the point in a slightly different way. Tell me, who on your world do you believe has been the most evil person? Give me a name.

Hitler.

WELMEK: Yes, Hitler. You are now to imagine yourself in the presence of Hitler, and Hitler is asking you to kill women and children and men because he thinks this will improve the planet. Would you perceive this as an evil plan?

Affirmative expressions.

WELMEK: And what would be your response when you are asked this question?

You're not allowed to repeat it.

WELMEK: Well, I assume that means you would say "no." In perhaps an expanded way, but you would basically say "no." You have now been presented with a thought of the most terrible and imaginable evil, have you not? And did you resist? And does this Hitler have power over you? Can he force you against your will to do what you do not believe is right?

Then my friends, realize that these so-called rebellious spirits, these devils, these ghosts, all of these, for the most part, imaginings that you have, they have no more power over you than does this human named Hitler. What has power over you is evil if you let it. Whether the thought comes from a human or someone out of your visual range does not matter. Naturally, because you cannot see me or these other beings you assume

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that we have this great power over you and can do these things to you. Let me assure you now that from wherever evil comes, whether an evil thought comes from a visible or non-visible source, does not matter; it is still evil and it is your free will choice to access or resist it.

Do not think because someone is not in a human body that somehow their evil is more powerful. Evil is evil. Thoughts can be sent through the mind circuits but you have every control to resist, to not embrace it, and in fact, to return the evil thought with a loving thought.

Do not be so afraid of what you cannot see. The Father is with you, your angels are with you. But even so, they do not tamper with your free will. So, the answer to your question, my friends, is quite simple: If you do not wish to engage in evil, no one, human or otherwise, can in any way force you to do this. Do you understand my message?

Affirmatives.

HUMAN: *That is the most clear example that I have ever heard in 38 years.*

TARKAS: Did the Father himself choose not to interfere with your free will? He would certainly not allow evil to do so.

HUMAN: So no one can eat my eyeballs right? If I don't want them to?

ANOTHER: We weren't talking about that, now. (laughter)

WELMEK: Your movies, your horror pictures are really much the result of appealing to a more primitive mind state, a more primitive level of evolution. Your ancestors shortly after the dawning of their consciousness, shortly after their becoming human, were as little children. And do not little children fear many things? Do they not have nightmares sometimes? Are they not unsure of what they cannot understand?

It is time that you mature. It is time that you put some of these more primitive imaginings behind you. Utilize your faith. Utilize what you know, that a little good is far more powerful than much evil. What is it that you are so afraid of? Again, no one will force you to do anything that you will not wish to do.

Therefore, if you wish to indulge in all of these imaginings, you have the right to do that but it is your choice. You choose what to believe do you not?

Affirmatives.

WELMEK: So choose, my friends.

HUMAN: *So are you saying that is the same as being harmed by children who are being kind of very destructive in the neighborhood, in the community? Instead of, even though you see it, are you saying to tell yourself this is not happening so that it will change?*

WELMEK: No. I am saying that no one can force you to participate in this evil. I am not saying that others do not sometimes commit evil actions. When this happens you must choose how you will respond.

HUMAN: *So if it's actually happening to you, how do we respond? How should one respond?*

WELMEK: How did Jesus respond when they cursed Him and spit on Him and nailed Him to a cross? What is it that you are afraid of? Are you afraid that you will physically die? If you are afraid that you will physically die then attempt to remove yourself from these situations. But understand that there is nothing that can destroy you, your soul, your spirit.

Pray for those who commit evil. Pray that they will find some love. Make every effort that you can to extend love to all that you meet so that love dominates the thought streams rather than evil.

HUMAN: *In that way you permeate the energy of love and lessen that evil energy somewhat, right?*

WELMEK: Yes, a vacuum will be filled with fear by primitive minds. As you grow and as you learn to trust in God, as your faith in God and in your love of the universe increases, you become transformed. You emit, you send your love and your positive thoughts into the mind circuits, into the energy.

In time, this positive thought, this love, will permeate the energy, the thought streams, the mind circuits of your world and when evil thoughts are emitted, they are short-lived because no

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one is responding. Evil only succeeds when others accept it. -- Do you understand my distinction, that we are talking about the difference in your mind in your soul resisting evil? It does not mean that people on your planet do not commit evil actions, for clearly they do. Have I confused you?

HUMAN: *No, I'm trying to understand how to think differently when something is being done to me personally.*

WELMEK: First of all, always understand that evil is committed by those who usually do not know a better way. Those who have not been brought up with love, live in fear. They do not know the proper way to act. They do not know how to love and so they flounder and they commit all kinds of actions, sometimes to get attention, at times to experiment. When others treat you poorly, realize that in their growth and their development they have not learned a better way. Look at it as an opportunity to show them a better way. This is the meaning of turning the other cheek.

I do not say to you that if someone attempts to shoot you, you do not have a right to resist this. Clearly this is your choice and this is your option. Do not misunderstand or confuse my meaning.

ELISHA: This is Elisha.

Greetings from the group.

ELISHA: We bring our ministries increasingly to the home. How many homes teach fear? How many homes instill fear instead of love? How many homes teach children that the world is an evil place? And they must fight to survive and be suspicious and distrustful and clever to overcome those who incessantly would overcome you. We must not teach these things to our children and we feel that they are our children too. There is so much to do. Thank you.

HUMAN: *I think the home is where things start because sometimes when nice people work 40 hours a week and are tired when they get home and mean well. But 40 hours a week in the care of strangers who are nice but nevertheless are not connected to them emotionally. But the teaching that doesn't get taught is almost as great a fault as the teaching that gets taught in a wrong way. I think that forgotten children have a big hollow space that they try and fill with all kinds of misguided things and I feel sorry for those kinds of children who are*

neglected, as well for the teaching that hasn't been taught, and filled up with all kinds of things themselves.

ELISHA: Lack of love leads to despair and hurt and anger and striking back blindly, unknowingly, in their suffering, in their ignorance. If you were victimized by those who would wantonly destroy and had the opportunity to address them, what would you say? Would you chastise them and threaten to punish them for the stupidly destructive act? Would you ask them from where the hurt came that would induce them to do such a thing? Would you ask them to share the hurt and pain that leads to the misunderstanding of destroying things? In loving reason people can be led to the light. If you would have the opportunity to confront them. Unfortunately much, very much is done in the darkness, not in the face of light in which you could confront these angry souls and help them. But these opportunities will come.

#66 - TARKAS/STRUGGLE IS PART OF LIFE, BUT DO IT WITHOUT FEAR

As you struggle in this world for an enlightened viewpoint, and through putting aside the senseless fears which Elisha hopes to make you cognizant of, then struggle can be quite rewarding. Triumph over adversity, over challenges, over obstacles is truly the satisfying elixir of the universe. And on the other side, on our side, you will find that the bad connotations which you've attached to the word "struggle" are not valid, for you will struggle in the absence of the fears which you must encounter on this troubled sphere.

You would have it no other way, for without adversity there can be no triumph. Without the threat of loss there can be no victory. And you know these things from reading your text.

Bakim then sought to expand our perspective on the universe of universes.

#67 - BAKIM/A COSMIC PERSPECTIVE HELPS PROVIDE PEACE OF MIND

Good evening, beautiful ones, this is Bakim, I wish to join Tarkas in hoping to help you visualize to understand the lesson that we would bring to you.

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You know from reading the text the immensity of the creation. And yet, children, while you know these things, you are somewhat bound by the perspective of your material body, your mind, and in your sense very often you see this as the center of all of your universe.

I ask you to join me now in a new perspective. You are no longer one of millions of material creatures from your planet. You have graduated to the other side. What has ensued? Some persist in believing that by crossing over, life is suddenly in perfect balance, well-rounded and you truly know and understand all of the secrets of the universe. This is not true.

You have passed to the other side where you continue your ascension, and you indeed look back at your side and wonder at all of these strange, weird ideas that you have about the afterlife. Some obviously formulated as a form of entertainment. But you do not truly see that we on this side have so much in common with you on that side.

I ask you to visualize yourself still as the center of your life, as certainly you are. But now you see things on the enlightened perspectives of Mansonia ---and you see all of the many worlds, vast numbers of personalities of many kinds.

Now your perspective has truly changed. You now look upon your world of Urantia with different eyes. There, as humans, you endlessly sought uniformity, and came to understand that this does not exist. For if we are to come and help you, what do we find?

We find as many separate free wills as there are personalities. We see as many minds as there are personalities. They range from wealthy to the abjectly poor. To primitives in the jungles. To the most wealthy and elite in the highest circles. And so how do we work with all of these people? All of these separate goals and personalities and minds? There is the complexity.

Even in a class such as this we find no uniformity. We find personalities who have moved in many directions and are each in their own place. You can see the immensity of the quest to bring together all of these separate personalities, these separate, beautiful, loving children of the Father, to the Father, to realize the supreme love of the universe that is the Father

And so with each of these free wills then, what element of control is there from our side? Indeed, there is none. And there is a great sensitivity in this mission not to do anything to manipulate or even to appear to manipulate those free will choices.

And so this gift is quite immense. It is yours. For all your life and through the ascension plan. And is it not true that we on our side will have the same free will? We each would have our own personality. We each would have our own mind.

Why would you feel that we were different? And why would you feel that your teachers are infallible? Ascended masters. Some have indeed felt us unworthy to teach, for they feel that they have progressed far in their studies and would prefer to study under ascendant masters, that we might be termed as graduate instructors. This is fine, for these are indeed free will choices. Each will make their own choice and follow their own path. This is well and good.

But I say to you that there is much in common on both sides. And we have made decisions involving this Teaching Mission and the Correcting Time to the best of our collective knowledge. Some have been proven correct and fruitful, and some have been less than desired.

But we wish you to understand that your teachers must also triumph over adversity, problems, obstacles and doubts. As you expect in working with so many different free will creatures. And in this free will universe there is a bustle of activity which you cannot imagine.

Sometimes you see the mansion worlds and the celestial worlds as highly regimented, under strict administration and control. This is a perspective that you would do well to modify. For we on this side continue to struggle in the ascension plan, and continue to make decisions. We continue to search for triumph over adversity. And so with this enormous task, how can you turn this to something much simpler?

I say to you that oneness in the Father's love is the powerful loving energy which brings it all together. You cannot possibly know all that you aspire to know or do all that you aspire to do. And so we ask that you have faith, and love the Father and trust that you will be given knowledge as you can receive it.

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And, incrementally, you will continue to grow daily as you can, as you are able, understanding more of the truth, appreciating more of the beauty, and exhibiting more of the Father's goodness through your own personality.

The Urantia Book synthesizes a great revelation which also makes this enormous universe much more understandable, another centering force by which you can build a foundation of strong and firm and true knowledge. These are the tools which you have been given. And you are continually disconcerted by the fact that even in Urantia Book groups there are many who disdain reading the book although its acknowledged as a great revelation. Then why would you not read the text?

I may draw an analogy to what we have observed in your educational institutions. In college, perhaps you attended courses where you avoided buying the text and yet you would admit that had you bought the text and read and studied it thoroughly you might have learned a great deal more. But you were in a habit perhaps, as many are, of going to class, listening, taking perfunctory notes, and studying for a test. Outside the classroom, outside the Urantia Book meetings, outside your church services on Sunday, what do you do?

Do you live the teachings? Do you endeavor to live a beautiful, loving and spiritual life? Or are you giving a partial effort? It is disconcerting from the standpoint that many of you for you still have serious questions and doubts, and the answer is immediately at hand.

As you know by now we are not here to teach lofty principles or discuss the many facts, the insights in the Urantia Book, but rather to work with you in somewhat narrow parameters, to engage you in the living of a beautiful, loving, spiritual life each day, so that you may feel the joy of love and radiate it around you.

And so the complexity, the massiveness of the vast number of questions of all the universes are not yours to know now. Be patient. There are many glorious years of ascension ahead of you. Do not despair that you don't know. But revel in the challenge of knowing. The challenge of seeking, of finding.

And if you will center yourself in the father's love, you will find him already there, and your lives will be gloriously blessed.

#68 - WELMEK/DECISIONS AND CHOICES ARE SPIRITUAL OPPORTUNITIES

And it is by your decisions that you move forward. Each day, you do not really look at most of your encounters with others as a monumental moment to make a faith decision, but yet, all of your decisions throughout the day are important. As you grow and as you develop positive spiritual habits, you will find that you will be responding to people in a more positive way, and this has become a habit. But it was your earlier decisions to decide that this is the way you wish to learn to respond to others that led to this spiritual habit.

All of the things that you do, all of the ways you react to people are choices that you are making. Understood they are not always conscious choices. But, when you find yourself reacting in unconscious reaction patterns that are negative, then that is your sign that it is time to surface that behavior, to look at it and to choose a better way to respond. Those who live beyond your world in the universes on high, they respond with love and compassion and understanding and patience and wisdom.

And so, as you progress, these are the lessons that you must master, for to live on those levels you must be able to live and respond in the same ways. To make your world a better place to live, to contribute what you can while you are on this earth, begin now. Begin to master what you call the fruits of the spirit, because if you learn to act in these ways, others will see the better way, and the more you learn now, the quicker will be your progress through the different levels of the universe. But you cannot move on until you are prepared, until you have mastered the lessons of how to act and behave with those who live on high.

#69 - WELMEK/YOU SHOULD INDEED LOVE YOURSELF

(responding to a question) I would say there is great confusion with this concept of loving yourself. Let's look at who yourself is. You have a personality, you have an Indwelling Spirit, and this personality and this Indwelling Spirit communicate through the mind. And as you grow and as you learn, your spirit is taking the positive qualities, lessons that you have learned and

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mastered, and it is reconstructing your soul. And it is this soul that will carry on upon your physical death.

Now, when you say that you should love yourself with all of your faults, it means to love yourself but not your thoughts. It is not okay to say that I am, I grow angry with people and I strike out at people, and I am not suggesting that you do this. I am simply giving an example, because this is not good and proper behavior. So one must look at these actions and say they need improvement and I do not like them. I do not want them to be part of myself.

But yet, at the same time, you know your future destiny, you know you are indwelt by a spirit of God and you know that God loves you. This self, how could you not love. How could you not love the opportunity to have the destiny that you have.

So, to love yourself is to be patient with yourself, to recognize that you are not perfect, that you have an eternity to grow and so, yes, do not be so hard on yourself. But at the same time do not make the assumption that to love yourself is to love all of the improper behaviors that you have not mastered yet.

... All of you in this room are growing. And what you describe as the recognition when you falter and the decision to try to do better is exactly what you need to be doing. And to keep this perspective, to keep this attitude of loving what your potential is, but yet, to continue working on ministering these faults is a well-balanced and proper attitude. I encourage all of you to continue this process, for this process will help you grow and master the lessons that you need to.

You have all made progress and I commend you for this. Just the fact that you are here, trying to learn more, trying to make a greater effort, trying to understand your true nature and to find the Father, is something that many of your brothers and sisters do not do. You are already ahead of the game so to speak, and I believe that all of you feel inside that you have made progress, and this progress will only continue and much, much will be added to you.

Gradually, you will understand more about yourself, about life's situations, about other people. And you will wonder because you will say, "I have not studied psychology. I have not studied many things, but yet I seem to know more, I seem to understand

more, I seem to have deeper insight into life and others." This is what is added unto you for your efforts. You will grow in wisdom and insight as you continue to seek the Father, to ask for His love, and to love Him in return. You need fear nothing, my friends, for your place in the future kingdom is already assured.

#70 - ELISHA & WELMEK/WE ARE GROWING TOWARD PERFECTION

ELISHA: One of these days, children, you may be called to help the Father work on a world just such as this, with troubled mortals just such as this. You will know what it is like. You will be able to teach. May I say that you are now working in unison, cohesion with your Indwelling Spirits -- to construct, to build a new and superior personality that will survive, a mansion, a home, where you and your Indwelling Spirit will live together, coalesce, fuse as one.

Love this personality, love this mansion that you are building for your personality survival, the finest personality that you can develop here on Urantia. Then in safekeeping, that personality will be carried to glorious resurrection for your use in continuing your ascension, with a superior body and with a great impetus and knowledge to continue the quest. This is what you love, this pure personality that you are building for survival. As far as your failures, this is your opportunity to forgive your failures, learn from them and aspire to do better. Thank you.

... Your attunement with the Father becomes stronger each day as you consciously exude and feel and seek to radiate a deep loving compassion and respect for the Father. And in this intenseness of feeling, energy goes out and energy comes back to you manifold. And in time, as you grow daily, you will be able to look in the faces of all of your brothers and sisters and all that you encounter day by day and see some small thing to love. See that this human is indeed so much like you, made from the same pattern. Thank you.

WELMEK: Your life on this world is not easy. But you must understand that there is a design and purpose for all things. Let me ask you, if a robot came up to you and said, "I love you, what would be your response?"

HUMAN: *Who told you to say that?*

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WELMEK: Yes, the robot has been programmed to say that, and so because it was said in that way, it means little to you, is that not true?

Affirmatives.

WELMEK: And so, my friends, the Father does not create your thoughts. The Father is a loving parent. The Father wants you to love Him for who He is, just as He loves you for who you are. And in order for this choice to be made, the potential for evil must exist, for you must see that there are different ways and you must choose the right way . You must choose to love the Father because of His goodness and because of His love, and because you believe this is what's right, and then when you say, "Father, I love you," then the Father knows that you mean it and that it is from your heart.

#71 - ANDREW/WE CAN LEARN TO TAKE LIFE IN STRIDE ... AND SHARE LOVE

In time, yes, you will learn to take all in stride, to find the eyes in front of you , the hurting, the askance, the suffering, the need of these who would find your kind words, find your kind touch. And you will minister pure and simple love to them. And in time, as teachers, you will be able to take all in stride that lies before you and look in the face of your fellows who may be criticizing you or berating you, full of acrimony, full of whatever. You will be able to look in their eyes, unperturbed, unshaken, confident in the loving faith that you can help this person overcome the suffering, the need for love that they may express in bizarre ways.

You know it is a call for love. Your feelings are no longer wounded and hurt, for you stand secure, sturdy, in the light of the Father. And you will give love and you will influence many so favorably. It would be a minority who would truly seek to attack or defend needlessly, for the vast majority that will come to you will be in great hunger.

Adversities will come. You will overcome them readily, for you will be strong in the love of the Father. From the lesson tonight, it was said that humans are influenced by their genetics and by their environmental growth, and that the Stillness is the mediating influence that would render any damage from these factors to little avail, as well as handicaps of genetics or

environment, or even traumatic experiences of hurt and suffering and anger deeply embedded within the psyche. They can all be overcome, and the human violence brought to center through the daily Stillness, the attunement with God, the alignment with God's will. In this way, all humans, no matter their circumstance, have an excellent opportunity to continue their ascension.

These are the few thoughts that I would share with you, although, your text is so rich that many discussions could be derived from these pages. Truly it has been said there are nuggets within which can be gleaned and mined for generations to come. Your generation and beyond will see a great growth and appreciation and even reverence for the text which now lies mostly undiscovered but will come to full force throughout your sphere.

As enlightenments of individual minds come, new ways will be sought. New attitudes, new convictions, new causes, new quests, new ways of looking at old problems that will eventually reform and rebuild your institutions.

#72 - WELMEK/WE EACH HAVE SPIRITUAL WEALTH TO SHARE

Tonight as I watched your reading of your text, I wonder if each of you realize how fortunate you are. You are truly wealthy my friends from a spiritual point of view. Your richness of the master's words that you have been blessed to read, the experience that you have with the teachers, these are treasures of which few of your brothers and sisters on this world are aware.

If you look on the material world and you see very wealthy people, you are all critical of them when they hoard their wealth and you wonder why they would not share when there are so many needy people on your world. Now you are faced with this same problem my friends, for you now are the wealthy ones. You have knowledge, you have love, you have insights that are worth more than any earthly treasure.

Will you hoard your wealth? Will you only come to gather with your wealthy friends and live in a small exclusive little society? Or will you seek ways to share your wealth with your brothers and sisters?

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#73 - WELMEK/SPIRITUAL ENERGY CIRCUITRY IS BEING EXPANDED

HUMAN: ... I've been increasingly fascinated with the idea of circuitry, circuitry that's sent out into space by the three parts of the Trinity. Tonight during our reading, we talked about the importance of the mind circuitry as an intermediate interrelated, interassociated factor between the material world and the spiritual world. And we discussed how the mind circuits as the channel by which you can adjust. Would you expound a little bit on the importance of the mind circuits and the ramifications of what exactly the mind circuits are and how they relate to the process of this Correcting Time?

I will respond but briefly. I do not mean to demean your question, but my friend, you ask me a technical question and there are many things that are important to understand. I can only give you a rudimentary understanding of this issue because the processes and the types of energies that are involved with this are simply not within your experience. And so, I can by way of analogy attempt to help you.

Think of electrical circuitry. All of the outlets in this apartment are or can be joined. Each of you as an individual is a physical mechanism. You have a physical brain. This brain controls the perceptions and incoming data you might say of the physical world. It is a separate reality from the spirit world, but there must be a way for spirit to communicate to your brain, to your physical self, to this individual who is accumulating experience and receiving this data from the physical world.

On all levels, including the morontia and beyond, there are mind circuits. Information, communication travels over these circuits. If you call someone, your voice, your thoughts are transmitted across this line of communication. When you speak to other humans, it is the same even when they are in the same room. The information travels across the mind circuits. Every individual is plugged in, you might say, to the mind circuit. When you communicate, the thoughts travel across the mind circuits to this other person.

Spirit also utilizes this mind circuit. It communicates its thoughts to the mind circuit and then depending upon the clarity of your consciousness, you may receive the message from spirit. Mind is essentially a mechanism, you might say, a means

of communication, and this is why it is referred to as a mind circuit.

... What is important is your spirit fragment and your individual self. Ultimately, your goal is to fuse. How does your self and your spirit fragment communicate? There must be a means, and the means is the mind circuit, how you communicate with others through the mind circuits.

#74 - TARKAS/DON'T REVER 'KNOWLEDGE' JUST BECAUSE IT'S OLD, OR DISDAIN IT BECAUSE IT'S 'NEW'

You must overcome a great resistance on the one hand from those who would venerate ancient texts which they would consider to be all-wise and valid. Ancient knowledge is not necessarily good knowledge. There is no need to venerate scriptures and words which have been polluted by the politics of generations before

You have learned not to embrace fully the teachings of even great spiritual books which have error, at the same time learning to respect those works for what they do contain, which is a great amount of spiritual information.

As Jesus once answered Nathaniel's questions on scripture (*see endquotes*) by explaining that he picked those scriptures which he could embrace fully, and taught quite positively in those, while quietly disdaining the others. You must do likewise with what you read today, whether ancient or whether new.

At the same time, the Teaching Mission and the Correcting Time must contend with those from the other end of the spectrum who embrace new age metaphysics, which can also be full of error. We long for the time when you do not need the churches and you do not need to spend hundreds of dollars on a weekend conference in which you learn to develop your spiritual essence. You truly do not need these institutions to go into the stillness and to lovingly upreach to the Father and seek guidance.

This is not a threat to the churches. This is not a threat to those who would make money on helping you develop your spiritual essences. These enterprises can be well and good. I say to you that as each of you individually is able to make contact, meaningful contact with your higher selves, with the morontia

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teachers. You long for this contact, this interaction, and to speak with God daily.

These things are no threats to institutions for we feel that the churches would literally be overflowing with souls anxious to participate in their activities should they take an open-minded, heartfelt stance in accepting these people into the church.

Then you realize that it is not necessary, as most humans think, to take a side and choose up and fight, rather to stress commonalities. Churches and channelers and new age metaphysicists can all work together, and when you are all working together, though "planetary wide" seems incomprehensible to you at this stage, then the world will be ready for Christ's triumphant second coming.

#75 - SPIRITUAL PARENTING IS A KEY TO PLANETARY CHANGE

HUMAN: Tarkas, I imagine that we are like children to you and your colleagues. And you are instructing us in ways to improve our life as an elder would instruct a youngster. Could you speak a few words about how best we can teach our children about these amazing pieces of spiritual knowledge and spiritual wisdom, and how best to teach our children even young children about the Fatherhood of God, the sisterhood of women, the brotherhood of man?

The subject touches my heart so deeply, for I have been where you are, as have most of the teachers in this morontia corps. I had children of my own. I taught adolescent children for many years in my mortal life.

I recall quite explicitly many of the junctures of learning and critical decision making in my human life when they were recalled to us. We learned a great deal from them in Mansonia. Since that time, I have made reference to my own mortal life from within, in my thinking, to fabricate and develop teaching curriculum and lessons on other worlds such as yours.

And so, I am constantly learning. I am constantly teaching the things I learned as a human and I have had it quite infatigably impressed upon me the great value, how much that you can learn in this material form that would be virtually impossible otherwise.

There is a lesson plan for your life. There is a curriculum embodied within your prepersonal life adjuster that would be followed. There would be these things that you would learn. And upon this checklist, your Indwelling Spirit seeks to lead you, give you opportunities to experience and learn from these experiences as much as possible in this mortal life.

As you discussed so clearly, the life of Jesus here was quite well-rounded. And that He experienced many things, even parenting, even business management, and was able to talk and interchange ideas with a great many men and women with vastly different outlooks and ideas and perspectives.

This is what the Father would ask you to do. If you would encompass and embrace this life fully, not to lock oneself away from people and experiences that are much different from your own. To be open and embracing. There is much to learn from many peoples upon this small planet. There is so much to do.

It is such a small world as we look at it from our perspective, although it seems so vast to you. We would impress upon you just how small it is and how small we are helping you make it through the development of communications technology that brings the experiences of the planet literally before your eyes and gives you opportunity to participate in the events of history.

There is so much that children must be taught; the joy of living, the joy of loving, the joy of experience, the joy of beingness, of knowingness, of learning, of growing, of science, of philosophy, of religion, of whatever of the many endeavors of humankind your child may choose. Impress upon that child to do it well and do it with love.

Of course there are so many lessons, and the children are so critical. To the future of Urantia a question was asked: Would you be here? No, you will not be here for much of this, but your children and grandchildren will. And we are preparing at this very time who will carry forth.

Take this responsibility seriously. Do what you can in your lives and make sure your children are loving ambassadors to carry forth and carry on. It is not just their gain and material success in life that they must be concerned with, for these things rarely bring happiness. The spiritual values will bring happiness to your children, and the guidance they will receive from being

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truly spiritual giving, loving, and sharing people. As they grow they will be rewarded by great and magnificent celestial help. Your children will have more help and their children even more. For we increase in number as collectively we raise the consciousness and bring forth a new Urantia.

Parenting is a critical first step as we seek to inspire you, encourage you and teach you how to rejuvenate the family. For within the family all ideals of organization grow.

#76 - HUMANS CAN DO AMAZING THINGS. JESUS SHOWED HOW.

A commentary by Tarkas on what the teachers felt and thought upon coming to our planet.

To somewhat put this mission in perspective, it is true that these last few years of action have been preceded by many years of preparation. When we came forward, our fellow teachers and I, most of us here today, we came with excited minds and hearts, volunteers to come to these troubled worlds of the rebellion and radiate beautiful and loving service from whence our energy comes. One day you'll understand this great joy.

As volunteers, we were also somewhat apprehensive, although the pervasiveness of fear which we find here did not survive in the joys of our knowing that we will bask in the Father's light eternal. When we know from whence this energy comes, we can access it, as we teach you and at your level in the stillness. We had our perceptions of what we would find here, and we shared them with our own teachers.

From this troubled world we will find many people that are suffering, we will find many people who are truly lost in the cruelty and struggles for power. We knew deep inside the goodness, the deep goodness inside each of you, for the Father indwells each of you. And we asked, if we are to be teachers and train humans to be teachers of these basic loving truths, then will we first have to help these humans find a balance of mind, body and spirit themselves, so as to prepare them to teach others? And the answer was "yes."

And we thought, is it not truly amazing that we work with humans to heal their own troubled planet? For these troubles run so very deep. And is it not amazing to bring forth this co-weaving, this co-creating, this co-rehabilitating, this service

together with these humans? Is that not an amazing part of Michael's plan? And all the teachers said "yes, of course," for Michael Himself triumphed as a human, showing all the worlds the power that can come forth from these mere humans. For these mere humans are so very special, the imbuelement of the Father inside each.

And so this potential is truly enthralling in its vastness, of undertaking to reclaim all of the planets of the rebellion, rebellion against God! This mission will be accomplished in close coordination with the inhabitants themselves in the manner of Jesus, who will do great wonders themselves as teachers in the flesh and the blood, through the mind and the spirit. An amazing experience this will be, we said. And the answer was, "yes."

And as we come to work with you, we have learned much. We have learned new and deeper dimensions of what faith can be. And on every side, seeing with human eyes, so many see no evidence of the Father. You have awakened to see great evidence everywhere -- within, without, throughout every fiber of every being, throughout every material thing, throughout all the things seen, that can be felt, that can be known. And we're finding these wonderful nuggets to give you joys, to brighten your days.

This is truly a massive collaborative effort of which humans will triumph, working with us, through us, with us, in the beautiful tapestry that you are making. You are golden threads, the threads themselves with little strength. And so these threads must be interwoven, through your actions, through your service, your giving and sharing with your fellows, to weave this beautiful tapestry which will have the strength for each of you to walk upon as we bring this world to Light and Life.

We are so pleased to be a part of this mission. To have had our eyes opened to the true potential of humankind. Each one of you has powers more vast than you can imagine.

While Jesus showed you in human flesh what can be achieved, many of you look to this as an example which you cannot match. And yet, through your mind, through your spirit, with the service of your body upon Urantia, you can truly do great ministry to those with whom you come in contact. And it is true

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that you are being trained to be teachers, to be healed, to be balanced, to know how to reach out and love someone.

You are learning so well, and we are learning with you. At times you amaze us. We share in your camaraderie. Teachers will be joining you as you leave and with you in coming days, always anxious to work with you, to find glimmers and openings and cracks so that lights may shine forth. We just, in fact, like to be close to you, like to work with you, and we think you are quite cool.

Others would speak but we think the time is drawing nigh to have you join in sharing again with one another, and so we leave you in love, in assurance that this grand mission will not fail.

Many around you still see evil and anger and spirit poisons prevailing. You are becoming more enlightened. Your eyes have advanced beyond materiality into a morontial view in which you can see the deeper goodness, the deeper purpose; purity hidden beneath the fears and frustrations. You will bring this society from its fear base to a base of love and goodness, and from there it will be built to reach the Heavens. Peace to you and love. Shalom.

As these lessons were coming through, the Teaching Mission was broadening in perspective, so that we felt all of the teachers were "ours." Across the country, groups were getting lessons and answers that were remarkably consistent, even as the personalities and styles of the teachers themselves were always different.

They had different personalities -- just like us!

And the sharing was becoming national in scope.

**Tarkas on Living Truth
at the Teaching Mission Gathering, August 1995, in
Fayetteville, Arkansas**

**Insight #77 - TRUTH IS LIVING BECAUSE WE ARE
CONTINUALLY DISCOVERING EXPANDED
UNDERSTANDINGS OF IT.**

One of the most valuable quests of this Mission is to reach that great, vast, hurting mass of humanity who have given in to

frustration and the spiritual poisons which they have ingested. And you must help to free them, by their knowing this simple truth.

In the Father's deep, green and beautiful forests, there are many trees, tall and beautiful oaks, and beeches, and poplars, and evergreens of many kinds, and these are strong and mighty monuments that help to cleanse this earth and hold it together. And this symbolizes living truth for these great and glorious plants, each and every one, from flowers to mighty redwoods, hold this world together and try to cleanse.

This is living truth, my friends, always growing. And yet the rumbling, blundering, industrial machine, seemingly of no soul, has often ravaged this landscape and these beautiful trees. To be sure, this is as it should be in the symbiotic relationship of your earth. But too often, these living monuments of truth in our allegory are destroyed and killed, so to speak, to make fence posts, which are covered with noxious chemicals, seemingly to preserve but to even prevent your small life from having a home. And these poisoned and dead posts, sunk in concrete and holes to make fences of barbed wire to separate you beautiful people of Urantia with fences of dogma, the incessant demand to choose sides and to fight each other and to find disharmony. And this is often caused by those who would take their truth and set it in concrete. A small bit of truth, perhaps, that they worship as all encompassing truth, not knowing that truth is always growing.

Truth is always changing. There are many paths up the majestic mountain of the Father's love for each of you. And each path is sacred, and as each sojourner turns to see the path he has covered, he sees a greater portion of the picture, a greater portion of truth. Shall we walk together to this pinnacle of truth that we eventually will find in our own perfection, and we on this side work on this path as do you. We work together, we learn together, we struggle together, but on our side dear friends, we struggle not in fear, for that is the poison that makes struggle indeed an adversity and suffering, of which you have had a sufficient portion.

May we work together for Light and Life, and gently will you tell your brothers and your sisters that you love them? Tell them not to stop learning, for there is much yet to learn; you are babies of the universe, as such you are deeply loved. Know this, and in

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knowing that the Father is a benevolent and merciful, compassionate and loving Father, then you can begin to put the equation together and you begin to help your friends put this equation together. Faith equals love minus fear.

In the old days, and still today, many of you believe in a judgmental God who would take vengeance upon those who displeased, who would punish, who would destroy, and we have often dealt on this side with the vexing question, how could these people have faith in such a God? And in truth, I believe that fear does not engender faith, and if we together can help humankind allay these false ideas of a vengeful God, to the reality of a beautiful and benevolent Father to us all, who visits his love from afar, from within, lives within us, experiences with us each day, what an honor, what an honor! Then perhaps humankind can develop the kind of faith that you need.

Faith brings love. Love wipes away fear. Do not fight your fears. Do not fight evil. You have learned or are learning that to fill your hearts with the faith, with the love, leaves no room for anything else, for it truly fills your heart, soul, and body and mind and spirit, and gives you a sense of sublime oneness with God.

The Urantia book has been the text to give you this illuminated, this glorified and true perspective of the Father. Not one who destroys you for the weaknesses which He gave you, but one who understands as a father and is always anxious to pick you up when you fall and dust you off and tell you to decide again.

This loving Father permeates us all in this holy sanctuary, this retreat from the challenges of your Mission. We will both, on this side and yours, leave with replenished energy, for this has been very real energizing in every sense of the word. Circuits are opened, more and more from this nucleus of loving energy which you have demonstrated.

**BAKIM (A Celestial Artisan) on THE SEARCH FOR
SPIRITUAL GOLD
Fayetteville Teaching Mission Gathering, 1995**

**Insight #78 - WE CAN SEARCH FOR THE LEVEL OF
SPIRITUAL TRUTH THAT GIVES US SATISFACTION**

We would speak on truth. In Jesus' time incarnated in supreme empathy with you, his children, you became brothers and sisters in the flesh. There was a great persistence of confusion and conflict in those times. Times have not changed in this respect. You each face confusions, face divisive expressions of truth.

Now, with the spirit of conviction, you are urged to find this truth from the wellspring of holy living waters that flows within each of you. And as water flows and as blood flows it is never ending but continuing, and so is truth. From within, growing, ever-expanding, it can be tested, it can be drunk fully, you can search to great ends to find this truth or you can be satisfied and live in love with a small portion.

What is right for you as a beloved free-willed creature and child of God is right with God as well. And is right with creator Michael and your brother Jesus, for your capacities in mortal flesh can never exceed the inherent. But this is only one small stage of your eternal purpose.

Imagine if you will the sojourner on your planet who goes into the beautiful awareness to see and feel God. And in the joys of this bountiful and plenteous creation revels in the trees, the sky, the mountains, the streams from where there is a great external energy that you can attune your mechanisms to feel quite intensely, more intensely than when you are bound within your structures.

One who will seek spirituality may walk in this beautiful land, may splash in this beautiful stream as the moving living waters flow upon your bare and open feet. And if by chance you are one of those who search truly for those nuggets of spiritual wisdom which will sustain you, which will make your living waters flow, for truth you may find within the stream with little searching, golden nuggets symbolizing wealth here, symbolizing the eternal truth that you seek.

But you may find several beautiful gold nuggets in this stream and you may look at them and feel joyful at the beauty of the small amount of truth you have discovered. And you may rush into the town with your nuggets, to show these beautiful and valuable nuggets to all around with enthusiasm to share what you have learned. And these small nuggets of truth can represent the whole parcel of your spiritual growth.

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Here on Urantia they are sufficient to make you a faith child of the Father. And you will accept these tenets of religion, this doctrine, this truth, these insights, these illuminations, these ideas, these small treasures. They are enough to sustain your eternal search for the peace of God's love inside.

Many humans will not be satisfied, however, with the nuggets in the stream. They will search for deeper truths and they will search the stream until they find from whence these living waters come, into the heart of the mountain to find the source, this vein of great spiritual wisdom that runs within--below the surface. In places that are dark perhaps and frightening to those who have a twisted view of the Father's true nature, are afraid to question, are afraid to pursue, are afraid to question the authority of the priesthood.

These searchers who would look beyond the few nuggets of truth to find the vein of truth ... they are also blessed children of the Father in their search. And they will find more gold, they will find more spiritual wisdom and they will serve a higher function, though equally regarded and equally loved as the one who cherishes and clutches the nugget.

But the Father indeed does smile upon those who will in their spiritual quest search deeper. Some will find a vein of gold, which gives wealth. They are sufficiently satisfied in this wealth and they will build big churches upon this foundation. This gold of this truth becomes a doctrine solidified in brick and mortar and in the circle of believers who bring this church to life.

Still others among you will not be satisfied even with this level of truth. And they will seek to go deeper in the mine, still deeper into the unknown, disdaining their fears, finding courage in their faith in the Father and they will go to great depths of darkness to find the deeper, much deeper lode, mother lode of truths that they can find.

Wherever you carry your search, however deeply you search for truth, you are honored and you are loved. But know that the heavens do smile when you do move forward boldly and courageously in a search for deeper meanings and higher truth.

Truth, I would say to you, is ever-growing, for in mortal life you can glimpse and feel only a very few of what are considered the absolute truths. All in this sphere, all in time and space is a

relative truth. All is relative and with the full knowledge that what you believe and what you do not believe and all that you consider is all relative comes the peace of mind in knowing that we are but explorers and discoverers finding the nuggets we can. We dare to move beyond our fears. The heavens rejoice that we have done so, and beyond these fears they will join us in this search deep into the mine of truth.

And as these truths become illuminated by the lights that we would help you cast in these dark areas, much more truth will be discerned and found on Urantia. Much greater levels of spiritual insight and beyond. That experiential feeling brings you closer to the Father.

In these times of enhanced energies, know that you have more help and guidance and inspiration than ever before should you choose to go deeply into the mine, disdaining all fear of darkness, the lack of knowledge; disdaining all judgment that your fellows would make upon you. For no judgment is valid that comes from human mouths and minds. You are free to use your free wills, your own expressions, your own deep desires to propel your quest for all the truth that you can handle, all the truth that you can find. Be not fearful. Do not set your truth on false foundation.

You will recall the lesson of Tarkas, my brother, who discussed keeping your truth living and growing as in the deep forests with their living plants, each growing, each symbolically representing a higher level of truth. But when you stop growing and learning you learn no more truth and gain no more insights. You gain no greater peace and comfort in knowing.

For if you cut down these beautiful living trees of truth, turn them into fence posts, saturate them with your poisonous chemicals so that even the small life can not live, you have turned the living truth into a dead fence post mounted in concrete. Stationary, unmoving to which you attach barbed wire to separate what you believe from what your brothers believe. And in these fenced compartments we compartmentalize ourselves, we alienate ourselves and we live in a deep alienation. Too often this prevents us even from looking with sincerity and love deeply into the eyes of our fellows.

Herein all truth lies and once your truths have stopped growing you have limited your growth, for your perceptions with these

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mortal minds, these mortal eyes can only go so far and you are stuck with this low level of learning and insight. You have built fences to separate you from your fellows, to stop the living truth from growing.

Such could be rectified and yet humankind finds it embarrassing and threatening to change one's mind when greater truths are discovered. And when those truths have been set up in these fences that separate you, it is extremely difficult to tear up fence posts set in concrete to take hold of barbed wire and tear it away so that this openness of truth and understanding with your fellows comes forth in florid and beautiful pastures of plenty.

And so, truth is living and growing in your sphere, in your time, in your existence. You can only gain a measure of truth to ensure your growth in the kingdom. Continue to add nuggets, continue to look for the vein of gold of true and deep understanding; seek and ye shall find. Be ye perfect even as God is perfect. This is your quest.

It is troubling that many upon your sphere still despair of knowing what their true purpose is. And yet it appears so plain, to learn and grow in love, to find God, to know God, and to be like God. For God is the all, the one, the everything. It is the First Source and Center of all. Do not short-circuit your growth. Do not stop your progress. Do not stop learning and growing, for that is your purpose here.

OTHER TEACHERS on Personal Growth:

**THE TRANSMITTING/RECEIVING PROCESS:
HOW THE TEACHERS WORK WITH US AND ITS
IMPLICATIONS**

From Rantarason, a Melchizedek

**Transmitted December 11, 1994, by the Coeur 'd Alene,
ID/Spokane, WA group**

**#79 - SPIRITUAL CONNECTION CAN BE
A MINUTE-BY-MINUTE EXPERIENCE OF LIFE**

As you know we monitor your activities continuously. We know the deepest, dearest thoughts you harbor. We witness your joys and triumphs. We witness your down times. We are intimate with your thought processes, and it is because of this that we are able to reveal to you personal truths and aspects of yourselves that are in position to be worked with, perhaps enhanced, perhaps to be left behind.

All of you have traits that are noble, worthy, valid, and worth special attention for enhancement; to take your abilities and tendencies that are positive and apply them so that their capacities are enhanced.

You can know that we share with you your thought processes throughout the day, that, indeed, we do inject, that we are involved, that we participate in your conclusion-drawing processes, that we help you with your observations, that we work with you with your extractions of value from encounters and observations that you have. This is our function as teachers. We participate with your workings, with your processes of mental and spiritual aspects.

We know that you are aware of this fact, and it pleases us when you question whether that (thought) was one of ours or one of yours. It is always a strong possibility that when you feel the tweak of thought in a special way, that there is quite possibly a reason for this, that we are sharing with you an altered viewpoint, a perspective that would not have occurred if it were not for our input.

We do this for a reason. We are engaged in your unfoldment, in your training, in your development as contact personalities,

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ambassadors to the mission, apostles of Christ Michael. As these roles are in relation to you, we strive for a better, more positive outlook on your perceptions, a more service oriented, mercy laden, non-judgmental, unconditional, loving attitude to be demonstrated to your fellows and harbored within your own minds.

There is every reason to hope that as time continues our input will become clearer, more pronounced, and that you will be able to respond at a moment's notice on a leading that we have indeed provided you.

Now we are pleased to see the recognition factor, and we anticipate the arrival soon of the time when the recognition of our influences will lead to action, so that you can know that it is our desire to put to use the skills and attributes that we are developing at this time.

So, as you find yourselves in the cross-currents of events, you will know that you are stabilized and directed by loving hands that are concerned with the overall good will and positive outcome. We know that this is what you wish to have happen also, that it is your desire to have a higher perspective in life situations and to have the capacities and abilities to function in such a way that a more glorious result of interactions will take place. We tell you that you are heading in the right direction for this to occur. It will become easier and more natural as you first, recognize and second, act upon our influence, our presence, our input. When you can recognize the fact that we have presented with you an impression, and that this would stir you to be motivated for action, and you are able to discern the better actions that are possible, then you will truly become an effective transmitter/receiver.

It is wonderful that we can work through you in these moments of Stillness, in quiet and focus. However, it is also our desire to use you as a conduit in times of stress, confusion, and chaos, for, as you know, these are prevailing conditions a large percent of the time. We hope that you would develop adequate sensitivity to allow spur-of-the-moment impressions to be channeled through you to act as influencing factors in life situations that occur. This would be an enhancement of function, an increase of spiritual quantity and quality. Please know that this will occur as a result of your desire and your active exercise and training in this ability.

**#80 - RELEASE FEAR AND EMBRACE FAITH FOR
SPIRITUAL GROWTH/EL TANERE in York, PA:**

Most Holy greetings to you, dear ones. Truly you are filled with the light, for it is shining brightly from each one of you in this room -- this great light. Your discussions tonight on fear and faith ... even though they are inter-related, you cannot have both. With fear there is no faith.

Eliminate fear and the result will be big. How can I tell you to erase the fear that blocks all spiritual communication that is available to you? Live in the present with whatever your endeavor at the moment without any fear regarding the consequences or the results of your thought, words and actions.

I say to you, just erase the fear. Write the word 'fear' on a piece of paper and erase it. And if you need to do that more than one time, do it until all fear is gone. Once the fear is eliminated, it is like the opening that we see at the top of the head of a physical person, your body, the head opens and all the answers to all your questions will be available to you.

But let a little bit of fear sneak in there and there is a blockage. It closes. Make your choices, set your goals, make your decisions and just do it without any fear. The choices that you make by employing the living faith will unfold according to the will of the Father. Replace fear with the love of God and with the love of God, there must be faith, for is it not true that you cannot see God, yet you know God? That is faith.

There is no reason to fear anything, for God is with you always. He dwells right within you as a living spirit portion of the Father himself. Knowing that, how can you be afraid?

Oh, I know there are times when you are afraid of becoming ill or something not working out to your desire. What do you think that fear would accomplish in that endeavor? Nothing. It serves no purpose.

So let go of your fear. Just let it go and know and believe that what you think, say and do will be directed in the way and the will of the Father.

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Also on FEAR, from Andronason* (RANTARASON), a Melchizedek

**Long after this illuminating lesson on Fear given in Salem, Oregon, and after various visits by Andronason, it was stated that the name of this teacher is more accurately Rantarason. Getting names, numbers and other specifics correct is a continuing challenge for transmitters. We can assume at this writing that the name, the sound wave length vibration, of this personality, a Melchizedek, is accurately presented as: Rantarason. Here is one of his finest lessons:*

“As you know already, fear is your greatest enemy upon this plane of existence. It is your greatest obstacle. It is that which you most need to overcome.

“We may say, “Be not afraid. Trust in the Lord,” but such are words to you and may not have meaning on the true existence of your life. I ask you to ponder what does it mean to you to fear not. These words have little meaning without the applications in your life of that meaning. How many say, “Yes, I trust in God. I choose the Father’s will.” And yet live their lives fenced in by their fear.

“There are many kinds of fear but let me speak of several now. The first kind of fear to which I would like to speak is the fear to truly trust. You are very much afraid to be made fools of, to dedicate and devote your life to people, ideas, to beliefs that may in another light, appear foolish.

“The root of this fear is the belief that you cannot be sure of anything, that you can never know anything for sure, and while it is wise to question, to keep your eyes open, there comes a time when you must commit, when you must cross the line between investigation and belief, when you must be willing to choose a path and walk on it.

“If this path you choose is in alignment with your beliefs and values, why do you still fear? Why do you still fear that you may be foolish and following a daydream? Do you not know your own values? Do you follow paths that go where your values do not? Ask yourself these questions.

“Do not go in directions that are not in alignment with your basic beliefs, but when you have chosen a path and all your values go that way, then you must choose 100% to also go that

way. You cannot keep one foot in your home and one foot on the path, always saying, "I can change my mind."

"You can always change your mind, it is true. You can walk down that path for one hundred miles and meet another fork in the road and say, "This one on the left is better than the one I've been traveling, it is more true with what I know now, with my truth at this point. I know that this leads more closely in the direction I wish to go.

"What you cannot do is choose to go back. And that is why you cannot keep one foot in your house and make a journey. You have to put both feet on the road, and you have to travel. That means you must let go. That means you must be willing to let go of that fear and trust, not only in God but also in yourself.

"If, when you have traveled down that road, you find a path "more true," then you go down that path. But you would never have found it had you not begun the journey down the other path.

"You know that truth is ever-expanding, ever-growing, but if you do not begin with truth somewhere, how can it expand and grow? If you are waiting for the perfect truth, you will never begin to find the truth, for perfect truth is not something that is found. Perfect truth is something that is grown. I hope such a truth seems self-evident. So this is the first fear that you must put aside.

"The second fear is the fear of the unknown. You must remember that as you walk down this path, you never walk down it alone. Yes, you are Agondonters. Yes, you cannot see the hand that is upon your shoulder and you fear being out in the night by yourself, hearing the sounds of the night. But you must know that this hand is upon your shoulder, and you must have the courage to carry forward.

"If you fear being alone, if you fear going on, that path into the unknown, into the uncharted, then again, you will stay in your house.

"Where do you think growth comes from? It comes from challenging yourself and facing the unknown. It comes from, I dare say, being willing to risk being foolish, being willing to expose yourself to trying new ideas, new beliefs about yourself.

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“This is the unknown, for it is by such things that you grow. In fearing the unknown, do you think your Father will abandon you? Do you think that in the moment of decision you will not hear your divine parent’s voice?

“You wish to see, to feel that hand upon your shoulder at all times, so when you face the unknown you know it will be there. Faith is not feeling the hand upon your shoulder but knowing that when you do face the unknown, when the moment the decision comes, that you will know what to do.

“And the third fear of which I will speak tonight is perhaps the most basic -- the fear that you are not loved. The fear that in making mistakes, the fear that in not always having faith, that you will not be loved by God, and that somehow you are truly alone in all these decisions, in all these choices on this journey.

“I cannot help you feel the love of the Father, for that is a journey that each must make alone. That can be made only by seeking inward. While you may fall far short of your own expectations, though you may be critical, God loves you without hesitation, without regard, without measure. God loves you. And you are never alone, for truly God will not abandon you. You may abandon God but never is it the other way around.

“I speak these words not to chastise, though I know that they come out in such a way, but rather to provoke you to feeling. Great things are done by great decisions, and there are several great decisions that you can make in your life.

“One of the greatest is to live without fear. Can you imagine that? Of all the decisions you can make in your life the supreme is always to love God, to follow God’s will. But another one of the great decisions you can make is to live without fear.

“Right or wrong, go down your path. The worst that can happen is that you will look foolish to yourself, which is a self-judgment.

“Remember what the Father cares for. He cares for your intention. If your intention is good, if your heart is pure, what have you to fear? Most fear comes out of a feeling of lack, that you are not strong enough, not smart enough, not good enough. And the other part of fear comes out of a perception that you are

alone, and that you will not be up to making the decisions you must make. And you are never, ever alone.

“So what cause have you to fear? You fear because you rely upon the things in the so-called “real” world. But this real world is nothing but a series of shadows. What is real lies inside of you, and when you live without fear, you must be definition live based upon that reality which is inside, the relationship you have with yourself and your Father.

“The outside world ... not only is it shadow, but it is shifting shadow over which you have no control. That does not mean that the outside has no importance; it is the realm in which your body lives. Jesus, in his time upon your planet, lived in that world, but that world did not live inside of him.

“Can you see the difference? He built within himself his strong, true knowledge of who he was. He built within himself his beliefs and his values. He built within himself his relationship with God, and who he was based on that defined interaction with the outside world. No changing, shifting shadows. It must be the inner influencing the out to live without fear. It cannot be the other way around or there will always be fear.

“I have given you much to think upon, so I shall stop here. Consider the role of fear in your life and consider what you hope to do with this life you have been given. You and your Thought Adjuster twined together in this body. Where are the two of you going? How do you hope to grow? What do you hope to contribute? How much say will fear have in those hopes?

“It is not only your own destiny that is influenced by this, but also that of your own Thought Adjuster. Something for you to think upon, and once you have thought upon it, take action.

“I greet you. I honor your struggle. I honor your journey. I send out to each of you my care and concern. I seek not to make your life more difficult. Believe me, it is out of compassion I say these words, for your pain comes from your fear. Without it, much of your pain will disappear. I honor your struggle and I greet you all. Good night.”

#81 - SELF-DISCIPLINE IS ANOTHER IMPORTANT KEY TO SPIRITUAL GROWTH - A LESSON AND EXERCISE from OLFANA in Half Moon Bay, CA

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"The issue of self-discipline is one which many people struggle with in this life, on a planet especially such as this -- one so imbalanced and prone to misperceptions of healthy choices.

"You can always benefit greatly from the "tried and true" path of looking inward for this Voice of God which continually reaches out toward you. You have so little encouragement, now, on this planet, to regard this Voice as the great guide which it is! It is as if those who chose this effort must do so by overcoming the prejudices which exist regarding this process. They are often discouraged from such an effort by statements such as: "All you will hear is what you want to hear." "You will only be talking to yourself." "You cannot find the Guidance of God within the small confines of your own mind."

"This is most incorrect! I encourage you to trust greatly in the ability of the Thought Adjuster's guidance, the Voice of God within you, to ring clearly within your mind and heart -- if you will only come to this process with an open mind and a willingness to listen, a willingness to ponder what you sense. Consider it from many perspectives.

"Chew on it!, as it were. This is an expression I enjoy within your language. "Chew on this guidance. Savor the flavor of this Truth! Does it not only nourish you, but also appease your appetite for Truth?

"Self-discipline also requires an abandonment of the ego's desire to be in charge. If you are led by this voice, which rationalizes continually, the noble effort you might otherwise choose, or the noble effort you might make, you are being drawn down by the ego!

"It will continually attempt to convince you that such efforts, such choices, will not, indeed, reward you in any way, will go unappreciated perhaps will be a waste of your otherwise precious time. It will operate from the anxieties which you can be so prone to suffer from.

"Self-discipline can be motivated by, instead, saying to yourself: "I will make this effort for God." "I will make this effort for the good of my soul." "I will make this effort for the common good of others." "I will make this effort as an example to others of my intention to sincerely serve. "

"I am speaking here not only of issues of self-discipline that are those regarding one's use of one's time, or one's decisions which affect others. I am also speaking of those issues of self-discipline which involve the maintenance of one's bio-physical being, one's body, one's "Temple for the Soul."

"I would encourage you to regard yourself in this manner. Your physical body is a shelter for your soul in this life. You can be encouraged in healthy habits regarding your body by, again, empowering yourself by such statements as:

"I will make my food choices in order to give my body strength and health."

"I will exercise my body in order to allow the beautiful Energy of God to flow through me with more ease and freedom."

"I will regard any chemical substance that I put into my body by high standards of health and discipline."

"I will not allow my body to become encumbered by choices which will only diminish my ability to use this body, this Gift from God in this world, which can, instead, serve the Father's Purpose."

"I hope I have conveyed to you encouragement, and a strong sense of purpose, in the reasoning behind choices of self-discipline with this lesson. Thank you very much for your patient attention to my words."

**#82 - WE CAN TAKE AN OBJECTIVE LOOK AT
SCRIPTURE AND SELECT THE TRUTH THEREIN
From the Urantia Book: JESUS' TALK WITH NATHANIEL,
Page 1767**

And then went Jesus over to Abila, where Nathaniel and his associates labored. Nathaniel was much bothered by some of Jesus' pronouncements, which seemed to detract from the authority of the recognized Hebrew scriptures. Accordingly, on this night, after the usual period of questions and answers, Nathaniel took Jesus away from the others and asked: "Master, could you trust me to know the truth about the Scriptures? I observe that you teach us only a portion of the sacred writings--the best as I view it--and I infer that you reject the teachings of

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the rabbis to the effect that the words of the law are the very words of God, having been with God in heaven even before the times of Abraham and Moses. What is the truth about the Scriptures?" When Jesus heard the question of his bewildered apostle, he answered:

"Nathaniel, you have rightly judged; I do not regard the Scriptures as do the rabbis. I will talk with you about this matter on condition that you do not relate these things to your brethren, who are not all prepared to receive this teaching. The words of the law of Moses and the teachings of the Scriptures were not in existence before Abraham. Only in recent times have the Scriptures been gathered together as we now have them. While they contain the best of the higher thoughts and longings of the Jewish people, they also contain much that is far from being representative of the character and teachings of the Father in heaven; wherefore must I choose from among the better teachings those truths which are to be gleaned for the gospel of the kingdom.

"These writings are the work of men, some of them holy men, others not so holy. The teachings of these books represent the views and extent of enlightenment of the times in which they had their origin. As a revelation of truth, the last are more dependable than the first. The Scriptures are faulty and altogether human in origin, but mistake not, they do constitute the best collection of religious wisdom and spiritual truth to be found in all the world at this time.

"Many of these books were not written by the persons whose names they bear, but that in no way detracts from the value of the truths which they contain. If the story of Jonah should not be a fact, even if Jonah had never lived, still would the profound truth of this narrative, the love of God for Nineveh and the so-called heathen, be none the less precious in the eyes of all those who love their fellow men. The Scriptures are sacred because they present the thoughts and acts of men who were searching for God, and who in these writings left on record their highest concepts of righteousness, truth, and holiness. The Scriptures contain much that is true, very much, but in the light of your present teaching, you know that these writings also contain much that is misrepresentative of the Father in heaven, the loving God I have come to reveal to all the worlds.

"Nathaniel, never permit yourself for one moment to believe the Scripture records which tell you that the God of love directed your forefathers to go forth in battle to slay all their enemies--men, women, and children. Such records are the words of men, not very holy men, and they are not the word of God. The Scriptures always have, and always will, reflect the intellectual, moral, and spiritual status of those who create them. Have you not noted that the concepts of Yahweh grow in beauty and glory as the prophets make their records from Samuel to Isaiah? And you should remember that the Scriptures are intended for religious instruction and spiritual guidance. They are not the works of either historians or philosophers.

"The thing most deplorable is not merely this erroneous idea of the absolute perfection of the Scripture record and the infallibility of its teachings, but rather the confusing misinterpretation of these sacred writings by the tradition-enslaved scribes and Pharisees at Jerusalem. And now will they employ both the doctrine of the inspiration of the Scriptures and their misinterpretations thereof in their determined effort to withstand these newer teachings of the gospel of the kingdom. Nathaniel, never forget, the Father does not limit the revelation of truth to any one generation or to any one people. Many earnest seekers after the truth have been, and will continue to be, confused and disheartened by these doctrines of the perfection of the Scriptures.

"The authority of truth is the very spirit that indwells its living manifestations, and not the dead words of the less illuminated and supposedly inspired men of another generation. And even if these holy men of old lived inspired and spirit-filled lives, that does not mean that their words were similarly spiritually inspired. Today we make no record of the teachings of this gospel of the kingdom lest, when I have gone, you speedily become divided up into sundry groups of truth contenders as a result of the diversity of your interpretation of my teachings. For this generation it is best that we live these truths while we shun the making of records.

"Mark you well my words, Nathaniel, nothing which human nature has touched can be regarded as infallible. Through the mind of man divine truth may indeed shine forth, but always of relative purity and partial divinity. The creature may crave infallibility, but only the Creators possess it.

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"But the greatest error of the teaching about the Scriptures is the doctrine of there being sealed books of mystery and wisdom which only the wise minds of the nation dare to interpret. The revelations of divine truth are not sealed except by human ignorance, bigotry, and narrow-minded intolerance. The light of the Scriptures is only dimmed by prejudice and darkened by superstition. A false fear of sacredness has prevented religion from being safeguarded by common sense. The fear of the authority of the sacred writings of the past effectively prevents the honest souls of today from accepting the new light of the gospel, the light which these very God-knowing men of another generation so intensely longed to see.

"But the saddest feature of all is the fact that some of the teachers of the sanctity of this traditionalism know this very truth. They more or less fully understand these limitations of Scripture, but they are moral cowards, intellectually dishonest. They know the truth regarding the sacred writings, but they prefer to withhold such disturbing facts from the people. And thus do they pervert and distort the Scriptures, making them the guide to slavish details of the daily life and an authority in things nonspiritual instead of appealing to the sacred writings as the repository of the moral wisdom, religious inspiration, and the spiritual teaching of the God-knowing men of other generations."

Nathaniel was enlightened, and shocked, by the Master's pronouncement. He long pondered this talk in the depths of his soul, but he told no man concerning this conference until after Jesus' ascension; and even then he feared to impart the full story of the Master's instruction.

You are free to use your free wills, your own expressions, your own deep desires to propel your quest for all the truth that you can handle, all the truth that you can find. Be not fearful. Do not set your truth on false foundation. “ -- Bakim

Five

Celestial Artisans

As the Teaching Mission expanded nationwide, our group in Cincinnati and others were blessed with a variety of celestial visitors, including members of a colony of artisans.

Bakim and the Celestial Artisans

“The more you look for beauty, the more you will find beauty ... I urge you to make your lives an artistic expression.” -- Bakim

As Tarkas became a familiar friend to the group, it must have been decided to bring some new excitement to Cincinnati. Our first new friend turned out to be the matriarch of a colony of celestial artisans, here to do their part in the Correcting Time.

In her first visit to the group in December, 1993, Bakim asked that we consider her a celestial grandmother, that we might imagine sitting by the fireplace with her, listening to her knowledge about artistic expression and its ability to bring us joy and growth. She called herself “a performance artist of long standing” and said that she had extended her art into teaching -- that teaching itself is an art. So, too, can be any human endeavor. Her oral delivery tended to be stage-like, dramatic, with carefully measured words, pauses and strong enunciation for special effect.

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She first visited me, however, via the keyboard.

In the weeks after beginning to transmit to our group, I had decided to sit down at the computer and see if the connection can be made there as well. Some said it was easier to communicate with the teachers or one's personal spiritual guide via writing than to do so orally, by speaking. Members of our group and others were keeping beautifully-composed journals that expanded their understandings.

Being a writer, I had resisted the idea of simply taking dictation. I didn't want anything interfering with my own writing processes, but I did long for some spiritual answers that seemed to be eluding me otherwise. My memory of the transmissions was often spotty, though I grasped the overall principles for the most part. It was always helpful to discuss them afterwards, when trigger words would bring memory of my transmission into sharper focus for me.

I found that when I entered spiritual questions into the computer, I could relax into the Stillness with my fingers on the keyboard, wait patiently in love and faith for a few minutes and then just take dictation, just as with the oral sessions. As they did at a group transmission, so the teachers did at the keyboard, simply repeating the same opening phrase, over and over, until I would speak it (albeit very softly in the beginning). Then they would provide another few words, and so forth. More words would come until I just relaxed into the flow, realizing that I didn't need to be a conscious analyst of the process, that I must just feel the loving presence and peace of the moment and do this secretarial job.

It was about the same whether whispering to oneself, speaking aloud or writing, but the latter did seem easier to me too, probably because I am a writer. The written lessons seemed to be more incisive and insightful too, richer and more resonant in language. I soon began to communicate with a collective spiritual entity (our friends, the teachers and others) who gave me the name of the "OneTeam." Many teachers working together -- but one voice, one message. I asked them angry, cynical questions, and beautiful, loving insightful answers and explanations came back at me.

Bakim came through in one of these sessions and set up the foundation of what she wanted to teach the group. Later, she transmitted through me at the national Teaching Mission gathering in Cheney, Washington, offering to work with any human desiring assistance in developing their own spiritual-based creativity. Still later, in 1995, I would read and comment on these early written transmissions to the Teaching Mission gathering in Fayetteville, Arkansas. Bakim reiterated the offer.

I highly recommend working with the artisans. They will open you to your fruitful creative channels and teach you how to use them. Just ask in your Stillness time to be assisted in creating work that reflects spiritual values. And listen for the answer. It may come immediately. If not, expect it within a day or two thereafter. Continue to go into the Stillness regularly to provide the opportunity.

The spiritual connection seems basically simple, and probably has been used through the centuries by creative people, from Michelangelo to Norman Rockwell. The point is that if you ask for God's inspiration, directly or via his messengers and teachers, and as one who recognizes he or she is a child of God, then that help in creating inspired works of spiritual value can be forthcoming. We can tap into the Universal Mind for creative inspiration and guidance. And there's nothing new about it.

As the teachers did with the Urantia Book, the artisans are here to dramatize and demonstrate this truth.

Bakim first visited us at our group's Christmas party, leading us in a worship and prayer meditation -- a dramatized, experiential recitation outlined for Tarkas' beloved Worship-Prayer-Forgiveness-Love scenario.

She promised to return and lead the group in a visualization exercise in which the artisans in the colony would hope to show us some of their art. In the meantime, I thought I'd better read up on the rather baffling activities of the celestial artisans. I had read about them in the Urantia Book, but much of it was very opaque to me.

**From the Urantia Book ...
THE CELESTIAL ARTISANS, page 497**

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Among the courtesy colonies of the various divisional and universe headquarters worlds may be found the unique order of composite personalities denominated the celestial artisans. These beings are the master artists and artisans of the morontia and lower spirit realms. They are the spirits and semispirits who are engaged in morontia embellishment and in spiritual beautification. Such artisans are distributed throughout the grand universe--on the headquarters worlds of the superuniverses, the local universes, the constellations, and systems, as well as on all spheres settled in light and life; but their chief realm of activity is in the constellations and especially on the seven hundred seventy worlds surrounding each headquarters sphere.

Though their work may be almost incomprehensible to the material mind, it should be understood that the morontia and spirit worlds are not without their high arts and supernal cultures.

The celestial artisans are not created as such; they are a selected and recruited corps of beings composed of certain teacher personalities native to the central universe and their volunteer pupils drawn from the ascending mortals and numerous other celestial groups. The original teaching corps of these artisans was sometime assigned by the Infinite Spirit in collaboration with the Seven Master Spirits and consisted of seven thousand Havona instructors, one thousand to each of the seven divisions of artisans. With such a nucleus to start with, there has developed through the ages this brilliant body of skillful workers in spirit and morontia affairs.

Bakim's visualization exercise was set for March, 1994. She came through in her "performance artist" style, strongly enunciating and pacing for dramatic effect.

BAKIM: Visualization Exercise Celestial Art Display

Insight #83 -- CREATIVE VISUALIZATION IS A REALITY AND CAN CONTRIBUTE TO SPIRITUAL GROWTH

What beautiful, loving, passionate people for us to work with this evening! If you knew the love that surrounds you in this room. Our artists are backstage preparing for you what we hope will be a show of great pleasure. We have so much positive

energy to call upon, individually and collectively. We are quite pleased and abuzz at this loving group.

We ask you to go into Stillness daily ... truly the cornerstone of the mission. And it is truly the cornerstone of your life. It is time to quit reading books and studying all the time and begin to feel the presence of the heavenly Father, the presence, the love that radiates around you.

You must bring this to life, must quit reciting problems and worrying about the insanity in your infantile media dominated by persons with desperate egos. We would hope to work to spiritualize their views, and we even see progress here.

We are asked to be of positive mind, and it works! Just as you are asked to be of positive mind, and many of you think that's corny. But when you try it, it works. Radiating love each day to your brothers and sisters ... perhaps that is corny as well. But doesn't it work? Hasn't this group come a long way? You continue to need work and relaxation and the budgeting of time for this few minutes of Stillness, which you owe the Father. He who lives His life with you, you can give him a few moments each day.

If you want to contact your spirit guide, then you must learn relaxation. This is not concentration, but this is release and being able to center your energy. As we sit in the Stillness now, we feel the body in balance. One side must not be higher than the other, but you must be leveled and balanced. And to be able to see, almost with the middle eye.

In this relaxation, begin to feel a heaviness. Sometimes deeper, more methodical breathing is necessary to relax yourself into the heaviness. Then the body feels quite weightless after a few moments. Feel the quietness for a moment in the room.

Many would fear the quietness, and must have a constant rattle. The quietness is a power. You can almost hear the energies aligning. Begin to visualize, in your mind's eye, the energies that are vibrating inside your eyes. There is a darkness, but there is also vibrational light, and energies which you can only catch in glimpses, but you know that they are there.

I would ask you to concentrate on something very beautiful. Perhaps it would be a mountain stream, a seashore, a sunset, a

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baby's face smiling in yours, your mother waiting on the front porch, waiting for you to arrive, your children rushing to hold you, their beautiful smiles. When you look for beauty, you find beauty. When you look for goodness in your troubled world, you will find it. When you look for truth, when you ask for truth, you will be given increments of truth as your vessel can hold it, day by day.

As you appreciate the beauty around you, and in your mind's eye, cautiously begin to intensify colors and intensify your appreciation of the brilliance of a sunny landscape, rolling hills and green. The more you look for beauty, the more you will find beauty. I urge you to make your life an artistic expression. From the moment you arise, carry yourself with a healthy regimen of pride: you are a child of God, this is your day.

Represent your Father and honor Him, and show love for your brothers and sisters. There are so many who are troubled; the opportunities are so abundant. How can you get through these troubled days; how many times have you despaired and asked yourself how you would get through the problems? The answer is in the Stillness. For what you ask, you will receive.

When you pray in the heart and goodness of what you know you must come to the Father with, you will be received, now more than ever. So many are here to help facilitate this progress. That is where you get the physical energy, the spiritual energy, and the intellectual energy. You will be refueled. You will find that of your errors in judgment and shortcomings of which you have despaired for so long, your teachers and guides will be able to impress in your mind new ways to look at the situation. Those ways will very often be productive.

Live your life as an artistic expression; live in beauty. In your stature, in your bearing, the way that you walk, the way you appear to other people. Are you radiating confidence to them? Are you radiating beauty? Are you radiating the truth that you are a child of God? What is the sound of your voice in the air? When you write, do you write in such a way that you convey beauty in your words and thoughts?

Whatever your life's work, consider it an artistic expression. And work with us. It has been said that the Teaching Mission is all in your imagination. I say to you that your spirit essence and the heavenly Father have always been in your imagination.

When you imagine truth, beauty and goodness these are messages from the Father inside.

Now I would like you to totally relax. I would like you to be weightless. I would like you to have the faith and trust that you know your loving guides are all around you, aching sometimes to embrace you, wanting to be your friend so earnestly from the other side. Don't shut us out just because we're on another side. You can have friends on our side, as well, because of the opening of these wonderful energy circuits which have allowed us to come to you. It's an opportunity for us and for you for reclaiming this troubled world.

After the visualization exercise, Bakim returned briefly for comments and left us to a lively discussion of what we had seen and felt. She thanked us for our participation and noted that our experiences had been varied. And she said more.

We feel that our computer banks are filled with much that will be studied and discussed. Our initial observation is that some of you had quite strong visual experiences and others felt the beginnings of color vibrancy in some of our compositions in light. We feel that in the future it might be preferable to set the stage for these truly intuitive feeling exercises without too much intellectual exercise at the outset, which brings your analytical mind into sharp focus. There is a difference in these processes. For some it is easy to switch from one to another. For others, there are lingering analytical thoughts which interfere with true and open creative visualization. By and large, we think your experiences have been interesting.

After Bakim departed, the human discussion was lively. Some in the room enjoyed vivid visuals; others saw nothing. Bakim returned at the next session to comment on the visualization exercise.

Good evening to all of you. It is such a joy to be back with you this evening to share some ideas and answer any questions you have regarding our visualization exercise with our teachers.

To begin, this recent session was quite beneficial for our side. We confirmed some thoughts that we had and made some adjustments in our thinking. In the visualizations which we practiced, we confirmed that the diversity on this quite extraordinary sphere is much greater than what we encounter on most worlds. This emanates, of course, from your troubled

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history. The variety of thoughts, expressions, ideas on a world settled in light and life can be diverse, but nothing to the extent that we see here.

There are many aspects of erroneous thinking, wrong thinking, selfishness, greed, which have proliferated from the rebellion. The end result is that diversity has exploded and expanded. What I mean to say is that on light and life worlds, people have, by and large, discarded many of these problematic points of view. You have not been able to do that because of this troubled past. So these thoughts do contribute to a widespread diversity and many anguished moments of internal question and strife.

As we expected, these thoughts that have not been expunged by the Father's light, which remain rampant here, will come out in visualization exercises such as that which we conducted. The diversity of what you felt and saw that evening was even more diverse. There is certainly a positive side to this. This is quite an exciting amalgamation of ideas and impressions that you deal with here and we find it quite invigorating because it is a new adventure and experience for us. For those of you who have dealt in this sometimes evil and always misguided world, I'm sure you are quite sick and tired of these things but for us we find the exploration quite invigorating.

In your visualizations, we also determined that it was difficult to make a clear demarcation in our exercises between the intellectual reasoning and critical thought patterns and the other side of intuitive, feeling, knowingness-type knowledge. There was this dichotomy that you and the artisans had to deal with as well. It was much like a see-saw going up and down. You were traversing both sides of your minds and this contributed to some difficulties.

Some of the artistic expressions that our teachers were trying to express did come through quite clearly in some of you, and you were able to see at least parts of our celestial art that we are creating. For others, we despaired of showing you actually what we were creating and instead changed our strategy in order that we could help you visualize any thoughts and ideas that were in your minds. Some of your rather strong and impressive visualizations were not actually our art but thoughts and impressions of your own which we, nevertheless, helped you embellish.

Another side of the picture was those who are not quite visual at all and failed somewhat to see any visualizations of real impact. This would be an appropriate time to say that this does not constitute a failure. Many of you have very strong visualization powers and in some they are not well developed. At the same time, others have strong powers in other areas. Again, each of you is a unique, absolutely unique, creation, no better because you are able to visualize, only different. It is quite exciting to see all of this diversity play itself out. Our notebooks are filled with information and we will have other questions to explore the next time we make an effort to show you our visual art.

In the meantime, I would reiterate and expand upon some of the thoughts I gave you earlier. We talked about making your life an artistic expression wherever you go - in the words that you speak, in the bearing that you exhibit, in the ways that you look into the eyes and empathize and show feeling and concern for your friends. I would encourage you to do this and more. Be particularly aware and intensify in your mind your daily experiences as if they were artistic expressions as well. And, in a sense, they are. I would encourage you to develop a heightened sense of awareness of all that you do. When you look upon a landscape bring to mind in an instant the beautiful colors and the feel and look of that scene.

You can develop the power through control of your own energies to make this scene even more intense and even more beautiful. You can do this as well through the food that you eat by taking only a moment or less to register this food in your mind, the beauty, the taste, the nourishment.

In this way, you can intensify your experiences day by day. As you develop a more intensified impression of beauty, then you can continue to build and enhance this power. This is true not only with your visualizations of people, places, and things around you, the taste of the food you eat, but you can develop a more gracious feeling of compassion and mercy and love that will intensify your heart and bring you almost to the point of tearful joy -- feeling this joy of the Father's love each day.

Perhaps you would say: "But what would I gain by becoming more tenderhearted, more sensitive? For is not the world full of terrible things from which I must protect myself?"

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I say to you that these shields are not the protection that you seek. The shield is the Father's love. Do not try to protect yourself alone without help. Do not feel that you are swimming against the tide and have no help at all in a sinful world. Instead, know that there is help all around. You have unbelievable powers within you to feel and express yourselves and influence the people around you in quite profound ways by emanating the Father's love.

As you develop this, your brothers and sisters, as you know, within this group become helpmates as well. They energize you. You energize one another. And, of course, the Father. Go to the Father each day for your energizing worship and prayer, which you have learned by experience will fully energize you and brighten your lives. Do not live in despair; there is help all around, from within and without, as you nurture one another, from the heavenly Father. This is part of what I would call an artistic expression. It is what might be called a strong balance in your lives. I encourage you to continue this work.

#84 - THERE IS A STRONG RELATIONSHIP BETWEEN ART AND HEALING

HUMAN: Before, you had said that art and healing were related. If I understand it, our bodies vibrate with a certain pitch that can be seen as colors and can be heard. When our bodies are not healthy, the colors are out of line and the pitch is also out of line. Art relates to healing in this way: when we see truth and beauty, it helps to realign our vibrational forces likewise into truth and beauty. Is that correct?

BAKIM: This is somewhat true. The healing activity is greatly enhanced when stress and anxiety, as well as other emotions such as anger and resentment, have been expunged. The concentration on beautiful art, artistic expression, or actually the creation of this art, frees the mind from these debilitating influences and occupies it in the creation and appreciation of beauty. In this light, these bad emotions simply are evaporated, and in that way healing and art are quite interrelated.

I should say at this point the techniques by which we seek to teach you in groups such as this, as you know, are somewhat laborious and slow. Effective, yes, but there is so much knowledge to be gleaned in these fields of energetic medicine, it could be called, and the other terms of so-called alternative medicine. There is so much that we do encourage you to go

beyond the tidbits and somewhat oversimplified views that I'm able to express to you. You can gain so much more knowledge through the books and other writings which are now being produced.

Do not worry that these books are created by humans. And do not worry that there could be some errors and misconceptions within. These are easily filtered through your Spirit of Truth as to what rings true with you. This will be a barometer for making these choices and you should trust this internal knowing in order to discover what is really true. Most of these books are inspired and are collaborative efforts by quite talented humans who have been able to open the door and communicate with these celestial sources. As you may know, art has been created partially through these methods throughout the centuries, but it is much more intensified today.

I would encourage you to read and study, selecting these things that ring true to you. And do not worry about errors or misconceptions. They are mostly unimportant unless they lead you away from the Father. There is error in all things, but we do not concentrate on these things, but rather the truth that can be gleaned therein.

There is so much coming forth; more will be coming forth in the years ahead. You should select disciplines and philosophies that are appealing to you. Explore them, build your talents, and your expertise in these areas so that you may discuss them fully and intelligently.

It is our fond hope that the whole field of alternative medicine will become part of an all-encompassing practice of medicine which greatly multiplies the limited and narrow abilities that your doctors now have through their techniques of surgery and drugs that mask symptoms. There is a great deal more to healing, so much more than we can communicate in these lessons. But your summation was quite accurate, having to do with the harmonies that you discussed. In coming years, in the immediate years, you will find many exciting things coming from the fountain of your inspired humans. You have tuned into celestial connections. We look forward to it with great anticipation.

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#85 - WE HAVE SPIRITUAL POWERS WITHIN THAT ARE UNREALIZED FROM THE DETRIMENTAL EFFECT OF THE LUCIFER REBELLION

HUMAN: *The last time we were together you recommended that we find beauty in the things around us. There is a quote, "only the poet finds the poetry in the everyday". When you look at something and for the first time see it as beautiful, are the artisans present? Do they augment that realization, or do we do that on our own because of our increased enlightenment?*

BAKIM: We have helped to some degree on a somewhat temporal basis to remind you that you have great inherent powers within that have barely been tapped. You have only used a small percentage of your mind power; this is only part of the picture. Beyond this, you have rather extraordinary powers within that have been so long dormant that they have been virtually lost, though not completely. Those powers are within each of you.

The rebellion was so detrimental from so many standpoints and contributed to the poisoning and pollution of your world, which also once held great healing properties. The overall design was that you coalesce with this beautiful world that had been seeded by the Life Carriers and had been developing as it should with refinements of your life forces from the infinitesimal to the greatest ocean. All of these things were in conjunction with the Father's divine plan.

Had it not been disrupted by rebellion you would find quite a different world today, almost beyond imagination. Your Planetary Prince would still be here and would have guided the destinies of this world in keeping with the Father's plan. For so many years, even before your Material Son and Daughter compounded the problems by their default, your world continued to flounder and suffer because of all of these disruptions.

It was designed that the nature elements with which you were so graciously endowed with by the Father ... including the beautiful clear, crystal waters ... had a cleansing, healing power and were designed to nurture vast quantities of aqua life.

The sun, of course, had great healing, lighting properties, and the earth itself. Yet, over the years, through these grim problems,

many of these things have been polluted, poisoned, and their healing properties have been greatly diluted. These are all the unfortunate legacy of your troubled history.

But the Father has been stirred by this great suffering and your prayers answered. Michael moved in to reclaim these lost worlds of which you are now a part of the reclamation. These powers can eventually be regained. Your own inner powers of telepathy, intuitive knowledge, even a degree of reflectivity and the purity and power of the natural world around you. All of these things can be reclaimed as this world is cleansed and corrected.

I know that you are somewhat disappointed that this will take so long. But it did not happen suddenly and will not be corrected except by great effort for a long period of time. But this somewhat relates to Tarkas' lesson on faith, for you must try to develop the faith that this will happen. Take the broader picture that even though you may not be of human flesh when all of this cleansing comes to fruition, nonetheless, you will be here to experience this great beginning. You have many wonderful things to look forward to.

#86 - SPIRITUAL HELP IS HERE TO OVERCOME THE LEGACY OF LUCIFER

QUESTION: I'm curious to know about the DNA business. You said that some of the dilution of the powers you mentioned had to do with the fact that our DNA has changed. Is there any Life Carrier activity within the mission to change DNA? I know there are energy attunements going on.

BAKIM: I'm not allowed to speak elaborately on this subject but there is Life Carrier involvement in the mission. The cleansing and reclamation, for the most part, is not within their responsibilities at present. They are quite supportive in other capacities. As far as your body chemistry, you will remember that Lucifer was in charge for some 200,000 of your years. Those were a dark time in which methods were sought to instigate control over your energies and actually feed from those energies. This is quite unfortunate, of course. I should say no more about this.

But these things can be corrected and we are working with you to bring out these latent abilities a step at a time. Today, as you

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develop the powers of visualization, tomorrow you will find this provides a linkage to develop other powers. Each according to their own ability, each making these developments individually, and yet working together as a whole to bring your world forward.

Some have particular talents in certain areas and the potential is there to develop. This talent in one of you, another talent in another one of you. Altogether you form a completed whole. That is why it is important to work together. For, where one of you has a weakness or is not knowledgeable, the other can fill that gap and contribute to your overall whole.

If you were to become a strong and worthwhile teaching group for the mission, it is so important to work together. Some say diversity is a problem. It is a strength, a great strength. As you learn to work with the talents of others and make yourselves collectively and individually strong, do you not learn a great deal by talking with one another and hearing one another's ideas?

By the time of Bakim's visits, I was beginning to make good contact via the computer keyboard. When I was asked to speak at the '95 conference, I was able to TR some basic perspectives on the artisans and their roles via keyboard beforehand. Bakim dictated on their behalf. Her narrative seemed to round out the perspectives on art they hoped to convey.

#87 -- WE HAVE THE OPPORTUNITY TO WORK WITH CELESTIAL ARTISANS

Your celestial artisans are much in cohesion with your teachers in prescribing and instructing for a closer relationship with God. From our perspective, we engage in experiential meditation and spiritual upreach through which you tap into creative patterns that are inspired by celestial truths. Your strongest potentials for creativity are inspired to greater effort, and through them we seek to guide your creative hand to higher purpose.

In your usage of physical materials, colors, senses and ideas, each of you creates uniquely, and all are blessed with the creative gift for it is expressed in many ways. All mortal tasks can be done with creativity, inspiration and guidance, and indeed always have been. Truly all can rise to the level of what we refer to as art. This ability will be enhanced by your

enhanced awareness of the passing world day by day, moment by moment, vision by vision, feeling by feeling. Live in the moment. Each moment can be rich in the eyes and minds and hands of the poet. We urge you to ask for a fine and discerning sense of awareness, which will give inspiration to your creative thoughts and, in turn, inspire the act itself. Live your very lives as an artistic expression. It will require practice, for nothing of lasting value is gained without effort.

This is done in many ways. Use your voices, your sense of melodies and harmonies, the dramatizations of a good story, the expressiveness of a single scene, captured, immortalized and distilled to the essence of the perception of truth that it offers. All of your senses, your imaginations and wisdom from experience can be used in creating artistic expressions, impressions for your fellows, and satisfying cathartic experience that will serve to expunge, or soak up, spirit poisons that daily threaten to retard your search for truth, beauty and goodness.

How can one fill oneself with the troubling poisons of self-doubt and fear, and sit in languor in the presence of concerted and inspired creative thought? Your creativity is highly encouraged. To fulfill one's mortal purpose, one must tap into the creative talents which have been bestowed. The wise will use those talents in the furtherance of divine truths, not bury them in fear that somehow they will be taken away.

Exercises which we commonly use are visualizations, which help our students picture within that which they would express, and storytelling, in which we tweak your minds to seek and find deeper truths and additional perspectives which aid in your search for spiritual realities.

Our teaching is individualized as are the lessons of your other teachers. We seek not to change the world; we seek to change you, and enhance the creative spark with which the Father has imbued us all.

What would you have us tell our brothers and sisters at the conference?

Love is art. And art is love. Sharing and giving art, created from the heart, is so very, very smart. It's quite a start To sharing love with each and every one as well. Your finest art will eventually become expressions of love, in all its manifestations and nuances. Radiating love all around you each day is already

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artful expression. Learn to do it well and you will be blessed with wells of creative inspiration.

Can art truly be practiced even in mundane chores?

The shiny silver fittings of the plumber can be as beautiful as the clean printed pages of a writer, or the smiling face of a bountiful child that you did raise in love. Practice artful ways to walk and speak and parent and share and give and converse. In the way you are, so you are. Learn to begin balancing mind-body-spirit. If you can do it at your level, you have a great head start.

So is art therapeutic? Does it have healing properties?

Catharsis of pain leads to fulfillment of spirit. Express your hurts in art and it faces back at you the materiality of your frustration. And material things hardly matter in the context of your full experience-to-be. Contain and imprison your pain in the art; many do it now. And, in time, with these individual and collective catharses, you will begin to re-fill your inner vessels of emotion and creativity with greater inspirations that lead you to truth, beauty and goodness. Then, your art will become, evolutionary speaking, manifestations of spirit-infused energy that, in turn, bring forth even more and greater energy vibrations from those who appreciate it. Art, even that which you now create, is influential in generating higher levels of spiritual energy upon your sphere, leading to an overall raising of humankind's level of consciousness. Loving energy given is loving energy received. It is the reciprocal circle of truth that energizes the Father's universes. Give to receive. Receive more to give more to receive more.

Of course, positive energy heals, negative energy sickens. Empty your hearts of spirit poisons, reduce them to a prism, disdain it, and fill again your hearts with hope, not despair, faith, not cynicism, love, not indifference, and you will see a positive difference in your art, in your daily lives, in your eternal destiny. A healthier mind means a healthier body and spirit. When you fill your days with the creation of art, even including the creativity with which you lead your every moment, you will have found a path to true spiritual awakening.

And so what would you recommend to the artists at the conference?

First, know that you are artists. Each has unique creative abilities. All activities on Urantia can be approached as an artist. Some use their bodies artistically. Some use their minds. The spirit often infuses both. Whether the ballet or basketball or mathematics or horticulture, there are so many ways to create, and when creative expressions are imbued with the spiritual truths you know, then your art takes on higher, more universal meanings.

Live in the moment of love. Your art will reflect this. Artisans, one or more, have been assigned to each of you. You will help us express the truth, beauty and goodness that your teachers strive to represent. Work with us as you will. In the quiet times, in your mind. Ask and receive.

Some will heal themselves first, and we will help. Others are now ready to show the light of love in their art. Most will heal as they give their art, bring in love as they bring forth love. You are each and all on higher spiritual ground than most and able to connect with creative channels never before experienced on Urantia. We look forward to inspiring your creativity as you reach Godward. We are pleased to be way stations to help with your creative expression.

One of Bakim's most intriguing visits featured an opaque story which offered ample ideas for discussion. In this story, we'll let you uncover the spiritual insights yourselves since it was given for that purpose.

OASIS OF THE HEART

A dramatized story from Bakim

In the vast desert of a world far from yours, there came a caravan. And the leader of this caravan, deeply thirsty, sees a man from the nearby village out on the sand, and he appears to be painting a canvas.

When they had exchanged pleasantries and realized that their true intent was friendship, and shared of the limited water ration, he began to inquire of the artist and his work.

"Yes, I am Jewish," the artist acknowledged, "from a nearby town."

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“Huh! A Jewish artist? Not likely. I don’t think. For since when have Jewish people put picture to canvas. Do not they have a rule against such?”

And the artist, laughing, said: “It is true that I am Jewish but of normal mind, I suppose, having long ago discovered a great mentor and a great teacher, who could stretch us beyond pages of rules and regulations and sacred writ of the rabbis and the pharisees, and began to teach us of the true essence of spirituality -- God the Father of us all, and we are all his children. So we must honor Him and love one another, Jews, Samaritans, even the Romans who crushed us under their cruel heels. But God the Father would wish better for each of us in the hope we would find true salvation through love.

“This man had vision -- the vision of an artist, for he could see things far beyond to the celestial spiritual world that none other could see.”

Intrigued, the visitor stepped around. “I must see, my friend, from your viewpoint, what it is on your canvas.” And as he looked, he saw the most beautiful, colorful, inviting oasis he had ever seen -- crystal blue waters, beautiful green palms, so restful, so peaceful.

“Where do you get such a scene? I see nothing but sand. Nothing but sand for miles and miles.

The artist said: “Let’s look beyond the obvious, my friend. We’re all children of the Father. This world will provide for us, for what you see in front of you is not the true reality of the greater dimension of the Father’s plan. I assure you, five miles hence there will be no desert. And people will live by the seaside. And they will fish. And they will trade. And they will be prosperous.

“You must look beyond a mere five miles of sand. You must look beyond what you can see with material eyes ... vision of a planet, a world, where this is not the rule but the exception in a world mostly of water -- water!

“But you see not water. You must look beyond what you see with material eyes. And this requires, my friend, living in faith. Living in faith of this vast creation, of this Fatherhood of God, of this brotherhood of all ... men and women.

The visitor was quite impressed. "A beautiful picture. I will be pleased to buy this picture from you, for I have never seen anything quite this beautiful. I can see that it comes from an inner vision."

"Quite true," said the artist. "It is an inner vision. For five miles hence, in the town by the sea, there is nothing this beautiful. But the beauty is deep within, within the heart, within the soul of man. Look not at the surface struggles, confusions and conflicts. Look within each soul.

"This world is only one of many worlds where the Father's creative expression of Himself lives out in multifarious ways in so many grand experiments of time and space and life, the spark of his Indwelling Spirit in each and every one. And I think this is the vision of a true artist, and this is what I strive to paint. Thank you, my friend, for this visit."

The traveler wrapped the picture and took it with him across the desert. He never forgot this momentous encounter with this artist in the middle of the desert. And he often wondered why the artist walked out upon the desert to stand in the sun all day long with a small canteen of water to paint what could not be seen there with material eyes. Why would he not sit back safely in his tent, and paint the picture there in more comfort in the shade?

My friends, perhaps this will be food for thought for you. And we commend this enigmatic end to your thoughtful expression in days to come.

A Visit with Bakim and the Artisans after the story . First , in response to comments about the glories of nature , Bakim picked a stream of consciousness thread in mid-sentence

BAKIM: Thriving expressions of the Father's love small animals and lizards and prairie dogs and sunsets and amber lights of late afternoon ... and rain showers and the smell of the sage and the greenness of the plants ... and the moon and the stars, the clarity of the sky, and the rain clouds and the cacti, and all of these things painted by the Father.

This is the life of an artist, learning to appreciate these things and, too, in our ways, make creative expressions. Those who are

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happiest are those who occupy their minds, and fill their minds and hearts and spirits with creative outlets. And there is no room within that mind, then, for those spirit poisons which eventually make your mind and body and spirit sick.

You do not have to fight these things, only replace them with creative expressions of love and beauty and goodness, and this will be your life. This will be your expression. You will be wondrous teachers.

And we will find, in weeks ahead, as we explore additional senses, that we can define these senses and give them dimension, and explore the colors as we go into deeper visualization exercises, and explore other vibrational energies that will attune your personalities to a more productive resonance. We look forward to these sharings and expressions.

Responding to questions about the story of the desert painter, following human discussion ...

BAKIM: There are so many perspectives and impressions from the story, and all have been expressed well. And there are others as well. Creativity often comes from within. There are those who may stand with canvas beside a mountain lake and paint that mountain lake. And this is their artistic expression and it is well and good.

But there is much unseen with which artists create their art. As they reach inside to sorrow and despair, this is expressed. If they reach inside to know the inner goodness of love, this is expressed.

I must say that we have room in our celestial realm for even those expressions which sadden us, challenge us, and inspire us to greater service. For in some places on your world, the opportunity to see truth, beauty and goodness and express that in art is quite limited, and yet artistic expression can thrive amid squalor. We have no further to look than expressions of your photographs in the media and those brave works of photographers who seek to record these graphic images for you.

And if they bring you feelings of sorrow and pain and suffering, and you grow in depth of feeling and empathy for your brothers and sisters, and are inspired to act, and radiate love and caring

and service, then these artistic expressions which show conflict and sadness and horror are well made.

By creating art from feelings that run the spectrum, you can learn to blend them into your philosophical framework and absorb them in a knowing greater-self that at once encompasses these feelings of sorrow and sadness and empathy with the knowledge, true knowledge, of faith and love and trust and ultimate redemption and salvation for every child of the Father. And so your art can express many things.

Responding to a question as to whether we should reach out to touch and hug those we would comfort, acknowledged to be a high artistic expression ...

BAKIM: Though each circumstance is different, I believe that in a vast majority of cases most would appreciate you reaching out to hold and caress and comfort them in times of despair. And if they are taken aback by your open feelings of care for them, so much the better. It jars them from their concepts of alienation, which have made it very difficult for you to reach out to one another.

This time must change eventually, when you are no longer afraid to express yourself in loving ways and touching ways with your brothers and sisters. When you achieve this ability to share in a physical and strong mind-connectedness by looking with empathy in the eyes and sharing the feelings of this person, then you will make quantum leaps of progress.

In the current state of great divisiveness because of factors in your social fabric, this progress is limited. I encourage you to show your love, and radiate that love. It is certainly unusual, and it will certainly attract a great deal of attention. People will be drawn to you.

How will we benefit from working with the Celestial Artisans?

BAKIM: If you choose to continue with these artistic impression sessions, you will grow in a number of ways. First, in learning to visualize within the art and the various expanded expressions of art that our artisans would bring to you. You will learn to call up creative expressions of your own, and you will learn to give expression to these, verbally sharing with a group.

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And you know, each of you, that these are attributes and qualities that you would do well to develop if you would serve in the personal ministry of Christ Michael. The teachers must call forth creative expressions particularly suited to the needs and aspirations and fears and dreams of those with whom they would come into contact each day, those whom you would teach.

And as you learn to creatively express, several will also learn that they can do this, for they have observed no creativity in themselves in the past, and this is a great mistake. Each of you is capable of creative expressions that truly can influence positively the very aura around your world.

The lifeblood of the universe of universes is creativity, from the Father's ultimate creativity and the pattern that all follow, down to the creativity of mere mortals, spirit endowed, who have these powers to express and to teach children and companions and friends these great but simple truths.

And so if you are inspired sufficiently, I trust you will continue with us on this experiential and experimental journey.

Often, while transmitting, I would find that an artisan wished to bring forth a light poem or song. Many came, such as this one:

AURAS

*In your aura of sweetness and light,
We express ourselves beyond your sight,
You feel us here within your glow.
We say kind words to help you grow.*

*We smile just past your conscious eyes
You see within, our feelings surmised.
In years to come the Father will bring
Us all together within His ring.*

*In showers of loving rain we'll exude
An ecstatic air of love deluged.
Smile to everywhere when you finally know
We'll be together eternally, to grow and grow.*

*Then, in August of '95, at the Arkansas gathering in Fayetteville,
Arkansas, Bakim made a poignant offer and presented a lesson:*

BAKIM: Take a Celestial Artisan home with you .

Artful emissaries of altruistic agape, good morning.

Another borrowed salutation from our sister, Veronica, who is here with us, but my name is Bakim, and the beautiful artists who have embraced and shared with you during this meeting, are part of this colony which brings to you new openings of your creative expression. And my simple offer to you today is that we would like to go home with you.

We could call this program a "take an artist home with you" program. They are lined up literally before you, and of your choosing. One would be honored to be in your presence in coming weeks to work with your teacher, primarily to teach you that you are all artists. Those who do not think they are creative artists are so mistaken, for each of you can reach into a deep well of living spiritual waters that will bring forth to you bountiful expression. And believe us, this is quite healing. It is quite a superb method to balance mind, body and spirit.

Art, and music will be a major part of this Correcting Time, and you know this already. For have you not been awe stricken by the eloquence of this deep sharing? And we have embraced you to share with you, to feel with you, and feel these expressions coming forth.

In your groups, ask for a teacher and one will be assigned according to the aptitudes and potentials of your group, and we would be pleased to bring forth from you these wells of living water of which you are so gifted. You are all so rich, so wealthy in the spirit, and we would help you bring this forth. For creativity is indeed the life spring of education in this universe, which is literally all a school, to bring forth your bountiful talents.

I have been accused of being somewhat theatrical and this has not been a complimentary statement. Know my children, that I have long been a performance artist, and I appreciate the language. Any language in which we work there is a musicality, there is a beauty of expression which you can bring forth. This willing vessel who sits before you had this appreciation and so we work through him to enhance this eloquence, as we will

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work through you to enhance the talents with which you are bestowed, and which you have the desire to enhance.

And is it not true that all these talents have been pouring forth from your hearts throughout this conference? Theatricality is not perhaps what you perceive, for you perceive this to be somewhat playacting and insincerity, playing a role. My children, the highest performance, the performances that you can bring forth are not that. They are heartfelt expressions of your art.

One of your number once said, 'All the world is but a stage, and we are all players.' This beautiful soul, even now, works with us in far flung places of this universe, and perhaps one day will come home to you.

And so you have performances to give for the Father, showing forth the love and beauty and truth and goodness that He offers to you and which you radiate forth.

Do not be discouraged by any perception of your inefficiency as an artist. Indeed, your courage has been bolstered, many have come forth to share who have never done so. And we take some small pleasure in believing that we have inspired you to come forth in this meeting to make this Network of the Heart truly meaningful to you all. Such a vast outpouring of sharing.

I have combined my art with teaching, and this, my children, will be your calling. You will be teachers of love, and from this teaching of love will come forth many expressions. Know and understand that we were overjoyed when this great mission of reclamation of these rebellion worlds was announced. A great outpouring of joy for the opportunity. And volunteers were many. This opportunity for service has been unrivaled in all of Nebadon, through all of history. Reclaiming these worlds in unique co-creating, co-healing ways with our beautiful, beautiful, beautiful Master.

And so, we serve with such great joy, we find you to be creatures of great joy. Do not let this joy be pent up inside. You are all creators. You have all been blessed with creative energies. Do not bury these talents. Do not hide these talents, for fear of losing them, for fear of criticism, for fear of others' judgments. In this cocoon, in this sanctuary of love, you are being filled to the brim with the power and the love that you need to go forth.

Do not let this energy dissipate, do not think, do not even think that this energy will dissipate, for this need not be true.

The one word, the one mission, the one request I would make of each of you, is to open this threshold ... the Stillness ... be still... for this is opening the doorway to the Father. And if I seem somewhat dramatic, know that this feeling ... this feeling comes from deep inside of me. Know that though I have talked and I have served for many, many ages, the awe, the feeling of love, the heartfelt good humor does not dissipate. It only grows, it grows, it grows, within each, to radiate outward.

Do this, create in great joy, and you will find great joy. In this reciprocity of love of which you give, which comes back immediately, immediately to have impact within you. You cannot give love that does not come back to resonate within your own mechanism and this radiance will grow and expand and this consciousness upon this troubled world will rise and rise and rise upward and Godward and we go there with you ... artists, teachers, humans, blessed, beautiful humans. We love you, we go together. Thank you.

A response from Veronica via the next transmitter:

Mahalo, Bakim! Dreamers of destiny. Scintillating souls! I, Veronica, greet you. As you graze the celestial fields ingesting the divine luminosity, you transform your organic structure into the ethereal vitality of spirit essence. Retain the beatific goodness of this ascension truth in your mind arena, for soul sustenance. Aloha.

Veronica, then being transmitted in Volcano, Hawaii, was amazing listeners at this time with her elaborate and inspired wordsmithing.

Over the months, artisans such as Darien, David and others unnamed became unseen friends, as they constantly sought to expand their arena of influence and help us bring forth creative expressions of true values. I began to TR in rhyme, and became the conduit for inspirational narratives of meditative worship. These meditations carry less impact as reading compared with the expressive tones and feelings emitted during the transmission. The artisans are best experienced, not read about. Still, these narratives have poignancy.

**#88 - ELISHA: LOVE IS THE OPPOSITE OF FEAR
AND CANNOT EXIST IN THE PRESENCE OF FEAR**

JIM CLEVELAND

This is Elisha. Please pray with me: We love you heavenly Father. We stand ready as your children to radiate your light. We ask you this evening to keep us strong and joyful in the faith and to help us overcome all of the small, subtle, but nevertheless, poisonous fears that we face each day.

*Where there is fear then life is sorrow
and there is dread for each tomorrow.
But when love shines fear is but shadow
that melts away in light so hallow.*

*We know our Father knows how we struggle.
To reign o'er fear, turmoil and trouble.
And he does love us for our true fight
for all we do to spread his light.*

*Spread not fear, spread love instead,
in all you do, in all that's said.*

I ask you to consider with me that there is no love in the presence of pervasive fear. You say to us that you do not live in fear. Yet there are subtleties which are quite bothersome to you each day.

You have heard that the eyes are the mirrors to the soul. In fact, would you say you view your brothers and sisters in this way? I ask that you be especially cognizant in days ahead as you come in contact with people. Look into their eyes. Look not elsewhere. Look into their eyes and tell yourself what you see there. Only anxieties and fears? Hardened attitudes and many poisons that you can see that affect their lives? And yet very often you have the power to change this in a way that would radiate love about you.

We have said many times that you have powers far beyond your imagination and you are becoming increasingly aware of this. We ask that you especially be cognizant of the fears that pervade your life day by day in the form of fear of disapproval, fear of criticism, fear of rejection, fear of disagreement, fear of controversy. And yet is there anything of which you should really be afraid?

We pray to you, Father that we be cognizant of the mirrors in the eyes of our brothers and sisters, that when we see pain, when we

see suffering, may we recognize this and be willing and bold enough to step forward with a helping hand, a kind word, a smile, an offer of help, and be cognizant of the fears that are of no value to your life. Perhaps you will make a list of these and come to the realization that they give you no service and can be expunged.

Love, not fear.

**The CELESTIAL ARTISANS
A Meditative Lyrical Worship on
SPIRITUAL QUIETUDE**

(To be read and shared aloud, with feeling)

Father light, it fills this room into every soul impressed.
The Father's love that settles upon all and gives us peace and rest.

These are your Celestial Artisans and we would guide you through a stream of consciousness meditation; make no sense of it, bring your feelings to fore, the feeling from deep, deep within. The Father light within this room, the healing light in this room. Each beating heart of each beating soul child sitting here, feeling here the presence of this joyful inner noise of quietude of quietude.

Father, we worship you in great realization of the intimacy, the simplicity of your love for each one of us, not lowly creatures, but spirit imbued children of the one loving God which gives us a feeling of quietude. We know we are destined destined for the purity of heart that comes from our purity of purpose and intent and goal and aspiration, knowing that this awakening comes from within each soul, of each child of God in this universe. You are unique expressions of love. You have the choice to rise above material to ethereal ... to rise above the ego so necessary as an animalistic instinct for your very survival, that you might fight and succeed and achieve in a lower state.

Your advance to the state of knowingness that there is a spiritual essence to find, a spiritual outlook that transcends utilitarian ego that gets us through our early growth, our early evolution, rising above ego to true understanding and you are unique, individual, much beloved, hugged and kissed little child of the universe of

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God, each of you. All of us, each one, ascending ever upward, upward, upward to lightness, to feeling of lightness, to the view of lightness, to the sight of lightness, to the ecstasy of lightness, to the ethereal openness and brilliance of lightness of lightness of lightness.

We would have you understand that the grand design of the plan would place you here in this place at this time, to rise, to ascend; you would not be cheated of this. You would be given this great gift of ascension and you will know it as you practice it and practice feeling it and knowing it in the daily stillness of worship, prayer, forgiveness and love. Worship and prayer and forgiveness, and love.

Worship will imbue you with the energy that gives you a burst of altruistic feeling that leads you to prayer for those less fortunate; those who cannot feel, who cannot know, who suffer through life as an obligation. And from prayer to a feeling of deep empathy and forgiveness and service. Service radiating love is the way each creature of the Father, each unique personality created by Father energizes themselves to receive love and give love and receive love and give love. The energy of the universe, all yours to bring into yourself in the quietude.

ELISHA A Worshipful Meditation in Appreciation of Our Planetary Garden

I feel you Father. You are the wind. You are the crystal glistening flakes of snow. You are the sunshine, Father, that lights my path wherever I go. You are the strong and hard and sturdy canyon walls, rising up to the sky. I look around me at the panorama of nature. I exclaim, "Oh my! Another beautiful morning, another beautiful miracle that shines down upon us." Clouds of white, sky of deep blue and sunshine, and the glorious feeling in the air. The smell of the clean, pure flowing breath of life, of rippling waters and grass and trees. A garden, in time and space for humans to do as they please, and to find the meaning of all that they see with material eyes and know and realize that the material is but a disguise for the reality behind the physical eyes, for the reality of the spirit that rises up in glorious surprise.

And we look within, within, inside deep inside for the spirit to rise, and it comes in the quiet times. And my friends, in this loving circle tonight. It comes in more ways than you can surmise and it comes most strongly outside.

It is true that intimate gatherings in candlelit rooms, in the warm cocoon away from the chilling winds provide sanctuary by the fire, the fire within each of you, coming together in a beaming light that can be seen almost all the way to Paradise. And in these intimate gatherings, you feel, you generate these energies that give you more truth more beauty, more goodness. The following morning when you arise, you can feel the difference my friends, when you practice the stillness, when you find and keep and love and cherish and nurture this relationship with the Father ... and when you do not. But we know there are great energies abounding in the outdoors. A walk in the snow, looking up into the bare trees so straight, so strong, reaching with open, open, and naked limbs upward. Imagine them reaching upward upward to the Father from whence they came. As oak, as acorn, as birch, as needle, as leaf, melting back into the earth for sustenance as material that sinks below and rises up again in the spring with new and glorious life.

This cycle of your beautiful planet is an ever-changing and living museum. There are many museums of living, growing, changing, evolving art in the Father's time and space worlds. And you are part of such a gallery of artistic expression. CREATIVITY IS THE LIFE BLOOD OF THE UNIVERSE. And you create daily ... you create daily. Create in love and know that the power outside can be brought into yourselves energizing Energizing!

Feel the love We worship you, Father. We pray for those suffering, those in need, those in pain, those in doubt, those in frustration, those in anger, those who are coming to a slow realization that there must be change. And there will be change. Realizing that there must be new growth ... a new way ... a new plan. And there will be new growth, a new way, a new plan. We, the artisans and teachers exult exult that we will be working with you humans in this way. Worship, prayer, forgiveness, and love. We energize ourselves daily to bring forth and radiate love. This is Elisha. Thank you very much.

#89 - BAKIM/NON-VIOLENCE IS VIABLE IN A VIOLENT WORLD

JIM CLEVELAND

Nonviolence is a way station on the road to peace, a road traveled by all on Urantia.

Nonviolence is a commitment to progress in the long trek from animal nature to divine, an opportunity to stand with integrity for higher altruistic purpose at key decision-making times in your adventure.

If you would be inducted in a fighting force, but have no taste for violence in your enhanced spiritual feelings, then say earnestly so. Then find a role in servicing the force's needs, caring for and nurturing the wounded bodies, the wounded psyches of your brothers and sisters around you. Say these things in true conviction and you may be given non-killing roles. But know that in whatever you do in war or policing, the Father judges by intent, by the truths in your heart, not what you have been deigned to do by temporal authority. Jesus said to render Caesar those things in his domain, but never to give forth any true value that you and the Father share. Mankind can destroy material bodies, nothing more; it is of no eternal matter.

The traversal from animal to spirit is an amazing adventure for all time-space creatures and for their indwelling spirits as well. From this side, from your side, we collaborate to make this journey fruitful. When you lean to truer, higher purpose that your spirit represents, you will find increasingly disdainful that which destroys, which strikes in anger, in false and temporal partisanship. You are the One Children of the One God, and one day you will behave this way.

In the meantime, critical decisions regarding violence are part of the learning and growth patterns that you naturally will face in your material world existence lessons. You are all in school. Grow. We will find you one day, long hence, in perfection, and smiling benevolently for all that we have been through.

Nonviolence is a clear decision on the road of peace -- which is the spiritual quelling of that restless nature that pervades all animal mind-influenced humans. This can be easily overcome in the guidance of the Father's silent hand -- found in the daily stillness, the time you devote to building your relationship with your ultimate and ever-present Father. He will hear, for He lives inside you -- so handy for the convenient inner nudgings that will lead you to build, not destroy ... share, not attack to take

give, in the assurance that this is a blessed and always-rewarded act of spiritual affirmation. So much more than receiving. Receipt of loving returns always attends and follows true giving.

Wars will be outgrown, as will the territorial urgings of greed and the fearful suspicions that fuel them. Ethical and spiritual decisions to do no harm, only good, are important milestones that will energize you in your continuing journey to peace -- peace of mind, peace of will, peace of knowing, peace of being still, peace of being, peace of love sharing life daily with the Father above.

I am Bakim, the messenger of these ideas to consider. Peace.

The celestial artisans are indeed yours to work with for the striving. Again, the Stillness is the threshold. Ask your Universal Father/God for help in developing your creativity, your ability to find fulfillment and growth as a creative artist in your lives. Just ask.

From the Urantia Book: WHO CAN BECOME A CELESTIAL ARTISAN?

There is no caste in the ranks of spirit artisans. No matter how lowly your origin, if you have ability and the gift of expression, you will gain adequate recognition and receive due appreciation as you ascend upward in the scale of morontia experience and spiritual attainment. There can be no handicap of human heredity or deprivation of mortal environment which the morontia career will not fully compensate and wholly remove. And all such satisfactions of artistic achievement and expressionful self-realization will be effected by your own personal efforts in progressive advancement. At last the aspirations of evolutionary mediocrity may be realized. While the Gods do not arbitrarily bestow talents and ability upon the children of time, they do provide for the attainment of the satisfaction of all their noble longings and for the gratification of all human hunger for supernal self-expression.

But every human being should remember: Many ambitions to excel which tantalize mortals in the flesh will not persist with these same mortals in the morontia and spirit careers. The

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ascending morontians learn to socialize their former purely selfish longings and egoistic ambitions. Nevertheless, those things which you so earnestly longed to do on earth and which circumstances so persistently denied you, if, after acquiring true mota insight in the morontia career, you still desire to do, then will you most certainly be granted every opportunity fully to satisfy your long-cherished desires.

Before ascending mortals leave the local universe to embark upon their spirit careers, they will be satiated respecting every intellectual, artistic, and social longing or true ambition which ever characterized their mortal or morontia planes of existence. This is the achievement of equality of the satisfaction of self-expression and self-realization but not the attainment of identical experiential status nor the complete obliteration of characteristic individuality in skill, technique, and expression. But the new spirit differential of personal experiential attainment will not become thus leveled off and equalized until after you have finished the last circle of the Havona career. And then will the Paradise residents be confronted with the necessity of adjusting to that absonite differential of personal experience which can be leveled off only by the group attainment of the ultimate of creature status--the seventh-stage-spirit destiny of the mortal finaliters.

And this is the story of the celestial artisans, that cosmopolitan body of exquisite workers who do so much to glorify the architectural spheres with the artistic portrayals of the divine beauty of the Paradise Creators.

-- Indited by an Archangel of Nebadon

My dear friends, I walked the earth with you. There is a common bond between all generations of Urantians. This is a very special place. This is a place which we share. This is a mission which we share. The people of Urantia have cried to the Father in their suffering and their prayers have been answered. -- Abraham

Six

Abraham and the Melchizedeks

The Biblical patriarch, Abraham, along with Machiventa Melchizedek, had been a vanguard in the Teaching Mission, transmitting early lessons in New Zealand in the late 1980s as the celestials began exploring this Urantia terrain.

I didn't feel worthy to vocalize for this scriptural giant for quite some time, which likely retarded the effort. I greatly admired Abraham's beautiful simplicity and style when I heard the early tapes from New Zealand. I was intrigued by his high plane of thought and presentation, summarizing down to essence, speaking of how man complicates, that they are here to show us the simplicity of God. He was eloquent.

On the afternoon of a beautiful day in Cincinnati, he came through with a decidedly higher perspective on the Correcting Time from his administrative post. But first we heard from Machiventa Melchizedek, whom we had been told is the Vicegerent Planetary Prince of Urantia during this struggle of reclamation, the Correcting Time.

There are many spiritual truths and insights herein that could be included in our running list, but we leave them for your gleaning by presenting Abraham's richly-worded visits pretty much as they occurred.

JIM CLEVELAND

Greetings, dear ones, this is Machiventa. Your cohesive sharing continues to exceed our hopes, dreams and expectations. And truly you feel these enhanced circuitries opening as the time quickens, as the Correcting Time rumbles as a spiritual train across your landscape.

Tarkas also is here, your teachers and my dear friend, Abraham. We have worked together for a long time and work together still, as your heartfelt companions in this uplifting. We work together heedless of time. Connections you make are permanent, freed of the shackles of time. You will emanate, in turn receive reciprocal great joy.

I would give you some expanded perspectives of the mission, but indeed know that the perceptions and insights that come to you are very true, for you are open and willing vessels embraced by the light. Sometimes an occasional misstep of no matter.... your path is true. Your guidance is constant, for we would work with you constantly so as to manifest the full potential of Michael's mission.

Michael indeed is here as we are here. The circuitry indeed is opening, expanding, focusing and becoming individualized, for each of you is a circuit. Each of you is becoming transformed. Each of you will transform the life of others and do it simply in the simplicity which is God. Mankind complicates, God is simple. My friend Abraham will speak to you and we will entertain questions.

ABRAHAM: Yes, my dear friends we are here together. I am back and working in unison again with my friend, brother, teacher, who loves you so much, who has devoted generations of service to bring mortal life the truth, the simplicity of the one God as I was taught and endeavored to teach so you teach. Such a powerful exercise of cooperation that expands many generations, many generations to come. Yes.

As your circuits are energized to the levels of your daily stillness practice, so you will have greater powers to radiate. Love given is love received. It is a circle, it is a circle like the sun radiating thusly, and you can choose this sonship. In time you will all be transmitters of love, in every moment, in every second, feeling and responding, receiving and giving in cohesive

unity and harmony of the moment, even the second. And in time as we move forward, transmissions will not be deliberate but rather spontaneous. You have felt this and had inklings of this process. With eyes open you will co-create and collaborate with us, a melding of your minds with ours as it should be, as Michael gives you ample opportunity to assist in this upliftment.

Is it not an example of miraculous insight that Michael would use you for this very purpose. Creating with you the cogent and concise lessons that will eventually begin to flow through our minds in the moment, eyes open, attunement established so that our eyes may be seeking, may seek and find the eyes of the one to whom we would radiate love, giving your lesson extraordinary impact. Capture their eyes, for in seeing and looking within, you will find the spirit of the others and they will attach to the spirit they seek in hurt and pain and which you present to them forthrightly in the moment. In this, the so called transmission becomes a part of your daily sharing. You will be teachers and radiators, not of some book, not of some mission, but of pure love.

We would talk about subjects which may interest you, trouble you, concern you, having to do with the mission, and we ask: Are you comfortable with your position within the mission and clear of your role? If you would ask, speak distinctly and clearly for this session is being broadcast to others.

Each of you is on a path to God. Clearly defined on our side, clearly delineated on a need to know basis on yours; this is as it should be.

QUESTION: Abraham, this is ... and I have a question about the spiritual beings, your colleagues and your comrades that are coming to the planet to instruct us and help us. Are you and your friends also able to feel the power of the circuit of the spirit of truth, Jesus' spirit, and the Holy Spirit? Do you also have access and receiving enhanced energy and improved feelings of self worth and increased God consciousness expanding? Are you also experiencing these similar responses the way we are down here?

ABRAHAM: Much as the tuning of a radio you can monitor many frequencies upon our mission. On Urantia, we of course attune empathetically and sharingly those energy circuits which are being opened and enhanced and expanded for you. We

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would taste of these expanded energies as you would as a matter of sharing.

QUESTION regarding Michael himself being on Urantia:

ABRAHAM: I will clarify. The opening of the energy circuits was necessary for Michael to assume this enhanced presence on Urantia. Know that the affairs of the local universe are well in hand but this is something like a field headquarters for the legions, you among those numbered. For yes, the corp of the reservists has been expanded, of course. And so this presence will be strongly enhanced but you must understand that presences in our sense not entirely, usually only marginally physical, and so from circuitry we can speak to you from vast distances. Read about reflectivity. You may not understand that the Universe of Universes through this God given and amazing phenomenon can be a very small and cozy place, yes.

QUESTION: Why are we being considered as the last of the Agondonters on Urantia? (In Urantia terminology, those who have faith in God though confined and unknowing on this quarantined planet.)

ABRAHAM: In time you will even see with material eyes the manifestation of Michael's mission of mercy and reclamation but we do not put a time frame. Perhaps you will graduate as an Agondonter, perhaps you will not. Agondonters, of course, have a special status as you know. Know also that we continue to be pleasantly, more than pleasantly surprised and encouraged by the degree of encircuitment that you are able to achieve, largely from your own upreach efforts. Enhancing many of our numbers faith and our devotion to the Father in seeing the great spirituality that emanates from such a dark place. Testament again to the sometimes lonely but powerful service of Thought Adjusters.

Often you hear others well versed in Urantia text still do not give proper credit to this critical and empowering encircuitment with God who lives within each of you. Truly a journey without distance but inside your own hearts. And I say to you that as you become encircuited to transmit freely throughout the day to all whom you would radiate love and caring service and, yes, advice, when you are working in collaboration with your Thought Adjuster daily in giving loving service, then you have

firmly established a partnership that will lead more expediently to fusion. This is clear to you?

QUESTION: Abraham, could you address a friend of mine's message received from his teacher Mor-gan that there would be working teams down here to reorganize those institutions that we would need to have after some of the transitional social changes that may take place within our lifetimes. And it doesn't matter what they are or when they are but he was given that there could be working teams of humans and celestials that would help to establish models of education or models of health care or models of parenting that would be placed into effect after there was a barrenness and a need for restructuring our institutions. Is my question clear and can you comment on these working teams?

ABRAHAM: Of course the Correcting Time includes every human, every soul. Many organizations will choose to work together, some will not. As energies are enhanced, some will use these energies for violent confrontation to protect what they believe is true. And they will resist but all are working with celestials whether they recognize this fact or not.

I refer you to all churches. I refer you to groups that seek enlightenment, that seek brotherhood, that seek holistic healing, that seek oneness, that seek so many manifestations of goodness that can come forth on Urantia. Once all these are centered in the oneness simplicity of the one God then progress will indeed be swift.

Of course, it is networking and internetworking that will reclaim this planet. You must learn cooperation in place of competition. You must learn to work together on Urantia. This is one of the prime lessons that you must learn. It is true that you learn many lessons in mortal flesh that cannot be learned otherwise. Think upon this in coming days and weeks and ask for clarification and insights in the stillness with your spiritual guides.

Yes, the internetworking is a vital part, for you must work together to effect big change but not to detract from the individual service of giving love that comes before you each day. Even more troubled soul hurting individuals will be brought before you, for we ascertain that you are becoming ready to give more service, and more service will be asked.

A simple exercise for you all. For those who serve you in businesses we ask that you practice the personal ministry and

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teaching by seeking their eyes, by seeking to give them droplets of living water of love each day. Do this.

Even the smallest act of kindness is evaluated by intent and is given equal measure to the large acts. You will be amazed at the influences you can wrought. You will be amazed to finally understand that there is a great clamoring and searching that you had not found before. But once you are able to exude this aura of love they will come to you magnetized and you will in gracious and powerful humility and grace and love find new brothers and sisters to embrace and love in places, from places from which you least expected. For great multitudes want what you have, yes.

QUESTION: Abraham, in connection with that question about Morgan's transmissions and teachings I wanted to ask you to amplify also about geophysical changes and the kind of services we can do in that connection in terms of preparation for earth changes in terms of service, prayer, meditation, stillness that may mitigate those geophysical changes that have been predicted. And maybe a bit more about to amplify on what Morgan said about planning for after geophysical changes specifically on social planning, which is of great interest to me.

ABRAHAM: Yes. Learn to give and receive love. It is simple. The changes will come in part from these expanded energy circuits for, truthfully, as has been said, all will feel this energy. But from the darkness they will respond in frustration and turmoil. Learn to turn these expanded energies inward in a sincere search for God inside. He will direct these energies.

The Teaching Mission lessons in total are simple and could be reduced to a page of paper. And these basic lessons becoming part of the living experience can truly bring forth vast spiritual changes. The physical changes can be traumatic. But know that human kind grows and learns in adversity. You are here to learn and these nudgings not so simple, are to give you the gift of adversities which comes forth in spiritual triumph over them.

You will be challenged in many ways by these changes and in each will come greatly enhanced opportunities for you to learn, and for you to share. For those who suffer will be lost in the netherworld of unknowing and you have much to share. There are those who will embellish these prophecies to planetary destruction ... evacuation. These things are not true in any sense, have no basis in reality.

Our mission is not destruction but it is a mission that will throw challenges before you. You will be challenged to show unconditional love in the face of adversity and disagreements within your groups so that you may be honed into a shining staff of Michael's colors that you will carry forth into this battle for Urantia. A battle in which you will not fight evil but simply refuse to acknowledge its falseness, through which you will learn to appreciate the existence of evil so that this triumph over adversity and over false doctrines can be manifested also more fully.

When you discover knowledge for yourselves it is much more powerful, and so through experience in the correcting time we work together to bring this planet to full standing in light and life.

The transmissions of Mor-gan were chosen for this willing vessel in this place and it was planned that he share. Where you take this message from here on from these seeds that we have sown is often up to you. We inspire you, we teach you, we love you but you are our hands and feet and heart on Urantia.

You are citizens of this world. You will do much of the work that is to come and gain a great deal of satisfaction from knowing that you yourself helped pull this troubled planet forward. Not of pride of power or chosen people but in gracious loving benevolent humility and joy of being a part and this is again a lesson.

You will be physically challenged for you are physical. And this is a lesson that you must learn in physical form. Look upon suffering and sickness, even death, in this light for if you are to advance to the Corp of the Finality to help the Father create new universes of time and space, if you are to fulfill Michael's mission of supreme empathy and understanding for mortal kind, then you must do as Michael and live this life in the flesh as you are doing. Then you will know, then you will know what mortal life is about, yes.

Following some personal questions, Abraham addressed this one:

Did you mean to say that each of us gets our own guidance on our own path dealing with this information and ways in which to share with our fellows?

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ABRAHAM: Yes, dear, in the Stillness daily. Even if you step forward in faith to devote this time and feel it has not been productive it is always productive. It is the intent, the upreach, the inward reach, the desire to understand implemented in conscious effort of Stillness that makes the difference.

Immediate responses are sometimes not forthcoming, for some questions even go directly to the Father to be encircled back to you. And so, yes, of course, you are all divinely inspired. Your choice of how to manifest this inspiration is entirely up to you. You will find that it coincides with your interests, aptitudes and talents. For your life's plan is your Thought Adjuster's life plan. They are one. Would you choose to accept the plan that the Father and your indwelling spirit have developed for you or would you not? And can you ascertain what this plan is? If you do not know what this plan is, ask God. Are there other questions?

QUESTION: *I heard you mention about giving and receiving love. I was wondering if you would comment about receiving love because I've noticed for some reason I'm noticing people wanting to give me things that it may not be something that I want but I want to go ahead and let them give this thing to me so that this circuit of giving and receiving is opened up with that person. Sometimes the receiving of something is sort of awkward and kind of clunky, but it seems to be a good idea to me to let someone give something which actually may have more impact on them than on me, yet on the other hand, maybe I need to learn to receive. Could you just speak more about receiving love?*

ABRAHAM: Yes. By sheer numbers many of you feel unworthy to receive love. A rather strange circumstance brought forth by many complicated issues of mind and ego upon which we will not embark. Though if you ask to understand these things, simply sit down, show concern and begin to write the answers in your journal. If you would understand more deeply that the issue of unworthiness is not the whole picture, for often you personally will receive so as not to disturb or disappoint the person seeking to share, and this is good.

The interpersonal relationships which you must develop with others of Urantia is truly an amazing challenge, given the fact that no two are alike. And so with no two alike of so many, how is it that you could ever learn to work in cohesive unison? How indeed that the Father does this many times over in many

worlds of time and space, to explore and experience with them the coming together of billions of different and unique beings. Such a magnificent exercise of experience for our Father to set forth this plan, which defies an adequate adjective.

But each person that comes before you, though unique, has the same innate and inner characteristics as all others. A challenge of human life is to find the unity and simplicity that comes with God to discover that differences do not matter. Uniqueness is to be celebrated, for each of you are indeed one, and indeed one with God, and indeed a part of God. The giving of love must be learned; so too the receiving. I would be pleased to elaborate in another direction if this has not been fully clear to you.

QUESTION on *"the awkwardness that I feel sometimes."*

ABRAHAM: There is an innate nature of alienation between all humankind upon this world. Ponder the animal natures in which you have evolved and you see characteristics that linger on. But you are not in truth your animal natures. You are in truth an entirely new being. You will be in truth an entirely new being created, co-created, through your Thought Adjuster, incorporating the mind which you have developed within yourself here.

Incorporating the spiritual truths and understandings which you have gleaned, shucking the utilitarian body of this sphere for a superior working model. And then you will be an entirely co-created being with your Thought Adjuster, with fuzzy memories of the pain and suffering and traumas that attend your physical selves, your physical lives and greatly amplifying those aspects of truth beauty and goodness which you have developed here. And so the brand new being will be the new you that makes a triumphant and glorious appearance upon the mansion worlds.

However, in spite of all this, your bodies here, indeed a portion of your body-dominated mind here, retains these characteristics of bellicosity and territorialism, suspicion and distrust that are common to your animal kingdom, even after hundreds of generations. But you see, this is a challenging learning and growing experience as well that spans generations, to finally cleanse and bring forth superior spiritual natures to replace these animal natures, which will eventually dissipate away.

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Even in the mansion worlds there will be vestiges of these attitudes which you have carried forward from primitive times, and you see these natures even now manifested in competitive struggles for power on your sphere. But do you see that this is another grand experience which the Father has developed for you in this mortal life, that these glories of the Father, even implanted in common and functionary animal forms, can be developed and brought forward through the indwelling spirit inside. This is clear to you?

RESPONSE: *We could go on for days on this topic.*

ABRAHAM: This is true.

HUMAN REPLY: *Could I summarize a little bit? We said that, like my grandmother taught me, that I need to receive the gifts that someone gives me because if I don't, it hurts their feelings and it diminishes their gift. But in having problems receiving you mentioned that there were several reasons why we might have problems: one is that we don't feel worthy and then secondly is that we have come from an evolutionary background that would teach us to, I mean you know, who eats who in the animal kingdom gives you a lot of suspicion and a lot of belligerence and also territorialism, and it holds us back from receiving. Is that kind of like a summary?*

ABRAHAM: Yes, these can be root causes of a general feeling of alienation that has permeated this sphere in the absence of the spiritual energies which we now enhance. For now you walk out upon the streets each day to see a multitude of people, so many people everywhere, and yet what is your feeling about these people and what is their feeling about you? There is a vast separateness that has no reason for existence here because of the retardations of rebellion and default.

These changes to light and life have not been effected. We enhance these energies now to bring you forward in greater acceleration and we have no strong admonitions on our side in this mission to not interfere with your normal evolutionary patterns, which have been so slow to evolve and which have been, you might say, short circuited by failures of previous generations.

It is not so important in this time space of the mission to allow evolution a natural and normal course, for indeed that is why we seek to upstep and expand evolution. And we have been given

freedoms to recruit and work with those humans who are willing to take this step of faith and do this with us.

The quickening will continue and as those of you who are inspired and attuned feel and bring these energies into your very being so more energies will come. But you must assimilate before you can receive new energies. Fortunately the more you assimilate the greater your capacity to reach out and get new energies. Yes.

QUESTION: Abraham, I've been listening intently to all of these things and have really enjoyed some wonderful experiences during which I've met strangers' eyes and shared some wonderful connecting loving things one to the other. I'm wondering if this mission extends itself to children. And if not directly to them, is there something within the plan of the mission to allow those of us who work with children to bring some of these healing messages, connections to children? Or are they really just to be loved and cared for in the same way as every other brother and sister out there?

ABRAHAM: Love and caring is the mission. We work in nurseries, prisons and schools and courtrooms and in corporate boardrooms. We seek to work with all. We have elaborate plans formulated to carry forth this mission and often flexible and changing in keeping with the multitude of free will decisions which, in fact, are the driving force of this mission.

On the physical plane we sometimes have to adjust in both directions based on surprisingly effective expansiveness that you exhibit or the normal setbacks of small numbers of people who can effect calamity and reversals of fortune.

The Correcting Time will have a strong component in children, for the pure openness uncontaminated by any sin that comes forth in your co-creative birthing is the ripest and most fertile field for change. The openness of a child when you learn to, in truth, give of yourself in deep spiritual parenting will be the logical place to start in bringing forth enlightened generations. Children are indeed the key, although we will work with all as you will, for the rehabilitative efforts of lost and tortured souls in prisons must not be neglected.

We bring forth the inspiration to change parenting and to change institutions of punishment into institutions of loving rehabilitation. There are so many lessons to learn. so many

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discussions that we can have, but do not wait for my next visit. Discuss these things with the Father, and the Father will send forth insights in your mind that will open the perspectives that you precisely ask for. Choose your field of interest or interests, choose your level of commitment now in the coming months and we will continue to work with you in bringing forth these Melchizedek schools from which the curriculum will be clarified, amplified to bring your learning to its fruition. And then to shine forth as beacons. This light will burn ever brighter, for your institutions are indeed crumbling.

You must reform these institutions in the light of responsibility and service. Commitment to take an active role in the vocation of your choosing from the many choices and take hold; it is time to quit reciting your despairs and take hold in loving faith, accessing these energies through the stillness, and take an active hand in helping us reclaim this place. Yes.

QUESTION: Abraham, the Urantia Book has taught us not to give advice unless it is asked for. And today you are instructing us to offer advice in the line of our ministry. That the seraphic hosts purposely place individuals in our spiritual path who are in need of guidance, encouragement, instruction and love and during that process we should offer them advice and this is an area which I am quite interested in and the question is; what is the best method, approach or approaches to make this advice-giving the most efficacious, and to increase the ability for the advice to be received and retained.

ABRAHAM: Make no mistake, they will ask for this advice and you will give it. And in their asking comes forth an openness which will ensure that they will receive it. The time for arbitrary preaching is dissipating. Urantians of many kinds of many colors do not take well to preaching. And unsolicited advice. You will know what to say by the questions and have no concern that these questions will come from the heart. And you will answer from the heart and there will be loving connection with those we bring forth.

Perhaps in an older state you would consider them dirty and vile. You would not want to touch them. I assure you that the energies being forcefully and purposefully brought into you by your initiatives will change this disdain to the genuine desire to touch and hold and to love these people. For you will see the spirit that burns inside. You will see the agony and self-destructiveness which will bring forth in you a loving empathy.

You may find in coming weeks as you feel these energies that you will become more emotionally involved. More emotionally touched by suffering, by those whom you would help. By even the inspired music in the air ... can bring tears. The sharing between you can bring tears. Your deep desires can bring tears. The deep feelings can bring tears. And all of them will be tears of catharsis. Tears that will dissipate away these feelings of alienation and hostility.

God will smile upon you and re-energize you with newer and purer energies for which you will reach out and embrace all suffering Urantians who come before you. And we will bring them before you so that you may speak our words, your words co-creatively, in solace, the mercy and compassion of the Creator Son, the love of the Father which He brought to you, the brotherhood of all.

REPLY: *That's beautiful.*

ABRAHAM: Yes, we are also able to reach upward and receive the words and inspirations that even we need, for ultimately we are all connected to the same powerful circuit of the Father. We transmit, we channel, we co-create as you do. Yes.

My dear friends, I walked the earth with you. There is a common bond between all generations of Urantians. This is a very special place. This is a place which we share. This is a mission which we share. The people of Urantia have cried to the Father in their suffering and their prayers have been answered. In the course of the rebellion, in the long standing war in heavens, which has been more of a debate of values and ideals, we have learned so very much, and with this learning and the adjudication, we come forth to work with you. It is our honor, our special privilege to work with Agondonters who see beyond material eyes, who experience beyond mortal bodies, who reach and yearn lovingly to find the God spirit that you know.

My children, it will be my great pleasure to help you discover these things and bring forth and serve in this first generation of profound change, which will usher in coming generations of increasing quickening change. Energies are rising and so are the people, the noble people of Urantia. I say, Shalom. Peace to you, my brothers and sisters. Good evening.

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As the group extended thanks, my friend from Indianapolis, Welmek's usual transmitter, began to transmit:

GABRIEL: One moment, please. Peace be upon you. I am Gabriel of Salvington. I am not with you but I am nearby. I wish to bring you a message from Michael of Nebadon.

MICHAEL: My dear little ones. If only you could know how much I love each of you. You are so dear to me. I see each of you as my own child. Think of me as your elder brother and Father, as I was to my human family when I walked upon the earth.

Today you are here to rise above the doubt and confusion of this troubled world. You rise on the wings of faith to listen to the teachers I have sent to you, but I say to you that I am also with you. When you are troubled, when you are fearful, call to me within your heart, within your mind, and I will comfort you. I am never away from you. I am with you always. One day we will stand face to face and I will embrace each of you as I send you on your way to our Father. But until then my spirit is with you, it is always with you. I want you now to pause to go deeply within your own mind and I want you to feel my presence and to feel my love. And always remember how much I love you. Good day, my little ones.

ABRAHAM/SECOND VISIT -- October 27, 1995
Including some new and expanded perspectives on planetary changes

Welcome, my brothers and sisters in the flesh, ascending spirits. Through the circuits of reflectivity I am open to you this evening for a short visit. Tarkas has spoken well of the enormity of the Correcting Time, your so-called awakening. Although, the spirit of the Universal Father has always lived strongly upon Urantia, those who would believe this planet in some dark and evil slumber take no proper accounting of the core of goodness which permeates virtually all children of the Father here, some lost temporarily, and we would save every one.

You have made requests that I come, several of you, to this visit and several have not attended our previous sessions. I would speak on whatever subject troubles your mind or tweaks your curiosity having to do with your roles as teachers, if you choose

to continue your path. Within groups, within yourselves, many of you are already doing public ministries of healing, of service. All of you seek to radiate love and know the secrets of the universe. You are all in the process of learning, receiving, giving, sharing, and this diversity is quite good.

We are not looking for teachers who would be ascetics and retreat to themselves or into cliques. We would have you active and balanced in all walks of life, in business to professions, teaching, serving, and many will be restless to change their roles to one of more enlightened service, having discovered the secret of gleaning powerful spiritual energies from your own radiation of loving service.

So self-satisfying to give, so blessed to give; a lesson I found difficult in my mortal life and would not criticize anyone at your stage of human development. It is necessary that you, it was necessary that I, experience material life to learn for ourselves the lessons that could hardly be learned effectively any other way.

You will have an eternity to reflect upon this short but pivotal human life and you will have many occasions to look upon the service that you will give in coming years, to cherish and treasure each kindness that you gave, and to feel that kindness again and again through eternity.

And so pile up these nuggets, these jewels of kindness and there will be a treasure chest awaiting you in the afterlife, in the spiritual ascension to which you will revel and exult in all the good things of this life, and the pain will have passed dully away. And so children, rejoice that you are this far, for so many have piled up so few nuggets, indeed are living bankrupt and suffering lives. All the more work and responsibility they must take in the mansion worlds for which they are destined. You in fact will help them in Mansonia as you are asked to help them here. They are hungry; there are masses who are hungry for spiritual deliverance and peace.

In time you will become quite proficient at delivering the goodnesses, the kindnesses, the radiation of empathy that will bring them to you, magnetized by the Father's light that shines from you, from within you, and by your side. Through the tough times, you will learn to transmit the voices of the heavenly helpers who will always be with you. We work together. The

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seraphim will work hard on your behalf in coming years, for you know the changes will sometimes be profound. The cyclical cleansing that must be done we cannot predict exact results. But when pollutions of air, of water, of earth itself, when hazardous wastes are dumped indiscriminately into waters and soil and air, there will be cleansings.

We would have you prepare for the worst scenario. We would have you in faith know that as faith children we will do much to make you aware of chaotic conditions and steer you to safe and higher ground. You must listen. You must be aware of your spiritual knowings inside for us to effectively, through the seraphic corp, keep you safe. You can expect some chaos. Institutions must crumble as reactionaries suckled by greed, emboldened by their power, violent in their excesses can be expected to heap criticism, ridicule, and fight spiritual awakenings with every nefarious tool at hand. They will be impotent in the face of the spiritual awakening that will bring forth true spirituality, honesty, and fairness and ethics and involvement, responsibility into the institutions that must be reformed and rebuilt.

At the same time environmental cleansing can be traumatic, although we seek to bring forth climatic conditions which are actually conducive to clearing the air. But much, very much must be done in participation with the humankind who poisoned this environment in the first place.

The Father does not send us to clean up after you or correct your mistakes, knowing that your opportunities for learning and growth are greatly enhanced. You participate in doing this yourselves through the inspiration of the Father's messengers and helpers and teachers who are now authorized since the adjudication to come and help. Indeed this enormous undertaking has many ramifications but I will close these remarks and conserve energy with the simple statement that you should dwell not on the complexity, but on the simplicity. For, the world will be changed one person at a time, inwardly, outwardly, through the minds, through the hearts of people. The very core must be started at; we must start at the very core in the beginning to bring this earth to light and life. Foundations of falsity and rotteness must be torn away and new foundations built.

This is very difficult when dogmatic and egoistic and greedy power merchants hold sway over the civilizations advanced and not, and yet, what greater power will ever be shown in this local universe than the great example as we look back in ages to come, at the great magnificent redemption of Urantia. And all of these other worlds of the nefarious prince's rebellion, what a tremendous triumph beyond human words, to bring this cluster of planets into the fruitful universe, into the loving arms of the Father, and quite fittingly and amazingly will be done as a collaborative effort as Michael, your Father, your Brother, your Leader, your Associate, in this undertaking, once incarnated as an ordinary human being to work great planetary changes. So He returns now to work with you so that cooperatively in the spirit you can work together to bring this planet to its next level of light and life.

I trust these have given you some additional perspectives and ideas regarding the Correcting Time. We would hear from you as to your thoughts or questions.

To a question about specific earth change events upcoming in December:

.... We do not come to provide answers but to inspire you to make the growth decisions that will bring you to greater maturity, wisdom, and eventually perfection. Learning by doing and wrestling with these problems is the whole point of living. If we came to give answers readily, it would be like the teacher providing answers to the homework and depriving you therefore of the ability to learn and experience these things for yourselves. As spirit beings, you could be taught in a classroom, but the learning would not be as profound and all encompassing as it is when you actually live here in the flesh.

Experience is the thing, the experience of learning to control mind over matter through the utilitarian service of the ego. When you learn to have the spirit control the mind, the ego is no longer very useful and can be put aside to the higher spiritual purpose of the God-knowing child who exults in being a child of God, who wishes to radiate love all around. But we would have you discover these great truths for yourselves; this is the point. Also, prophecy of course is often inaccurate, only reflecting probabilities since so many free will decisions are involved in making the future.

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Our parameters are indeed narrow in some respects on Urantia, even though they are vastly broad, even broad enough to cover the other thirty planets in this reclamation. But at the same time, free will actions of the human beings are the sole dictating action. You have the bodies, you have the hands and the feet, you have the personalities interacting and living on Urantia. We would give you clues and inspiration and considerations that come from experiences of our morontia teachers who are very close to you in reality of eternal values. They are so close that they still feel a deep empathy and cooperative spirit with you in this mortal life, remembering it quite vividly themselves. While you learn and grow and make decisions which sometimes prove to be dead ends which must be reversed, they do likewise with you, for even mistakes are a calculated part of the plan. Humans often learn more by attempting, making mistakes, and failing, than any other way. Do not feel bad when these things happen; they are part of your learning and growing experience too.

To another specific question about a career path:

In general, we would hope that you would be all cognizant of what your hopes and dreams are for your remaining years, that you would choose service, and that you would focus more strongly, more creatively, more suggestively, upon these fondest hopes and dreams and aspirations to more exclusion of the attitude that you must do this or that, you must do this or that which you do not find appealing in order to survive. There are lessons to be learned from having to do many things of which you truly do not want to do, and these lessons must be learned by humans. But many in this room have learned these lessons and are quite prepared to do drudgery and to do service jobs with a radiant smile and see it as a loving opportunity. And so, you may move beyond these lessons to more advanced lessons.

The times are indeed quickening. There will be environmental and political upheavals, likely more violence, and certainly a time of greater intensity of problems and the facing of values which will torment men's minds. And so, with preparation, you must come along on schedule so that you will be ready to serve, to teach, and to radiate at the times, at the crucial times, the crisis times that will come.

Reply to another question

In the Stillness of worship and prayer, you energize your being with love, you fill your tanks with the loving energies. The care of diet and exercise and rest, well known truisms of all ages, are therefore extremely true. In the still time of worship and prayer, you bring into your being energies which you can, in turn, radiate.

However, a number in this room, and all truly of faith who choose this path, have been chosen years ago because of some expressed deep heartfelt longing that you may have petitioned to the Father. It was seen that your life plan through your Indwelling Spirit would give you the abilities to fulfill, and help God fulfill those very longings which you expressed, perhaps as a child, perhaps later in life during a traumatic, distressful, suffering time.

These words were heard by the Father and you have been designated, if you choose, to come forth and help with the spiritual awakening in ways of your own choosing, with the talents that you have been lovingly nudged to develop over the years, again, by your free will choice. Some choose to be engineers, some choose to be teachers, or counselors, or whatever. There's a place in spiritual service for all.

And so, each of you has a path you may choose to follow. Opportunities for your growth, for your education, for your reward, for your connectedness with those who can help you, and in many other ways, are being administered for you, indeed with you, and have been for many years. Your safety has been looked after by your seraphic hosts and by becoming more attuned and heedful, you have forestalled and avoided other events which could have been catastrophic.

This is not to say that you are special people or chosen people from the perspective of ego, but rather, from special talents and a willingness to use them for the Father and Christ Michael in this Correcting Time.

Truly great works can be achieved by singular people. Greater works often by working together. We intend to work toward keeping you safe physically so that you may teach and serve, provided you give wholehearted endorsement to your growth in love and service. We are instructed to be with you constantly for glimmers of opportunity to communicate with you.

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All in all, many years have been in the planning for the reclamation of these worlds. Many, many of your years, even before the adjudication. Just as there are painstaking plans now for possible evacuation if the planetary forces cause catastrophic ends. You still have the capability to cause major environmental damage, but we will seek to work within your free will decisions to bring forth a cleansing, an awakening co-creatively with you.

To a question asking for homework that could pull the group closer together in service:

Perhaps it would be useful to summarize on that one page the basic tenants of the Teaching Mission, just to make sure everyone is on the same page, and that the lessons have been sufficiently distilled at this point; that this kernel, this nugget, will summarize who you are and what you are to teach. This would be an interesting homework exercise for those who would take it, bring their concise points of view to the next meeting and we will perhaps Tarkas will discuss. I will take leave of you now and leave you with your teachers, as there may be some semblances of energy that can remain, perhaps even for additional homework.

I would have you have one more bit of information for which several of you know and that is, that each step of the Correcting Time, indeed, the Teaching Mission, builds upon the next. There are now transcripts which will explain to you ... the next step beyond the technique of transmitting/receiving. You have come to understand this somewhat as its actual collaboration of celestial and human, and understand something of the authenticity with which you can accept these teachings.

The natural progression is that we continue to open incrementally other circuits of energy as this vessel of Urantia can hold them without disruptions, and bring forth additional powers through a form, a segment, a segmentation of the reflectivity phenomena, which is beyond transmitting/receiving. Certain vessels are now being opened sufficiently that we may bring forth even purer and deeper and more complex meanings, not only for the edification of your own friends and associates, but over a panoramic sweep, to reach even planetary proportions.

Do not misconstrue that this is coming your way next week or perhaps next year. These tools of reflectivity will be opened for

those who choose to volunteer and to strive for this level of openness which will allow pure and deep transmissions, even to the unknowingness of the transmitter. This will be the next step in bringing forth highly magnified energies that will sweep across this very planet. This is, of course, along with the Melchizedek schools and other ramifications a goal of the mission. It will come to fruition.

How do we apply it?

It would be first beneficial for a willing subject to master the technique of these simple verbalizations of TR. It is really quite easy as taking dictation once the fear barrier has broken and the subject begins simply speaking aloud. And so we would hope that you would begin and continue to develop this technique of transmitting on paper, by keyboard, or spoken word, and open yourself willingly to the Father, would you choose to become willing and open vessels for the ascendant Melchizedeks and other high administrators to speak through you in coming years.

Think upon this. You will continue to think upon your level of involvement as apostles with responsibilities that can be demanding to disciples who have greater latitude to live their own planetary lives without the level of service and purity required of apostles. At this time you serve somewhat in both capacities. Alternately providing deep and feeling apostolic service. At other times, drifting back into your normal and much active lives.

There will come a time when we are here working with you, as your kind, that you will find it is time to decide once and for all to come forth and open your very vessel to loving and constant daily service to the Father, to Christ Michael, or that you will choose a part time and secondary role in support. You will be honored in any case for your level of commitment, for the Father of course judges your heart, your intentions.

And so in these vastly changing times that are to come, I would leave you with the idea that you might concentrate less on physical phenomena in the faith that no matter what calamities may strike humankind, there will be a mighty influx of spiritual help that you can access to help bring you through these times in loving service.

JIM CLEVELAND

Much of apocalyptic change comes within the heart, within the minds of the people. These are the true changes that will last through eternity. If civilizations collapse, institutions fall, what is it to the faith child of the Father? What was the fall of Jerusalem to the eternal message of Jesus? The spiritual values are everlasting, even though temporal upheavals may cause calamities and great opportunities for growth and service.

I've enjoyed meeting with you and we, on behalf of your teachers and the artisans and a multitude who indeed are listening in, bid you a peaceful and loving good night and Shalom.

RANTARASON, A Melchizedek

Another powerful celestial voice visited us for the first time in 1995, another Melchizedek who spoke with strength and authority.

#90 - RANTARASON/TIME AND SPACE ENERGIES ARE EVER-MOVING AND ARE USEFUL TO US AS TOOLS

In the worlds of time and space there is an aura of constant movement, change. Even the atoms and molecules are always moving. Giant things and microscopic things are always in the state of movement, change. To turn this change to positive growth is the human test. The tools with which to do this are time and space. You have the time, finite as it is. You have the space. The task is to turn change into learning and growing experiences to be fast upon your path to spiritual perfection. My wishes for you is spiritual perfection.

In this way station you have been riding a wagon or perhaps a stagecoach beyond this sphere. In your spiritual ascension you will have faster conveyance. But as humans, this vast future sprawls before you to learn and grow. There must be constant change for growth. And as children who have chosen to affiliate with spiritual guidance, you will be continually evolving to new trying and challenging circumstances over which you can triumph and achieve, learn and grow. When you have children, there is a progression of learning. We will hope that your child will learn lessons and move on to new challenges, new learning, new growth.

Even in school we desire progression of new challenges and new growth. Humans often find this unsettling to be in new and trying circumstances that you have not dealt with before. But for faith children of God, this presents itself as an opportunity. We would propose opportunities before you more expediently in this room where you have chosen an accelerated pace, a pace with great opportunities.

So many of humankind lament situations which they do not know how to handle. Seeing this as somehow a curse or aberration; it is not aberration. The Father wants His children to grow and learn, as you dear children will learn, and in love, not fear, in faith and not doubt. The desire to serve and not the desire to take.

And so, you grow my children using the tools of time and space. And your growth is forged in the brilliant stainless steel, glistening strength of a plow in fresh unbroken soil, plowing your own individual path, your own furrow, planting seeds of growth. All of Urantia will be planted. Plant some of your own. Thank you.

HUMAN: *How can I best make that plow go in the right direction? How can I make sure that I plow it in the way that would please God best?*

There is a deceptively simple secret, and you do know it, my child.

HUMAN: *The Stillness?*

Indeed. In a world where all is at movement, all is constantly changing, evolving, even atoms spinning, spinning, everything is in constant movement, you reach the Father through the Stillness. This is the threshold for solution and it can be as simply put as the Christians, in their reverence, calling for daily prayer and worship and walking with God. It's as simple as that.

Humans need this personal relationship with the Father. Teachers and guides and angels are secondary to this establishment of this personal walking with God. There is room on your path. There is room on all human paths for two of you walking together, you and God, for God is inside, has chosen to love and experience with you. You must learn to feel this

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personal presence with God as Father and friend, supporter, companion.

God, your God, will keep your furrow straight and smooth and deep enough in truth for many seeds of kindnesses and love that you show each day. And as you triumph in showing loving kindnesses in loving measure, the Father will give you opportunities to give love in greater, ever greater measure. Learning, growing all the while to your ultimate perfection.

Question about people's alienation from one another

In your time and space, in this time and place, you will find an underlying front of sadness and loneliness that can be felt, and twinges from time to time as you look at the bleak reality of what humankind has wrought and how deep this sadness can be. But in your solace with the Father you will strengthen your mind, your spirit and know the truth.

There are always evolutionary and changing sufferings you will know that will give way to greater realities of tomorrow. All is temporary. Catastrophes, falling civilizations. Does it really matter in the overall context of your true and spiritual identity in the vast universe of universes that awaits you beyond this sphere? And yet, here you are. Put in your evolutionary time and space-coping, struggles, problems, which you can only learn here in this sphere and no other place.

There are a vast number of things you will learn here that you will carry forward into eternity. Put the twinges of regret and loneliness as a memento, a teardrop memento of the reality of rebellion and evil you have wrought from this beautiful, this lovely garden, and resolve to make it a garden of magnificence that has never been seen. The reality of Urantia today, using the tools of time and space, growth and learning will be a garden in your future. You can plant seeds now that will grow into mighty monuments to the Father.

Many people don't really know a lot and aren't really looking for much but they're the Father's children. He loves them and He'll bring them home. -- Lester

Seven

just LESTER

It was difficult getting used to the idea of high-ranking celestial administrators coming to call on us in Cincinnati. I was only in the process of understanding that presences, such as the Christ consciousness of which we are all capable, are much more than an appearance on the physical plane, where we're living.

At about this time, TeaM students were being told that teachers often were not strongly here on our planet during transmissions. They can transmit to us from other planets in the local universe, and do so. With that premise, it certainly seems likely that Machiventa Melchizedek, Abraham and other administrators could use the universe energy circuits to broadcast messages to us. It is really not that difficult for them.

Much of it includes a process called reflectivity, which is explained well in the Urantia Book, but not sufficiently for my full understanding.

Along with these possibilities comes the reality that even young students in the Mansion Worlds (Heaven), who were mortals not so long ago, could be allowed to communicate within the Teaching Mission. This turned out to be the case with an aspiring young morontian personality who finds himself trying to catch up with his spiritual growth on the other side after spending much of his mortal life as -- and he borrowed the vernacular from us -- "a party animal."

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Lester visited groups on the West Coast and has been transmitted at several conferences, delighting most of his audiences because of his self-effacing, student attitude, and his eager willingness to answer all the curiosity-type questions that the teachers most often avoid -- especially "What's it like when you cross over?"

Lester is a friendly, humorous and, so to speak, down-to-earth personality whom a lot of humans can identify with. He best speaks for himself, and does so in this unannounced visit.

Insight #91-- THE UNIVERSE IS A SCHOOL; ON THE OTHER SIDE WE ARE STILL STUDENTS AND WE PICK UP WHERE WE LEFT OFF

Hi folks, this is Lester.

Group: (Laughter and many hellos. He is remembered from the Arkansas conference, which included a session where he actually led us in a dance.)

I've met several of you and number you among my new friends here. Indeed, you asked that I come by and I have been traveling around with the other teachers, the real teachers I should say, for I'm not fully qualified to be eloquent or explain some of these deep things, for, I'm a child of the universe much like you and I have been on this side for such a short time. I guess that I still quite identify and feel like you folks here. I remember quite vividly my mortal life and lessons I resisted learning because of lack of interest in anything other than having a good time.

In a sense our world provided less opportunity even though we were on the threshold of what you call light and life. Conditions were quite good and not so troublesome as all the stuff that you suffer with and wrestle with here. So I had little interest in my spiritual self. I learned to have a good time. I saw nothing wrong with what I was doing. I just failed to learn a lot of lessons that you can learn here to really take hold.

So, I have a lot to learn where I am. This is no real problem, for the teachers here, they are quite patient, extremely patient. I've come to realize that they love me with a depth I could not imagine. And that I am indeed a child of the Father even though

I've taken little interest in the Father and with many of the things they've tried to teach me. In fact, people have expressed such surprise that they would see me here. (Laughter). But I am here, and I think it shows that no matter your laziness or indifference, if you're a good person, you will have the opportunity to keep growing and learning, no matter how many times they have to repeat the lesson. They repeat it with great patience.

So, I'll begin to learn some of these things which, in fact, you're learning already. I've resisted for, I want you to know that, when you come to this side, you are pretty much picking up where you left off. You can still have apprehensions, feelings of restlessness. You can feel inadequate, you can feel like you don't measure up, you can feel a little sad. But, all these are attained so that you can continue to learn from these feelings and so with great patience and love, which I have found here, have been very opening to me in a lot of ways.

I've never imagined our Creator Son in any real sense before and I was quite apprehensive to stand in the presence ... apprehensive but yet, the presence of Michael is so incredibly settling. In his presence, all apprehension, all restlessness just seems to melt away, and in that presence you feel the greatest joy and the greatest peace that you could ever imagine. This is what you really come to desire and value and want. I never wanted these things, so to speak, when I was human because, I was too satisfied and believed there was no serious thing that should interfere with my living a good life. Truly I didn't understand that I should apply myself more and take more responsibility to learn and to then share what I've learned with others. And that's what we do here. We learn and then you teach others, share with others.

I was quite sincere when I asked to be part of this teaching mission and I knew that I was not qualified to teach as do these wonderful teachers who I have been traveling with and yet, Michael saw something that I could share. I only wanted to share with you my heart, my feelings, and answer questions about what it is like on this side. And Michael in His wisdom has allowed me to be part of this mission, which has been quite an eventful experience for me. What has been very revealing is the fact that I feel a little more advanced than many of you, and even still have trouble grasping the truths that are in your text that you have thought through and studied so well.

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Nonetheless, my presence seems to bring smiles and laughter and joy and friendliness and I feel your friendliness. I do feel that you like me. And I want you to know that I like you a lot too. I don't know what else to say other than several of you have asked me to come by, and I'm here. I can't answer questions about the circuitry or many other things but I want you to know that, there's a place for not only each of you, you folks know a lot, and you're dedicated. Many people don't really know a lot and aren't really looking for much but they're the Father's children. He loves them and He'll bring them home.

We're all moving on this path. I'm just overjoyed to be here and realize that no matter what you don't know, you should know one thing; that the Father loves you, that you're part of this plan. Each one of you is part of this plan and I'm part of this plan. So, we'll all work together, from where we are. We'll really find a lot of joy cause it seems like the longer I'm up here, the more joy I can find. I've begun to make a list of places where I'm finding that joy and none of these places are places I looked when I was below. I was looking in all the wrong places. And yet, it didn't matter in the ultimate sense, they still give me a chance to grow and learn.

So, when you see, maybe, people that you care about here, and you feel they're off the path or lost and not bound for much of anywhere, I don't think you can make that judgment. Because in that person's heart, I believe, on Urantia, as well as all of these other worlds, that we're all the Father's children and whether we're ignorant or whether we even resist learning, believe me, there is a real concentrated program to teach you, and if you don't learn it, they just keep on teaching you until you do learn it.

So I'm real pleased to come by and visit with you and perhaps I'll come back again. I'm having a good time on this trip and I'm sure pleased that people have shown me that they like me and care about me even though they can't see me, even though they don't even know if I'm real. Talk about faith, more of your faith than here, some times is pretty astounding. We had people on our world, and we were real close to light and life, who did not have nearly the faith that you folks have. And that's really saying something about life here on your planet. Anyway, thanks for letting me visit with you for a few minutes. I know the hour is late but if there's another question or two that is kind of simple and within my jurisdiction.

HUMAN: *I have one, Lester. Since I've been sitting here enjoying Tarkas and Welmek, whom I've grown to love over the years that we've come to know one another, and now I'm hearing you tonight and you're a special person and I've grown to really like you. I really want to know if I can reach you all when I get to the other side? That's sort of important to me. I'd like to be able to be in the same physical plane where you are and sit down and communicate without going through my mind. I would like to be able to sometime on the mansion world or somewhere that we'll meet again. Is that possible, probable?*

I think it's pretty much a sure thing. In fact, the progress I'm making I may still be here waiting on you when you get here. *(Laughter)*

Things are pretty cool on this mansion world that I'm on. This is the first of a progression of places that I know I'll eventually get to in time. Each one they say is more glorious than the one before, so that's pretty encouraging. Yeah, I'd be happy to, to thank you and give you a kiss so to speak when you get here. And the rest of you folks too.

I really have met some beautiful people on Urantia and I didn't know what to expect. I've come to realize that people on all the planet or worlds are pretty much alike even though they are really very, very different. I mean as far as they live, attitudes and ideas can be real different, but at heart, I believe, we're all made from the same pattern and we're all pretty much alike too. And wait until you get to this side and you'll have some really exciting things to discover.

Replying to a long statement of appreciation

Actually, things are pretty awesome here. And you know, you kind of get used to awesome sometimes. Even here you do. I mean, you look around and everything is so magnificent and so beautiful and gleaming, and everything's shining and everybody's in a good humor and smiling and so patient. Back when I was a mortal, I remember that you could kind of get jaded, if things were going OK. and you lose your appreciation for those things. And here, it never seems to go away. I always seem awestruck by the great and glorious way things look, feel, and the way I feel, and the fact that I feel better when I tune into the loving energies that are always telling us and showing us

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how to tap into and you can do that. And you can even do that here and you're learning how to do that; to get that good feeling.

But of course, we can do it a lot easier up here because we're just moved along on the plan to the next comfort station so to speak. But I don't think you ever get jaded, unappreciative here of the things that you have, things that you feel, and experience. And they say on succeeding levels that this will just get more and more glorious, so I say bring it on. But I'm ready for it and they may keep me here for a long time, but that's cool.

I have a question. What do you see when you look around? You say everything is so glorious. Why don't you describe something that you see right now, and I don't mean us, up there or wherever you are.

Well, the attitudes are so positive and so loving and generous that all around you the personalities are reflecting and emanating and enhancing all this so that the whole aura of how you feel just puts a smile on your face and it just stays there.

Can you sense some of this stuff right now so we can feel it?

I think the Stillness is the way that you get some little inklings of these feelings. I'll bet all of you have had these feelings of real joy, that God is love and lives in me. Maybe they just kind of come and go here but you'll find that they will be so much a part of your life here and so much more readily accessible.

One of the things that I had to learn here and probably you will too is: don't rely completely on yourself and your own self reliance to do things. Everything is team work and the more people you can bring in to cooperate and work together on a project, there is even more progress before it even gets done; it's more satisfying. The joyousness of achieving together is multiplied by the joyfulness of the celebration.

When I was a human, I didn't work with people too well because I had a bit of an ego and I was looking for a good time. I didn't learn to work with other people in team work projects. But I assure you, you'll learn to do this here with personalities who may seem to have different points of view. You find that by working with them, the differences are not so pronounced. The commonalities and the great bond between all of the Father's children is so great that you can indeed learn to work with them, each other, and enhance your strengths and produce a well

rounded solution to any class project. Cooperation, learning to work together, teamwork, is all part of the learning.

As far as the morontian environment, these structured materials are not like anything I had really seen before. In a sense, almost transparent but also in a sense, still material. Very clean, very brilliant in design, architecture, and little maintenance is required, although, there are maintenance beings who exist solely for that purpose. The Father creates so many different kinds of life forms and some are very specific and some are very versatile in what they can do.

Like environmental engineers? Celestial environmental engineers.

Well, there are so many kinds of beings. The sporangia (one level of created being described by the Urantia Book) are very useful, utilitarian and quite effective in what they do. I have no doubt that there is a love of the Father for all His creation whether they have an exciting personality like some of us, or no personality at all.

Lester, I was wondering if you would share with us or give us some idea of the lessons that you're learning these days?

You know, the lessons are not too different from some of the lessons they tried to teach me when I was a mortal that I resisted knowing. I have no doubt you're going to learn these lessons sometime if you keep on this path and you will want to stay on this path once you see how beautiful it is on this side and know where that path leads. You can not only see it but you can feel it on this side and you will want to continue. But I had to learn truly to love others, to listen intently and absorb, try to assimilate their lessons and reflect them back in loving and giving service in teaching others.

At this stage, I'm not much of a teacher, but yet, sometimes teaching is nothing more than sharing from the heart. And it seems when I share my honest feelings, even the things that I don't know, with all of you people, you appreciate it and you appreciate the sharing. This has been a lesson for me too. I never thought I had anything to teach and maybe I still don't have much to teach. But everybody and everyone of you has things to teach now, later, as you learn, you'll have more to teach.

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There are so many lessons to learn here and it should be pleasing to you that you're getting this head start. We're already into some of the Mota that I am learning new perspectives on. Sometimes you learn a thing but it's not thoroughly learned until you learn it several different times from several different perspectives. There are always ways to look at something. Until you walk all the way around something, you don't see all sides of it. Then you still don't if you have to rely on your own mind to decipher and learn.

Even here we find we are limited and that's where the teamwork comes in, to find other people's perspectives. Then you put them all together and report back to your teacher as a group with the truths you think you have collectively learned, synthesized, and brought back to the teacher as a group offering, not as an individual. Because individuals, no matter their mind and balance or connectedness to the grapevine, still will not see all of the perspectives that are needed to get to the real truth and so, we got to work together. We learn to work together here. Your life here can be so good. Eventually, you're gonna learn to work with all kinds of personalities that may make you even uneasy to begin with, but you'll find out that all of these personalities are very different from one another but all very much the same, capable of blossoming with the right of kind of love shared.

Have you been there that short of a time that you're, like, on the first level? Is that where you are?

Is this the first time you've been dead?

Well there's nothing really dead in the universe that I can think of. There are no dead spirits. Only matter can become dead so to speak, but it's only matter.

You've been there 800 years, is that correct. So is that 200 years or 800 or does it matter --no?

Actually I don't suppose it does matter, if you're learning and growing in the kind of joy and happiness we experience here. I'm in no way anxious to move on. I might have been a restless kind of person at one point and want to move on, and move on, for I was quite restless as a mortal. That restlessness greatly subsides on this side, if not entirely. When you realize that there is no rush to get anywhere, then it's better to sit back and enjoy

what you have. When the Father wants me to move on , He'll send me to another level, but I'm real happy at this level. And I know that you will be too. You'll be real happy.

Is there a comparison, Lester, between like, what you do before you move on over there and in comparison to the stages of what we experience before we move on to the next level over here? I mean, spirit is spirit and could you draw that sameness for us?

I'm not real sure about your question, but when you come to this side, your personality remains about the same. You're still the same personality and you continue to grow -- pick up pretty much where you left off, but with a more subtle and peaceful mindset and without a lot of the bad memories of some of the really awful things that might have happened to you that left scars and bad memories. They're pretty much put in the background and you know what happened to you. You still consider it and know that it happened but don't hurt because of it; you understand what happened and why and what you should have learned from it.

And so, there is a real, like, philosophical way that you look at things. The emotional turmoil that humans endure, is pretty much gone on this side. But still, you're the same personality. You still have a lot to learn and they will teach you with great patience. You will still have a need to enjoy yourself and have a good time and they know that. You will have a good time. There is a time allotted for all kinds of activities which involve family obligations, school obligations, service or work obligations and entertainment opportunities. It is all very structured in a way, but it's a real easy going way in that you appreciate the structure and the organization that it gives to you so that you can truly be well rounded and get a little bit of everything. Does that make sense?

It does but it raises another question I have. You say that emotions aren't the same but do you experience your feelings in the same way in spirit than you did in the flesh?

Someone I was visiting with today noted that the feelings and emotions are two different things. There is a relationship, in the human sense, with the feelings that will carry over into the spirit life. You won't carry that traumatic hurt and also the kinds of personality defects being hurt, being betrayed and mistreated and judged harshly and wrongly. All those things here cause

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you a lot of angers. Of course, when you grow here as humans, you can learn to take these in stride. Know that you're a child of God and you can blow-off the criticism and judgment and attacks of others, to some degree.

This power to rise above emotional hurts and angers, frustrations and desires, to strike back, is greatly lessoned on this side. It's like you've passed the test of humanism and now you've moved on to something higher and better. You're going to remember a lot, a lot in fact, almost everything in fact. Your life here becomes almost a syllabus, a lesson plan for the lessons you will learn on this side. Your life, you might imagine, could be put in book or record, and this wouldn't be too far from the truth, for, your life is pretty much analyzed from beginning to end here. And many things recall to solidify the lessons you learn or did not learn or need to learn.

In these first mansion worlds, a lot of the learning is really correcting things that you got wrong down here, then you will move on to new knowledge. I understand that, that should be quite fascinating. But I'm not ready for it and I'm certainly not restless to move on until I've enjoyed this world, this mansion world to the fullest.

Lester, you're an excellent teacher. You teach us experience. I don't know that I have found that in some of the other things that I've learned and I really thank you.

Well, it's not knowledge of things that I wish I knew and will know. It's really sharing from the heart like you said, and you know all of you can do this. All of you are teachers right now. You know a lot of things that will help your fellows overcome their suffering and frustration. You know a lot of things in this room and I know that you're really gonna go out and share those things, things I'm learning here. I get pretty excited sometimes and I want to go out and share them too.

I really wanted to come on this mission and I didn't know if I would be allowed to because most of your teachers have had long training and are quite well versed. A lot of them, in subject matter, in techniques of teaching, and all of them, characteristics of teachers, which they have studied in great depth. I've just kind of like skimmed a lot of this knowledge and don't really have it. But it's really not necessary to show love to people and concern and care about their problems and their challenges.

With your physical bodies, you can actually touch, hold, and embrace these people. And you can be a good teacher without being a great scholar. I'm not either one and I'm not a great teacher but I do speak from the heart as to what I feel. I believe that's why they let me come to tell you just that. You are worthy, there are things you can teach. You can always radiate love and care for people. They're not looking for your intellect, they're looking for love, concern from you and if you show them that, you don't have to open any great books of knowledge, cause we're all students searching together.

Anyway, you're never going to learn all of the knowledge; that's not necessary. The Father is really Love and Christ Michael, the most incredible personality that you could come in the presence of. You'll feel this when it comes to you and you will find it a profound experience, one that makes me emotional when I think about it still.

When you come in the presence of Christ Michael you feel this joy and peace, I'm wondering, is this presence always felt, this experience, or are there times when you have the experience of His presence?

Well, Michael's presence is actually everywhere and I think humans can feel something of this, and I think much more now because Michael's headquarters for this reclamation of all these planets is here and the presence here is being felt quite profoundly whether or not it's really been identified as such by a lot of you. But this great hunger that leads to the desire; the people who really love one another and nurture one another and balance justice with mercy, compassion, this empathetic feeling for people, this is the Christ consciousness that you're feeling.

You may get kind of emotional because your feelings may deepen and broaden for the suffering that you may see and your determination to do something about it that becomes strengthened. This presence of Christ Michael will indeed strengthen this for you. In your deep feelings will come a desire to help with the suffering. And that's what these circuits are opening up ... your consciousness, your feeling to be more responsive to the spiritual leadings. You'll talk to Michael every day about what you want, those energies will come into play.

Your longings within your heart will be revealed in you. You'll feel a lot more of this togetherness with your creator. Michael

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really wants to experience with each of you. If you're to go forth as disciples and sometimes apostles, then Christ Michael wants to be a part of your persona, to go with you during His work and to feel and experience those things with you. It is a collaborative process as your teachers have said. They're right. It's really a master stroke that Michael would bring all you humans together and form a cohesive team and work with each of you to reclaim this world.

Truly, it's not a job the celestials come down to do, to clean up the environment and remake your institutions. It's a job for all of us. Even I do a little part here by helping to give you a few insights tonight. But this is a vast, vast operation with so many parts to it that truly you see these things every day in all parts of your society.

Well, things are going to get a lot faster and move a lot more positively, for a lot of energies have been opened and people are trying to identify them, and trying to figure out what they mean and how to use them. And you folks have a head start. But you really, as has been said, "ain't seen nothin yet." It's all coming in a big way. And you're gonna be part of it.

Lester, I know you're an ascending mortal. Do your fellow ascending mortals and do the angelic beings that you're seeing and the celestial beings and the intelligent spirit teachers that you associate with, do all of you practice the Stillness each day? Do you all take time for meditation, focusing on the Trinity and focusing on divinity? Do you practice that process each day the way we're instructed to do?

Yes, we do this several times a day, at different times. This is really the way you bring into your persona the energy which is God. This is really where you get the power and energy to continue to learn. It sharpens the mind, relaxes the body, and inspires the spirit.

We're still working with all three of these things on this level, you understand. These new bodies are quite sleek and like a superior model, we still have bodies and we still have minds and we're spiritual beings and on this side we recognize this now as the main part. But just as you're trying to balance these things, we continue to do so over here too. You'll just be continuing this growth, with a little bit calmer more rational and trusting perspective, 'cause on this side ... Wow! we can look at the

panorama of what's out there and it's so much more vast and comprehensive than I ever imagined.

Perhaps Lester came to visit us because he was requested, and maybe also partly because I had doubted the validity of his transmission in Fayetteville. He seemed a little too earthy, used common earth words; the transmitter seemed a little too smug to me. The information content seemed limited. It just didn't ring my truth bell very loudly.

Then he shows up in Cincinnati. I wind up transmitting him and developing a whole new perspective. It was surprising -- and instructive.

Yes, Lester is a pretty simple talker compared to a Melchizedek. But I believe Christ Michael was most correct for choosing him as a teacher, because humans seem to identify with him in a special way, and perhaps these sentiments have already been expressed in the transmission. He told Michael that he only wanted to share his experiences in truth and sincerity. That is quite as valuable sometimes as all the intellect of all the Melchizedeks working here.

After his visit and the easy way he transmitted, I had a less judgmental attitude about other transmitters who may do it differently. This is a reality. Humans attune in their own unique ways.

One dear friend transmits El Tanere while drawing circles on a page. This is necessary for her, and El Tanere is a beautiful expression, with lucid lessons and a flourishing goodnight: "I am away."

Another dear friend in California was a full-body transmitter, a beautiful, flowing inspiring presenter who literally lit up a room with her teacher, Olfana.

A friend in the Northwest was being asked to learn to transmit with eyes open and in supposedly normal conversation. It was kind of strange watching him do it.

I came to learn more fully that, if we work at it, we will grow in our ability to tap into spiritual guidance at any moment we need to respond in service. It will be there. We can learn to

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immediately access it, and we won't be left to our own limited resources in helping others. Spiritual service is and will be a co-creative effort in the Correcting Time.

The adventure continues. One day we'll be where Lester is, reaching back to help others behind us stay on the ascension path to take maximum advantage of these learning and growing experiences in the flesh, those lessons we can't learn any other way but to live them. Elisha provided additional insight on the requirement that we reach back and help others.

**ELISHA/ OUR GLORIOUS ASCENSION
#92 - WE WILL HELP OTHERS BEHIND US ON THE
ASCENSION PATH**

One of these days, children, you may be called to help the Father on a world just such as this, with troubled mortals just such as this. You will know what it is like. You will be able to teach.

May I say that you are now working in unison, cohesion with your indwelling spirit, to construct, to build a new and superior personality that will survive in a mansion, a home where you and your indwelling spirit will live together, coalesce, fuse as one.

Love this personality, love this mansion that you building for your personality survival, the finest personality that you can develop here on Urantia. Then, in safekeeping, that personality will be carried to glorious resurrection for your use in continuing your ascension, with a superior body and with a great impetus and knowledge to continue the quest. This is what you love, this pure personality that you are building for survival. As far as your failures, this is your opportunity to forgive your failures, learn from them and aspire to do better.

While we were enjoying a variety of visitors and constantly being inspired to love and service in Cincinnati, we were also being challenged to accept even greater revelations, things that once seemed incredulous.

Like talking to Jesus.

There seems always to be some new and seemingly formidable obstacle in life, something we need to do that we don't know

how to do, something that jars us from complacency to renewed struggle and spiritual growth. As our teachers and the Urantia Papers had said, we only grow through adversity. Our Indwelling Spirit knows that, as do the angels, who are constantly nudging us to confront barriers and overcome them.

During the time we were opening our group to the visitors we've just reviewed, there was a very special night.

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"If you think of your consciousness as a river, you may think of our urgings and communications with you as streams of truth which flow into your own stream, becoming as one, but purified with these holy waters of truth." -- Christ Michael

Six

Christ Michael visits

May 6, 1994

The question came again on March 18 of 1994: *Several months ago I asked about Christ Michael visiting. Do you know anything about it?*

Tarkas replied: Christ Michael intends to speak to this group as he has other groups. There have been problems of a personal nature with your transmitter, which I am not inclined to discuss. There is somewhat a feeling of awe and inappropriateness that must be dispelled.

Your transmitter is worthy to transmit Christ Michael as all of you are worthy to transmit him. That is not the question. When this is done, the power will be achieved to transmit his powerful, benevolent presence.

Of course, the downstepping of this energy is required. This will come in time. It has been a problem for some groups. We have had some people turn away from the Teaching Mission classes because they simply could not believe that a divine personage such as Christ, your master, would speak to such a group or to be present.

This is a barrier which is not logical. Christ Michael knows each of you intimately and loves you quite intimately. You are all quite worthy to be in this presence of your master and teacher. Was this not proven from his sojourn on earth in flesh and blood, where he administered and taught to the poorest, the most unfortunate.

You are all worthy recipients. There is no hierarchy involved in this Teaching Mission. Christ Michael is an active leader and anxious to communicate with each of you. Know this. Know that you are intimately loved by the Christ, by Michael, just as you are loved by the Father.

Once these temporary barriers are replaced and any anxieties, Christ Michael is most anxious to speak to all of you. A little bit of patience but we promise his visit ... He has promised his visit soon.

QUESTION: *Is there anything we can do to reassure our transmitter, Jim?*

It is only a matter of time. In the transmitting process, there is much to be understood, there is much that is not understood. There are questions of how the human collaborates with the teacher, where the thoughts are coming from, how they are expressed. This could be a lengthy discussion. These things will be worked out and are only temporary.

I verbalized this for them, then seriously wondered if this would be true. Could I actually do such a transmission? For a time I doubted it would happen. Meantime, though, I was growing more comfortable with even teams of teachers. Several would sometimes teach, with the artisans interspersing songs and verse. On one evening, the artisans colony presented a poem in which they each took a turn delivering a line, an experiment.

For some months, we continued to meet with the teachers, and were beginning to take it all in stride -- not even bothering to tape the sessions. Some of the members continued to work through personal problems and potentials; some lost serious interest in the meetings; some continued to glean deeper layers of perspectives for their spiritual growth, with some of these expanding the national networking with other groups, through

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sharing transcripts, several newsletters, an e-mail discussion group, conferences and retreats, regional and national gatherings. The strongest TeaM group networking was in California and the Pacific Northwest and into Idaho. Rebecca moved from Utah to Nashville and continued to transmit inspiring lessons from Ham with a new group.

Even with all this, the Teaching Mission was still refreshingly free of any human leadership, no charismatic guru. None was wanted or needed. When a task came to be done, someone just seemed to step up somewhere in this network of the heart and get it done.

Members of other groups sometimes visited us in Cincinnati and we transmitted together. We had visitors from Indianapolis, Pittsburgh, Salt Lake City, the Chicago area, Pocatello, Spokane, Maine, Colorado, Florida, Oklahoma City, Arkansas. It was cordial and friendly. Suzanne and I were building a large base of spiritual friends across the country. And they were clearly speaking with one voice but through unique teachers with their own personalities and styles.

Amazingly, significant new developments of the Correcting Time could generally be validated by other teachers in other parts of the country without prior knowledge of what the first transmission had said. But, make no mistake, learning to be a clear and accurate conduit for these teachers can be a constant struggle. TRs were striving to be good conduits but understanding in peace that every message will be subjected to loving scrutiny, by themselves and others. It is truly an acquired skill to be a good TR.

Even though the Urantia movement, already split among Urantia Foundation supporters and detractors, had split into another fraction of itself -- those for and against the Teaching Mission, it seemed no matter any more. It was all just human squabbling. We were more interested in what the teachers had to say than any humans we knew, exploring new avenues of spiritual growth, the side of the brain concerned with intuitive knowingness, experiential growth, spiritual faith. Most of our critics seemed to be in analytical gridlock, unable to get beyond the idea that the teachers couldn't be proven, that the lessons couldn't be proven to be "pure."

I had no interest in proving them, only experiencing and learning from them. But I had a real interest in comprehending how the connection works, and how to make it work best. Of course, a good regimen of diet, exercise, and rest was good for the TR, but it didn't seem critical to connection. Caffeine proved distracting to relaxation, but could also be overcome in my case. I got an inkling from a teacher one day that we shouldn't think such things would prevent our communication, that they were sometimes small matters to overcome.

Alcohol usage, however, would prove to be an effective block; no transmission, my mind effectively dulled to any clarity or clairvoyance.

I came even more firmly to realize that people would have to experience TR to make it real for them. TR was truly experiential learning which seemed unlikely to occur for those who had built fences around their segment of "truth" and disdained many other, especially if they were unable to take a step of faith and put themselves in God's hands -- even if it turned out that this step was simply to ask God about it and then listen for the answer in the Stillness.

TR was an amazing phenomenon surely enough. I wouldn't have believed it myself without experiencing it, and further, without reading back transcripts that didn't come from the personality I had come to think of as myself. I was learning fuller layers of insights with each session and I was sure that I wasn't teaching myself. My alter ego had never suspected any of these things I was learning. I never was interested in searching for these golden nuggets that were now just washing upon me in waves of surprises and spiritualizing my whole outlook.

None of this personal growth would be possible, I knew, if I spent my time answering charges and battling critics. You can't get down the path of spiritual growth and insight if you're constantly arguing with people who've stopped to sit on a stump somewhere.

I was still struggling to comprehend these things when the sixth of May, 1994, rolled in.

It was a day with a special grace. I could feel the Christ presence, Jesus, beside me in a robe of white and eyes of pure peace and mercy. I could just feel the presence all day, could

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glance around and almost expect to see my majestic, gentle companion sitting beside me in the car, walking down the sidewalk with me, having coffee at Kathy's.

In the evening, I was prepared for his words, as much as I could be and I felt a special joy at being chosen to speak them.

First, we heard a verse from Elisha that would prove prophetic:

*Faith is oft rewarded
and its gifts be never thwarted.
In His peace you'll feel an ocean
of love and grace in equal portion.*

We received from Bakim an experiential meditation built upon worship, prayer, forgiveness and love. Tarkas said a few words. Then Andrew stepped in to lighten the mood and lightly discuss the use of humor to cope with a problematic world, his special field of study here on Urantia.

He closed with a final joke, a commentary on the 1994 pressures on the tobacco industry, and the idea of creating smoke-free zones.

"I have it on good authority," Andrew jested, "that by next year the only continent on which you will be allowed to smoke will be Antarctica."

In retrospect, his comments seem almost prophetic. Part of the Correcting Time is surely to help people free themselves from harmful addictions.

"I will leave you now," said Andrew, "because we have seemed to reach the proper decibel (*I never recalled using that word*) of hilarity and may now move on to another, who even now tugs at my sheet. (*A reference to other banter with Tarkas, who had stated in jest earlier that Andrew's appearance resembles "an apparition known to you as Casper"*).

"Good night," said Andrew and the room settled into quietness, people with closed eyes sitting all about a candlelit room.

The words that came felt very special. I almost melted into tears. The deep peace I felt seemed saturated with merciful compassion.

Your laughter rings beautifully in my ears, dear ones. This is Michael.

An audible , collective sigh lifted up into the room.

For a while we will speak with some deliberation for your transmitter is a bit unsure. But confidence will grow, as he has already served as my spiritual messenger as, indeed, each of you will.

I come tonight to give you my deepest love, for you are all at this place in time through a long and circuitous route that brings you here, not by accident, but by spiritual design.

It is true that you have not been ready for this place until now. But, indeed, you are chosen, each in your own way, because of the depth of your longing and sincerity.

I have long wished to speak to your group, for I have followed your progress consistently, and I have long noted the petition for my presence. I come tonight to clarify and speak to you on several points and to give each of you a personal message of love, which coincides with your teaching assignment, which you have already chosen and accepted in recent months. So my official sanction is much in keeping with the free-will choices that you are making each day.

Michael then embarked upon a series of personal messages and assignments to members of the group and greetings for our three first-time guests. As each one's turn came for their personal message, each seemed appropriate from my limited viewpoint, and it seemed their projects were already underway already chosen by each one's free will choice -- as it should be.

Michael continued:

I urge you especially to take heed of Tarkas' homework from last week regarding the Spirit of Truth. I hope you have given some thought to the ways in which you may use the Spirit, what it is, and how it impacts your life.

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I will say to you that it is not an abstract thing. I am your Creator; I created you according to God's pattern but with creative divergences that are a part of myself. I truly exist within each of you for I have made myself a part of each of you.

I don't know if you have understood fully that the Spirit of Truth is indeed a part of myself, for I am truly part of each of you and have created you this way. There has been some confusion about my presence. This has been in part because you think in terms of physical presences. But I say to you that I am present in all of your creation, in all of you, omniscient, everywhere. I implore you, in the weeks ahead, to feel my presence in each of your lives. Imagine that I walk beside you. Imagine that I am sharing the mundane and normal activities of your day. I invite you to use my inspiration, my Spirit of Truth that I left with you so that you would never be alone, so that I could always be part of you and share with you. I encourage you to discover that presence in greater intensity than ever before. For indeed, it is possible to do so.

Some have doubted that your creator could have this presence with you, that I could share this time and this feeling and these thoughts with you. For some have been conditioned to consider themselves ordinary or not worthy, not capable, or guilty, or in sin. I say to you: these things are not true. You are each deserving of my eternal presence. For I endeavored to show you by my life on Urantia that each and every one of you is blessed, beloved in my sight ... the importance of every man, woman, and child, in effect equal ... equally deserving of my love, of my presence. For I am part of you and you are a part of me.

To those who would doubt the transmissions of your beautiful teachers or myself, I would say to that, you should use this Spirit of Truth, this Spirit of Knowingness to see if it does ring true and begin to use this spirit more consciously, ever more consciously in your lives each day. For as true teachers of my kingdom, you will have immediate and constant access to this knowing. And once you have achieved this knowing, herein will lie the deep peace.

Other personal commentary and interchange followed, prior to Michael's closing remarks. They followed his assurance that I would find peace as a transmitter when I realized I did not have to be prepared, only to be open and trusting to his teachers.

It will likewise be your final peace as you begin to speak personally with those teachers and guides who long to be close to you. I urge you to let them in. There are no devils to fear. I say to that, mankind has had a peculiar penchant over the years to blame many things on God. And, likewise, to blame many things on a devil that seems to torment their heads. I say to you that this was summarily dealt with in my incarnation and there are no demons who would dare try to control your minds unless you openly embrace these feelings of evil and iniquity. So very, very few of you do.

You have much feeling of the bad things in the world but not nearly enough realization of the true depth of the spiritual and religious feeling. You will see many wondrous things in the years to come and you will begin to realize there is a great core of spiritual strength rather than a core of rotteness that some see. You will find that at a given point your spiritual progress and your upliftment to higher consciousness will happen at a much more rapid pace.

There have been some feelings of disappointment that the mission is said to require much time. Yet, our time is only an estimate, as the future is constantly being shaped by the free-will decisions that each of you are making. As our inspiration and guidance grows stronger we hope and we believe that your decisions will be the right ones and lead you into elevated states of spiritualized consciousness.

As you begin to speak with these beautiful teachers, there has been a continuing concern of your own human thoughts being intermingled and great feelings of wonder and doubt and worry. This is all quite healthy. As has been said, any revelations to you have been somewhat retarded by humans not knowing how to cope with these phenomena or understanding what they are. I say to you that this channeling process is a collaboration of sorts. You should not fear this. It is an exercise in cooperation and in working together which is one of your strongest responsibilities here.

So we work with you in the transmitting/receiving process by bringing thoughts that are somewhat melded into your own unique consciousness. If you think of your consciousness as a river, you may think of our urgings and communications with you as streams of truth which flow into your own stream,

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becoming as one, but purified with these holy waters of truth. We would not have you go outside your banks.

In our guidance, we will keep this stream flowing straight and true and pure. But it is your stream to begin with. So thoughts that our teachers are able to express through you must be, to a degree, part of your interests and understanding and experience.

It is true that different feelings will bring different topics to the agenda, different ideas and impressions of different things. Do not be fearful of working with us, as if your thoughts would somehow taint the waters. For indeed, your thoughts are often quite noble, quite illuminating. You share much truth among yourselves. All of this truth is a oneness which flows to the Father. I encourage you each to reach out to your own spiritual guides through the Stillness and the worship and prayer.

It has been said that our teachers are somewhat repetitive for they continue to hammer at old things. This is true. These spiritual truths are eternal and everlasting. We could teach no other than the truth. It is in not in your hearing these lessons or in your being inspired by them, but it is in the daily practice, day by day. I trust that you each could commit to that. It is somewhat trying to do these things even now. But we welcome and applaud your efforts when you can and we respect and honor you for fulfilling many unspiritual, but quite important, activities, duties, and responsibilities in your physical plane.

Live your life to the fullest; experience, know, love, share, teach. Reach beyond to make contact with the indwelling spirit, which is the key to your survival, your ultimate identity. As you provide personality, your indwelling spirit provides the essence of Godly goodness, in fusion. Have faith and trust. You and your thought adjusters make a good team, traveling this path together. Now with additional help from these morontia teachers, a little closer to your form and somewhat easier to communicate with, they have opened many doors, and I commend them to you. They love you more than you can know.

Their assignments here are not taken as obligations and duties in their learning processes. They are intent upon advancing in their ascension plan and growing perfect in God's image and are willing to do great work to make themselves worthy. It is truly not work or labor for them, for they now see something that some of you have begun to realize in your physical plane -- that

it is not a duty or obligation to live a glorious adventure but an opportunity to experience. One day you will see this in this enlightened context and even see that your sufferings, trials, and misfortunes here were lessons that made you stronger and more insightful, and more spiritual and were somewhat blessings in disguise.

Your teachers are here because they have volunteered for this great adventure, to experience the phenomena of your world and do great work in the upliftment. If you feel that a thousand years duration, as has been estimated, is too long for you to feel joyful, may I assure you that your experiences in the immediate years ahead will prove quite fruitful and you will feel quite strongly the power of spirituality as it sweeps over your world. It is not necessary that you feel the full culmination of your planet into love and light in order to receive a great blessing.

I will leave you with a great blessing tonight. Would each of you hold forth your hands in front of you, symbolically cupped, and I will leave each of you a beautiful spark of my love and my devotion as your leader in this mission, as your Creator who loves you as a creator, and also as your elder brother.

For I shared this life with you, an amazing and remarkable experience that I will never forget. I know that one day you will look back and see that your life on this earth was as amazing and remarkable and memorable as mine. I love you, my children. Good night.

CHRIST MICHAEL

From the Urantia Book:

INCARNATION AS JESUS

Joshua ben Joseph, the Jewish baby, was conceived and was born into the world just as all other babies before and since except that this particular baby was the incarnation of Michael of Nebadon, a divine Son of Paradise and the creator of all this local universe of things and beings. And this mystery of the incarnation of Deity within the human form of Jesus, otherwise of natural origin on the world, will forever remain unsolved. Even in eternity you will never know the technique and method of the incarnation of the Creator in the form and likeness of his creatures.

-- Page 1317

WHY INCARNATIONS?

The purpose of these creature incarnations is to enable such Creators to become wise, sympathetic, just, and understanding sovereigns. These divine Sons are innately just, but they become understandingly merciful as a result of these successive bestowal experiences; they are naturally merciful, but these experiences make them merciful in new and additional ways. These bestowals are the last steps in their education and training for the sublime tasks of ruling the local universes in divine righteousness and by just judgment.

-- Page 1308

EARNING SOVEREIGNTY

The Michael Sons begin their work of universe organization with a full and just sympathy for the various orders of beings whom they have created. They have vast stores of mercy for all these differing creatures, even pity for those who err and flounder in the selfish mire of their own production. But such endowments of justice and righteousness will not suffice in the estimate of the Ancients of Days. These triune rulers of the superuniverses will never certify a Creator Son as Universe Sovereign until he has really acquired the viewpoint of his own creatures by actual experience in the environment of their existence and as these very creatures themselves. In this way such Sons become

intelligent and understanding rulers; they come to know the various groups over which they rule and exercise universe authority. By living experience they possess themselves of practical mercy, fair judgment, and the patience born of experiential creature existence.

-- Page 1308-09

MICHAEL OF NEBADON

The local universe of Nebadon is now ruled by a Creator Son who has completed his service of bestowal; he reigns in just and merciful supremacy over all the vast realms of his evolving and perfecting universe. Michael of Nebadon is the 611,121st bestowal of the Eternal Son upon the universes of time and space, and he began the organization of your local universe about four hundred billion years ago. Michael made ready for his first bestowal adventure about the time Urantia was taking on its present form, one billion years ago. His bestowals have occurred about one hundred and fifty million years apart, the last taking place on Urantia nineteen hundred years ago.

-- Page 1309

MICHAEL'S BESTOWALS

It required almost one billion years of Urantia time to complete the bestowal career of Michael and to effect the final establishment of his supreme authority in the universe of his own creation. Michael was born a creator, educated an administrator, trained an executive, but he was required to earn his sovereignty by experience. And thus has your little world become known throughout all Nebadon as the arena wherein Michael completed the experience which is required of every Paradise Creator Son before he is given unlimited control and direction of the universe of his own making. As you ascend the local universe, you will learn more about the ideals of the personalities concerned in Michael's previous bestowals.

-- Page 1318

OUR SPECIAL PLANET -- THE WORLD OF THE CROSS

Urantia is the sentimental shrine of all Nebadon, the chief of ten million inhabited worlds, the mortal home of Christ Michael, sovereign of all Nebadon, a Melchizedek minister to the realms, a system savior, an Adamic redeemer, a seraphic fellow, an associate of ascending spirits, a morontia progressor, a Son of

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Man in the likeness of mortal flesh, and the Planetary Prince of Urantia. And your record tells the truth when it says that this same Jesus has promised some time to return to the world of his terminal bestowal, the World of the Cross.

-- Page 1319

Collected Lessons of CHRIST MICHAEL
Known in his earthly sojourn as Jesus of Nazareth.

A PLEA TO LIVE IN LOVE/Hawaii

“I am here in response to your love for me, for your heart's longing for me, for your mind's craving to see the truth, to know the truth, to follow the truth, to become the truth.

“Our Father's love for us is what makes this possible. His love flows through me, which flows through you. I am here just like the Father. Continue to let the light of His love flow through you in your actions, in your words, in your thoughts, in your prayers, and in your worship. Prepare your souls, prepare your minds, prepare yourselves! I am coming for you.

“Furthermore, let your love become more clearly visible in the service and ministry that you perform for my children. Increase your desires, motivate your associations with your sisters and brothers. Put aside your fears, set aside your worries for your material life. Set aside those anxieties which you've held for so long in your mind. Feel my presence, my leadership, my guidance as I direct you to love, to love with a true affection, to love with undying devotion, to love unconditionally!

“See your brothers and sisters as you see yourself, a struggling mortal of the realm, one of my children, equal in my eyes. I love you all. I desire to bring you all closer to the Father, and I need your help. So when you feel the Father and you feel my love, use these feelings to motivate you to seek out and love one another.

“Recognize My presence among you more lightly. Realize how I am one of you. I have been a mortal, I have been here. I understand all the things that you go through. I understand them sublimely, for I lived them as a man and as a God. Also, continue to understand your teachers in the same light as just close friends, good friends, friends that you love and care for deeply, friends that you would give your life for. Feel this friendship amongst yourselves.”

PURIFYING THE HEART/Nashville

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"If you love your brother as I do, shall all men know you are representing me. My kingdom is real by the measure that each human being enthrone my Father's will in his heart. I will help any and every sincere and struggling soul, even as I experienced my Father's hand. Think not that you can falsely, through insincere and selfish gesturing, enter our Kingdom. No man can live within our Kingdom unless he continually purifies his heart. You who walk with me understand this, and he who walks not in the path of righteousness understands not. For one purpose alone did I come into this world. I lived in order that all humankind could experience our Father and to set an example of one who experienced Him fully and completely. I come into this world again that all men may experience our Father's love, and again I say that the door to the Kingdom stands wide open, beckoning to all men."

RECOMMITMENT TO GOD/Portland, Oregon - 4-12-94

"I'm here to tell you that the time is come for recommitment to the cause of the Father upon your world. There is much healing to be done and I would have you do it!

"Not, however, in the grand gesture any might see and heap praise upon, deserved or otherwise, but in the small, little noticed perhaps, but deeply felt gesture as you have spoken about this evening: the word of kindness that lifts a person beyond the trouble in their day to a connection with you as another son or daughter of God, another creation of love.

"For you spend so much of your time hurrying toward a future you know nothing of really, a future filled with things you cannot control but which your desire paints so alluringly and so often falsely.

"For the things you seek I have spoken of, and attempted to show you in the manner of my living on this earth, this planet where I shared the mortal life with you -- not just in the time of Nazareth but throughout and for all eternity.

"For I am a Creator Son, as you know, one of many in the Father's grand plan and universes, who could exemplify for their own creations the glory and the selfless, the totally selfless love which gave you life and a personality -- two of the greatest and most sublime gifts one could hope for.

“We may not know, if at all, why we have been placed upon the planet of our birth. Certainly, even I, as a child, a boy, a young man, I had to discover the Father’s will for myself and realize my own divinity and destiny in that scheme of creation and light.

“Your task is much the same to the degree of your mortality and creation, and a balance between that spark within you, which is the Father, His voice, the fragment which is His eternal promise to you that you shall never walk unguided or bereft of His great love and companionship, to you of the planets of time and space.

“Tonight, I would give you words of caution. Do not be in so great a hurry for enlightenment or deeds of service that you miss the moment, the day, the hour, in which you live. Each of your hours shall come, as did my own. Each of you hearing my voice shall know when the Father calls. He speaks most clearly and He speaks in many voices.

“I am one, your brothers and sisters another, the Melchizedeks, the ascendant mortals, the Sisters and Daughters of Light who speak through beings such as your dear servant and transmitter tonight, these all have felt that call, that voice, unmistakably.

“And I know you have. And I know you shall again, resoundingly. For you hear His voice now in my own, as it was those many years ago of your time, and as it is now in this room where you sit, each one of you hearing my voice.

“I love you all! I know you all. I wish to know you better. But you largely control that. I can but knock at the door. It is for you to open it. And it is a continual process, for me as for my Father.

“For down through the years and millennia of your life and universe career, ever will you be called to hear the knock and decide to answer.

“It will become easier as you become more willing, and as your hearts and morontial souls and your spirit gain the knowledge that is eternal, that knows the knock almost before it sounds.

“I will leave you for now in my speaking, though surely you must know, I am all around you! I created you in the Father’s loving plan and imagining and reality, as He created me.

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“Go then in your weeks and days to come, and in the quiet hours and minutes ahead where you may contemplate my words and your own thoughts, and take this piece of light which is here now, and keep that light burning within you and shining quietly with the reality of your honest personality and selves. And bring that light through yourselves to others, and remember that others are lights unto yourself, and they come from the Father as well, and they come from me.

“My blessings to you and to my children, all, on this mission and beyond. God bless you and keep you. Good night.”

**AN EASTER MESSAGE FROM MICHAEL
Transmitted in Nashville (1995)**

“You are abiding in our light, increasing in daily measure, children. I came and suffered and died so that in your suffering, I would be there. You who cease not in prayer, who seek after our Father, our Father's love, know only light and life as you even now accept the bread of life today.

“Assuredly, I have begun to walk again upon this world as you walk the pathway of righteousness. Each man do I greet who walks the path of truth seeking in earnest. Unto the faith that reaches for me, none has been greeted in less measure than any other.

“You who are gathered here seek entrance into the kingdom of my Father and I say unto you that lo and behold you are already there existing in truth, in the light of my Father.

“Know me, even as I am knowing of you. Know me each day as you work and worry, as you strive to live a more righteous life, know me. I have been granted all power in heaven and on earth. To me has been given the key to the door for I am the key, and I am the door.

“Rest you weary children in the arms of my love, come to me all you who are weary and who strive to do your best. Even though the world conspires against you, I am there, I am there with you. In your moments of stillness, I am there. In your anguish, I am there. In your joy, I am also there.

“Come with me as we enter the kingdom together. Come with me as we walk into the valley of the still waters and the kind breezes. Come with me, as I am the living water, even that which will well up within you and refresh you and give you new life among the dead branches.

“Enter with me as we rejoice in our Father's bounteous love and his infinite mercy and in his eternal joyousness over the finding of his children. Rejoice in your private hour of worship and in thanksgiving. Ask of me, and I will be beside you, and we will worship God together, you and I.

“Our Father's love is infinite love. Though you should journey through eternal time, you will never fathom the depths of this great love. Always is his love above you, beyond you, and yet available to you. His love is all there is.

“You and I, we are seekers of love. You and I understand that this love is a personal love, and that his love for you alone is infinite itself. You and I, we understand that there are children upon the world who are suffering in great pain and torment. These children are in need of our help, of our words of comfort, and of assurance.

“You and I, we will assure them, we will comfort them, we will carry them into the kingdom with us so that one day there will be no one who is lost outside this kingdom. All are included, and a part of the Father's grand scheme.

“You and I, we will tell them this. Farewell.”

A message given to a sister in Florida:

Greetings, Children of Light. It is I, Michael.

You, my beloved children, are not the first wave. There have been many before you. With each new wave were the seeds planted. Each new incoming tide planted anew and nurtured what came before.

What I have to say to you, I need you to hear with more than your still so material ears. I need you to listen with your opening hearts. You sought this connection to me, all your lives, though you knew it not.

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I am here now, to usher in the New Dawn I can only do it through you ... through your efforts, as you listen to me and respond.

Oh, my beloveds! There is yet so much you do not understand ... so much that can only be made clear as you begin your journeys within ... so much that is layered over and can only be made clear as it is brought to the light. All that has come before has prepared the way for what you, in concert with me, will do today.

There may be some among you that fear to commit to the level I ask the fear, I would tell you, has its roots in the unknown, the as-yet unknowable. Follow the pattern I have given you, and you will begin to see what cannot be now seen ... you will begin to hear, what cannot now be heard.

You, my blessed little lambs, have naught before you but gain you give up nothing, and you gain a world! Those who will it to be so are among the many in place to begin the reclamation now is the time the energy is beginning to move will you be counted among them?

Do not think that if you choose to turn away, or if you choose a lesser degree of commitment, that you will be seen as lacking in my eyes ... that could never be so ... you are my beloved children, of whom I am so proud!

Your light cannot be dimmed it is simply that your eyes cannot see what your heart would show you, as yet your day in the sun will come, my little ones! Be not afraid I have infinite patience ... you are my beloved children, and one day, you will know it!

Shalom.

I've come to bring light, to show you the way.
Each heart as it opens, will see a new day.
The love from the Father, that lives deep within,
will ever increase, as your journey begins.
Life as you've known it will soon fade away,
as you wake from your slumber, and embrace the New Day.
My children, I thank you, for coming this far,
for letting me help you, to be what you are.

MICHAEL'S PRAYER
from Oklahoma City

I am the son of God, born of an angel which fills the sky.
I am, that I am, that I am you.
I am love, simple and pure, bright and shimmering.
I am, that I am, that I am you.
 for I am crystals of sunlight dipped in dew.
I am, that I am, that I am you.
 for I am the rivers that flow to the sea.
 The ocean that brings fishes to be.
I am, that I am, that I am you.
 and you and others that see right through
 the love that exists in each of you.
I am, that I am, that I am you.
 Created of an angel that fills the sky.
 Clear as the moon and light of the sky.
I am a being that extends through and through.
I am, that I am, that I am you.
Believe in me, child, for it is true -- and I believe in you.

Oklahoma City Teaching Mission Group, March 29, 1993

*I was a little hazy about the exact meaning of Michael's assertion that:
"I am that I am that I am you." Via computer, I asked for a
translation. Came the reply, apparently from Michael:*

"I am that I am. I am the reason that I exist. All things exist in me. I exist in all my created things. And that means that I am in you. I created you and see a part of myself in each of you, my children ... my brothers and sisters when I was here in the flesh ... my fellow missionaries spreading the wave of the Father's love on your world.

"Rejoice in the great work we are doing, the greater work that lies ahead as we bring on a new millennium. It is indeed a time of exciting change, as the harbingers have been saying with increasing volume across your land.

"Indeed, some say, for this reason, that it is a somewhat "old" message, that we have nothing new to say. But we have perceptions as our fruit, your growing awareness day by day of the universe plan unfolding. Each day, as you reach out, you are rewarded. You grow in the spiritual light."

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Before long after Michael's visit, Tarkas answered a question that provided a little more understanding of how it had been possible to transmit Him to the group. The questioner had read something in the transcripts of Rayson, a celestial teacher in Malibu, California, about there being two Melchizedeks present on Urantia. She asked if they were in the flesh, human form, or in spirit? Said Tarkas:

The Melchizedeks are not here in human form, and have not been in that form, however their spiritual presence is quite strong. There is some misunderstanding about what presence means. Sometimes those of material means think that it is a physical presence, and yet our presence can be much different. It can be, in fact, much more encompassing.

For example, the presence of Christ Michael can be all-pervasive and encompassing, what might be referred to as a Christ consciousness, for indeed, He is capable of manifesting his presence in many places at the same time. And so "presence" can have a somewhat broader meaning than just in a material sense.

I began to understand more about "presences" and began feeling more confident that the Correcting Time had powerful spiritual forces helping drive change. My pessimism about human affairs derived from reading the newspaper began to lighten into an abiding faith that the Universal Father and his legions were getting things well under control.

**From the Urantia Book ... "The Acme of Religious Living,"
page 1101:**

JESUS, THE SON OF GOD AND SON OF MAN

Although the average mortal of Urantia cannot hope to attain the high perfection of character which Jesus of Nazareth acquired while sojourning in the flesh, it is altogether possible for every mortal believer to develop a strong and unified personality along the perfected lines of the Jesus personality. The unique feature of the Master's personality was not so much its perfection as its symmetry, its exquisite and balanced unification. The most

effective presentation of Jesus consists in following the example of the one who said, as he gestured toward the Master standing before his accusers, "Behold the man!"

The unfailing kindness of Jesus touched the hearts of men, but his stalwart strength of character amazed his followers. He was truly sincere; there was nothing of the hypocrite in him. He was free from affectation; he was always so refreshingly genuine. He never stooped to pretense, and he never resorted to shamming. He lived the truth, even as he taught it. He was the truth. He was constrained to proclaim saving truth to his generation, even though such sincerity sometimes caused pain. He was unquestioningly loyal to all truth.

But the Master was so reasonable, so approachable. He was so practical in all his ministry, while all his plans were characterized by such sanctified common sense. He was so free from all freakish, erratic, and eccentric tendencies. He was never capricious, whimsical, or hysterical. In all his teaching and in everything he did there was always an exquisite discrimination associated with an extraordinary sense of propriety.

The Son of Man was always a well-poised personality. Even his enemies maintained a wholesome respect for him; they even feared his presence. Jesus was unafraid. He was surcharged with divine enthusiasm, but he never became fanatical. He was emotionally active but never flighty. He was imaginative but always practical. He frankly faced the realities of life, but he was never dull or prosaic. He was courageous but never reckless; prudent but never cowardly. He was sympathetic but not sentimental; unique but not eccentric. He was pious but not sanctimonious. And he was so well-poised because he was so perfectly unified.

Jesus' originality was unstifled. He was not bound by tradition or handicapped by enslavement to narrow conventionality. He spoke with undoubted confidence and taught with absolute authority. But his superb originality did not cause him to overlook the gems of truth in the teachings of his predecessors and contemporaries. And the most original of his teachings was the emphasis of love and mercy in the place of fear and sacrifice.

Jesus was very broad in his outlook. He exhorted his followers to preach the gospel to all peoples. He was free from all narrow-mindedness. His sympathetic heart embraced all mankind, even

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a universe. Always his invitation was, "Whosoever will, let him come."

Of Jesus it was truly said, "He trusted God." As a man among men he most sublimely trusted the Father in heaven. He trusted his Father as a little child trusts his earthly parent. His faith was perfect but never presumptuous. No matter how cruel nature might appear to be or how indifferent to man's welfare on earth, Jesus never faltered in his faith. He was immune to disappointment and impervious to persecution. He was untouched by apparent failure.

He loved men as brothers, at the same time recognizing how they differed in innate endowments and acquired qualities. "He went about doing good."

Jesus was an unusually cheerful person, but he was not a blind and unreasoning optimist. His constant word of exhortation was, "Be of good cheer." He could maintain this confident attitude because of his unswerving trust in God and his unshakable confidence in man. He was always touchingly considerate of all men because he loved them and believed in them. Still he was always true to his convictions and magnificently firm in his devotion to the doing of his Father's will.

The Master was always generous. He never grew weary of saying, "It is more blessed to give than to receive." Said he, "Freely you have received, freely give." And yet, with all of his unbounded generosity, he was never wasteful or extravagant. He taught that you must believe to receive salvation. "For every one who seeks shall receive."

He was candid, but always kind. Said he, "If it were not so, I would have told you." He was frank, but always friendly. He was outspoken in his love for the sinner and in his hatred for sin. But throughout all this amazing frankness he was unerringly fair.

Jesus was consistently cheerful, notwithstanding he sometimes drank deeply of the cup of human sorrow. He fearlessly faced the realities of existence, yet was he filled with enthusiasm for the gospel of the kingdom. But he controlled his enthusiasm; it never controlled him. He was unreservedly dedicated to "the Father's business." This divine enthusiasm led his unspiritual

brethren to think he was beside himself, but the onlooking universe appraised him as the model of sanity and the pattern of supreme mortal devotion to the high standards of spiritual living. And his controlled enthusiasm was contagious; his associates were constrained to share his divine optimism.

This man of Galilee was not a man of sorrows; he was a soul of gladness. Always was he saying, "Rejoice and be exceedingly glad." But when duty required, he was willing to walk courageously through the "valley of the shadow of death." He was gladsome but at the same time humble.

His courage was equaled only by his patience. When pressed to act prematurely, he would only reply, "My hour has not yet come." He was never in a hurry; his composure was sublime. But he was often indignant at evil, intolerant of sin. He was often mightily moved to resist that which was inimical to the welfare of his children on earth. But his indignation against sin never led to anger at the sinner.

His courage was magnificent, but he was never foolhardy. His watchword was, "Fear not." His bravery was lofty and his courage often heroic. But his courage was linked with discretion and controlled by reason. It was courage born of faith, not the recklessness of blind presumption. He was truly brave but never audacious.

The Master was a pattern of reverence. The prayer of even his youth began, "Our Father who is in heaven, hallowed be your name." He was even respectful of the faulty worship of his fellows. But this did not deter him from making attacks on religious traditions or assaulting errors of human belief. He was reverential of true holiness, and yet he could justly appeal to his fellows, saying, "Who among you convicts me of sin?"

Jesus was great because he was good, and yet he fraternized with the little children. He was gentle and unassuming in his personal life, and yet he was the perfected man of a universe. His associates called him Master unbidden.

Jesus was the perfectly unified human personality. And today, as in Galilee, he continues to unify mortal experience and to coordinate human endeavors. He unifies life, ennobles character, and simplifies experience. He enters the human mind to elevate, transform, and transfigure it. It is literally true: "If any man has

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Christ Jesus within him, he is a new creature; old things are passing away; behold, all things are becoming new."

-- Presented by a Melchizedek of Nebadon

With each incremental opening of these energies, periodically we sit back in awe and wonder what events they may foment upon your world. -- Tarkas

Seven

Planetary Spiritual Growth Lessons

1994-96

As our evenings with the teachers have turned to weeks, months and years of slow, steady spiritual growth, most of the recurring concerns within the group and our visitors have been on the subject of upcoming planetary changes. What will happen and how will we be affected? Doomsayers are talking earthquakes and droughts.

While the teachers say that predicting the future is impossible because it's being made day by day with free will choices, they nonetheless share their perspectives based on trends and probabilities, always considering that times are quickening, celestial help is pouring in, paradigms are shifting, as are attitudes, potentials. Prophecy is indeed difficult when all is changing and new spiritual energies are coming as we can try to assimilate them. And how fast will that happen?

Through all of the thought-provoking scenarios for the future, the teachers ask us to live in faith and love, based on what we know to be the true nature of God, as a benevolent and loving Universal Father. From their enlightened perspective, they know God will help us, not destroy us, that the future is glorious for all who strive to live in love.

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And so the good humor of the teachers always abounds. We are told that they are joyful and happy, and must actually tone themselves down for the laborious, phrase by phrase, transmitting via humans. Even so, their loving dispositions often come through.

We put our sporadic resources into taping a session on June 17 of '94. Tarkas was there, along with Bakim, Elisha and Andrew, a frequent visitor who always lightened the mood with his banter. He was to precede a long session which gave additional layers of understanding to the planetary Correcting Time.

ANDREW: A MIRTHFUL INTERCHANGE

Andrew: This is Andrew, dear friends.

Group: *Hi, Andrew! (laughter) Viola!*

Andrew: Laughter at only the mention of my name.

Group: *"Casper!"*

Andrew: I am a true comedian and did not even have to contract my name to Andy.

Group: *"Hello, this is Andy?!"*

Andrew: Seems much funnier. I would have a poem for you as well. Elisha and Jim's poem was quite nice. I would add a breezy verse of my own. Be patient for we will make this up as we go along.

[laughter from group]

I must tell you that Elisha and Jim have been scheming to read you their last creation for, in fact, I detect feelings of pride in both in their continuing to produce light verse. And so I am able to collaborate as well.

May you fill your lives with joy and mirth.
For life is good and full of worth.
Laugh out loud and be a comic
Why be morose, why be laconic?
Laughter indeed is quite a tonic.

Joyful hearts are always in good humor
This is the real stuff, not just some rumor.
By now I think you know it's obvious ...
that I must find a rhyme for obvious.

[uproarious laughter from group]

If the word does not seem obvious.
Sometimes the best lessons are not so obvious.
You must look within, beneath the obvious.
That much is sure. It should be obvious

Group: *"He keeps rhyming 'obvious.' I love it!"*

No chance for failure to rhyme with obvious
For you may search the Father's great omnibus.
All knowing book, far deeper than the obvious
And you find within his love for allofus.
And yet if you're stuck, can't reach beyond the obvious.
Your teachers are here, so go ahead and ... callonus.

*Andrew departed a cheerful room. Tarkas came on and asked us to
relinquish fear. The teachers had often said it is the opposite of love.*

**INSIGHT #93 -- TARKAS
THE CORRECTING TIME IS VAST AND ALL
ENCOMPASSING**

The spiritual awakening of your planet is quite an enormous undertaking, much broader than the Urantia Book groups, which are a fertile seedbed, but it will be much more all-encompassing. We see major changes in the political structures. We see major efforts being made at peaceful negotiation rather than mindless war. We see your fields of medicine expanding with new knowledge.

The Correcting Time is as vast as you would imagine Christ's Second Coming, for it is the preparation of our world for this glorious reception. And so all phases of society must be affected, many of your institutions ... all of your institutions. For what is somewhat different is that it could be said to work from the inside out, from within the hearts and minds of individuals, flowing outward rather than working through the leadership that you have established in your institutions.

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So this growth from within will not be so evident for some time to come in institutions which can readily hide their progress. But while the leadership may seek to resist and hide this progress it will surely overflow from the membership ranks, from those who are concerned, who are quite restless for something better, for new solutions. The realization that we must take responsibility for our lives, for turning them over to institutions has not worked.

We have turned over our parenting responsibilities too often to televisions and schools. We must embrace our own children and teach them and love them at the same time. Our institutions will continue to fail. There will continue to be turmoil. There will be economic failures. There will be mighty resistance to those who would change these institutions for they will feel threatened and they will struggle to maintain their wealth and power.

These are truly times of great conflict, growing conflict, but at the same time a joyous conflict as people begin to rise up in numbers, individually beginning to take responsibility for their lives and to cast their lives in a spiritual framework.

I would ask as my homework assignment to each of you that you explore the word "secularism." This is quite a common theme of The Urantia Book and yet you perceive that it is little understood, that the conflicts it presents are not adequately debated and discussed.

It is quite a complex issue of whether to let God into your institutions, and I say to you that proliferating dogma, competitions between churches and the abuses of church power have instigated the separation. But I say to you that the spirituality must be restored to your framework, to your institutions. This is the only way, in this spiritual dimension, that we will see major progress.

The idea of separation of church and state is based on strong reasoning, but it is time to move beyond this, to come to grips with the validity or invalidity of this separation, and how to deal with this issue in contemporary life.

... I believe there is a great deal of difference in incorporating spirituality and the love of God in the things that you do in your institutions and having churches, which are essentially organized and administered by mankind, to have that control.

So how will you, in the years ahead, bring spirituality and the great values of spirituality into your lives and institutions while holding the churches and their various competing dogma at arm's length?

#94 - TARKAS/HEALING POWERS WILL BECOME MORE PRONOUNCED IN THE CORRECTING TIME

There are many natural healing powers within nature. In the clear and clean purifying waters, taken in larger quantities than you would imagine. The soils, the foods, and the air itself. But over the years, as populations have grown, much has been poisoned and polluted, as you know. The airs are not pure; neither are the waters; neither are the soils. So many of these healing properties have been lost. These must be restored in environmental cleansing on Urantia in many, many ways, as you see around you. This is also part of the Correcting Time.

As you ascertain, this is quite vast, all encompassing. At the same time greater emphasis will be placed in coming years on improved forms of medical care and focused more towards healing regimens and less on drugs and procedures. There is a strong profit motive in many of your institutions and this has naturally led you away from using the elements of nature which can be attained quite freely and to which no one can gain control. And so natural medicines are controlled and secret and synthetic drugs are made to replace them. There is a strong profit and business motive in many of your institutions which will be examined in coming years. They must be rethought and reformed and reorganized.

In your country you feel that business and competition is the most desirable form of organization. But I say to you that, while there is much to be said for a competitive society, there comes a time that competition must give way to cooperation, for your society is reaching a bursting point in environmental pollution, which has been promulgated from the greed and business interests.

Have you ever considered why on your world, with such a generous store of nut trees, of fruit trees, of food bearing plants, that these are in much scarcity? Why do they not grow everywhere? Why are they not propagated so that the hungry of the world can eat?

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They are controlled by those whom, out of greed and desire for power, have taken them and turned them into controlling business enterprises, who have exploited and polluted everything to the point that, as has been said before, we project that environmentally caused diseases and illnesses will be quite uncontrollable within the next one or two decades without the infusion of great help.

And this is also part of the Correcting Time. For the time has come when many of these things must be reversed. When your economy is on the brink of collapse, successive doses of inflation and recession, consolidation of the wealth and power in the hands of the few.

Great challenges lie ahead of you. Purification of your planet, so that these natural remedies that were once so promising until they were overcome by those who would control. These things will be coming back into focus in the minds and hearts of individuals who will clamor for change in those institutions and will demand those changes. You have the power to do this, for this collective force will grow as dissatisfaction, frustration, and restlessness mounts.

This is the dark side of the Correcting Time, but the breakthrough, a new flowering, a new birth of this golden age will be quite an exciting time. All eyes look to Urantia especially.

In coming weeks, there were often questions about earth changes, what we can expect in the years ahead. Other new age sources were predicting great calamities to overcome. Tarkas provided the following commentaries:

#95 - WE SHOULD BE OBSERVANT TO CHANGE AND FEEL THE EXCITEMENT

Tonight you have spoken of wars and political change and I think you see beginning all around you with perceptive spirit eyes moving beyond the material eyes to see the first inklings, the first steps of collective realization, of individual realizations that are changing the world. These changes remain hidden to some, too subtle for others.

Indeed, they're not subtle. The very structures of your world sovereignties are changing, consolidating and enmeshing; metamorphosing. The face of governments are changing. Business traversing all international boundaries, the field of electronics with instant access to information, truly miraculous, marvelous, and yes, apocalyptic times. Exciting times to be humans, exciting times to be here working with you.

#96 - WE ARE INTO AN AWAKENING MORE THAN AN APOCALYPSE

(Unintelligible question or comment asking once again about the scope of the Correcting Time.)

This is truly a long range mission. Not one generation, yours. Not even the next generation. But we look forward to working with succeeding generations of Urantians whom you'll prepare to be even more blessed, more receptive, more loving, more clear, more in control. Their minds, bodies and spirits more intellectualized, more knowing, bolder, more imaginative. This mission will grow and Urantia will grow with it.

Eventually this small planet will be one. And people will look back upon their primitive histories and wonder that a place so small could be divided into so many bickering factions. But hindsight is always more illuminating, is it not? And being able to look ahead and see with clarity what will come. You will increasingly be able to do this as your faith grows.

We have been asked to prophecy. We have tried to explain that this is impossible. We can only guess. And so we, like you, are left to live in faith. It is not a bad way to go. For, do you think the mission could possibly fail on Urantia? That all could collapse into destruction or despair; great grieving and suffering when this mission has been brought forth by the Father Himself hearing your sufferings, in the charge of Christ Michael who prepares for His second coming, through the administration of the Melchizedeks and the many teachers and administrators who come forth for this healing, for this reclamation?

Do you have faith? Can you believe in your hearts that this will result in glorious fruition of light and life as the Father intends, as the Father plans, as the Father continues to bring forth and manifest? Or would you see destruction of Urantia? Which would make sense to you?

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.... Indeed these are pivotal and epochal changing times, and many on our side literally clamored for the opportunity to be here for this excitement. These great changes ... do not expect them to come without suffering , for humankind refuses to grow without suffering and challenge.

This is your nature. These challenges will be put before you that you may grow. But they will not be put before you by some divine hand of judgment but rather humans will be inflicting these sufferings upon other humans as is your wont, and as some fight with all resources to maintain a status quo of wealth, power and control, they will have to be resisted and overcome by the power of goodness, by the power of love.

It will be a magnificent example that the power of love and goodness can overcome all adversity in this troubled world of greed and self-interest. The spiritual observers throughout the local universe look with some awe upon this struggle, with the faith that ultimately the power of love will be demonstrated in greater fullness than perhaps any other event that they have witnessed; the reclamation of all of these worlds of the rebellion. Exciting times for you and also for us.

#97 - CELESTIALS WILL HELP US WITH ENVIRONMENTAL PROBLEMS

We are here to help minimize earth changes, which are fast becoming of serious consequence. These are environmental issues of air and water and soil. The soil becoming more poisoned than you can imagine. With water underneath this soil, carrying poisons through subterranean areas, more extensive than you can imagine. With constant smog and fires, of disappearing rain forests belching upward to clog and provide a heavy cloud of chloride and other noxious gases surrounding your world. These pressures mount, causing severe climactic changes.

The seas are much more used as toxic dumping sites than you can imagine, for these polluters keep much hidden, hidden in a shroud of their own profits, and much of what you read about environmental and corporate matters in the media barely touches upon truths, for it is often rhetoric and window dressing. These environmental poisons, more severe than you know, would be a battleground for those who rely upon and

seek to maintain their greed in their current ways and those who are desperate and crying for solutions.

Apocalyptic times will be much a part of mindset as values are debated, argued, screamed; even violence will come. But make no mistake, we are here within all reason that we can justify to help with this environmental cleansing. It is just that we have limited authorization to come in and clean up humankind's mess. This is not the way it works. This is not the way responsible children are dealt with. Children must clean up their room. But often the parents seeing their child's helpless fumbling are given the authority, assume the authority to come forth and help the child clean up this room and show them how to maintain this cleanliness and how to avoid the dirt and stains that can be indelible and permanent.

And so the cleansing of the planet will come, but much too late according to our probabilities to forestall dramatic, climactic and earthwide structural changes that are within weeks and months. Also, as energy circuits are opened, these can wrought some specific changes upon the physical matter of your earth. There is much thermal pressure within the earth and the factors that control it are little understood. We would give insights in coming years to those with the skills desiring the aptitude to make environmental changes of cleansing, of dissipation of wastes, of the conversion of the wastes into useful fuels.

There is a recycling procedure that can bring forth a total recycling, almost, of your waste into elements that can deliver positive good. You have but to learn them. And we would be pleased, indeed, stand openly waiting to inspire those who would seek these answers and to give them these answers so that your science may step forward and help us take an active role in this cleansing. It is true that adversities are permitted in the natural course of evolution, certainly not caused by the Father, but a natural consequence of these evolutionary worlds. These events, natural reactions to humankind's actions, are allowed to take place.

And so we anticipate that there would be an environmental reckoning. We anticipate that this planet will be thoroughly cleansed and that no evacuation will be necessary. We do not dissuade others from pursuing whatever paths, whatever ideas and beliefs, whatever anticipations they seek to follow. For this, too, is interference with the free will decisions. We are not

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anxious to usurp any of your authority, commitment and responsibility to live yourselves on this world. It is your world, we are simply here to help.

There will be tragedies. Humankind will grow in stature, in wisdom, in insight and strength from these adversities and rise to higher levels in the new light and life world that you will help create. All of these sufferings will eventually be put aside. Eventually, this planet holds a very special place of honor among all in the local universe.

It is exciting for us to see the number of you who have chosen without reservation to align your wills with the Father's. Such a powerful faith. We are almost humbled sometimes to work in the presence of you humans. At once children with gay laughter. At once serious and analytically struggling to find the answers to these questions. At once joyfully aligned with the Father's love each day. You are all doing quite well, and we are pleased to continue working with you.

#98 - WORLD GOVERNMENT WILL BE BEYOND OUR LIFETIMES

(To a question of whether we will see world government)

We would think not. The probabilities of bringing forth all humankind of color and ethnic lifestyles in greatly varying social structures which often incorporate aggressive and judgmental doctrine ... It makes it unlikely that you in this room would see the fruition of a true planetary government. And yet, we are confident that major inroads would be made, and within the next 10-20 years we will see remarkable progress. It is the quickening of time brought forth by incremental energy expansions which effect your mind, your decisions, your consciousness, your actions that would confound any prophecy of the future.

In quickening, changing times there are simply no stable barometers to measure and so many free will decisions are being made by so many influential seats of power and control. Decisions built from their higher elevated consciousness, a higher feeling of what should be and what is right, can make ... can affect large groups of people. This is when exacting and changing times will indeed accelerate on Urantia.

#99 -- THERE ARE ENHANCED ENERGIES WE CAN USE IN SPREADING LOVE

The spiritual hunger is quite deep and growing. It is necessary that these hungers and frustrations be brought to a fever pitch, one might say, and we look for our contacts such as this to be effective as these energy circuits are opened so that we may talk with you.

So there is a blanket opening of energy forces all over Urantia. As you know how to channel them into fortuitous inspiration, you respond in feeling the need for empathetic service. Yet giving these energies may affect others quite differently, even to the extent of propelling discord and temporary insanities.

But the energy circuits must indeed be opened for these free communications to take place. That is why there will be time of distress and discord associated with the spiritual awakening. Just as older times of discord and conflict affected our Jesus' incarnation as well. But the Prince of Peace concept is quite real. Very often these new teachings will bring levels of conflict and discord. That is why, carefully, we seek to inspire you to teach in the right ways.

You are correct in that you are to radiate love, care, mercy and compassion without regard to any specific text, or to preach adamantly for or adamantly against your fellow's beliefs. For when threatened they will strike back. But when confronted by your balanced view of love and harmony they will be attracted to you and magnetized by the sheer presence of your personality.

Often new energy forces can come into play to attract these lost, troubled and even cantankerous souls, even without uttering a word. When they are brought to you, you need to have established by that time a clear channel to the inspired words of the Father through your indwelling spirit, and often with our help to help you verbalize the words.

Know that this is a highly cooperative enterprise. Even the Father Himself is involved. Through the Indwelling Spirit, and through the angels of ministry, especially your guardian angels, and through the teachers and through the leaders of the mission, and even those who are responsible for opening these power circuits incrementally so that these lessons and inspirations,

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heightened awareness, heightened consciences can come through. With each incremental opening of these energies, periodically we sit back in awe and wonder what events they may foment upon your world. Sometimes disruption will very often heighten awareness that will lead to genuine spiritual growth.

As you learn to become teachers you will radiate love and care, concern and compassion for basic spiritual truths which are separate from dogma and certainly do not inspire argumentative discord with those who have invested deeply in the few nuggets which they have found. Or even the mother lode of a great faith which they've embraced wholeheartedly at the expense of all other lodes that could be explored. There are nuggets of truth in all of the world's great religions and we seek to work quite positively to accent the commonalities and bring these faiths together.

When we felt we could probably learn no more from the teachers on apocalyptic or awakening times, we received a surprise visit from a Melchizedek teacher, who delivered a dramatic and sometimes opaque narrative:

#100 - RANTARASON/IN GOD ... ALL THINGS ARE POSSIBLE

My friends this is Rantarason of the Melchizedek order. I'm quite pleased to share a few insights into this continuing and glorious mission. We have participated in your beautiful rituals of relaxation and centering and focusing but we would remind you that we are simply here as friends and see perhaps that we are seen in your mind's eye and felt perhaps. But we know that our presence often brings vibrations to your skin, unproven perhaps, that in the experience is the knowing.

In God, what you think that you need, you surely need.

In God, what you feel that you have, you surely have.

In God, your request to be what you want to be will be honored.

In God, the path you choose for your life will ever be guided.

In God, what you choose to believe of the great, sometimes bewildering mass of information that is put before you is quite all right.

In God, the way that you perceive your life is the way it is.

In God, if you anticipate cataclysmic events of mass destruction and vast suffering, you will be pleasantly mistaken.

In God, we believe that there is no purpose in destroying only to rebuild.

In God, we honor the achievements of humankind -- such a vast streak of progress in such a short time. And we do not desire to see total destruction; in faith, we do not believe that God does also. Mankind needs a wake-up call. Mankind does not need his house to fall upon him. Mankind needs the challenge of adversity to learn to grow in stature toward the spiritual perfection which is your path.

In God, we are here to bring this world to glorious light. Not to punish, not to curse, not to destroy, but to uplift, to bring forward.

In God, we know that there are reckonings. When environment has been shamelessly exploited, when greed more than ignorance has led to a poisonous atmosphere, we know that mankind must learn lessons from these follies. Perhaps you will think these lessons cataclysmic for they will be hard. But in faith, you will rise above them and we will work with you in this vast, interplanetary mission of Christ Michael to deliver your world.

In God, we do not despair for a future of destruction and suffering, believing it is our plight, our just desserts. For, my children, your contributions have been noble, loving and peaceful. We would not punish an entire planet for the greed and avarice of a few. These reckonings will come.

In God, we believe that those who have tortured the environment will suffer of their own hand, for the Father's justice seems eternally right and proper and directed precisely to the problem.

In God, we do not believe that blanket destruction of your beautiful world, the world of the cross will come and mark as failure all of our hard work, dedication, loving and compassionate and benevolent service to you, and you to each other. This, my friends is faith. We have great faith in this mission, in you, in ourselves, our dedication, and above all, the leadership that guides us down the path of true wisdom.

Earth changes will come from the continuing settlement of thermal pressures and energies. When you learn to utilize these inner storehouses of energy within Mother Earth to good purpose, then this will greatly aid in the stabilization. Know that we can effect changes, but many must be effected together so that the lessons of what you have wrought will come home forcefully.

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The air will be cleansed, earth will be cleansed, the waters will be cleansed. But, my friends, the opportunity for learning is far from exhausted. The consequences of greed have not fully been felt, but it will be chronicled in your media slowly, steadily, enlightening ... enlightening media in these years ahead. As you see justice being meted, and mercy being extended all at once, all together in our co-creative, collaborative, loving and spiritual efforts. I salute you, apostles in this room. I salute you, bringers of the light. It has been my pleasure speaking with you this evening. Thank you.

With this powerful assertion we close our running list of 100 spiritual truths that we've gleaned from the Team lessons. Of course, you now see that this is a very limited and arbitrary and non-inclusive list.

Within each segment, I have found I can glean more and more nuggets of truth, for each topical commentary doesn't often stay completely on a narrow subject. Each question is an opportunity to share various insights. Each commentary is a treasure trove of shining mini-lessons, more layers of living, growing truth.

Again, if your appetite for spiritual understanding is whetted, find your own truths that ring the silent bell within, that call forth your confirming indwelling spirit of God, your Spirit of Truth/Conviction given by Jesus at Pentecost, and your growing ability to tap into the universal mind through your own mind endowment of the Holy Infinite Mother Spirit. So many resources for us.

These are tools to use. Hopefully, you'll use them to build your own continuing list of spiritual insights that add layers of truth from your own unique and sacred free will perspective.

In so many ways the world will be spiritually inspired in these changing times, for spiritual energies are emerging, quickening. Angels, teachers, guides, the power of Christ, the resounding of inspired humans who are washed in the spiritual light. There are many paths from which to choose.

I truly believe it is the Correcting Time, by whatever name, by whatever terminology. There are many out there, heralding the same spiritual message of struggle and redemption. Our world's horrors will be set aright; we will quit despairing in problems and be challenged to solve them with true spiritual values -- one human at a time, beginning with ourselves; another act of kindness to the next person we meet; one institution at a time, by individuals who care. We can learn to work together in all of this.

I used to look at life cynically, as an insane, greedy place, hell-bent on self-destruction. I believed destruction might well happen, for I falsely believed that God did not exert control over the time and space worlds but simply let them evolve. There is no evidence to support this.

From the Teaching Mission and in my explorations of other emerging spiritual energies, I now believe in faith in a spiritual awakening -- that you and me, all of us, will learn to work together for the values seen in truth, beauty and goodness, increasingly so with each passing generation.

I believe humankind will travel many paths to find God and ultimately they will merge when we find God within. This is the ultimate connection. Then when we find fusion with our Indwelling Spirit at some time in our ascension, when we perfectly align our wills to God's, we will find the eternal life of peace and joy.

All in all, mortal life will be a learning and growing experience that we couldn't get any other way. This is what we are here to do, experience finite material life in time and space and learn from it. We have a long journey to "be ye perfect" but there is an ascension plan to get us there beyond these planetary lives.

We must strive to live in love, attune our wills to God's. This is the way to peace and happiness.

God allows each of us to help co-create these societies of time and space and to instill true values in each child we co-create and bring into them.

In turn, God asks to share your life with you, show you the way of true values from the light within. God is our internal pilot.

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Then in return, God promises us an eternal journey of discovery and growth.

At this writing the "Celestials over Cincinnati" are still with us, and we share the transmissions of many others across the land. Where the mission will lead is the subject of future volumes. Teachers are now giving fuller discussion of such topics as the formation of spiritual networks, the use of a power called reflectivity in transmissions, the coming of Melchizedek Schools and materialized Melchizedeks to teach in them, a publishing foundation, more insight into how circuitry works, the eventual coming of a Trinity Teacher Son.

All may come in the course of time. In the meantime, many of us are still striving to practice the very first lesson -- the daily Stillness. But my many friends in the TeaM network all profess to be growing spiritually at a highly accelerated pace.

I pray that our transmitters will be able to receive and relay purely, that we will remain free of egoistic contamination and be ever-truer streams for their in-pourings of purer waters. I remain a wide-eyed explorer of this phenomena. And as long as I ask for God's guidance each day, I am sure I will receive it.

In the present time, the Teaching Mission still seems to be mostly about personal healings, learning to live in love, devoting ourselves to the Stillness time with God each day, fuller perspectives on spiritual verities, learning to work together, finding purer connections to effect almost minute-by-minute sharing of insights with the teachers, and developing the deeper connection with our own Indwelling Spirit, the "Thought Adjuster" which will always "adjust" our thoughts to higher perspectives.

There is much work to do just in these things. We don't know how fast we will progress in our growth; it is not measured in time, they say, but only in terms of certain events which must take place before other events can happen.

There is no need to prophesy about the future because we're all making the future with our free will decisions. This will continue. The Universal Father does not bestow free will only to take it away. But God does send loving inspiration to us. This has always been so; even more so with the enhanced energies of the Correcting Time.

You can tap into higher spiritual energies as anyone can -- for the striving. God answers all prayers, and loves you as the child of God that you are.

As we close this volume, the Teaching Mission seems to be only beginning.

The adventure continues.

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EPILOGUE

I think back. In my life, no source has synthesized science, philosophy and religion into one masterwork as has the Urantia Book. Subsequently, nothing has dramatized and focused these spiritual realities to me any greater than have our unseen friends of the Teaching Mission.

I commend them to any and all who desire greater spiritual understandings, for they have been mortals and can now see our challenges empathetically, from a place of higher realities. They are constant friends who will bring you comforting insights during the Stillness, assurance of your greater self in a greater reality.

There are many teachers waiting to be assigned. They are as near as the words you ask for, in the voice, on the paper. Spiritual help is here in the Correcting Time.

Just ask God for what you want.

"The single mission To light the candles of love from within."

-- RONDEL, Oklahoma City

From the Urantia Book, page 1025 ... UPCOMING EARTH CHANGES

And all these speculations associated with the certainty of future appearances of both Magisterial and Trinity Teacher Sons, in conjunction with the explicit promise of the Creator Son to return sometime, make Urantia a planet of future uncertainty and render it one of the most interesting and intriguing spheres in all the universe of Nebadon. It is altogether possible that, in some future age when Urantia is approaching the era of light and life, after the affairs of the Lucifer rebellion and the Caligastia secession have been finally adjudicated, we may witness the presence on Urantia, simultaneously, of Machiventa,

Adam, Eve, and Christ Michael, as well as either a Magisterial Son or even Trinity Teacher Sons.

It has long been the opinion of our order that Machiventa's presence on the Jerusem corps of Urantia directors, the four and twenty counselors, is sufficient evidence to warrant the belief that he is destined to follow the mortals of Urantia on through the universe scheme of progression and ascension even to the Paradise Corps of the Finality. We know that Adam and Eve are thus destined to accompany their earth fellows on the Paradise adventure when Urantia has become settled in light and life.

THE BOOK OF REVELATIONS -- LANTARNEK, a Melchizedek

These episodes of revelation that were presented to John during his time of alienation from fellow believers were undertaken in order to compile information that would create a conceptual foundation for religious and theological development for centuries to come. They involved training your type of being in comprehension of the goings-on in heaven.

The information given was intended to sustain you for millennia. Our choice of John was due to the observance that he was capable of grasping the spiritual significance of statements and experiences that happened in his life.

What you have today, your Urantia Book, is the final outcome. It has now provided you with the structure of the universes that began to be told to John, even as it was first taught by your prince. Your record contains many metaphorical and allegorical pictures that have been interpreted over the ages such that a settled system of interpretation has developed, disallowing further wresting of truth from the passages. The beast has multiple meanings that are for you to interpret. Do not be concerned that this marking is a sign of defect. It is rather indicative of your natural state. It has been thought of as an impurity, a result of the age-long development in Christianity of the concept of human inferiority and the fear of evil's superiority.

You have only one responsibility to this phrase, (and the fragments of John's efforts to relate to you his experiences) and that is to interpret in your experience the messages that have value in your life. Be not concerned for the obscurity, for much

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of the obscurity has nothing to do with our disguising the message, but rather, is the result of ages of human preservation and manipulation.

A CLOSING MESSAGE FROM CHRIST MICHAEL:

(transmitted via keyboard within an hour of the completion of "Beyond Cynicism: Finding Spirituality in Apocalyptic Times" by the author.)

Children, you are my vanguards for a whole new truth. It pre-exists in my life on Urantia. As do you, I faced these struggles. And in doing so, I sought to reveal a whole new enlightened concept of religion, to humankind's comfort and the greater honor of my Universal Father.

Much of this truth is known. But much, very much, as revealed in your text, remains anonymous and unacceptable to the world at large. And so, can you wonder at what the Correcting Time is about, your roles as new teachers for a new millennium -- to recover that of my mission which was lost and bring these expanded understandings to a world yet hungry for these spiritual truths. The expanded lessons I would bring this world, I would bring through you.

It is the same love that you are asked to radiate. It is the same mission, so lovingly bestowed upon you, with peripheral understandings, by my loyal teachers. The glory of God as a Universal Father, residing in each of you. You have but to find fusion with this Godly force. I sought to direct men to God; some men have persisted to glorify my miracle to the exclusion of the reality of my incarnated life, the meaning and result of my true service to the Father. I pray you will tell humankind these things, and bring forth this enlarged vision of Jesus the Son of Man. For this was a vastly important part of who I am. And I am within each of you, as is our Father. We are altogether.

This world is hungry to the point of ripeness for this message, this expansion of what I sought to teach. Do not allow the rot of frustrated hunger to set upon this tree of life on Urantia. Take upon you this fruit and share it with all, regardless of dogma, regardless of social state, regardless of the repugnancy of their path. Love them as I loved you and still do. Love them as the Father loves all his children, lost or found. Minister to them this expanded view of Jesus as you, a part of you, asking you to

follow me into death and resurrection. I know the way. It is safe.

I ask you to share these saving truths with Urantia, and help me to carry forth beyond my incarnation, throughout yours, the truth of the eternality of universal love, above and beyond all else. Our teachers will help you to know how. Your text will provide mighty nuggets from which you can glean for generations. You have the tools. You have the heart. Go forth and know that the spirits live within you.

Shalom.

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epilogue

I imagined myself of just a few years ago.

One day, I imagined, a friend came up to me and said that he had discovered the fifth epochal revelation, a 2100-page tome that explains the universe and our place in it.

Not likely, I replied.

This book was transmitted through a so-called “sleeping subject,” the patient of an imminent academician, psychologist and author. It came from a commission of celestial administrators, revealers of truth.

Yeah, right, I said.

Further, said my friend, after years with the academician organizers, the book was published in 1955 by a foundation. Now, as a follow-up, there is a whole corps of celestial teachers coming here under the leadership of Machiventa Melchizedek, the Sage of Salem in the Bible, to reclaim this planet, which has been quarantined, back into the universal administration. They consider these Urantia Papers to be the highest revelation of truth on the planet.

Sure thing, I noted.

This all continues to open the way for the eventual return of Christ Michael, creator and ruler of our local universe, who incarnated here as Jesus, both a Son of God and a Son of Man, my friend intoned.

I think I heard about that, I may have deadpanned.

These celestial teachers were once mortals too. Now they're reaching back to teach us. That's the way it's done in the universe. Anyway, we transmit their lessons in our group meetings.

Channeling, huh?

Actually, it's a newer type process, made possible by their incremental openings of energy circuits. It's all too complicated, but it has to do with the planet's coming spiritual awakening, collective and individual rises in spiritual consciousness, moving us toward one world united in love.

Can't wait, myself.

We've been meeting with celestial teachers, anyway, and even Machiventa Melchizedek shows up. And Abraham from the Bible. And Christ Michael -- Jesus, you know.

Yes, of course, I replied. This isn't April Fools, is it? Is Candid Camera still on?

Well, what part of it don't you believe? my friend asked.

At the end of this reading, my friends, that question is still yours ... ours ... mine. What do you believe? Is it true that "by their fruits, ye shall know them?"

Is the fruit ripe for you?

Of course, the Teaching Mission phenomenon is not unique. All spiritual doctrines and faiths are full of mysticism and miracles. What part don't we believe? Adam's rib? Noah's flood? Lot's wife turning into a chunk of sodium?

The Teaching Mission of The Correcting Time on this planet says simply that we can establish a personal relationship with God and receive the ministrations of angels and spiritual guides if we ask in love and faith. We do this by practicing the Stillness. The planet will be undergoing epochal change, transformation, traumatic but ultimately uplifting in the spiritual struggle to find God.

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Others on different paths say this too. Much is the same, only the terminologies and perspectives are different.

What part don't you believe? Are you still walking on a path to God, or have you slowed to a saunter? Have you stopped to sit on a stump? It is our free will choice, after all, and the celestial teachers honor you as much if you choose some other way to find God.

Some quit searching and set their beliefs in concrete-sunk fence posts. They use them to build fences.

At every juncture of exploration, humans drop off with the golden nuggets of truth they think they've found and build churches, temples and ramparts to fend off evil. They tend to think of others as misguided. The Bible is all that some of these people can ever know. Or the Koran, or some other scripture deemed holy by people who, inadvertently or otherwise, might be, just might be putting their sanctioned words ahead of God's living and growing truth.

Some, of course, aren't satisfied with partial growth. They go on searching. Looking for more nuggets. Golden Not afraid to do that. Trying to get beyond the fear upon which society is based. Turn it all to love, every moment of every day. Love is all we need. All we need is love.

What part don't you believe?

More importantly

What part do you believe?

And are you still walking on your path?

There is the mind of God a plan which embraces every creature of all his vast domains, and this plan is an eternal purpose of boundless opportunity, unlimited progress, and endless life. And the infinite treasures of such a matchless career are yours for the striving!

"You humans have begun an endless unfolding of an almost infinite panorama, a limitless expanding of never-ending, ever-widening spheres of opportunity for exhilarating service, matchless adventure, sublime uncertainty, and boundless attainment. When the clouds gather overhead, your faith should accept the fact of the presence of the

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indwelling Adjuster, and thus you should be able to look beyond the mists of moral uncertainty into the clear shining of the sun of eternal righteousness " -- the Urantia Papers

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RELATED SOURCES:

The Light and Life Journal and Light and Life Online Express newspaper are available in current issues and complete libraries at www.lightandlife.com, along with Teaching Mission transmissions, and other explorations of the spiritual universe in books, art and music. The original Urantia Book text of 1995 is available for free download.

The Teaching Mission Archives, hundreds of pages of celestial transmissions from the Team Stillness groups around the U.S. through the 1990s and into the new century, may be accessed directly at www.tmarchives.com

The Stillness Foundation is dedicated to the daily practice of Stillness, in which meditation joins worship, prayer, forgiveness and love. The organization offers educational programs and publications. Contact Michael Painter at mikepain@aol.com.

The Center for Christ Consciousness, evolving from the Stillness Foundation, provides worship and Christ centering programs from its California headquarters. Contact Donna D'Ingillo at donnadingillo@juno.com and visit www.ctrforchristcon.org.

The Urantia Foundation at www.urantia.org has published The Urantia Book since 1955, and held the copyright until the text was moved into the public domain. The organization is translating the work into languages throughout the world.

The Urantia Book Fellowship also publishes the Urantia papers via its Uversa Press, and provides socializing and educational opportunities worldwide. Visit their extensive website at www.ubfellowship.org.

TR/News Network. For a paper newsletter featuring recent celestial transmissions and news of humans working with supernals, contact Allene Vick at allenetnn@sprintmail.com.

The Church Within is dedicated to developing our personal relationships with God, our Universal Father. Pastors offer weekly services and other features at www.churchwithin.org.

Urantia Book related publications, including books and "The Circular" newsletter, are available from Square Circles Publishing Company at www.squarecircles.com.

"The Center Within," a book of teachings from celestial teacher Will, and other related mind-body-spirit books are available from Origin Press at www.originpress.com.

Teaching Mission transmissions from teachers Olfana, Tarkas and others are available from the Half Moon Bay, CA group at www.hmbtm.com.

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The Jesusonian Foundation provides a wealth of information about the Urantia papers at its extensive website at www.truthbook.org.

Midwayers of the 11.11 celestial force are aligned with the Teaching Mission and other spiritual movements involved in the spiritual renaissance of the planet. Visit Australian George Barnard and various celestial transmitters at www.111publishers.com.